New Residents Have Arrived

The Family Practice Residency Program welcomed 12 first year residents on July 1, 1989. We were fortunate in having an excellent match which includes graduates from medical schools in Texas, Mississippi, and Alabama. Please join us in extending a warm welcome to our new arrivals and their families.

Joseph Robert (Joe) Barnes is from Enterprise, Alabama. In addition to the M.D. degree from the University of Alabama School of Medicine, Joe holds an A.A. degree from Enterprise State Junior College, a B.A. in Psychology from Auburn University, and an M.P.H. in Epidemiology from U.A.B. Having been raised on a farm, Joe’s earliest encounters with the medical profession were with rural family physicians. He is single, enjoys reading, particularly mystery novels, sailing and boating and is active in his church.

Milton Stanhope (Stan) Brasfield, IV is from Demopolis, Alabama. He attended the University of Alabama, where he received his baccalaureate degree from New College, prior to receiving his medical degree from the University of Alabama School of Medicine. Stan spent his clinical years in Tuscaloosa and we are pleased to have him and his wife Ilesha stay. The son of a pediatrician, Stan became interested in medicine at an early age. His interests include water skiing, camping and gardening.

Gary (Alan) Calhoun has been at Tuscaloosa for his clinical years of medical school but is originally from Crossville, Alabama. He holds an Associate Degree from Snead State Junior College, the B.S. degree in Biology from Birmingham-Southern College, and the M.D. degree from the University of Alabama School of Medicine. He was exposed to family physicians in the rural area in which he was raised. Alan, who is single, enjoys horseback riding, water skiing, and softball.

Lisa Dean Columbia is originally from Birmingham. She received her baccalaureate degree from Birmingham-Southern with a major in chemistry before attending medical school at the University of South Alabama College of Medicine. Her husband Frank plans to attend law school in the near future. Lisa’s interests include bicycling, needlework and reading.

Everett Cecil McKibben stayed in his hometown of Starkville, Mississippi to attend Mississippi State University where he earned a B.S. degree in biology. He received his medical degree from the University of Mississippi Medical Center. Everett has worked as an operating room technician in Jackson, Mississippi and as a laboratory instructor in comparative anatomy at Mississippi State University. Everett and his wife Rachelle are expecting their first child in November. Everett, who is active in his church, enjoys photography, hunting, fishing and herpetology.

Michael Wayne (Mike) Peaden originally hails from Pensacola, Florida. He received the A.A. degree from Pensacola Junior College, the B.A. from the University of Mississippi at Oxford in Physics and the M.D. from the University of Mississippi.
ON ROUNDS at CCHS

Medical Center. He has worked both as a radiology assistant and scrub assistant. Mike and his wife Rhonda have two sons, Ryan, three years of age, and Jace, who is one. Mike enjoys softball and baseball.

Michael (Blane) Schilling is a native of Texarkana, Texas. He was in a Pre-Medicine curriculum at Northeast Louisiana University in Monroe where he earned the B.S. degree, and he earned the M.D. degree from the University of Texas Southwestern Medical School. He has worked as an intern at Timberlawn Psychiatric Hospital and at Parkland Memorial Hospital, the latter experience in labor and delivery. Blane, who is married to Elizabeth, enjoys music, sports, golf, and camping.

John (David) Tuten is from Shelby, Alabama. He hold a baccalaureate degree in biology from Samford University in Birmingham and a medical degree from the University of Alabama School of Medicine. His interest in medicine was enhanced by working as an orderly in the emergency department at Shelby Medical Center. He and his wife Cindy have a five-year-old daughter, Amanda. David’s interests include hunting, fishing, woodworking and tennis.

Frederick Lee (Fred) Yerby hails from Fayette, Alabama. He earned his baccalaureate degree in chemistry at the University of Alabama at Tuscaloosa and his medical degree from the University of Alabama School of Medicine. Fred has chosen to stay in Tuscaloosa where he has spent his clinical years of medical school. He has worked as a tutor in the BioPrep Program. Fred enjoys a variety of outdoor activities, including softball, hunting, fishing and tennis.

Honors Convocation, 1989

The College of Community Health Sciences held its Thirteenth Annual Honors Convocation for graduating seniors on May 20, 1989. Following a welcome and introductory comments by Dean Wilmer J. Coggins, the assembly was addressed by Dr. Richard C. Reynolds, Executive Vice President of the Robert Wood Johnson Foundation. A graduate of Johns Hopkins Medical School with a background in community health and family medicine, Dr. Reynolds has published widely in the areas of medical education, rural health and geriatrics. His address at the Convocation was entitled "The Values of Medicine."

After the address, Dr. Roland P. Ficken, Associate Dean for Academic Affairs, presided over the presentation of awards. Dr. Ficken presented the Scholastic Achievement Award to Lynn B. O’Reilly, who had maintained the highest grade point average during the clinical years. He also presented the Larry Mayes Memorial Scholarship to James E. Bailey.

In recognition of their outstanding contributions to undergraduate medical education, four student awards were presented by Gary Alan Calhoun, Student Body President. This year the Faculty Recognition Award (Junior Year) was presented to Dr. Arthur (Pete) Snyder, Clinical Associate Professor of Surgery. The Patrick McCue Award, Faculty Recognition (Senior Year) went to Dr. Eugene Mangieri, Clinical Assistant Professor of Surgery (Anesthesiology). The Resident Recognition Award was presented to Dr. Spencer J. Coleman. A Senior Student Award was presented to Terry A. Kurtts for achievement in both the art and science of medicine.

A number of Departmental Awards are presented annually to recognize student excellence in the various disciplines. The Robert F. Gloor Award was presented to Terry A. Kurtts in recognition of his contribution in providing primary medical care in Trinidad and Tobago. Terry Kurtts was also the recipient of both the Surgery Award and the Research Award.

The Internal Medicine Award was shared by Michael A. Blum and Lynn B. O’Reilly. The Pediatrics Award was presented to Cynthia M. Bonner. Susan Selikoff received the Teresa Finney Award presented annually in Obstetrics and Gynecology. The Peter Bryce Award in Psychiatry went to Nickie M. Spears.

The Family Medicine Award for 1989 was presented to Gary Alan Calhoun. Calhoun, entering the Tuscaloosa Family Practice Residency Program, was also the recipient of the William R. Willard Award. The recipient of the Willard Award is a senior medical student, elected by full time faculty, for outstanding contributions to the goals and missions of CCHS.
New Challenges Await 
CCHS Graduates

The results of the 1989 National Resident Match Program are in. All of the graduating medical school seniors from CCHS can prepare for new challenges as they enter residency programs. Fortunately for us, many of the students will be staying in Alabama to complete their medical training. The graduating seniors, their residencies and specialty choices are enumerated below.

Of the seven students remaining in Alabama, three will remain in Tuscaloosa. These students, Stan S. Brasfield, Alan Calhoun and Fred Yerby, will enter the Tuscaloosa Family Practice Program of the University of Alabama School of Medicine. All of the other Alabama residents will be in Birmingham. Michael F. Blum will be at the University of Alabama School of Medicine in Birmingham. He will spend his first post graduate year in a general surgical residency followed by a year in orthopedics. Gary E. Holland will pursue a residency in internal medicine at Baptist Medical Center in Birmingham. Nicholas T. Braswell will do a surgery preliminary at Carraway Methodist Medical Center in Birmingham. He will be joined by Richard Oyler who will do a surgical preliminary at Carraway before leaving the state for an Emergency Medicine Residency in Jacksonville, Florida.

Three of our students will leave the Southeast to continue their medical training. Beth A. Bryant will go to the far corner of the continent to pursue a residency in internal medicine in Seattle, Washington at Virginia Mason Hospital. Andrea Hataway will travel almost as far when she goes to Boise, Idaho to take a family practice residency. Terry A. Kurtts has elected a surgical residency for which he will go to the University of Arizona/Tucson Hospital in Tucson, Arizona.

The remaining students will enter residencies across the Southeast. Renee Burdett will enter a psychiatry residency at the Medical College of Virginia in Richmond, Virginia. Nickie M. Spears will go to Charlottesville, Virginia to enter a psychiatry residency at the University of Virginia. Lamar Peacock will pursue a career in internal medicine by entering a residency in that field at the Medical College of Georgia in Athens. Lynn O'Reilly has elected a residency in pathology at East Carolina University Program/Pitt County Memorial Hospital in Greenville, North Carolina. Patrick O'REILLY has selected a residency in medicine/pediatrics also at the East Carolina University Program. Lee Pride will begin with an internal medicine preliminary at North Carolina Memorial in Chapel Hill, North Carolina followed by Neurology at the University of Texas Southwestern Medical School, Dallas Texas. Brice Whetstone has selected to go to the University of Tennessee College of Medicine at Memphis, Tennessee for a residency in medicine/pediatrics.

CCHS Spring Picnic

The first ever CCHS staff picnic was held on May 6, 1989 at Holly Springs on Lake Tuscaloosa. It was a great success. If you were not one of the 110 present, you missed a treat. The picnic committee, chaired by Debbie Wilson, medical receptionist in OB/GYN put a lot of time and energy into planning the event. They even got the rain stopped just in time. It was a beautiful day, though a bit windy. Dean Coggins and James Russell provided boat rides for all interested participants.

The food was terrific! Head chef Dr. Matthew Hogan and his assistants Dr. Len Dippel and Dr. Barry Jones, all first year residents, cooked some delicious hamburgers and hot dogs. All of our good cooks from the College brought their favorite dishes to add to the culinary experience.

Members of the committee collected door prizes donated by local merchants and drug representatives. Sherree Cyr's husband (Sherree is Director of Nursing at CMC) won a free night for two at the Capstone Sheraton and Dr. Gaskin's daughter won a tie for him. There were many prizes and everyone won something.

The picnic was great fun and we have received several requests that it be made an annual affair.

Alumni Reunion

The 5 and 10 year graduates of our residency program hails the College's first Alumni reunion on Saturday May 27th. The reunion was planned in conjunction with the Lampoon festivities also taking place that weekend. There were 30 former residents who returned for the weekend with 10 doctors representing the classes of 1979 and 1984. Three lectures were featured--Steroids in Athletes by Jimmy Robinson, The Red Eye by A. George Kudirka, and Lithotripter for Gallstones by S.B. Sundar.
Profile

William F. Simpson, M.D.

On July 1, 1989 Dr. William F. Simpson retired from the practice of Thoracic and Cardiovascular Surgery and from the College of Community Health Sciences. Dr. Simpson, who has been active in the college, in the broader medical community and in the Lister Hill Society, will be missed by colleagues, staff and students alike.

Born in Florence, Alabama in the Tennessee River Valley, Dr. Simpson went North to begin his college education at Vanderbilt. His final premedical year, however, was spent at the University of Alabama foreshadowing the course of his later medical career. He received the M.D. degree from Harvard Medical School in 1951.

After completing his post graduate education, Dr. Simpson entered the world of academic medicine as an instructor in surgery at the Medical College of Alabama (later UAB). In 1960 he began the private practice of thoracic surgery in Tuscaloosa while remaining on the clinical faculty in Birmingham. In 1975 he joined the clinical faculty at CCHS in the Division of Surgery. Ten years later he became Chairman of that Department, a post he retained until his retirement.

Dr. Simpson held membership, fellowship or diplomat status in no less than seven professional medical organizations. In the broader medical community of Tuscaloosa, he served as Chief of Surgery at DCH, as member of many hospital committees and as consultant at Hale Memorial, Bryce and the Veterans Administration Hospitals. Dr. Simpson was prominent in planning and implementing the cardiovascular surgical program at DCH which began in 1979. His community activities have encompassed civic organizations, his church and local business emphasizing his genuine concern for the well-being of the community where he has lived for thirty years. His son, William F. (Ford) Simpson Jr., M.D., will take his father’s place as a partner of Thoracic and Cardiovascular Associates of Tuscaloosa.

Dr. Simpson has devoted much of his time and energy to his work with medical students at CCHS. His contributions to that group were recently recognized when graduating medical students presented him a certificate of appreciation at their Honors Convocation. Faculty and staff had an opportunity to express their appreciation during a retirement reception held in Dr. Simpson's honor on June 14, 1989.

Alumni Corner

Patrick B. Atkins, M.D., a 1985 graduate of CCHS, is at the University of Florida Department of Psychiatry where he will complete a fellowship in forensic psychiatry this summer. Dr. Atkins plans to return to Tuscaloosa to establish a private practice in general psychiatry and forensic psychiatry. He will assume the position of Assistant Medical Director at the Crestview Treatment Center at DCH Regional Medical Center beginning in August.

We are glad to welcome one of our graduates back to Tuscaloosa. We would like to hear from others who have graduated from our medical school and residency programs. If you have practice experiences you would be willing to share with us, please let us know by writing or calling:

College of Community Health Sciences
Post Office Box 870326
Tuscaloosa, Alabama 35487-0326

Telephone (205) 348-8831
News Briefs

Appointments, Honors and Awards

Lee W. Badger, Ph.D. has been named as a member of the West Alabama Children’s Trust Fund Council for the Prevention of Child Abuse and Neglect.

Ray H. Brown and Brian W. Elrod have been selected as Chief Residents for the period July 1989 through June 1990 in recognition of their contributions to and leadership of the Family Practice Residency Program.

Carolyn Clark-Daniels, M.P.A., Graduate Research Assistant with the Center for the Study of Aging, received the Student Paper Award at the Southern Gerontological Society’s Annual Meeting held in April 1989 in Charleston, South Carolina. Her paper was entitled 'Nurses' Responses to Reporting Abuse: A Survey of Home Health and Community Health Nurses.'

Margaret P. Garner, M.S., R.D., Clinical Nutritionist and Assistant Professor of Family Medicine, received an award as the Outstanding Dietitian of Alabama for 1989 by the Alabama Dietetic Association. She also served on the Search Committee which recently selected a new Chancellor for the University of Alabama System.

Riley Lumpkin, M.D., Professor of Family Medicine, was elected President-Elect of the Medical Association of the State of Alabama for 1989-1990 at the Association’s annual meeting in Tuscaloosa in April.

Robert E. Pieroni, M.D., Professor of Internal Medicine and Family Medicine, was awarded Fellowship status through the Clinical Medicine Section of the Gerontological Society of America in February 1989.

Publications and Presentations

Russell L. Anderson, M.D., Associate Professor of Family Medicine, presented a workshop entitled "Faculty Salary Practice Plans" at the Residency Assistance Program (RAP) annual meeting in Kansas City, Missouri in April 1989.

Lee W. Badger, Ph.D., Assistant Professor of Psychiatry and Julia Hartman, Assistant Director of Bio-Prep, presented "Child Abuse: Alabama's Picture" at the Governor's Fourth Annual Conference on Child Abuse and Neglect Prevention in March 1989. Dr. Badger also made a poster presentation at the annual Society of Teachers of Family Medicine in Denver, Colorado May 1-3, 1989.

Lorin A. Baumhover, Ph.D., Director of the Center for the Study of Aging and Professor of Behavioral and Community Medicine presented "Community Based Long Term Care: Does it Work?" at the 1989 Mississippi Joint Conference on Aging meeting in Biloxi in March. Dr. Baumhover and Robert E. Pieroni, M.D., Professor of Internal Medicine and Family Medicine, presented "Teaching Geriatrics to Medical Students and Family Practice Residents: Barriers and Stereotypes," a paper co-authored with Colleen Beall, Research Assistant, CCHS and Janis Simpson, at the 15th Annual Meeting of the Association for Gerontology in Higher Education in Tampa, Florida in March, 1989. Along with R. Steven Daniels and Carolyn L. Clark-Daniels, Graduate Research Assistant in the Center for the Study of Aging, he co-authored a letter, "Abuse of Elders," which was published in JAMA: The Journal of the American Medical Association.

Harry Goldwasser, M.D., former medical student in the Tuscaloosa clinical program and currently a psychiatry resident at the University of North Carolina at Chapel Hill and Lee W. Badger, Ph.D., Assistant Professor of Psychiatry, published "Utility of a Psychiatric Screen Among the Navajo of Chinle" in American Indian and Alaska Native Mental Health Research, Spring 1989.

James D. Leeper, Ph.D., Professor and Chair of Behavioral and Community Medicine, presented the paper, "Characteristics Associated with Adequacy of Diet During Pregnancy Among Low Income Black Women in Rural Alabama" at the National Rural Health Association meeting in Reno, Nevada. The paper was co-authored by Christine Nagy, Ph.D., Director of the Research Consulting Lab, and Sandra Hullett, M.D., Clinical Assistant Professor of Family Medicine and Behavioral and Community Medicine.

Carol Murphree, Student Assistant in the Office of the Administrator of CMC, presented the paper, "Pilot Study: Evaluation of Dietary Treatment of Obesity in a Group Practice," which she co-authored with George Tulli, Administrator of CMC, and Margaret P. Garner, M.S., R.D., Clinical Nutritionist and Assistant Professor of Family Medicine, at the 66th Annual Meeting of the Alabama Academy of Science in Birmingham in March.

Robert E. Pieroni, M.D., Professor of Internal Medicine and Family Medicine, published the textbook,
ON ROUNDS at CCHS


Sharena Sanders, Director of Medical Records at Capstone Medical Center, presented "The Differences Between Medical Records Departments in Hospitals and Ambulatory Centers" at the 66th Annual Meeting of the Alabama Academy of Science in Birmingham in March.

Barbara Self, Business Office Manager at Capstone Medical Center presented "Medicare Area Prevailing Fee Guidelines" at the 66th Annual Meeting of the Alabama Academy of Science in Birmingham in March 1989.


Bradley R. Ware, M.D., Assistant Professor of Family Medicine, presented "Demographics of HIV Infections in Alabama" and "HIV Infection: A Disease of Individuals" at the 66th Annual Meeting of the Alabama Academy of Science in Birmingham in March 1989. Dr. Ware presented his paper, "Medical Students' Self-Assessment of Common Diagnoses in a Family Medicine Clerkship," at the annual conference of the Society of Teachers of Family Medicine in Denver, Colorado on April 28-May 5, 1989.

Grant and Contract Activities

Elizabeth Rand, M.D., Assistant Professor and Acting Chief of Psychiatry, and Lee W. Badger, Ph.D., Assistant Professor of Psychiatry received $2,205 from the University Research Grants Committee to study "The Effects of Feedback from the GHQ on Recognition of Mental Disorder: A Validity Study."

Arrivals and Departures

Mary Ann Plant, Ph.D. has joined the Center for the Study of Aging as a Research Associate. Dr. Plant, whose doctoral degree is in psychology, was most recently engaged in evaluation research at Kaiser-Permanente in California.

William F. Simpson, M.D., Professor and Chief, Department of Surgery, resigned from CCHS effective July 1, 1989. Arthur F. (Pete) Snyder, M.D., Clinical Assistant Professor, has accepted the position of Chief of Surgery.

Vital Statistics

Bob Grubbs, a second year resident, and his wife Phyllis became the parents of a daughter, Kimberly Allison, on February 22, 1989.

Born to medical student Gary Holland, graduating class of 1989, and his wife Lesa on March 7, 1989 was a son, Taylor.

A son, Mattias (Matthew), was born to Dr. Debbee Sidrys, Assistant Professor of Internal Medicine, and Dr. Algis Sidrys on January 14, 1989.

First year resident, George Walker, and his wife Melissa celebrated the birth of a daughter, Helen Napier, on February 17, 1989.

Tim Winkler, a 1988 graduate from CCHS, and his wife Camille had a son, Asa Bennett, born on March 8, 1989.

Community Service

Mark D. Kelley, M.D., Assistant Professor of Internal Medicine, and his wife hosted two medical students from Guatemala for two weeks in March. During their visit the students were able to observe Dr. Kelley's clinical activities. Dr. Kelley will travel to Port-au-Prince, Haiti, for two weeks to provide medical care to the poor. Participation in this experience is available as a Medicine elective. Interested persons should contact Dr. Kelley for information.

June D. Smith, Graduate Research Assistant in the Center for the Study of Aging, coordinated an Elderhostel program at the University of Alabama during the week of Feb 26-March 4. Forty-one older adults attended courses in Computer Skills, Music Appreciation and Southern History.
Lister Hill Society

The Lister Hill Society wishes to express its sincerest thanks to the people listed below for their most generous contributions. Our many worthy projects could not be accomplished without them.

ACTIVE MEMBERS

James Austin
Daniel Avery
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William Curry
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Tuscaloosa News
Heat Injuries

Each year 4000 people die from heat injury and thousands of others suffer from less serious side effects. Although summer is almost over there will still be several days of 90+ degree heat. Do you know the symptoms of the three types of heat injuries and what to do about them?

They are:

1. Heat Cramps

   Characterized by a painful muscle spasm of the arms and legs. This condition is not life threatening, but can be quite painful and incapacitating. The person should be given dilute salt and water (1 tablespoon table salt to a quart of water). Ice may be applied to the cramped muscle to relieve pain.

2. Heat Exhaustion

   Heat exhaustion, although not life threatening, is sometimes difficult to determine, but the following symptoms should be looked for:

   1. Progressive weakness, inability to work, and loss of appetite.
   2. Skin is moist and clammy.
   3. Pupils may be dilated.
   4. Skin will be pale or ashen gray.
   5. Temperature is normal or subnormal.
   6. Fainting may occur.
   7. Pulse may be more rapid than normal, greater than 100, and weak.
   8. Heat cramps may be present.
   9. Headache
   10. Nausea, vomiting, or diarrhea may be present.

   Have the person lie in the coolest available place and drink as much cool liquid as possible. Icy drinks should not be given because they may cause cardiac problems. After the person has sufficiently recuperated, rest and water replacement is the proper procedure.

3. Heat Stroke

   **Heat Stroke is life threatening.** Watch for:

   1. Dizziness, fatigue, confusion or euphoria
   2. Unconsciousness
   3. High temperature (105 -109°F rectally)
   4. Dry skin (because the person ceases to sweat)
   5. Flushed skin
   6. Strong and rapid pulse

   Make arrangements to get the person to the nearest medical facility immediately. Remove all clothing and cool the person's body by any means possible. The most effective way of doing this is to place the person in a cool bath. If the person can cooperate give him cold drinks to aid in heat loss.

Source:

Basic Emergency Care of The Sick and Injured, 3rd Edition, by Guy S. Parcel