

On Rounds

The University of Alabama
College of Community Health Sciences

Volume 2, Number 2

Summer 1992

Volunteers Lead the Way CCHS Part of Largest UA Capital Campaign, Now Under Way

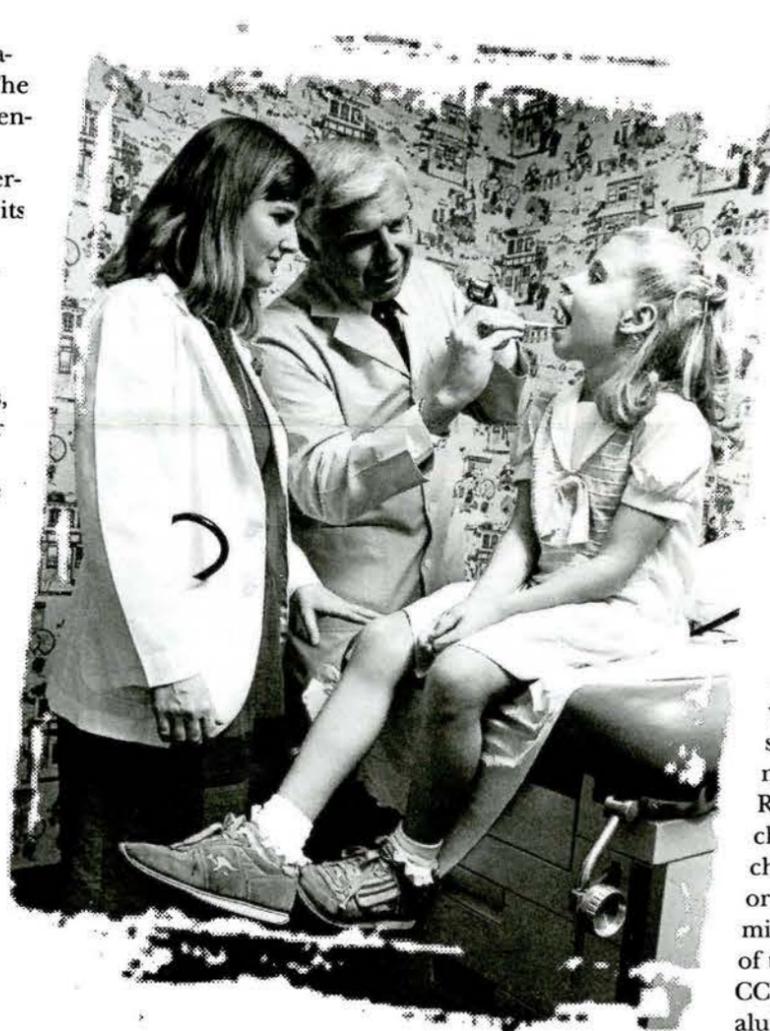
The Campaign for Alabama was officially kicked off May 23 during a celebration on the main campus quadrangle. The Campaign involves volunteers and influential alumni and friends in the most ambitious effort ever made by the University to increase support for every one of its divisions. Each Capstone school and college—including the College of Community Health Sciences (CCHS)—has Campaign goals based on needs assessment and planning for academic improvements conducted by faculty, deans, vice-presidents, and president Dr. Roger Sayers.

The goal for the CCHS portion of the Campaign for Alabama is \$6 million.

"The goals for the College of Community Health Sciences focus on endowed funds for faculty to improve our efforts to educate family physicians for practice in rural areas," said Dean Roland Ficken. There are opportunities for donors to select names (memorial or otherwise) for professorships, scholarships, or facilities they endow.

The Campaign seeks \$165 million overall and has already received over a third of that amount during the advance gifts phase of the Campaign. The Campaign has received 12 major gifts of \$1 million or more to date; in addition, over 50 individuals, foundations, and corporations have made commitments of \$100,000 to \$1 million.

"The main thrust (of the campaign)," said Marion Peavey, UA vice-president for develop-



▶ Medical students, faculty, and patients will benefit from funds raised by volunteers for CCHS during the Campaign for Alabama. Here at the Capstone Medical Center, a patient is examined by Dr. David Hefelfinger, chairman of pediatrics, as a medical student observes.

ment and alumni affairs, "is to increase the endowment base that will preserve excellence in perpetuity." He is quick to clarify what the campaign is *not*. "It is not, cannot be, a substitute for present or future proration or reduced state funding. Proration is a state legislative issue, completely separate from this campaign."

President Sayers, interviewed by *Alabama Alumni Magazine*, explained that the Campaign is not "a bail-out for hard times by any stretch of the imagination. We'll trim our programs to fit our budget, in terms of our ongoing monies. Then we'll use private gift support selectively to make a real difference in the quality of education here at the University."

The Campaign for Alabama is being organized and conducted by volunteers working closely with the deans and a small UA development office staff. The national Campaign is led by Thomas E. Rast, chairman; Richard Anthony, co-chairman; and Michael Thompson, co-chairman. Each dean has appointed for his or her division a volunteer steering committee of alumni and friends to work as part of the overall campaign. Dean Ficken of CCHS is now consulting with interested alumni and friends of the College to put in place an effective leadership team. His remarks on the importance of this venture appear on page 2.

—Linda Jackson

Editor's Note: Campaign totals and goals are quoted from *U of A Developments* newsletter (spring 1992). For more information, contact the UA Office of Development, Box 870122, Tuscaloosa, Alabama 35487-0122, (205) 348-4767.

Capstone Seeks Administrator for Medical Center

Dr. Samuel Gaskins, M.D., has been appointed by Dean Roland Ficken to head the search for a new administrator for The University of Alabama Capstone Medical Center, the clinical training facility for UA School of Medicine students in the Tuscaloosa program. C. George Tulli, Jr., who for 11 years served as administrator of the medical center and director of operations for the Capstone Health Services Foundation, left June 1 to become deputy state health director for the Virginia Health Department. John Maxwell, assistant to the dean for financial planning and management, is serving as interim administrator while the search for a permanent replacement for Mr. Tulli is conducted.

"Capstone has good, experienced department heads reporting to the

administrator," said Dr. David Hefelfinger, president of the Capstone Health Services Foundation, "and the center is financially sound with a stable income generated from patients. This is a desirable position, and we are seeking an administrator supportive of our mission as an educational center for medical students and residents."

Members of the search committee include Elizabeth Rand, M.D., discipline chief, Department of Psychiatry; Michael Taylor, M.D., assistant professor of pediatrics; Deborah Watson, R.N., director of nursing, Capstone Medical Center (CMC); Jeanne Long, CMC business office manager; Kathy Burson, director of medical records, CMC; and Maxwell.

Dean's Message



"It was the best of times, it was the worst of times." That opening line from Dickens' *A Tale of Two Cities* probably applies to any time and every generation. It is also appropriate to the state of affairs of the University and the College of Community Health Sciences. We've endured the second straight year of proration of the state education budget, and a promising first effort at tax reform was defeated in the state legislature. However, we have survived and we will be much healthier and more productive if we focus our energy on "the best of times."

The College has perhaps never been as well staffed, both with faculty and support staff, as it is now. Not only are the numbers better, but the faculty and staff are eager, productive, and dedicated people. We are graduating one of the finest classes of residents we have ever had, and another most promising class begins this July. Our faculty are unanimous in insisting that this class and the medical students we honored at the annual awards convocation in May are outstanding. I certainly agree. "The best of times."

We need some help to ensure that our attention can remain focused on our accomplishments. To be most successful in our primary tasks—to educate family practice residents and third- and fourth-year medical students and to make an impact on the health needs of Alabama's smaller towns and rural communities—we need to develop resources for more faculty positions and program enhancement. Fortunately, we have an opportunity to address these needs through the University's capital campaign. The five-year Campaign for Alabama, kicked off on May 23, has a goal of \$165 million. That goal includes \$6 million for CCHS priorities.

The Campaign is off to a good start. The College is developing an enthusiastic and dedicated Campaign steering committee chaired by **Arthur "Pete" Snyder, M.D.** We are delighted that Dr. Snyder has accepted this challenge. We all need to support him so we can continue "the best of times." We look forward to the continuing support and encouragement of our alumni and friends.

Have a good summer.

—Roland Ficken

Campaign for Alabama CCHS Steering Committee Members

Arthur Snyder, M.D. Chairman Tuscaloosa	Earl Robertson, M.D. Huntsville
Mr. Jon Anderson Tuscaloosa	L. E. Rockwell, Jr., M.D. Daphne
Mrs. Camille Elebash Tuscaloosa	William R. Shamblin, M.D. Tuscaloosa
Mr. James Ford Tuscaloosa	Herbert Stone, M.D. Madison
Dr. Howard Gundy Tuscaloosa	Mrs. Cynthia F. Thomas Tuscaloosa
Ms. Mary Jolley Tuscaloosa	John S. Yow, M.D. Montgomery
Mr. Victor Poole Moundville	



William W. Winternitz, M.D., professor and chairman of internal medicine at CCHS, received the 1992 Patrick McCue Award given by the senior class to recognize the outstanding faculty contribution to undergraduate medical education. (See story on page 6.) Dr. Winternitz received the Golden Stethoscope Award from the CCHS medical residents in 1990, also honoring his outstanding contribution to their education. The University of Alabama National Alumni Association in 1989 presented him with the Outstanding Commitment to Teaching Award, a campuswide faculty honor. Dr. Winternitz steps down as discipline chief of internal medicine this year after 15 years heading the department. He will continue as a full-time faculty member.

Additional CCHS Residents Graduate to Small-Town Practice



Physicians graduating from the Tuscaloosa Family Practice Residency Program at CCHS in 1992 are pictured above at their graduation dinner. Front row (L-R): Lisa Columbia, chief resident; Fred Yerby; Eddie Donahoe, chief resident; David Eaton; and Renuka Reddy. Back row (L-R): Mike Peaden; Everett McKibben, Internal Medicine Award and Pediatrics Award; Stan Brasfield; Joe Barnes; David Tuten, Obstetrics/Gynecology Award, Surgery Award; and William F. deShazo III, Family Practice Award. Also receiving awards at the graduation dinner were Kathleen Shine, V.A. Medical Center Award, and Chris McGee, William R. Willard Award.

The 17th class of family practice residents to complete training in the College of Community Health Sciences was honored June 25 at a graduation dinner hosted by DCH Regional Medical Center. The former CCHS residents all plan to practice in the Alabama-Mississippi-Florida area, from which most of them hail.

"We are always proud to send our graduates in family practice to communities which need and deserve the best-trained doctors available," said Dr. Samuel Gaskins, director of the Family Practice Residency Program. "Many doctors this year will be going to smaller towns to begin their medical careers," he added. (Already, 53 graduates of the CCHS residency are practicing in Alabama towns with populations of 25,000 or less. Of the total 177 residents graduated from CCHS, 89 now practice in Alabama and 87 practice in other states.)

Dr. Joe Barnes of Enterprise, Alabama, a graduate of the University of Alabama School of Medicine (UASOM), will return to his hometown.

Dr. Stan Brasfield of Demopolis, Alabama, also a UASOM graduate, will move on to Tallahassee, Florida.

Dr. Alan Calhoun of Crossville, Alabama, another UASOM graduate, is returning to Crossville.

Dr. Lisa Columbia of Birmingham, Alabama, a graduate of the University of South Alabama

School of Medicine, will practice in Trussville, Alabama.

Dr. Edgar Donahoe of Indianola, Mississippi, who graduated from the University of Mississippi School of Medicine, will practice in his hometown.

Dr. David Eaton, also a graduate of the University of Mississippi School of Medicine, will stay in Tuscaloosa to enter practice. He is a native of nearby Columbus, Mississippi.

Dr. Reid Kerr of Huntsville, Alabama, a graduate of the University of South Alabama School of Medicine, will go to Andalusia, Alabama, to begin practice.

Dr. Everett McKibben of Starkville, Mississippi, a graduate of the University of Mississippi School of Medicine, is returning to Starkville.

Dr. Mike Peaden of Pensacola, Florida, a graduate of the University of Mississippi School of Medicine, will practice in Northport, Alabama.

Dr. Renuka Reddy of Anantapur, India, and a graduate of Kurnool Medicine College in India, is remaining in Tuscaloosa.

Dr. David Tuten, from Shelby County, Alabama, and a graduate of UASOM, has chosen to practice in Carrollton, Alabama.

Dr. Fred Yerby of Fayette, Alabama, a UASOM graduate, will return to Fayette as a family physician.

Diagnosis of Depression Subject of Study

Data collection was concluded in May for a unique study of depression in which a team of standardized patients was sent to see family physicians and internists in Alabama, West Florida, and Mississippi. "The goal of the study is to find out methods used by primary care physicians to detect and diagnose depression in their patients," said **Lee Badger, Ph.D.**, associate professor of psychiatry at CCHS and head of the project funded by the National Institute of Mental Health. She explained the project and its significance at a noon conference for continuing medical education held at CCHS on May 22. The "Project on Clinical Decision Making" is a collaborative, interdisciplinary effort involving faculty and staff from four departments at CCHS. Study team members include Dr. Badger, **Russell Anderson, M.D.**, **Roland Ficken, Ph.D.**, and **Paul Tietze, M.D.** The project director is **Mary Ann Plant, Ph.D.** Several other faculty members have also contributed to the project.

One of the standardized patients, whose fictional name is June Dodson, particularly interested the study physicians, who tended to describe her in ways characteristic of the "difficult patient" found in the medical literature. Physicians characterize the "difficult patient" as having more psychopathological and psychosocial problems than other patients, said Dr. Badger. "They are perceived to have more abrasive behavior than most patients. They have vague medical problems and are often doctor shoppers. According to a survey of family physicians published in the *Journal of Family Practice*, the most common presenting complaints of these patients are headaches, abdominal pain, fatigue, low back pain, dizziness, and nervousness," said Badger.

June is one of five "simulated" or standardized patients with scripted symptoms and behaviors taken from actual patient cases seen by primary care physicians in Alabama. The five were chosen by a panel of six primary care physicians and two psychiatrists, which considered 20 cases with typical somatic complaints and a diagnosis of depression (the most common mental disorder). The literature cites dizziness, chest pain, and chronic pain—specifically back pain and headaches—as the most frequent somatic complaints of psychiatrically ill primary care patients.

"It may be no coincidence that these are the same characteristics which are noted by family physicians in patients they described as 'difficult,'" said Dr. Badger. She said that the five cases selected for the research project presented with these complaints, multiple medical problems, and symptoms of a mood disorder. In three cases, major depression is primary; in two cases, the mood disorder is a symptom of lupus and hypothyroidism. **Elizabeth Rand, M.D.**, chief of psychiatry at CCHS, comments that "managing a 'difficult patient' is really not exactly our dilemma as doctors. A patient with a correct diagnosis is not a difficult patient. A patient is 'difficult' when we don't know what to do."

"Our project investigates the role of clinical problem solving in the recognition of depression by primary care doctors," explained Dr. Badger. National research has shown that 54 percent of all patients with mental disorders go only to the primary care sector for treatment, and that primary care physicians recognize mental disorders only 20 to 50 percent of the time. "In other words, under-recognition of mental disorder by primary care physicians is in the range of 50 to 80 percent," said Dr. Badger, "and the Rand Medical Outcome Study finds that the functioning of depressed patients is comparable to or worse than that of patients with major chronic medical conditions." She concludes that the "ability of clinicians to diagnose and to treat depression appropriately would clearly have a significant positive impact on the lives of hundreds of thousands of patients and their families."

The study, which has been under way for the past two years, involves videotaping doctors' initial assessment interviews with five patients who simulated the cases chosen by the panel of family physicians and psychiatrists. Fifteen women in the

Tuscaloosa community were extensively coached by project director Mary Ann Plant to enact the five patient roles. They had to remember a great deal of scripted medical and personal history, and they had to be consistent in their performances.

"What is important to understand," said Dr. Badger, "is that only the opening lines of the patient are unchanging. What information is revealed by the patient thereafter is entirely dependent upon whether or not the physician asks the question."

The doctor-patient videotaped encounters lasted 15 minutes per patient and took place at the physician's own practice site or at the Capstone Medical Center on the University of Alabama campus. Doctors who ordered lab tests or x-rays for the patients were given pre-scripted results.

After talking to the patient, the doctor was debriefed by the research coordinator. He or she

was asked which diagnoses had been considered but subsequently ruled out, and which diagnoses he or she was still considering. The physician was then asked how he or she would manage each diagnostic problem: that is, would the physician treat the problem with medication(s), counseling, or therapy; ask for a consult or refer the patient to another specialist; or delay treatment or not treat the problem. After debriefing, the physician completed a series of tests and questionnaires which assessed knowledge of and attitude toward depression. Each study session took about four hours.

"This was an invaluable contribution by these doctors, clearly essential for our study," said Badger. "We are very grateful."

"The factors which we hypothesize to be both interrelated as well as predictive of the accuracy of diagnosis of depression," said Dr. Badger, "include psychosocial and psychiatric training; basic knowledge about depression and its symptoms; certain cognitive predispositions, including attitudes about psychosocial issues and estimates of the probability, severity, and treatability of depression; and medical interviewing techniques which elicit the essential affective, cognitive, and behavioral symptoms of depression."

"A major strength of our research design," said Dr. Badger, "is the utilization of standardized patients. With standardized patients there is control over the undesirable variability typically introduced when real patients are used as subjects. In general, the physicians in the study felt comfortable with the simulators and rated their performances 'very real,' usually saying they were typical of their patients, although somewhat more articulate."

The patient June Dodson, like the other four cases in this study, displays many characteristics of the psychiatrically ill primary care patient. "This, of course, does not mean all patients presenting with these complaints will be depressed," said Badger, "but it is worthwhile to consider it as a possibility."

She reviewed the **symptoms of depression** June revealed when interviewed by her doctor: she described herself as less interested in most things and activities, including sex; she said she had many stresses in her personal and business life; she reported trouble going to sleep

and staying asleep; and she complained of always feeling tired, with a loss of energy. Besides decreased interest in sex, chronic fatigue, and increased stress, June also had a substantial change in appetite, with a subsequent 30-pound weight gain. She also has a history of depression.

Analysis of the study data is still in the early stages. Results will emerge over the next year. CCHS faculty hope for similar collaborative research ventures in the future.

"Studies which cross discipline boundaries have the potential of yielding more than simply information," said Dean Roland Ficken. "The depression study is an excellent example of interdisciplinary collaborative research which may yield valuable knowledge. And in a small faculty like ours, collaborative research provides an opportunity for a number of junior faculty to launch their careers."

National research has shown that 54 percent of all patients with mental disorders go only to the primary care sector for treatment, and that primary care physicians recognize mental disorders only 20 to 50 percent of the time.

"Predictors of Psychiatric Underdiagnosis in Primary Care"

The Research Team

College of Community Health Sciences

Lee Badger, Ph.D., Department of Psychiatry • Principal Investigator

Mary Ann Plant, Ph.D., Department of Psychiatry • Project Director

Elizabeth Rand, M.D., Department of Psychiatry

Patricia Bailey, Department of Psychiatry

Monica Strother, Department of Psychiatry

Russell Anderson, M.D., Department of Family Medicine

Alan Maxwell, M.D., Department of Family Medicine

Paul Tietze, M.D., Department of Family Medicine

Roland Ficken, Ph.D., Department of Behavioral & Community Medicine

James Leeper, Ph.D., Department of Behavioral & Community Medicine

University of South Alabama

Frank DeGruy, M.D., Department of Family Medicine

Contributors

College of Community Health Sciences

Eugene Schneider, M.D., Department of Psychiatry

Michael Lindberg, M.D., Department of Internal Medicine

Mark Kelley, M.D., Department of Internal Medicine

William Winternitz, M.D., Department of Internal Medicine

Samuel Gaskins, M.D., Department of Family Medicine

Jerry McKnight, M.D., Department of Family Medicine

John Wheat, M.D., Department of Behavioral & Community Medicine

Julia Hartman, M.S., Department of Behavioral & Community Medicine

Linda Nutt, M.S., Department of Behavioral & Community Medicine

Grant Provides for Further Study Problem-Based Learning Important to Student, Faculty Satisfaction

Problem-based learning will be the focus of a 1992-93 CCHS curriculum project in which small groups of students collaborate to study and address selected medical issues. Funded by a training grant from the U.S. Department of Health and Human Services, the project follows up last year's successful CCHS project applying problem-based learning (PBL) methodology to clinical medical education for the first time. That research was led by former dean **Dr. Wilmer Coggins**, since retired from CCHS.

Dr. Paul Tietze, associate professor of family medicine, will direct the new PBL project. **Debbie Sidrys, M.D.**, is project coordinator, and **Eta Berner, Ed.D.**, is a consultant for evaluation/education components. **Tonie Pierce** will coordinate logistics for the Objective Structured Clinical Examination (OSCE) portion of the project. **Lee Badger, Ph.D.**, will serve as simulated patient training director.

"The project will build on core material from last year," said Dr. Tietze. "This innovative program is ideally suited to our (CCHS)

goals: preparing medical students to address undifferentiated medical problems in a rural, largely minority population. The problem-based learning methodology has been used in the basic-science years of medical education at New Mexico, Wake Forest, and Harvard, and we involved consultants from New Mexico and Wake Forest as we constructed a problem-based learning approach to clinical medical education."

Problem-based learning in small groups will involve the development of hypotheses on selected problems; individual, independent research on various aspects of the problems; and collaborative work to solve the problems. "It appears to be a very effective way for physicians to maintain lifelong learning skills," said Dean Roland Ficken.

This type of learning is reinforced by the OSCE evaluation phase of training, in which a student receives immediate feedback from faculty and simulated patients after he or she does an examination or medical interview in the clinical setting. "It is a wonderful morale

builder for faculty and students," said Dr. Tietze. "Students initiate their learning and own what they learn. Faculty can *know* what their students have learned, instead of just lecturing and wondering what their students carry away."

CCHS Medical Students Matched With Residencies Across U.S.

New doctors who completed the final two years of medical school at CCHS and graduated from the University of Alabama School of Medicine in 1992 recently participated in the National Resident Match Program. The program assigns new doctors to residency programs across the nation based on computerized information and preferences indicated by applicants and medical facilities. Our graduates and their residency sites and specialties are shown here.

Name/Hometown	Residency Program	Specialty
Ronald W. Beaudreau Evans, Georgia	Johns Hopkins Hospital Baltimore, MD	Emergency Medicine
Ronald H. Clements Greensboro, Alabama	Carraway Methodist Medical Center Birmingham, Alabama	Surgery
Mary Allison Cunningham Tuscaloosa, Alabama	University of Arkansas for Medical Sciences Little Rock, Arkansas	Pediatrics
Paul Michael Davis, Jr. Camden, South Carolina	Mayo Graduate School of Medicine Rochester, Minnesota	Surgery
Oscar David Dellinger III Decatur, Georgia	Alton Oschner Medical Foundation New Orleans, Louisiana	Radiology-DX
James Gary Dial Gadsden, Alabama	Alton Oschner Medical Foundation New Orleans, Louisiana	Anesthesiology
Michael A. Eslava Foley, Alabama	William Beaumont Army Medical Center El Paso, Texas	Surgery
Patricia K. Harris Birmingham, Alabama	University of Arkansas for Medical Sciences Little Rock, Arkansas	Pediatrics
Christopher J. Hart Duluth, Georgia	Mayo Graduate School of Medicine Rochester, Minnesota	Surgery
Beverly A. Joseph Birmingham, Alabama	College of Community Health Sciences Tuscaloosa, Alabama	Family Practice
Cheryl A. Manning Atlanta, Georgia	Tulane University School of Medicine New Orleans, Louisiana	Pediatrics
David LaRon Mason Meridian, Mississippi	University of Mississippi Medical Center Jackson, Mississippi	Surgery
Larry Braden Richmond, Jr. Birmingham, Alabama	Orlando Regional Medical Center Orlando, Florida	Obstetrics/Gynecology
Michael G. Simmons Monroeville, Alabama	Baptist Medical Center Birmingham, Alabama	Surgery
James E. Stone, Jr. Fulton, Mississippi	University of Alabama Hospitals Birmingham, Alabama	Primary Internal Medicine
Paul M. Taupeka Point Clear, Alabama	University of South Alabama Mobile, Alabama Mount Sinai School of Medicine, New York, New York	Internal Medicine Preliminary Ophthalmology
Douglas A. Wadson Royal Palm Beach, Florida	Halifax Medical Center Daytona Beach, Florida	Family Practice
Joseph Michael Webb Vestavia Hills, Alabama	University of Alabama Hospitals Birmingham, Alabama	Primary Internal Medicine
Stephen L. Weinrib Montgomery, Alabama	George Washington University Hospital Washington, D.C.	Internal Medicine

College of Community Health Sciences

A clinical branch campus of
The University of Alabama
School of Medicine.

Authorized by Governor
George Wallace in 1972.

First family practice resident
enrolled in 1974.

First medical students assigned
in 1975.

Mission:

To emphasize family practice
and the other primary care
disciplines in medical educa-
tion for medical students
assigned to this campus.

To provide a sound basic medi-
cal education for all medical
students.

To establish and maintain a
family practice program to
meet urgent needs for
family physicians in Ala-
bama, the Southeast, and
the nation.

To seek solutions for deficien-
cies in rural health care in
Alabama and the region.

Results:

The College of Community
Health Sciences has trained
263 medical students.

Of these, 66 percent have
chosen careers in primary
care disciplines such as
family medicine, internal
medicine, pediatrics, and
obstetrics/gynecology.

Of 177 family practitioners
completing the CCHS
residency program, more
than half practice in Ala-
bama and 53 are in towns of
fewer than 25,000 people.

Dr. Philp Is Scotland Native Bowman Gray Professor Heads CCHS Internal Medicine Faculty

James Ramsay Philp, M.D., F.A.C.P., F.R.C.P.E., has been appointed professor and discipline chief of the Department of Internal Medicine in The University of Alabama College of Community Health Sciences. Dr. Philp and his wife, Elizabeth Philp, M.D. (who has joined the faculty of the CCHS Department of Family Medicine), are natives of Scotland and come to the University of Alabama School of Medicine Tuscaloosa program from the Bowman Gray School of Medicine at Wake Forest University in Winston-Salem, North Carolina.

At Bowman Gray, Dr. Philp has most recently held the position of professor of infectious diseases and immunology. He served the school and community in various other capacities as well: chair of the Pharmacy and Therapeutics Committee, chair of the Protocol Committee, director of preclinical education and chair of the Case and Curriculum Committee and the Examination Committee for Parallel (Problem-Based) Curriculum Training at the medical school. He was head of the Patient Care Committee and member of the Quality Assurance Committee at North Carolina Baptist Hospital. In addition, he chaired units for the Committee on Medical Education, established a new integrated curriculum, developed a course in physical

and differential diagnosis, and chaired the physical diagnosis and introductory clinical clerkship for the school.

Dr. Philp had earlier academic appointments at the University of Florida (medicine and microbiology) and St. Mary's Hospital Medical School in London (bacteriology/infectious diseases). His postdoctoral experience in Scotland includes tenures as house surgeon and house physician at the Edinburgh Royal Infirmary and as senior research fellow in radiobiology at Aberdeen University. In the 1980s he was a National Institutes of Health Heart and Lung Institute consultant. He is a member of British and American professional societies including the American Federation for Clinical Research, American Society for Microbiology, British Society for the Study of Infection, Royal Medical Society (Edinburgh), British Medical Association; and the Infectious Diseases Society of America, Royal College Physicians-Edinburgh, and American College Physicians Reticuloendothelial Society, all three of which have named him a fellow.

Dr. Philp was born in Kirkcaldy, Fife, Scotland, and was educated at the University of Edinburgh. He graduated summa cum laude in microbiology, earned an M.D. and equivalent Ph.D. in clinical sciences, and received a commendation for his research on



Dr. James Philp

treating thyrotoxicosis with ionizing radiation. He and his wife have three grown children. He is active in civic and church leadership, and he enjoys music (especially violin), theological philosophy, golf, and camping.

Of Note

Deborah Poteet-Johnson, M.D., presented the paper "Alabama Day Care Providers' Knowledge and Attitudes about AIDS" at the Alabama Academy of Sciences in April 1992. The paper was co-authored by **Peggy O. Jessee, Ph.D.**, and **M. Christine Nagy, Ph.D.** At the same meeting, Dr. Nagy presented the paper "Characteristics of Academic Physicians Interested in Agrimedecine," co-authored by **John R. Wheat, M.D.**, **Jerry T. McKnight, M.D.**, and **Russell L. Anderson, M.D.**

Dr. Jessee presented the paper "AIDS-Related Knowledge, Attitudes and Health Practices of Alabama Licensed Day Care Administrators and Teachers" at a meeting of the Southeastern Council on Family Relations and Alabama Council on Family Relations in March 1992. The paper was co-authored by Deborah **Poteet-Johnson** and M. Christine **Nagy**.

Lorin A. Baumhover, Ph.D., keynoted an elder abuse seminar in Jackson, Tennessee, in May. He also led a June 18 seminar entitled "Protecting Seniors," sponsored by the Northwest Florida Area Agency on Aging, the Long-Term Care Ombudsman Council, and the State Adult Protective Services division. Dr. Baumhover discussed the statistics, dynamics, and prevention of elder abuse, neglect, and exploitation. His overview of elder abuse issues is available on videotape. Dr. Baumhover and **Robert Pieroni, M.D.**, will speak to the medical staff of the Southeast Alabama Medical Center about elder abuse on July 23.

Dr. M. Christine Nagy, James Leeper, Ph.D., and **Sandra Hullett, M.D.**, have written "A Rural Clinic Reaches Out: The Rural Alabama Pregnancy and Infant Health Program" for inclusion in *Fair Start for Children: Lessons Learned from Seven Demonstration Projects*, a book to be published by Yale University Press later this year. Robert Northrup, M.D., is a co-author of the chapter. Leeper, Nagy, and Hullett also authored "Prenatal Diet Adequacy Among Rural Blacks" for the spring 1992 issue of the *Journal of Rural Health*.

"A Profile of JCAHO Accredited Hospital Foodservice Directors," written by **Dr. Nagy** with **Elizabeth Barrett** and **Roy Maize**, shows salary discrepancies between male and female directors. It has been accepted for publication by the *Journal of The American Dietetic Association*. **Dr. Jerry McKnight** and **Jerry E. Jones, M.D.**, published "Jaundice" in the March 1992 issue of *American Family Physician*. **Elizabeth Rand, M.D.**, co-authored "Behavioral Science and Clinical Psychiatry: Textbooks and Software Used," which was published in the spring 1992 issue of *Academic Psychiatry*. **Dr. John R. Wheat** was lead author of "Does Workplace Health Promotion Decrease Medical Claims?" published in the *American Journal of Preventive Medicine*, Volume 8, Number 2, 1992.

Eugene J. Schneider, M.D., assistant professor in the Department of Psychiatry at CCHS, has been appointed a diplomate of the American Board of Forensic Psychiatry based on his record of education and training, experience, and oral examination. Currently there are only 247 diplomates of the board. **Dr. James Leeper** of CCHS has been named an adjunct professor at the UAB School of Public Health.

Moves Provide More Clinical Space at Capstone Medical Center

Several academic and administrative offices have recently been moved out of the Capstone Medical Center to create more space for patient care. "Our goal is to make Capstone a clinical facility exclusively," said John Maxwell, assistant to the dean for financial planning and management. Maxwell handles space allocation for the medical school in Tuscaloosa, and he is working to provide more space in the Capstone Medical Center for internal medicine, pediatrics, occupational and preventive medicine, obstetrics and gynecology, and family medicine.

Faculty physicians who see patients at the Capstone Medical Center now have their academic or administrative offices in other buildings. During the spring and summer of 1992, the family medicine academic offices were relocated to an annex of the medical center, and the Capstone Medical Center business office was moved into leased space on University Boulevard adjacent to the center. Pediatrics academic offices were moved to the Educational Tower at DCH Regional Medical Center, while those of the Department of Psychiatry were moved from the Educational Tower to the third floor of Nott Hall on the University Quadrangle. Phone numbers and mailing addresses for the faculty and staff involved have not changed.

CCHS Medical Students and Faculty Recognized at '92 Honors Convocation

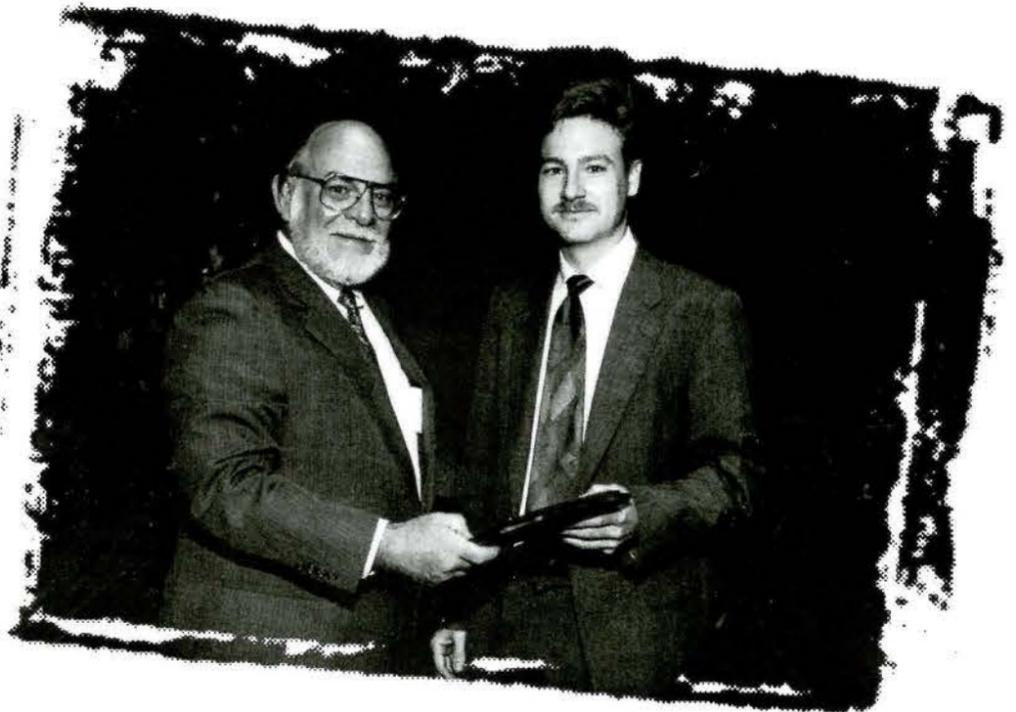


▶ Mike Davis

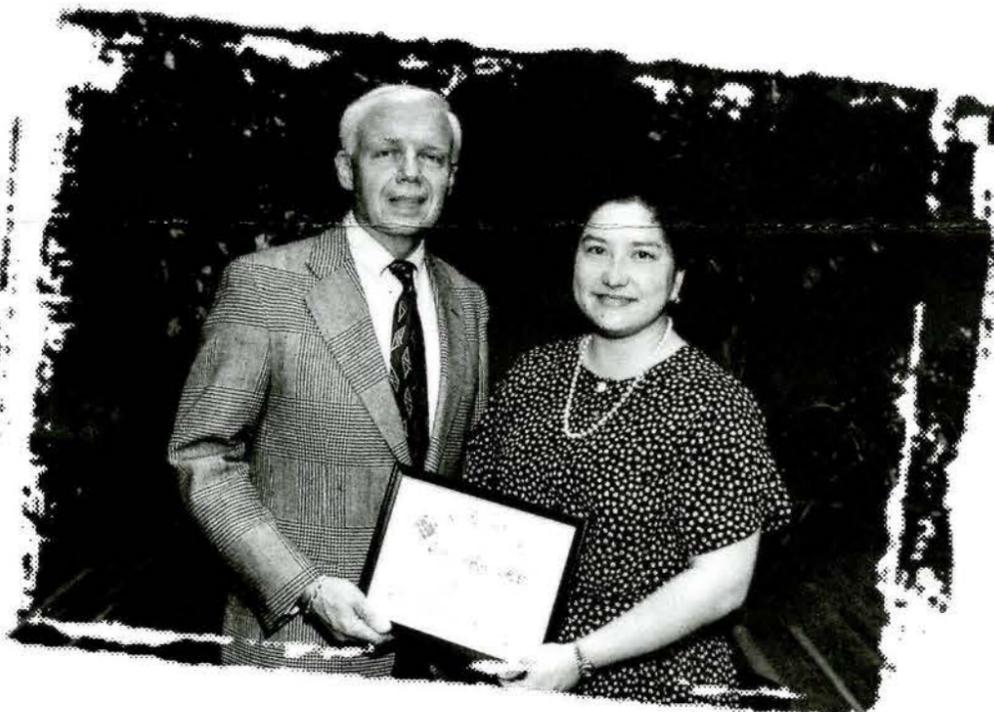
The College of Community Health Sciences held its annual honors convocation May 16. The outstanding medical students and faculty recognized included **Paul Michael "Mike" Davis, Jr.**, who received the William R. Willard Award (the Dean's Award). This singular

recognition, conferred by vote of the medical school faculty, is awarded each year to the CCHS senior medical student whose contributions to the goals and mission of the College are most outstanding. Among the recipients of other CCHS awards was **Ronald Beaudreau**, who earned the Scholastic Achievement Award for the highest grade point average in clinical years.

Several awards for outstanding contributions to undergraduate medical education were presented to faculty members selected by vote of the medical students. **William Winternitz, M.D.**, was honored with the Patrick McCue Award, and **Edgar Donahoe, M.D.**, received the Resident Recognition Award. The senior



▶ Ronald W. Beaudreau, M.D. (right), receives the Scholastic Achievement Award from Dr. Russ Anderson, associate dean for academic affairs, at the 1992 Honors Convocation on May 16 in Tuscaloosa. Dr. Beaudreau also received the Internal Medicine Award.



▶ Patricia Harris, M.D., received double honors at recognition ceremonies for outstanding medical students. She received the Pediatric Recognition Award from Dr. David Hefellinger, CCHS chief of pediatrics (left). She also received the Teresa Finney Memorial Award given by the Department of Obstetrics and Gynecology.

class presented the Faculty Recognition Award to Michael C. Lindberg, M.D., for outstanding contributions to medical education during their junior year. Dr. Lindberg, who was the convocation keynote speaker, is completing a geriatric fellowship at the University of Connecticut School of Medicine. In addition, **James E. Stone, Jr.**, was the recipient of the James H. Akers Award, presented each year to the Tuscaloosa program senior who best personifies the art and science of the practice of medicine.

Departmental awards recognized outstanding medical students in each specialty area. **Joseph Michael Webb** received the Robert F. Gloor Award from the Department of Behavioral and Community Medicine. **Beverly A. Joseph** won the Family Medicine Award. **Ronald W. Beaudreau** was awarded the Internal Medicine Honor. **Patricia K. Harris** received the Teresa Finney Memorial Award, given by the Department of Obstetrics and Gynecology, as well as the Pediatrics Award. **Douglas A. Wadeson** received the Peter Bryce Award from the Department of Psychiatry. The Surgery Award was presented to **Mike Davis** and **Christopher J. Hart**. **Mary Allison Cunningham** was honored with the Research Award.

Also during the convocation, **James E. Stone, Jr.**, was honored as Student of the Year by the Tuscaloosa Veterans Administration Medical Center. Finally, **Jennifer R. Bush**, a medical student on the Huntsville campus, received the Larry Mayes Memorial Award, a scholarship that supports a student's work in an underserved area. Larry Mayes was a CCHS medical student who died in 1986 while serving a rotation in Africa. The annual award, which goes to a junior medical student at the University of Alabama School of Medicine, will enable Ms. Bush to do an elective on a Zuni Indian reservation in New Mexico.

Bennett to Discuss Gene Therapy at Bahar Lecture

J. Claude Bennett, M.D., chairman of the Department of Medicine and director of the University Hospital Chief Services Division, University of Alabama at Birmingham, will be the distinguished lecturer for the fourth annual Natica Bahar Memorial Lecture on December 3, 1992. He will speak on the rapid advances in gene therapy.

The Bahar lecture series was established by Dr. David Bahar in 1987 in memory of his wife. Dr. Bahar is a respected Tuscaloosa physician, a member of the CCHS clinical faculty, and a former president of the Alabama Thoracic Society and the Tuberculosis Hospital Association. Bahar lecturers have included Dick D.

Briggs, Jr., M.D., and Gerald M. Pohost, M.D., both from the Department of Internal Medicine at the University of Alabama School of Medicine. Dr. Briggs' lecture was titled "Interstitial Lung Disease: Detection, Diagnosis, and Treatment." Dr. Pohost's lecture addressed applications of magnetic resonance imaging in cardiovascular care. In 1991 John W. Kirklin, M.D., presented the Natica Bahar Lecture, titled "Patient-Specific Predictions and Comparisons for Ischemic Heart Disease."

For more information, contact Tonie Pierce, coordinator of external affairs, at (205) 348-1276 or Box 870326, Tuscaloosa, AL 35487-0326).

New Faculty Arrive at CCHS



William Keith DeBell, M.D., has joined CCHS as an assistant professor of internal medicine. Dr. DeBell has a special interest in growth hormone research, insulin pump therapy for diabetes, diabetic camps, and hyperlipidemia. A graduate of Samford University and the University of Alabama School of Medicine, he spent his clinical years (the third and fourth years of medical school) at the UAH School of Primary Medical Care in Huntsville. He completed an internship and a residency in categorical internal medicine at

Baptist Memorial Hospital in Memphis and a fellowship at the University of Virginia Health Sciences Center Division of Endocrinology in Charlottesville, Virginia. Dr. DeBell comes to CCHS from Nashville, Tennessee, where he was a member of Stone River Medical Consultants and the Donelson Hospital staff.

He and his wife, Carol, have a two-year-old and a four-year-old son. Carol is the daughter of Dr. Henry Hoffman, retired director of admissions at the School of Medicine in Birmingham. Dr. DeBell's family is in Morgan County, Alabama.

"We are looking forward to being closer to home and living in a college town again," said Dr. DeBell. His hobbies include running, woodworking, and growing orchids.



Dr. Elizabeth Philp, associate professor of family and community medicine at the Bowman Gray School of Medicine in North Carolina, has been appointed associate professor in the Department of Family Medicine at CCHS. A medical graduate of Edinburgh University, she is a fellow in the American Academy of Family Practice and a diplomate of the American Board of Family Practice (Internal Medicine, Gerontology, and Gynecology). Dr. Philp practiced in Aberdeen, Scotland, and Hertfordshire, England, and was

a student health service physician at the University of Florida and at Wake Forest University, where she also directed the health service. While a physician at the Reynolds Health Center in Winston-Salem, North Carolina, she chaired the Employee Health Committee and Patient Education Committee. She also directed a rubella immunization screening program and a PMS clinic.

Since 1986, Dr. Philp has been director of the Standardized Patient Program and Objective Structured Clinical Examinations (OSCE) at Bowman Gray. Her research in progress includes evaluation of OSCE in teaching and examining medical students; clinical and biochemical evaluation of premenstrual syndrome patients; training physicians in the objective and humanistic skills of geriatrics; treatment of Alzheimer's disease with HP29, an experimental drug; and use of Temafloxacin and Augmentin in treating lower respiratory tract bacterial infections. She has won grants and awards for a variety of studies: screening for acute genital herpes; comparative drug studies for treatment of pharyngitis, urinary tract infections, skin infections, and tonsillitis; and medical education.

Dr. Philp holds professional memberships in the British Medical Association, the American Academy of Family Physicians, and the American Medical Association, as well as in local and state societies in North Carolina. She also served on the Medical Advisory Board of the National PMS Society.

A native of Scotland, she was captain of field hockey teams in high school and at Edinburgh University and played on the All British Universities national field hockey team. She is active in the Presbyterian church, and her interests include needlework, travel, camping, piano, play reading, and golf.



Ghassan Hamadeh, M.D., assistant professor in the Department of Family Medicine at the Medical University of South Carolina in Charleston, this summer begins a one-year fellowship in obstetrics and gynecology at CCHS. Dr. Hamadeh received his B.S. in biology-chemistry degree with high distinction from the American University of Beirut, where he also earned his M.D. degree, completed an internship in internal medicine, and served as assistant professor and acting chairman of the Department of

Family Medicine. He completed a residency in the Department of Family Medicine at the Medical University of South Carolina and has continuing education credits in colposcopy, teaching medical interviewing and history-taking, and advanced cardiac life support.

Dr. Hamadeh has teaching experience with both medical students and residents, and he has developed curricula for school health programs, teaching agrimedical, and computer literacy for family medicine residents. He has supervised resident evaluation (including preparing and administering OSCE exams) and consulted with the governments of Abu Dhabi and Libya about establishing family practice training programs. He has made presentations on dealing with AIDS patients, family medicine in the Arab world, characteristics of after-hours health users, and thyroid disease. His research interests include colposcopy, Norplant implantation, OSCE, computer use in primary care, patient-doctor relationships (including applying balint training in diagnosis of psychosocial problems), and the role of family, cultural, and ethnic backgrounds in health care utilization.

Dr. Hamadeh holds professional membership and represents the State of Lebanon on the Examination Committee of the Arab Board of Family and Community Medicine. He also belongs to the American Academy of Family Physicians, the Society of Teachers of Family Medicine, and Alpha Omega Alpha honor society. A Lebanese citizen, he is a permanent resident of the United States. He is married to Ruba Ismail.

Class of 1994 Numbers 23 Medical Students

Medical students joining the Tuscaloosa program this summer to complete the third and fourth years of their course in the UA School of Medicine come primarily from Alabama, but the 23 class members include several students from other states.

The new CCHS medical students are Bart M. Bailey, Gadsden, AL; Sandra R. Balk, Huntsville, AL; Robert C. Brunner, Miami, FL; John D. Creasy, Jackson, TN; John W. Crommett, Fort Walton Beach, FL;

Kurt S. Dangl, D.M.D., St. Louis, MO; Andrew M. DeWitt, Midfield, AL; Mark S. Eich, Florence, AL; Jignesh N. Gandhi, Ozark, AL; Cody L. Henderson, Marietta, GA; Robert K. Hunt, D.D.S., Snellville, GA;

Richard E. Jones, Mobile, AL; Christopher G. Kelley, Oxford, AL; Michael A. Kelley, Andalusia, AL; Narong Kulvatunyou, Daphne, AL; Kennedy F. Kunz, Hoover, AL; Leroy Loving, Jr., Fairburn, GA; LaQuetta N. Morris, Talladega, AL; Regina M. Nepomuceno, Birmingham, AL;

Wallace B. Purdy, Jr., Anniston, AL; Dykes T. Rushing, Jr., Elba, AL; Robert G. Swanton, Metairie, LA; and John G. Wideman, Birmingham, AL.

"How's Your Health?"
will be the theme of the CCHS tent
on the Quad at the
UA Homecoming celebration.
Saturday, October 3, 1992
(before the South Carolina game)

Stop by for health information
and refreshments!

Family Practice Residency Program Welcomes 15 New Doctors

Fifteen new doctors began residencies in family practice at CCHS on July 1. They come from San Antonio, Kansas City, Shreveport, New Orleans, Mississippi, and Rhode Island as well as from Mobile and Birmingham.

Scott Hull Boswell, entering as a second-year resident, is from Noxapater, Mississippi. Scott attended Millsaps College in Jackson, Mississippi, where he received a B.S. degree in biology in 1978. He received his medical degree from the University of Mississippi Medical Center in Jackson in 1983 and did a year's transitional internship at the University of Arkansas Baptist Medical Center, which he completed in June 1983. He also served four years in the Navy as a flight surgeon.

Jimmie Denise Clark is from Jackson, Mississippi, and received her B.S. degree from Tougaloo College in 1987. She earned her medical degree from Brown University School of Medicine in Providence, Rhode Island, graduating in May 1992. The youngest of six children, Jimmie became interested in medicine early in her life. During college, she volunteered at a local hospital and nursing home. After viewing a documentary on the obstacles limiting indigent people's access to primary care, and on their use of emergency rooms for chronic and critical medical problems, she resolved to become a physician.

Kamlesh M. Desai was born in Jamnagar, India, but now calls New Orleans home. He received a B.A. degree from the University of New Orleans in 1986 and his medical degree from Louisiana State University Medical School in New Orleans in 1992. The son of an engineer father and homemaker mother, Kamlesh immigrated to the United States at the age of seven. His idealism and a strong work ethic fostered by his parents led him to the field of medicine. He will be the first physician in his family. During medical school, he has given talks to educate people about the dangers of drug, alcohol, and tobacco use.

Jeffrey Allen Donahoe is from Shreveport, Louisiana, and received his B.S. degree from Northeast Louisiana University in Monroe, Louisiana, in 1987. He will receive his medical degree from Louisiana State University Medical Center-Shreveport in 1992. While working at the ambulatory care clinic at his medical school, Jeff said he realized that to fulfill all of his aspirations, he needed to complete a residency in primary care.

Kelly Renee Elmore, of Richton, Mississippi, received an A.S. degree from Jones County Junior College, Ellisville, Mississippi, in 1985, and a B.S. degree from William Carey College in Hattiesburg, in 1988. She will receive her medical degree from the University of Mississippi School of Medicine in Jackson in 1992. The third of four children, she was raised on a farm in southeast Mississippi. Her junior college studies were directed toward the medical field, and a teacher at William Carey provided the encouragement she needed to realize she could become a physician.

Thomas Dwight Harper is from Holly Pond, Alabama, and received a B.S. degree from the University of Montevallo in 1988. He will receive his medical degree from the University of South Alabama College of Medicine in 1992. Growing up in a small town, Dwight was exposed to many family physicians and learned about the important role these doctors play. He spent his junior and senior years of medical school living at a retirement home, where he had the opportunity to work with an elderly population in many capacities.

Joseph Thomas Johnson, Jr., is from Birmingham, Alabama. Joe received a B.S. degree from Samford University in 1987 and will receive his medical degree from the University of Alabama School of Medicine in 1992. Joe's pediatrician was his most influential and positive role model, providing him with a view of the personal as well as the professional side of medicine.



▶ *New residents at CCHS are: (front row, L-R) Dwight Harper, Jimmie Clark, Jeff Parker, Kelly Elmore, Scott Boswell; (back row, L-R) Jeff Donahue, Darien Slaughter, Mark Miller, Kamlesh Desai, Link Silar, Wayne Kelly, Beverly Joseph, and Joe Johnson. Not pictured are Bill St. Martin and Carlton Vollberg. During a week of orientation they met CCHS faculty and discipline chiefs and toured the Capstone Medical Center, the Health Sciences Library, DCH Regional Hospital, and Northport Hospital-DCH. They were honored at parties given by Dr. Sam Gaskins at his home and by the chief residents at the University Club.*

Beverly Angelle Joseph is from Birmingham, Alabama, and attended Samford University, UAB, and Oglethorpe University in Atlanta, where she earned her B.S. degree in 1986. Her medical degree will be awarded by the University of Alabama School of Medicine in 1992; she did her clerkship years in the Tuscaloosa program. Growing up in a loving, supportive family environment has been a most important influence in Beverly's life, she said. She places great value on the family unit, and she hopes to practice in a rural community.

Frederick Wayne Kelly is from Chickasaw, Alabama. He received a B.S. degree from Mobile College in 1988 and will receive his medical degree from the University of South Alabama in 1992. He would like to practice in a rural community where the challenges faced daily by family physicians force them to remain current on recent advances in medicine.

Mark Douglas Miller is from Minden, Louisiana. He attended Northeast Louisiana University in Monroe, where he received a B.S. degree in biology in 1980. He then attended UTMB-Galveston, earning a B.S. degree in health care science in 1982. He will receive his medical degree from the University of Texas Health Science Center-San Antonio in 1992. Mark grew up in a small town and was influenced by a family physician who was loved and respected because he was a good clinician and treated his patients as people, not diseases.

Jeffery Glen Parker is from Vardaman, Mississippi. He attended the University of Mississippi in Oxford, where he received a B.A. degree in English in 1988. He will receive his medical degree from the University of Mississippi Medical Center in Jackson in 1992. Jeff began working at a small community hospital in the spring of his junior year in high school and became interested in medicine. He worked in various capacities in the medical field, from orderly at a small hospital to employment with the United States Public Health Service.

David Link Silar, from Abbeville, Louisiana, received a B.S. degree in 1986 from the University of Southwest Louisiana in Lafayette. He will receive his medical degree from Louisiana State University-Shreveport in 1992. Link said he was always interested in medicine and knew early in his first year of medical school that he wanted to become a primary care physician. Patient interaction on the wards in his junior year made him realize that family practice would best suit his personal and career goals.

Clois Darien Slaughter is from Florien, Louisiana. He received a B.S. degree in mathematics from Northwestern State University in Natchitoches, Louisiana, in 1988 and will receive his medical degree from Louisiana State University-Shreveport in 1992. Darien grew up in a small rural community in northwest Louisiana where his only exposure to medicine consisted of occasional trips to the local family practitioner, whose quiet confidence and concern made a strong impression.

William Hanson St. Martin, entering as a second-year resident, is from Houma, Louisiana, and attended Nicholls State University in Thibodaux, Louisiana, where he received a B.S. degree in biology in 1986. His June 1991 medical degree is from LSU-Shreveport, where Bill also completed a one-year transitional program. Bill's father is a general practitioner. Bill is the youngest of seven children in his family and the only one to pursue a medical career.

Carlton Mark Vollberg is from Punta Gorda, Florida. He attended Southern College in Collegedale, Tennessee, where he received a B.A. degree in biology in 1988. He will receive his doctor of osteopathy from the College of Osteopathic Medicine in Kansas City, Missouri, in 1992. His interest in family practice was reinforced when he spent a four-week family practice rotation in Selma, Alabama.

—Pat Ross

OnRounds
The University of Alabama
College of Community Health Sciences

OnRounds is published quarterly by The University of Alabama College of Community Health Sciences to keep alumni and friends informed of CCHS news and issues which affect this medical school and its graduates. Please send address changes and comments about the newsletter to *OnRounds*, The University of Alabama, College of Community Health Sciences, Box 870326, Tuscaloosa, AL 35487-0326. The editor encourages suggestions, and contributions will be included as space permits. Please contact Linda Jackson in the dean's office, (205) 348-1288.

Roland P. Ficken Dean
John Maxwell Financial Planning and Management
Linda Jackson Editor
Roy Cordell Designer

The University of Alabama
College of Community Health Sciences
Box 870326
Tuscaloosa, Alabama 35487-0326

Nonprofit Org.
U.S. Postage
PAID
Permit No. 16
Tuscaloosa, AL
35401