Depression Complicates Treatment of Asthma

New York—When severe asthma and depression occur together, the conditions can make each other worse, according to a cover article by CCHS assistant professor Nancy Rubin published in the April issue of the AMA's Archives of Family Medicine.

Nancy J. Rubin, Psy.D., University of Alabama School of Medicine, Tuscaloosa Program, presented the article during an AMA media briefing on asthma. Rubin traveled to New York for the April 15 daylong briefing by the American Medical Association (AMA) on "Asthma: Confronting a National Health Problem." Other presenters included physicians from the National Institute of Allergy and Infectious Diseases, Mayo Medical School, and Harvard Medical School. Rubin said: "The recent Medical Outcomes Study that looked at eight major chronic medical illnesses, including lung disease and depression, found that people with depressive disorder or depressive symptoms tend to have physical, social, and role-functioning difficulties that are comparable to, or worse than, people with those eight other illnesses. Depression is a real problem."

She wrote: "Research to date supports the hypothesis that the two disorders, depression and asthma, combine energetically and women one another." The article describes a number of ways in which the two conditions interact negatively.

continued on page 2
Philp & Maxwell Take on New Roles

Emphasis on Patient Care and Capstone Medical Practice

James R. Philp, M.D., Chair of the Department of Internal Medicine, has been appointed Associate Dean at CCHS. The announcement was made by Dean Roland Ficken on April 22. He also named John Maxwell as Administrator of the Capstone Medical Center. He will assume these responsibilities in addition to his role as Assistant to the Dean for Financial Planning and Management.

The Associate Dean "will focus specifically on the development of a sound multi-specialty group practice," working closely with "a strong administrator with a business background," said the Dean in discussing the appointments. He is anxious for the Capstone Medical Center to achieve its potential in providing excellent, self-supporting patient care.

When he was being recruited, Dr. James Philp's principal interest in a position in the College of Community Health Sciences was the opportunity to be engaged in and lead the continuing development of problem-based learning and evaluation that was needed in the College for significant innovation in medical education. For this reason, the curriculum committees for graduate medical education and for medical student education will report to the Dean through Dr. Philp's position as Associate Dean. This structure will also help to ensure that the primary reason for our being—that is, the focus on the educational programs—will not be lost as we place special emphasis at this time on patient care, the practice, and business aspects of the College.

On ROUNDS • 2

continued from page 1

Gne asstKiation -i nvolves-the-effeet-of - ­

Severe Asthma Patients Should Be Screened For Depression:

Patient Cues Which May Signal Depression:

• Incapacitating symptoms with few objective disease findings
• Feelings of hopelessness and helplessness in handling the disease and related problems
• Isolation and withdrawal
• Noncompliance with treatment advice or medication (which may be associated with the lack of motivation frequently present in depression).

"Recent research with general medical patients has found that the depressed medical patient, when directly questioned, does report the major symptoms of depression. The emotional distress, though hidden, is not deeply hidden, and recognition of the distress by the physician requires systematic questioning and active listening."

Nancy Rubin, Psy.D.
"Severe Asthma and Depression" in Archives of Family Medicine, Vol. 2, April 1993

Rubin explains: "Symptoms of depression are often chronic cough and difficulty breathing, which are asthma symptoms, so that further complicates the assessment of asthma. The patient thinks the cough and dyspnea (shortness of breath) means their asthma is getting worse, but it really could be that they are depressed."

Dr. Rubin recommends that the formal assessment of depression in the patient with severe asthma become a necessary part of the patient's standard medical assessment. Rubin says in her article that depression is likely to go unnoticed in the patient who cannot accurately describe her or his emotional state, who uses defenses or coping strategies that minimize feelings, who regards his or her problems as physical, and who is seen by a physician who does not suspect the existence of the patient's depression. "Every person who comes in with severe asthma should be screened for depression, or anxiety, or whatever else may be a complicating psychological factor, then individual patients won't feel like they are being stigmatized," Rubin says.

Rubin's presentation resulted in interviews with the Associated Press and the American Medical Association Science News for distribution to radio stations. She also appeared in a news segment on an Albany, N.Y. television station and was featured in a news spot which will be sent to 250 hospitals which subscribe to "To Your Health," an Illinois-based health education service.
Don & Janice Buckley
Give Paper in Paris

This letter is to update you on the recent activities of my wife and myself. We thought this might be something you might want to consider for your newsletter ON ROUNDS.

My wife and I recently attended the Third Conference on International Travel Medicine, which was held in Paris. There we presented a paper entitled "Medical Preparedness of Overseas Missionary Personnel."

I also presented a paper entitled "Cutaneous Myiasis: Health Risk of Travelers to Central America" at the Second Conference on International Travel Medicine held in Atlanta, Georgia, in 1991. This paper was published in the book Travel Medicine II, too.

I also have been invited to give a lecture on missionary health care at MAP Internationals XIII Triennial International Conference on "Christian Health Ministries" to be held in June.

I have also recently received the certificate for additional qualifications (CAQ) in Geriatrics from the American Board of Family Practice.

Note:
On Rounds hopes to provide space for alumni news in future issues. Please send news briefs to Linda Jacobson, Editor, Don's Office, Box 870326, Tuscaloosa, Alabama 35487-0326.
(205) 348-1350.

Health Sciences Librarians Present Exhibit

A Commemorative Exhibit: The Medical Heritage of The University of Alabama, West Alabama, and Tuscaloosa was presented April 16-17, 1993. As part of the College of Community Health Sciences Health Heritage Week, Preparded by Lisa Russell, Barbara Dougerty, and Martha Tilston of the Health Sciences Library, the exhibit was held in the Superintendent's Residence on the Bryce Hospital Lawn.

With assistance from Joyce Lamont and Jerry Oldshue in Special Collections, the HSL librarians gathered old documents, books, and artifacts detailing the history of the University of Alabama School of Medicine, which began in Mobile in 1889. It became a two-year program in Tuscaloosa in 1920 and was moved to Birmingham in 1945. Another focus of the exhibit was the twenty-year history of the University of Alabama School of Medicine, which began in Mobile in 1859 and was moved to Tuscaloosa in 1920. It also featured the history of the University of Alabama School of Medicine, which began in Mobile in 1859 and became a two-year program in Tuscaloosa in 1920.

Members of the CCHS Capital Campaign Steering Committee talk with William "Jack" Edwards, III (center) UA Trustee from Mobile, about the mission of CCHS to train primary care physicians. Edwards attended a reception for friends of the College given by Baldwin County hosts in Daphne in May. He emphasized the need for more family doctors in many Alabama counties. (Left to Right) Fran Snyder, Pete Snyder, M.D., Steering Committee Chair; Jack Edwards; Dr. Lorin Baumhover, CCHS Development Officer and Professor of Behavioral and Community Medicine; and Camille Elebash. (Photo by Edith Gray, Gulf Coast Newspapers).

William W. Winternitz, M.D. (left), recently was honored by the American College of Physicians with the Laureate Award. The award, made at the Alabama Chapter's annual meeting in June, goes to Fellows of the American College of Physicians who have demonstrated abiding commitment to excellence in medical care, education, research, and service, and who have a long history of peer approval in the specialty of Internal Medicine. Dr. Winternitz, Professor of Internal Medicine, is congratulated by Dean Roland Fleenor (right). Dr. Winternitz has received numerous teaching awards from students, residents, and alumni. His research has focused on carbohydrate metabolism and adrenal glands, clinical endocrinology, medical education, and metabolic effects of smoking.

William H. Winternitz, M.D. (left), recently was honored by the American College of Physicians with the Laureate Award. The award, made at the Alabama Chapter's annual meeting in June, goes to Fellows of the American College of Physicians who have demonstrated abiding commitment to excellence in medical care, education, research, and service, and who have a long history of peer approval in the specialty of Internal Medicine. Dr. Winternitz, Professor of Internal Medicine, is congratulated by Dean Roland Fleenor (right). Dr. Winternitz has received numerous teaching awards from students, residents, and alumni. His research has focused on carbohydrate metabolism and adrenal glands, clinical endocrinology, medical education, and metabolic effects of smoking.
The Tuscaloosa Family Practice Residency Program has filled 14 first year positions and one second year position. The new residents will begin July 1, 1993, with the exception of David Carlos Elliott who began April 1, 1993.

Three residents come from the UA School of Medicine-Birmingham, and five CCHS students from the UA School of Medicine-Tuscaloosa Program will stay here for residency. Residents will also come from the University of Mississippi-Jackson, East Tennessee State-Johnson City, University of Tennessee-Memphis, Medical College of Georgia-Augusta, LSU-New Orleans, University of Texas-San Antonio, and Texas A&M-College Station/Temple.

David Carlos Elliott, who began his residency on April 1, is from Hauyear, Alabama. He has a B.S. from The University of Alabama and graduates from the UA School of Medicine, Tuscaloosa Program with his M.D. in 1993. He and his wife Deborah have two children. He enjoys guitar and watching and playing all sports.

Gary Matthew Fowler of Winfield, Alabama graduated from Brewer State Jr. College and The University of Alabama. He finishes his M.D. degree at the UA School of Medicine, Tuscaloosa Program this spring (1993). His wife is Treva, and he enjoys walking, water skiing, hunting, fishing, softball, and golf.

Craig Jude Frederick of Hammond, Louisiana, is entering as a second year resident. He graduated from Southeastern Louisiana University and the LSU School of Medicine in New Orleans. He completed a combined Medicine/Pediatric internship at LSU in 1992-93. He is married to Tracy Ann, and he enjoys tennis, fishing, reading, guitar, and writing software.

Eric William Graves (Rick) of Montgomery, Alabama graduated from Auburn University at Montgomery and the UA School of Medicine, Tuscaloosa program. His wife is Lorri, and he enjoys basketball, tennis and golf.

Barbara Geater Karr from Hernando, Mississippi graduated from Mississippi Women for Women and received her M.D. degree from the University of Tennessee College of Medicine in Memphis. Her husband is Joseph Karr, and her interests include church activities, flying as a private pilot, water skiing, sports, and reading.

Jeffrey Wayne Mathis from Montgomery graduated from UAB and finishes his M.D. degree at the UA School of Medicine, Tuscaloosa Program, in 1993. His wife is Wendy, and he enjoys golf and other sports, guitar, and church activities.

Daniel Lloyd Moore is from Warrensburg, Missouri where he graduated from Central Missouri State University. He graduates from the UA School of Medicine (Birmingham) in 1993. He is married to Molly, and his interests are landscaping, softball, golf, artwork, and playing trombone in the church orchestra.

Randall Keith Morgan (Bo) grew up in Arab, Alabama, graduated from UAB and the UA School of Medicine, Tuscaloosa Program. His wife is Kathy, and he enjoys golf, other sports, and reading.

Matthew Robert Porter from Houston, Texas received his B.S. from Oral Roberts University in Tulsa, and his M.D. from the University of Texas Medical School at San Antonio. He is single, and his activities include tennis, racquetball, basketball, and being a "Big Brother" for needy kids.

Angela Adams Powell from Gibbertown, Texas graduated from The University of Alabama and the UA School of Medicine (Birmingham). Her husband is Mark, and she enjoys reading, aerobics, and outdoor activities.

Tracy Reece Ray is from Marietta, GA. He graduated from Berry College in Rome, Georgia and received his M.D. degree from the Medical College of Georgia in Augusta. He and his wife De'Ette have one child. He enjoys golf, tennis, hunting, fishing, and camping.

Wade Allen Richardson from Moody, Texas graduated from Abilene Christian University and received his M.D. from Texas A&M. He and his wife Suzanne have one child. He enjoys church activities, golf, fishing, softball, basketball, and camping.

Donna Rose Roberson is from Elizabethton, Tennessee. She received her B.S. and M.D. degrees at East Tennessee State University. Her husband is Michael Dillard. Her interests are jogging, basketball, swimming, reading, music, and church activities.

Judson Wayne Smith from Jasper, Alabama graduated from Birmingham Southern College and the UA School of Medicine (Birmingham). He is married to Sherri, and he enjoys intramural sports.

Douglas Kimball Woodward from Louisville, Mississippi graduated from Mississippi State University and the University of Mississippi School of Medicine. He is married to Angela McAlpin, M.D., and he enjoys sports, hunting, fishing, and music.

On Rounds • 4
On April 16, 1993, The Honor Society of Phi Kappa Phi initiated four CCHS faculty members into the national honorary. These persons were chosen on the basis of superior scholarship and good character. Selected for membership were: William Dressler, Professor of Behavioral and Community Medicine; David C. Hefelfinger, M.D., Chairman and Professor, Pediatrics; James R. Philip, M.D., Chairman and Professor, Internal Medicine; Elizabeth H. Rand, M.D., Chairperson and Associate Professor, Psychiatry.

To be elected to membership, a candidate must be in the top 10% of students in the graduate school or the senior class or be in the top 5% of students in the junior class. A limited number of outstanding faculty or staff are also elected to membership. Dr. Roland Ficken, Dean of CCHS, is president of Phi Kappa Phi, and Dr. Harry Knopke is a charter member of the society. CCHS Faculty members previously inducted include: Lee Badger, John Wheat, M.D., and Bill Wintersite, M.D.

Originated in 1897 by ten seniors at The University of Maine, the Phi Kappa Phi honorary, the Cajad Club, the American Association for the Advancement of Science, the American Association of Anatomists, and the Alabama Academy of Neurology and Psychiatry. But his primary interest in medical students, he says, is finding and training the best possible physicians. To that end, he is pleased to serve on the fund-raising committee for CCHS.

Dr. Henry Hoffman

Dr. Henry Hoffman, a friend and teacher of medical students at the University of Alabama School of Medicine since 1957, retired in 1988 as Director of Admissions and Professor of Cell Biology and Anatomy. Dr. Hoffman currently serves as a consultant in Admissions and is a Professor Emeritus. He devotes his free time to churchwork, music, gardening, and grandchildren. He and his wife, Irene, have three married children and six grandchildren with a newborn grandson born in Tuscaloosa in June to the Hoffman’s daughter, Carol, and her husband Dr. Keith DeBell, of the CCHS Internal Medicine faculty.

Dr. Hoffman was born in Missouri in 1922, and grew up on a farm near Sedalia, Missouri. He attended public schools and William Jewell College of Liberty, Missouri, where he paid his way by driving bulldozers and helping with summer harvesting. He interrupted his education to serve in the U.S. Army Medical Corps. He says only the three-day measles kept him out of the Signal Corps at Fort Dix where the rest of his unit shipped out during his illness. Instead, he was put in charge of a 30-bed car in a hospital train during World War II. He and his men treated wounded at both coasts and transported them to hospitals across the country so that they could recuperate near home.

Hoffman says being a medic stimulated his interest in teaching, and he taught high school biology after he finished college at Missouri Valley College in 1950. One of his professors encouraged him to get an advanced degree and he earned an M.S. in Anatomy and a Ph.D. in Anatomy-Pathology from St. Louis University. During graduate school he took care of the lab animals in the anatomy department to help pay expenses. He has completed postdoctoral study in neuroanatomical techniques (Neurological Institute, University of Pennsylvania) and comparative neurology (University of Michigan). His early research focused on the autonomous nervous system, particularly the vagus nerve, and he met Dr. Elizabeth Crosby of the University of Michigan while he was giving a paper in Seattle in the early 60’s. She invited him to Michigan where, he says, he became the ‘frogman’ of their neuroanatomy research, focusing on the brains of all types of frogs. He made presentations in Europe, Mexico, and South America. His research and publishing interests changed as he became more involved in admissions. He became a member of the Admissions Committee in 1962 and was appointed Director of Admissions of UASOM in 1970. He is active in the Association of American Medical Colleges Group on Student Affairs (ASA), serving as steering committee member, host meeting, program chairman, and regional chairman over the years. He now writes and edits predicting medical school success and reports admission statistics on medical students.

Hoffman sees his role helping CCHS raise funds to train family doctors as natural since the emphasis nationwide and in the admissions committee is on recruiting for primary care physicians. This school’s mission "addresses a national need" he says, "and we must fund these efforts in order to achieve our goals of training more family doctors." This program provides a more intimate setting for patient care, and students have the opportunity to work with staff physicians and patients on a more personal basis, says Hoffman. Though based in Birmingham, he has a special fondness for The University, since all the medical school graduations took place in Tuscaloosa until 1972 when UAB was established. And he recalls the days when faculty received free football tickets and attended all the home games.

Dr. Hoffman is active in the Baptist Church where he serves as deacon, elder, and Sunday School teacher, and he sings in a barbershop group. He is an avid gardener, and he admits that Alabama’s azaleas in April were in the plus column when he and his family decided to come here years ago. "Of course," he adds, the faculty wives "treated Irene like a queen, and that helped!"

Hoffman is a member of Sigma XI and Phi Kappa Phi honoraries, the Cajad Club, the American Association for the Advancement of Science, the American Association of Anatomists, and the Alabama Academy of Neurology and Psychiatry. But his primary interest in medical students, he says, is finding and training the best possible physicians. To that end, he is pleased to serve on the fund-raising committee for CCHS.
CCHS Administrative and Support Staff Work Behind the Scenes to Help Faculty, Residents, and Students.

Health Sciences Library Staff: Frances Williams, Hanh L. White, Sharon S. Glenn, and Loretta Perkins.

Family Medicine Staff: Seated left to right: Ernestine Kellams and Patricle Ross. Standing left to right: Neida Saunders, Pete Norton, Sue Thomas, Renee Lyons, and Rita Lane.

Educational Tower Staff: Seated left to right: Donna Parker, Pediatrics; Anita Traweek, Pediatrics; Nickole Moore, Surgery. Standing left to right: Melissa Higginbotham, OB/Gyn; Cynthia G. Vining, OB/Gyn; and Mary Kay Kunze, Internal Medicine; Not Pictured: Patti Cannon, Medical Student Affairs.


Behavioral and Community Medicine Staff: Seated left to right: Betty Smith and Theresa Bowden. Standing left to right: John Gillum, Marie Smith, Christine Nagy, Ph.D., and Brown O’Quinn.

Nott Hall Departmental Staff: Gina Rudder, Internal Medicine; Denise Kelly, Emergency Medicine; Julie Hartman, Psychiatry; Jackie Wyatt, Psychiatry; Sharon Brookes, Emergency Medicine; Jeanette Dorminey, Internal Medicine; Monica Strother, Psychiatry.
Tuscaloosa Campus Hosts OSCE for Birmingham, Huntsville, and Tuscaloosa Medical Students on May 18-19, 1993.

Dr. Nancy Rubin (left), Assistant Professor of Psychiatry, instructs a simulated patient about his medical problem so he can be convincing during his visit with the student doctors on station one. Patti Cannon (right), Coordinator of Academic Affairs for CCHS medical students, prepares materials for the station. Both women wore red hats because they staffed the red circuit during the Objective Structured Clinical Exam (OSCE). 86% of the student examinees recommended having the OSCE next year.

Jim Carlile (left), a medical student from the Huntsville campus, interviews a "patient" (actually senior medical student Rick Graves from CCHS) during the OSCE exam, as Dr. Don McCallister (right) observes and evaluates his clinical skills. This was the first 15-minute "station" on the blue circuit. Student examinees and future M.D.'s were observed as they examined patients or records and took histories and then received immediate feedback from faculty observers.

Dr. Elizabeth Philp explains OSCE procedure to medical students who will be evaluated for their clinical skills. Step III of the U.S. Medical Licensure Exam will use the same format for testing.

Cathy Gresham, M.D. (right front), CCHS Internal Medicine Assistant Professor, discusses the OSCE procedures with Regina Nepomuceno, (left front) and other medical students during a break on Tuesday, May 18, 1993. Her baseball cap was blue, signifying her leading role in managing the blue circuit.

Dr. Don McCallister (left), Director of Medical Student Affairs at the Huntsville campus of the UA School of Medicine, discusses his role as observer with Elizabeth Philp, M.D., of CCHS, who organized the OSCE (Objective Structured Clinical Examination) and Paul Tietze, M.D. (right), CCHS Director of Medical Student Affairs, who is directing a problem-based learning grant using the OSCE.

Shirley Florence, registrar for CCHS and a member of the Dean's staff, gives instructions to medical students starting the multi-station red circuit at the Coliseum. The blue circuit was located in the opposite half of the circular hallway around the basketball arena at Coleman Coliseum in Tuscaloosa. Each OSCE session lasted approximately four hours and students rotated through 16 "stations." Faculty and students participating had an overwhelmingly positive response to their OSCE experience.
CME to Focus on Medical Emergencies

Noon Conferences Offer Lunch and Information

Continuing Medical Education (CME) is provided by CCHS to complement and supplement the educational experiences of residents and medical students and to offer practicing physicians in West Alabama a review and update on medical subjects. The CME noon conference series this summer highlights information on medical emergencies. Conferences will be held in the Wilford Auditorium at the UA Educational Tower at DCH Regional Medical Center in Tuscaloosa, 12:15 p.m. -1:15 p.m. Lunch will be provided on a first come, first served basis (approximately the first 75 participants), and CME credit is available. For more information, contact Conte Pierce, Coordinator of External Affairs, Dean's Office, Box 870326, Tuscaloosa, Alabama 35487-0326. Phone: (205) 348-1276 or 348-9826.

1995 Medical Emergencies Series

July 7  “Epidemiology of Childhood Injury” William D. King, R.Ph., D.P.H.
July 8  “Erb’s Nerve, and Throat Emergencies” James E. Shotts, Jr., M.D.
July 12  “Acute Intervention in Myocardial Infarction” John A. Mantle, M.D.
July 13  “Diabetic Emergencies” William Keith DeBell, M.D.
July 14  “Hypothermia” Cathy L. Gresham, M.D.
July 16  “Orthopedic Emergencies” Stephen T. Ikard, M.D.
July 19  “Allergy Emergencies” L. Anne Lewis, M.D.
July 22  “Airway Management” Steve R. Lovelady, M.D.
July 23  “Psychiatric Emergencies I” Charles T. Nevels, M.D.
July 26  “Urological Emergencies” W. Omar Smith, M.D.
July 27  “Hypertensive Emergencies” Craig M. Buettner, M.D.
July 29  “Upper Gastrointestinal Bleeding” Subramaniam B. Sundar, M.D.
July 30  “Shock in the Pediatric Patient” Elizabeth Cockrum, M.D.
August 2  “Shock” Ronald T. Oliver, M.D.
August 5  “Infectious Disease Emergencies” T. Mark Ricketts, M.D.
August 6  “Burns” Alan R. Dimick, M.D.
August 9  “Congestive Heart Failure” Jeffrey K. Anderson, M.D.
August 10  “Status Asthmaticus” Prescott Akinman, M.D.
August 11  “Allergy Emergencies” Robert E. Pieron, M.D.
August 12  “Respiratory Failure” David L. Rice, M.D.
August 13  “Acute Abdomen” Lee Thomas, M.D.
August 16  “Snake Bites” Marc Fisher, M.D.
August 17  “Heat Related Illnesses” T. Michael Harrington, M.D.
August 20  “Approach to Trauma Patients With Multiple Injuries” Phillip K. Bobo, M.D.
August 23  “Lower Gastrointestinal Bleeding” W. Gardner Rowell, M.D.
August 24  “Eye Emergencies” A. George Kudirka, M.D.
August 26  “Acute Interstitial Nephritis” Michael P. Robards, M.D.
August 27  “Psychiatric Emergencies II” Charles T. Nevels, M.D.
August 31  Pediatric Conference TBA*

* Topics were not all available at press time.

CCHS Shares Expertise


Dr. James Leeper, Chief of Behavioral and Community Medicine, has been appointed to a three-year term on the Program Development Board of the American Public Health Association (APHA). This board is charged with assuring that Association policies are based on good science. He is also Secretary of the Statistics Section of the APHA. Dr. Leeper presented a paper, "The Many Faces of P.A.C.E. III" with Carmen Hudson and Nick Stinnett at the American Statistical Association Winter Conference last January.


Dresler was co-author of "Social Factors Mediating Social Class Differences in Blood Pressure in a Jamaican Community," published in Social Science and Medicine, vol. 35 in December, 1992.

John Wheat, M.D., assistant professor of Behavioral and Community Medicine, presented a paper on "Medical Surveillance of Pesticide Exposure (Organophosphates)" at a conference in January on the health effects of pesticides which was sponsored by the UAB School of Public Health, the Deep South Center for Occupational Health and Safety, and EPA (Environmental Protection Agency).

Gwendolyn Anderson, a fourth year medical student at CCHS, presented two 30-minute television shows for "Science 7" on Alabama Public Television. The programs present development and one on infancy - are shown to 7th graders in over 200 schools across 12 states.

Correction: Arthur (Pete) Snyder, M.D., (left) Chief of Surgery at CCHS, discusses an x-ray with medical student Jenni Miller. Dr. Snyder was incorrectly identified in the last issue of On Rounds.
Honors Convocations Recognize Outstanding Performance

Stephanie Dillard, a senior medical student at CCHS, captured top honors at the Convocation in Birmingham on May 23. She was awarded the Hugh J. Dempsey Memorial Award, the highest honor granted by the University of Alabama to the student with the highest academic achievement through the entire four years of medical school. During the Birmingham Convocation ceremony, she also received the William Boyd Medal for exceptional clinical performance in pathology.

CCHS Assistant professor of obstetrics and gynecology, Michael B. Watkins, M.D., received the 1993 Excellence in Teaching award from the Association of Professors of Obstetrics and Gynecology. In making the nomination for the award, Dr. Paul Mosley, Chair of OB/GYN, cited Watkins' integration of problem-based learning principles into the OB curriculum. Watkins also developed a student policy and procedures manual, organized pre-examination seminars, and expanded the computer learning programs available in the department.

The Honors Convocation in Tuscaloosa was held on May 22 and recognized top students at CCHS and special teachers. Assistant Professor of Pediatrics, Elizabeth Cockrum, M.D., received the Faculty Recognition Award-Junior year, given by the Senior class for Outstanding contributions to undergraduate Medical Education. The Senior class gave the Patrick McGee Award for Outstanding Contributions to Undergraduate Medical Education during their senior year to T. Mark Ricketts, M.D.

The Resident Recognition Award was given by the Senior Class to Christopher McGee, M.D. for Outstanding Contributions to Undergraduate Medical Education. Jeffrey D. Hopkins received the James H. Akers Memorial Award, presented annually by the graduating senior class to the Tuscaloosa senior who best personifies the art and science of the practice of medicine.

Departmental Awards were presented to eight students. Mark Thomas won the Robert F. Gloor Award given by the Department of Behavioral and Community Medicine. David Elliott was chosen for the Family Medicine Award, and Stephanie Dillard won the Internal Medicine Award.

The Teresa Finney Memorial Award was presented to Debra Davis by the Department of OB/GYN, and Davis also won the Peter Bryce Award from the Department of Psychiatry. Wendy Anderson received the Pediatrics Award, and Jeffrey Hopkins was honored with the Surgery Award. Mark Thomas won the Research Award.

Eric Graves was named the V.A. Medical Center "Student of the Year," and Cathy Shadler received the Larry Mayes Memorial Award for assistance in work in an underserved area in this country or abroad. Stephanie Dillard earned the Scholastic Achievement Award for the highest grade point average during the clinical years. Wendy Anderson received the William R. Willard Award (Dean's Award), a "singular recognition awarded annually to a senior medical student chosen by the faculty for outstanding contributions to the goals and mission of the College." She also received the Pediatrics Award.

Stephanie Dillard (right) receives the Internal Medicine Award from Professor and Chief of Internal Medicine James Philip, M.D. Dr. Dillard also earned the Scholastic Achievement Award for the highest grade point average during the clinical years. During the Birmingham Convocation for the entire UA School of Medicine student body, she won the the Hugh J. Dempsey Memorial Award for the highest academic average during the four years of Medical school and the William Boyd Medal for exceptional clinical performance in pathology.

Dean Roland Ficken (left) presents the William R. Willard Award (named for CCHS's first dean and founder) to Wendy Anderson (right). This singular recognition is awarded annually to a senior medical student chosen by the faculty for outstanding contributions to the goals and mission of the College. She also received the Pediatrics Award.

Debra Davis (right), senior medical student, receives the Teresa Finney Memorial Award for excellence in obstetrics and gynecology from OB/Gyn Assistant Professor Michael Watkins, M.D. Dr. Watkins received the 1993 Excellence in Teaching Award during Honors ceremonies. Dr. Davis also earned the Peter Bryce Award from the Department of Psychiatry.

1993 graduate, Jeffrey D. Hopkins, M.D. (center) won the James H. Akers Memorial Award, selected by the senior class. After the Honors Convocation he greeted Mr. and Mrs. Peter Akers of Florence, parents of James, a CCHS medical student who died in 1990 shortly before his graduation.
### Graduates National Resident Match Program - 1993

<table>
<thead>
<tr>
<th>Name</th>
<th>Program</th>
<th>Specialty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gwendolyn S. Anderson</td>
<td>St. Louis Children's Hospital</td>
<td>Pediatrics</td>
</tr>
<tr>
<td>West Melbourne, FL</td>
<td>St. Louis, MO</td>
<td></td>
</tr>
<tr>
<td>Anthony L. Capasso</td>
<td>University of Florida Health Science Center</td>
<td>Internal Medicine</td>
</tr>
<tr>
<td>Cleveland, Ohio</td>
<td>Jacksonville, FL</td>
<td></td>
</tr>
<tr>
<td>James S. Courney</td>
<td>Baylor College of Medicine</td>
<td>Transitional</td>
</tr>
<tr>
<td>Mobile, AL</td>
<td>Houston, TX</td>
<td>Radiology-DRX</td>
</tr>
<tr>
<td>Debra S. Davis</td>
<td>UAB Montgomery Internal Medicine</td>
<td>Internal Medicine</td>
</tr>
<tr>
<td>Athens, AL</td>
<td>Montgomery, AL</td>
<td></td>
</tr>
<tr>
<td>Stephanie C. Dilker</td>
<td>University of Alabama Hospitals</td>
<td>Pathology</td>
</tr>
<tr>
<td>Coker, AL</td>
<td>Birmingham, AL</td>
<td></td>
</tr>
<tr>
<td>Ladi Doonquah</td>
<td>More Graduate School of Medicine</td>
<td>Surgery Preliminary</td>
</tr>
<tr>
<td>Atlanta, GA</td>
<td>Rochester, MN</td>
<td></td>
</tr>
<tr>
<td>David C. Elliott</td>
<td>Tuscaloosa Family Practice</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Haleville, AL</td>
<td>Tuscaloosa, AL</td>
<td></td>
</tr>
<tr>
<td>Gary M. Fowler</td>
<td>Tuscaloosa Family Practice</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Winfield, AL</td>
<td>Tuscaloosa, AL</td>
<td></td>
</tr>
<tr>
<td>Eric W. Graves</td>
<td>Tuscaloosa Family Practice</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Montgomery, AL</td>
<td>Tuscaloosa, AL</td>
<td></td>
</tr>
<tr>
<td>Stephen W. Harbin</td>
<td>UAH/Huntsville Hospital</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Winfield, AL</td>
<td>Huntsville, AL</td>
<td></td>
</tr>
<tr>
<td>Jeffrey D. Hopkins</td>
<td>Methodist Hospital of Dallas</td>
<td>Surgery Preliminary</td>
</tr>
<tr>
<td>Dallas, TX</td>
<td>Dallas, TX</td>
<td></td>
</tr>
<tr>
<td>Won W. Kim</td>
<td>Carraway Methodist Medical Center, Birmingham, AL</td>
<td>Transitional</td>
</tr>
<tr>
<td>Talladega, AL</td>
<td>Birmingham, AL</td>
<td>Anesthesiology</td>
</tr>
<tr>
<td>Aimee D. Lee</td>
<td>University of Texas Health Science Center</td>
<td></td>
</tr>
<tr>
<td>American Canyon, CA</td>
<td>San Antonio, TX</td>
<td></td>
</tr>
<tr>
<td>Jeffrey W. Mathis</td>
<td>Tuscaloosa Family Practice</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Montgomery, AL</td>
<td>Tuscaloosa, AL</td>
<td></td>
</tr>
<tr>
<td>R. Keith Morgan</td>
<td>Tuscaloosa Family Practice</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Arab, AL</td>
<td>Tuscaloosa, AL</td>
<td></td>
</tr>
<tr>
<td>Joseph T. Pham</td>
<td>Baptist Medical Center, Birmingham, AL</td>
<td>Transitional</td>
</tr>
<tr>
<td>Birmingham, AL</td>
<td>University of Texas Southwestern Medical School</td>
<td></td>
</tr>
<tr>
<td>Dallas, TX</td>
<td>Dallas, TX</td>
<td>Anesthesiology</td>
</tr>
<tr>
<td>Thomas A. Richard</td>
<td>Alton Ochsner Medical Foundation</td>
<td>Ob/Gyn</td>
</tr>
<tr>
<td>Gallman, AL</td>
<td>New Orleans, LA</td>
<td></td>
</tr>
<tr>
<td>J. Edward Robbins, II</td>
<td>University Hospital</td>
<td>Surgery</td>
</tr>
<tr>
<td>Tuscaloosa, AL</td>
<td>Jackson, MS</td>
<td></td>
</tr>
<tr>
<td>Brian E. Rogers</td>
<td>UAH/Huntsville Hospital</td>
<td>Family Practice</td>
</tr>
<tr>
<td>Merritt Island, FL</td>
<td>Huntsville, AL</td>
<td></td>
</tr>
<tr>
<td>Mink H. Thomas</td>
<td>Chattanooga Unit-University of Tennessee</td>
<td>Pediatrics</td>
</tr>
<tr>
<td>Chattanooga, AL</td>
<td>College of Medicine, Chattanooga, TN</td>
<td></td>
</tr>
<tr>
<td>M. Keith Tumlin</td>
<td>Medical University of South Carolina</td>
<td>Anesthesiology</td>
</tr>
<tr>
<td>Montgomery, AL</td>
<td>Charleston, S.C.</td>
<td></td>
</tr>
<tr>
<td>Carl R. Willis</td>
<td>Walter Reed Army Medical Center</td>
<td>Internal Medicine</td>
</tr>
<tr>
<td>Tuskegee, AL</td>
<td>Washington, DC</td>
<td></td>
</tr>
</tbody>
</table>

1993 graduating residents were guests of DCH Healthcare Authority at the Eighteenth Annual Graduation Ceremony of the UA School of Medicine, CCHS Tuscaloosa Family Practice Residency Program on June 22. Departmental awards and special honors and residency certificates were presented.

**L-R (seated):**
- David Pepperman, M.D., Pediatrics Award
- Andrea Saxton, M.D., Internal Medicine Award and the Teachers of Family Medicine Resident Teaching Award
- Blane Schilling, M.D., Obstetrics and Gynecology Award and the William F. DeShazo III Family Practice Award

**L-R (standing):**
- Jon Campbell, M.D., Randy Lamberton, M.D., Carl Bruniawicz, M.D., Psychiatry Award
- Kelvin Sherman, M.D., Surgery Award and Director of the Residency Program Dr. Sam Gaskins
- Not pictured is graduating resident Cassandra Comer, M.D.

Chief residents Dr. Schilling and Dr. Sherman were presented with University of Alabama chairs in appreciation for their administrative and liaison responsibilities during 1992-93. L-R Dr. Paul Tietze, Kelvin Sherman, Blane Schilling, Dr. Sam Gaskins. During the ceremonies, 2nd year resident Florencio Patterson, M.D., received the VA Medical Center Award, and last year resident Beverly Joseph was named recipient of the William P. Willard Dean's Award.