

On Rounds

The University of Alabama
College of Community Health Sciences

Volume 4, Number 1

Spring 1994

PAL Helps Area Doctors With Referrals

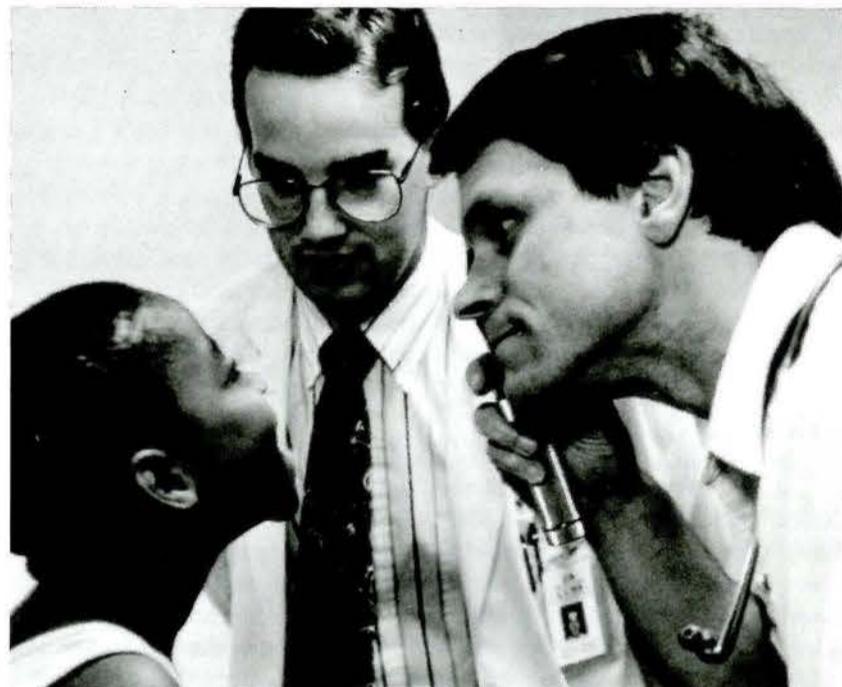
CCHS and the Capstone Medical Center are helping doctors in rural areas to manage and follow their patients who are referred for specialized care.

"Capstone is providing a direct line for physician referral for a limited number of doctors in rural counties adjoining Tuscaloosa," said James R. Philp, M.D., Associate Dean of CCHS, the University of Alabama School of Medicine, Tuscaloosa Program.

"We are starting PAL (Physicians Access Line) on a limited basis and hope to expand to serve other medical practices as staff time permits," he said.

PAL is an effective 24-hour referral system for doctors who need to send patients for specialized hospital care. "Direct doctor-to-doctor exchange of patient information allows the referring physician to have input into his or her patient's care as well as appropriate follow up," said Dr. Philp. "The PAL is designed so that patients will have access to the facilities at DCH, quality care, and a ready return to their own doctor or local hospital as soon as possible," he added.

Participating in PAL are John E. Brandon, M.D., Gordo; Robert Butler, M.D., and William Owings, M.D., Centreville; William Curry, M.D., Carrollton; and Garry Magouirk, M.D., Fayette.



► Dr. John Brandon of Gordo (right) is one of the area physicians who will participate in "PAL," a new physician access line networking rural doctors and patients with Capstone.

Harrison Gets Occupational Medical Services

The Capstone Medical Center recently finalized a contract with Harrison Division of General Motors in Tuscaloosa. Capstone employs and supervises a full-time nurse on site at the local plant and provides a physician to staff a weekly clinic at the plant. John R. Wheat, M.D., has been designated as the plant physician, said Russell L. Anderson, M.D., Head of the Occupational Medicine Unit at Capstone. "Dr. Wheat is a specialist in occupational medicine as well as internal medicine," said Anderson, "and we have designated him as Harrison's Medical Director." Dr. Anderson and Jerry McKnight, M.D., who also practice occupational medicine at Capstone, help to staff the weekly clinics and also see patients who are referred by the on-site nurse as indicated.

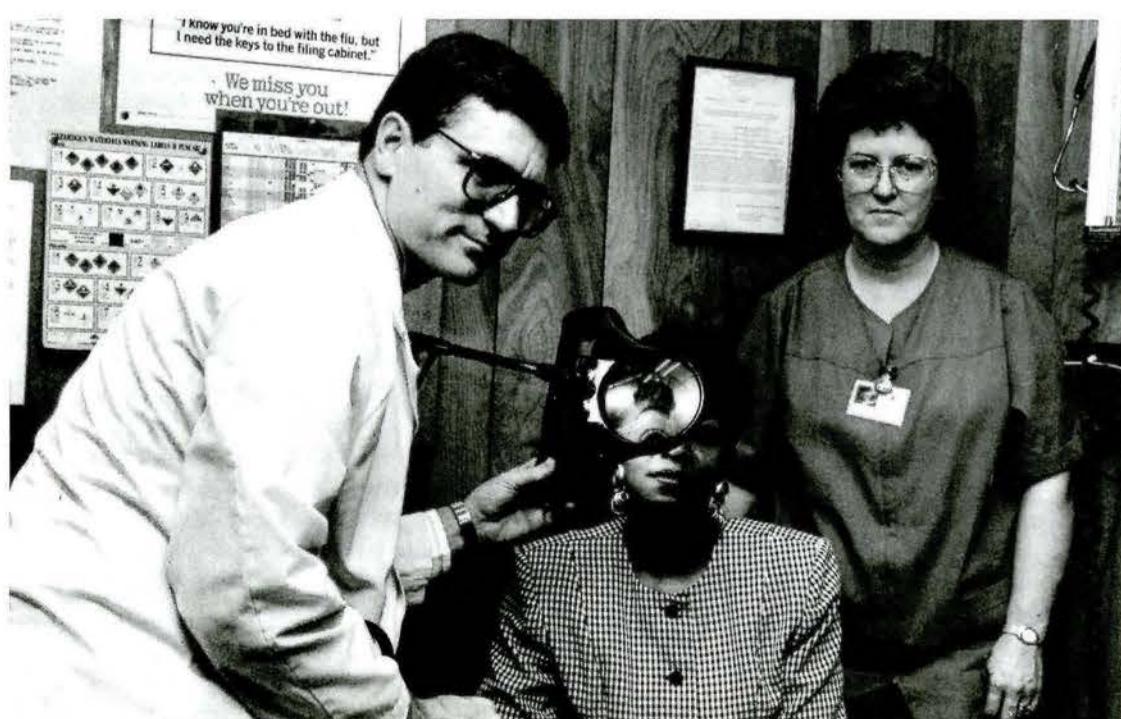
"Capstone has a 'menu of services' to offer Harrison and other employers," says Wheat. He will be working with the nurse at Harrison, Billie McDaniel, to address health concerns at the plant, meet OSHA

(Occupational Health and Safety Act, a federal law) requirements, and help personnel and benefits officers shape health policy.

"We hope to get Dr. Wheat's input into work safety and ergonomics at the plant," said George Whittaker, Harrison's Personnel Director, "since many of our injuries result from repetitive motion, bending, or stooping." Whittaker said that General Motors decided to look for outside expertise when their full-time nurse retired. Officials wanted the services of both a doctor and a nurse and to formalize a relationship with a physician who specialized in occupational medicine. "This is good for us because of the expertise of the doctors at Capstone," he said. Plant managers hope that accommodating employees' health needs will help reduce absenteeism.

"We have a lot to offer employers," said John Maxwell, Capstone Medical Center Administrator. "We can provide physician and nursing services, and we have laboratory, obstetrics, pediatrics, psychiatry, and family and internal medicine specialists under one roof if patients need to be referred." Anderson and Wheat also stress the good working relationship with DCH Regional Medical Center, UAB, and the medical specialists in Tuscaloosa and Birmingham should referral, consultation, or hospitalization be needed.

Employees of Kansas City-Southern Railroad in the Tuscaloosa area are another new group receiving occupational medicine services. According to Dr. Anderson, Capstone doctors will be treating and managing job-related injuries, evaluating return-to-work status for employees who have been injured, providing pre-employment physicals, and conducting workman's compensation exams.



► Harrison employee Regina Steele (center) is examined by Dr. John Wheat (left), plant physician and CCHS faculty member, and Billie McDaniel, R.N. (right), a Capstone Medical Center nurse based at Harrison.

NOTES FROM THE DEAN



Dr. Roland Ficken

Change

Those of you who are or have been associated with medical education know how difficult it is to effect even the smallest change in the curriculum. Among the reasons for reluctance to change are vested interests and, of course, tradition. Now there is the need for a change that is not just on the horizon but imminent. How we organize and are compensated for the medical care delivered by academic medical centers must be examined and adjusted. Like the curriculum, this change will also be a challenge because there is much vested interest in the way we have traditionally delivered care. And, much of that vested interest is in the way we are compensated for delivering care.

Managed care is a health care delivery system that we must eventually accommodate. To be a successful participant, planning for this change must already be well underway. The 1993 meeting of the Association of American Medical Colleges produced an agenda dominated by plenary sessions and small conferences on the topic of managed care. It ranged from the delivery of care, to the nature of the organizational structure, to faculty development, to curriculum change for residents and medical students all in the context of a managed care environment.

It is clear that academic medical centers must plan their role in this new health care system. The 1993 AAMC publication by the Group on Institutional Planning entitled "Strategy for Change in Medical Schools and Teaching Hospitals" included three hundred different strategic plans in process by the medical schools in the United States. They understand the message. We live in interesting times.

Clinical Campuses

At the last two meetings of the Association of American Medical Colleges and the June 1993 annual meeting of the American Medical Association, the Deans of Clinical Campuses such as ours met for the first times. This Dean's group has been organized by Michael Friedland, M.D., Dean of the State University of New York Health Science Center Clinical Campus in Binghamton, New York. At both the 1992 and 1993 AAMC meetings, Donald Kassebaum, M.D., Secretary of the Liaison Committee on Medical Education and an Associate Vice President of the AAMC, met with us. The Secretary has urged this group - there are 11 campuses - to focus our research on those areas in which we have a particular capability and the proper environment. This appears in most cases to be epidemiology and the delivery of care. And, we were encouraged to pursue innovation in medical education. In many instances these schools have a focus on primary care so at this time we are also politically correct.

An opportunity now exists for the clinical campuses to work as a consortium in pursuing federal funding for research in the delivery of care, epidemiological studies and educational innovation. We are especially fortunate to have a faculty with the skill and determination to carry out such initiatives.

- Roland Ficken, PhD

Dean, CCHS

University of Alabama School of Medicine
Tuscaloosa Program

CCHS Resident Appointed to National Family Practice Committee



Dr. Jimmie Denise Clark

Family physician Jimmie Denise Clark, M.D., of Tuscaloosa, was recently appointed resident representative to the Committee on Minority Health Affairs of the American Academy of Family Physicians (AAFP). The AAFP is the national medical organization representing family physicians and medical students.

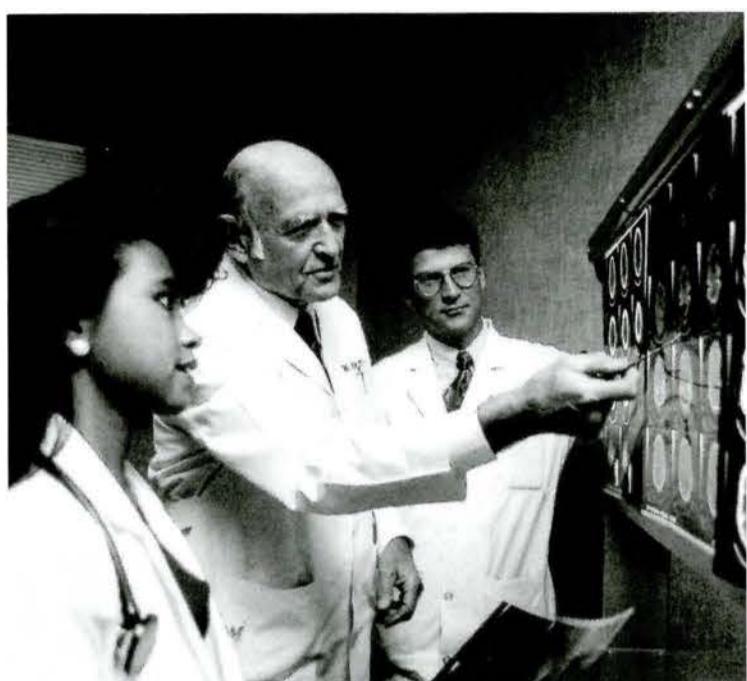
Dr. Clark, a native of Jackson, Mississippi, is a second-year resident in the CCHS Family Practice Residency Program. She earned her medical degree from Brown University School of Medicine in Rhode Island. Dr. Clark became interested in medicine early in life and, upon learning about the obstacles limiting indigent people's access to health care, resolved to become a physician.

Family physicians are the medical specialists who provide continuing, comprehensive health care services for individuals and their entire families. They are residency-trained to treat up to 90% of all patient visits.

Headquartered in Kansas City, Missouri, the 75,000-member AAFP was instrumental in establishing the medical specialty of family practice in 1969. It also was a pioneer in continuing medical education (CME) by requiring its members to earn 150 hours of approved continuing medical education (CME) every three years.

Winternitz Becomes Student Affairs Officer

William W. Winternitz, M.D., has been appointed student affairs officer for CCHS. "Bill has had a very important role in the development of the medical education program on our campus over the last decade and a half. He has always been an advocate for the student," said Dean Roland Ficken in announcing the appointment.



Dr. Bill Winternitz (center) analyzes slides with medical student **Regina Nepomuceno** (left) and Chief Resident **Chris McGee, M.D.**

Dr. Winternitz, Professor and former Discipline Chief of Internal Medicine at CCHS, received the 1992 Patrick McCue Award given by the senior class for outstanding faculty contributions to undergraduate medical education. Dr. Winternitz received the Golden Stethoscope Award from the CCHS residents in 1990 for outstanding contributions to their education; and the University of Alabama Alumni Association presented him the 1989 Outstanding Commitment to Teaching Award, a campus-wide faculty honor. Dr. Winternitz was Discipline Chief of Internal Medicine for fifteen years, resuming a full-time faculty position in 1992. In 1993, he received the American College of Physicians Laureate Award, given to Fellows of the American College of Physicians for commitment and excellence to medical care, education, research, and service.

Dr. Winternitz, the youngest of five children of physician parents, was born in New Haven, Connecticut. His father was Dean of Yale Medical School and his mother was one of the first female graduates of Johns Hopkins Medical School. Dr. Winternitz graduated magna cum laude from Dartmouth College in 1942, where he was named to Phi Beta Kappa. He earned his medical degree from Johns Hopkins Medical School in 1945. He was selected for membership in AOA, a prestigious national medical honor society. He completed an internship and residency in internal medicine at Johns Hopkins Hospital and served active duty in the U.S. Army for two years.

Dr. Winternitz was awarded a fellowship in physiological chemistry at Yale Medical School and later joined the faculty of Yale Medical School. In 1959, he spent a year in London, England, at the University College Hospital Medical School on a U.S. Public Health Service fellowship. On returning to the U.S., he joined the faculty of the new medical school at the University of Kentucky. He was promoted from Associate Professor of Internal Medicine in Endocrinology to tenured Professor and Head of Endocrinology. He was also the first director of the Clinical Research Center at the University of Kentucky.

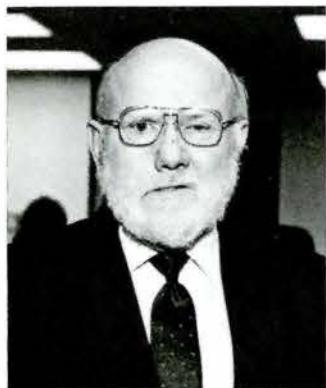
After Dean William R. Willard left Kentucky to come to Alabama and establish what is now CCHS in Tuscaloosa, he invited Dr. Winternitz to join him. In 1977, Dr. Winternitz moved to Alabama as Professor and Discipline Chief of Internal Medicine at the University of Alabama School of Medicine Tuscaloosa Program, a clinical campus of the University of Alabama School of Medicine.

Dr. Winternitz lists his current interests as clinical medicine, especially endocrinology; teaching at all levels; and research. His research topics are diabetes, pituitary disease, hormone-dependent cancers, thyroid disease, effects of cigarette smoking, exercise in the elderly, student health, education policies, and problems with distribution of medical care.

Widowed in 1966, Dr. Winternitz and his late wife Mary had three children. In 1984, Dr. Winternitz married Madeleine M. Hill.

• EULOGY FOR • ROBERT F. GLOOR, M.D., M.P.H.

by
James D. Leeper, Ph.D.



Robert F. Gloor, M.D., M.P.H.

nature and fondness for hiking in the New England mountains and forests. Truly, New England was always home.

Following military service as a corpsman with the Navy and Marines during World War II in the Pacific and Southeast Asia, including Okinawa, Guadalcanal, and China, Bob attended Atlantic Union College in South Lancaster, MA, married Terri on September 4, 1949, and graduated Magna Cum Laude in 1950. His first child was also born that year. He then attended medical school at Loma Linda University in California, graduating with his medical degree in 1954. His second daughter was born while he was a medical student. Following a one year internship in Rhode Island, Bob was a general practitioner in Corinna, Maine from 1955-59. He also served as a school physician and local health officer and fathered three sons during this time.

With a wife and five young children in tow, Bob spent the next three years as medical director and general practitioner at the Seventh-Day Adventist Far Eastern Island Mission Medical Clinic in Guam. While there, the Gloors adopted a sixth child. After coming back to Maine for a year and experiencing the birth of another child, they returned to the South Pacific for two more years where Bob was Health Supervisor in the Trust Territory of the Pacific Islands, Saipan, Mariana Islands. Upon leaving in 1965, the Saipan Municipal Legislature issued a Certificate of Citation: "Commendations and thanks are given to Dr. Robert F. Gloor for his outstanding service rendered to the people of Saipan beyond call of duty. He has worked untiringly in his efforts to improve the welfare and living standards of all the people in this Municipality. He is honored as a Gentleman and a Fine American and is awarded this Certificate of Citation."

At this point Bob began his academic career. After obtaining a Masters of Public Health degree from the Harvard School of Public Health in 1966, he became an assistant professor in the Department of Community Medicine, College of Medicine, University of Kentucky stationed as a field professor at Somerset, KY to supervise medical students in

Dr. Robert Gloor, retired associate professor of Behavioral and Community Medicine, died of a heart attack in January of 1994. Dr. James Leeper, his colleague, friend, and department chairman, shared the following eulogy at his funeral.

We are gathered in fond memory of Dr. Robert Frank Gloor. I would like to share with you some of the facts of Bob's life and some of my personal observations. Bob was born on February 16, 1926 in Stoneham, MA -- his beloved New England. He spent some seven years of his childhood in North Conway, NH. It was particularly there that he developed his life-long love of

community-based activities. He was the first field professor in this newly developed discipline of community medicine. After four years, Bob returned to New England for three years as Assistant Director of the Tri-State Regional Medical Program and Coordinator for New Hampshire. He conducted numerous projects and developed several programs during this time dealing with community needs and health planning. He was also a clinical associate professor of community medicine at Dartmouth Medical School. He received the following Certificate of Appreciation from the New Hampshire Heart Association in 1973: "Appreciation for the counsel you have so willingly provided this Association, and this state, in heart disease programming, for the significant lessons you have given many in the skill of communication, and for your considerable role in developing and maintaining the warm and close working relationship between the Regional Medical Program and the Heart Association. We, the Board of Directors of the New Hampshire Heart Association, award this Certificate of Appreciation to Robert F. Gloor, M.D.". Bob then returned to Kentucky for three years as field professor and Regional Director of a Respiratory Disease Program.

In 1976 Bob came to Tuscaloosa as Associate Professor of Community Medicine in the College of Community Health Sciences, University of Alabama School of Medicine. He directed the community medicine experience for medical students for 12 years until his retirement in 1988. During these 12 years he taught other courses and seminars, published a number of papers and articles, edited a book entitled "Medicine, the Community, and Health," and gave numerous presentations. He was clinically active in the Occupational Health Clinic at the Capstone Medical Center. He also spent two tours of service in a refugee village in Cambodia during Dec. '80 - Jan. '81 and Dec. '81 - Jan. '82. He began publishing his poems and essays and began his activities with Compassionate Friends following the tragic loss of a daughter and two grandsons. Upon Bob's retirement in 1988 after a most fruitful career, the Department of Behavioral and Community Medicine renamed its' Departmental award for medical students in his honor. During his retirement, Bob remained active in the Department with medical students, traveled extensively, and developed a passion for covered bridges.

On a personal note, I first met Bob in 1977 when I interviewed for a job here. He was the toughest interviewer I faced. But after I came to work here, he took me under his wing and became my friend and mentor. We traveled around the state together. I was most impressed with his dedication to medical education and community involvement.

We will all miss Bob. He was a dedicated husband, father, grandfather, great grandfather, friend, doctor, teacher, and believer in God. We will always remember his storytelling, his love of nature and poetry, and his magical way with plants. His students will always remember his influence. His coworkers will always remember his contributions to community medicine and his joy in talking about his family.

Social Services at Capstone

Social services are available at Capstone Medical Center to help patients with support services. "We try to support our patients with any psychosocial problems they may have, especially if the problems compromise a patient's health or exacerbate an existing physical illness," said Katherine RouLaine, Capstone social worker.

According to Ms. RouLaine, patients can receive various counseling services. Counseling is available concerning disability eligibility, financial concerns, bereavement, and supportive counseling for special needs. If time permits, she works one-on-one with patients to coordinate a plan with them for services that help meet their particular needs. "This might include accompanying a patient to a particular agency or going to a disability hearing with a patient," she said. "I try to intervene on the patient's behalf as an advocate for the patient's rights." RouLaine says that a basic tenet of social work is the client or patient's right to self-determination, so she tries to ensure that the patients are involved in all decisions made in their behalf.

Capstone is a sub-contractor of the Birthright Maternity Program at the Tuscaloosa Health Department. Through this program, Medicaid (SOBRA) patients are referred to Capstone for prenatal care and delivery. Medicaid pays for all prenatal appointments, emergency room, visits which are pregnancy related, delivery and anesthesia, hospital stay, and 60-day post partum care, including birth control and post partum checkups. During the pregnancy, every patient is required to

have three social work sessions with the Health Department social worker housed at Capstone. The social worker, **Lana Grantham**, assists with patient needs. Through SOBRA, the patient's baby is automatically on Medicaid for one year.

Ms. RouLaine connects patients with a wide variety of community, state, and federal services. This involves follow up with the particular agency or service. Through the Capstone Social Services program, patients unable to afford needed surgery might be referred to Tuscaloosa Rehabilitative Services. The goal of this agency is to get the unemployed back into the work force; therefore, they may pay medical expenses if a patient is considered trainable in a particular skill in order for them to go to work.

Patients who cannot afford the medications they need might be referred to Tuscaloosa Emergency Services for at least partial help with their medications. The elderly are often referred to Focus on Senior Citizens where Ms. RouLaine works with that agency to acquire at least part of the patient's medications from pharmaceutical companies that have indigent drug funds. "We have a drug fund for indigent Capstone patients when no other source of funding is available," she said.

Ms. RouLaine also helps patients and their families find nursing home care, if needed, and locate dental service, eye care, or home health nursing care or homemaker services.

For more information, contact **Katherine RouLaine** at (205) 348-9944, or call the Capstone Medical Center at (205) 348-1770.

Faculty Busy With Research, Publications, and Travel

James D. Leeper, Ph.D., Discipline Chief of Behavioral and Community Medicine, presented a paper with Glenn Hughes, Ph.D. and Sandral Hullett, M.D., M.P.H. at the Interdisciplinary Health Care Team Conference last September. The paper's title: "Rural Alabama Health Professional Training Consortium." In January, 1994, Dr. Leeper attended the Interdisciplinary Rural Training Grant Workshop in Rockville, Maryland. At that meeting he presented "Evaluation of Rural Alabama Health Professional Training Consortium."

Pat Norton and Jerry E. Jones, M.D., of Family Medicine, Minqi Wang, and C. George Tulli, Jr., published "Incongruence of Existing Practice Management Curricula Content and Actual Medical Practice Need" in the February, 1994 issue of *Family Medicine*.

Cindy L. Dedmon, M.D., attended the American Academy of Family Physicians Annual Scientific Assembly in October, 1993, and Paul D. Mozley, M.D., Chairman of Ob/Gyn, attended "Continuing Medical Education Abroad" in Greece and Turkey, also in October.

William R. Shamblin, M.D., Clinical Professor of Surgery, attended the Priestly Society Meeting in Monterey, California, and the American College of Surgeons Meeting in San Francisco, both in October, 1993. Michael R. Watkins, M.D., who was recently honored by his OB colleagues, attended the OB Progress Meeting in Birmingham in February.

Chris Nagy, Ph.D., is working with several faculty members in the Medical School and in other colleges to make presentations. One is "Predictors of Immunization Status Among Rural African-American Infants" for the Association for the Care of Children's Health in May, 1994, with James Leeper, Ph.D. and Sandral Hullett, M.D.

Jerry McKnight, M.D., presented "A Survey of Alabama Adolescent Sexuality: A Comparison With National Data" to the Medical Association of the State of Alabama (MASA) Scientific Symposium in January, 1994. Chris Nagy, Ph.D., Steve Nagy, Ph.D., and A. Adcock co-authored this paper. Dr. Nagy worked with Peggy Jessee, Ph.D. on "Translating Research Into Practice: Implications for Serving Families With Young Children" for the Headstart Research Conference in November, 1993. Cathy Gresham, M.D., and Deborah Poteet Johnson, M.D. were co-authors. Dr. Nagy was co-presenter with Steve Nagy, Ph.D. and A. Adcock in October, 1993, for the American Public Health Association. Their topic was "A Comparison of Risky Health Behaviors of Sexually Active, Sexually Abused, and Abstaining Adolescents."

Robert E. Pieroni, M.D., is serving as consultant and medical director for a two-year grant funded by the National Institutes for Health (NIH). The project is entitled "Prediction of Work Tolerance in Encapsulating Protective Clothing From Simple Field Tests." Dr. Pieroni has received Diplomate and Fellowship status in Internal Medicine, Allergy/Immunology, Quality Assurance, and Geriatric Medicine. He was recently recertified by the American Board of Family Practice. He will appear in "Who's Who in Science and Engineering".



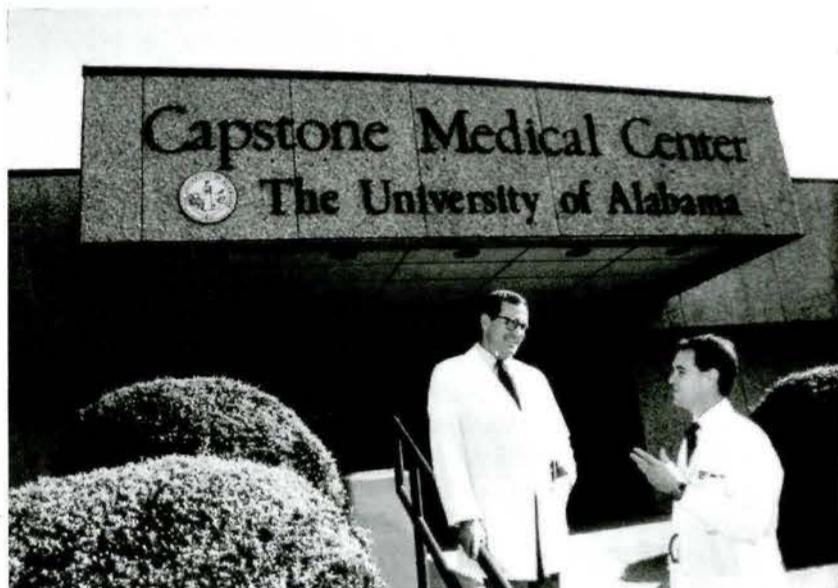
Dr. Michael Watkins (center) received an "Excellence in Teaching Award" from the Association of Professors of Gynecology and Obstetrics. He was presented with a plaque at a fall faculty meeting by Dean Roland Ficken (left) and Dr. Paul Mozley (right), Chief of OBGYN. "We take great pride in our outstanding faculty," said Dean Ficken. "It is an honor to present Dr. Watkins with this well-deserved award."

Capstone Medical Center Has Growth in Patient Care

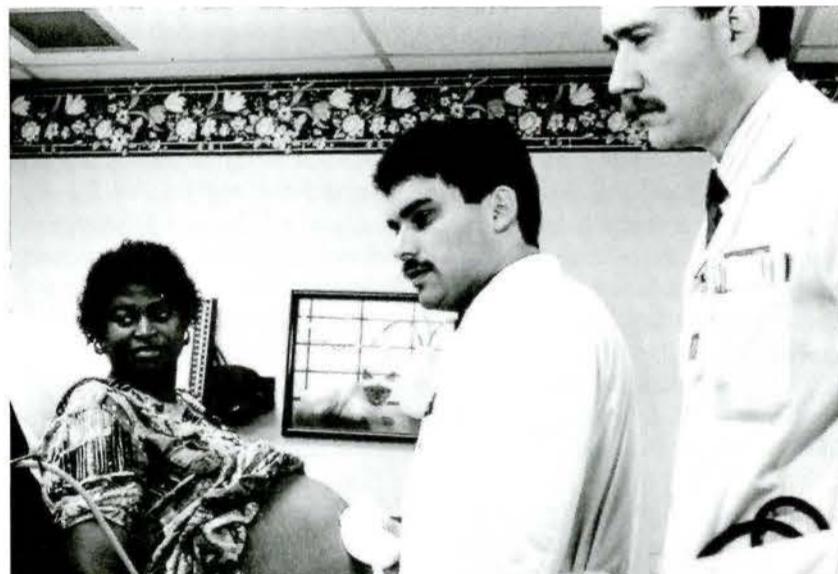
In the past ten years, the Capstone Medical Center has nearly doubled the amount of patient care it delivers. Physicians on the faculty of the School of Medicine here at the College of Community Health Sciences (CCHS) practice medicine at Capstone, and resident physicians and medical students see patients at Capstone as part of their training.

In 1983, 8,586 patients made 27,320 visits. In 1990, 11,672 patients made 41,972 office visits to the Capstone. In 1993, 13,813 patients made 53,967 office visits. The Capstone Medical Center (CMC) offers a comprehensive array of health care services. Since the CMC is home base for the Family Practice Residency Program, more than half of all patient visits are made in the Department of Family Practice. The remaining visits occur in Obstetrics and Gynecology (15%), Pediatrics (13%), Internal Medicine (9%), Psychiatry (5%), Occupational Medicine (2%), and Surgery (1%).

-Chris Nagy



Dr. Bob Ireland, Assistant Professor of Family Medicine (left) listens to Chief Resident Craig Buettner, M.D., during a break in their clinic schedules at Capstone. They both treat patients in the Family Practice Clinics at CMC.

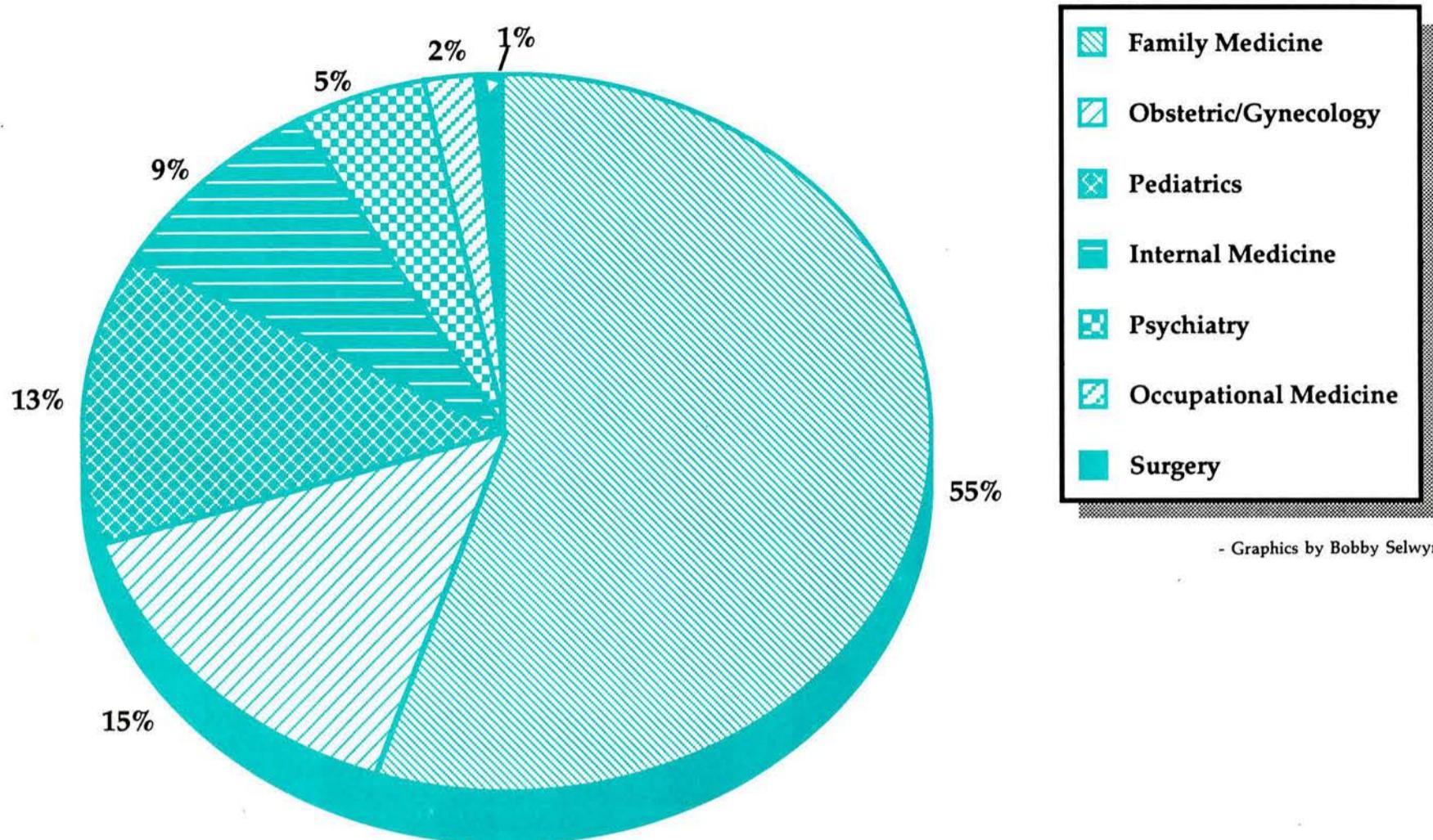


A Capstone patient watches her baby on ultrasound with Dr. Denis Perez, Assistant Professor of Obstetrics and Gynecology, and former CCHS medical student Dr. Jeff Hopkins, (right).



Medical technician Laura Stauffer (left) and lab director Sherry Wedgeworth examine blood tests in Capstone's laboratory.

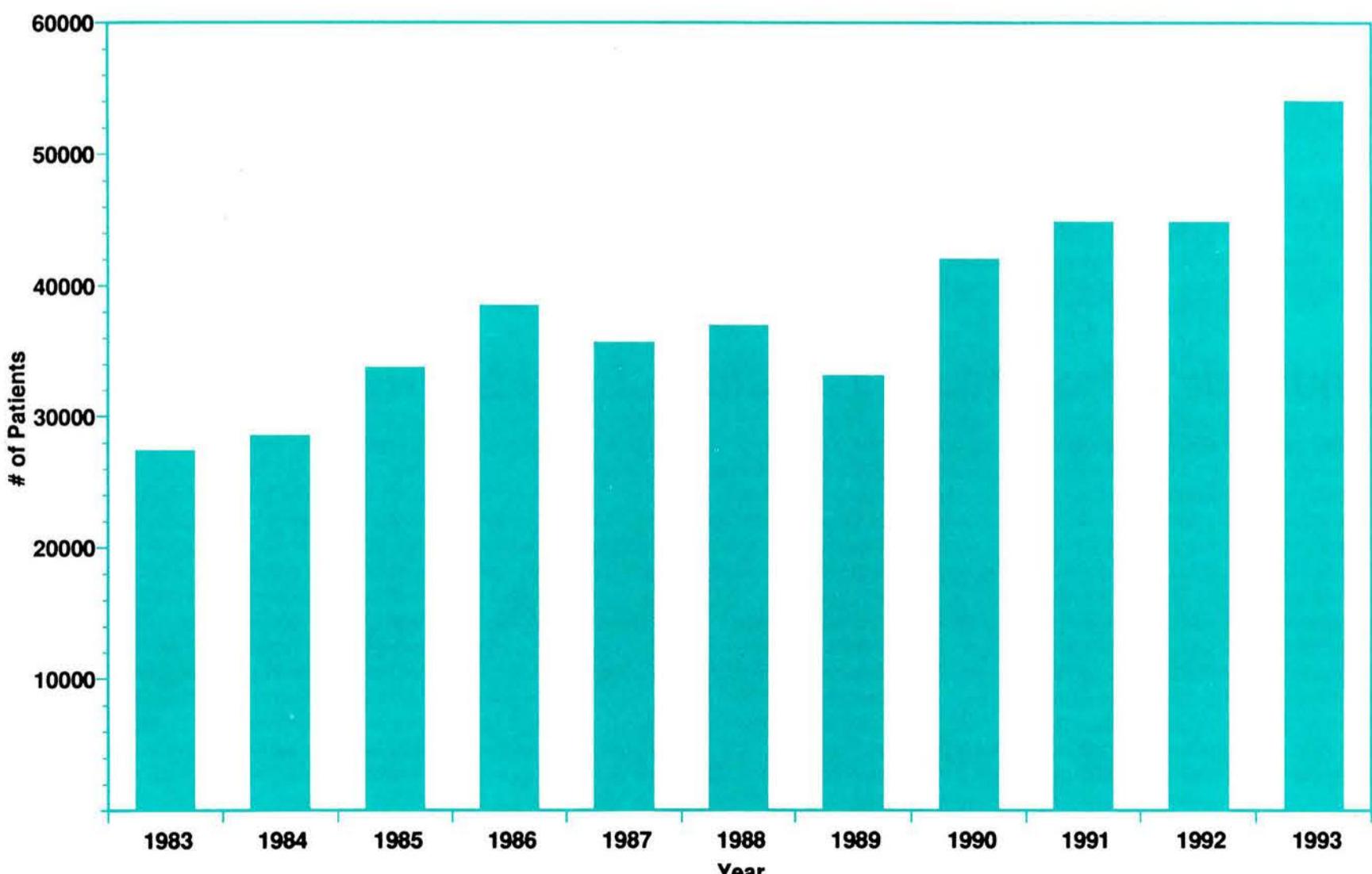
Capstone Medical Center Offers Variety of Patient Care



- Graphics by Bobby Selwyn

In 1983, 8,586 patients made 27,320 visits. In 1990, 11,672 patients made 41,972 office visits to the Capstone. In 1993, 13,813 patients made 53,967 office visits. The Capstone Medical Center (CMC) offers a comprehensive array of health care services. Since the CMC is home base for the Family Practice Residency Program, more than half of all patient visits are made in the Department of Family Practice. The remaining visits occur in Obstetrics and Gynecology (15%), Pediatrics (13%), Internal Medicine (9%), Psychiatry (5%), Occupational Medicine (2%), and Surgery (1%).

Number of Patient Visits by Year

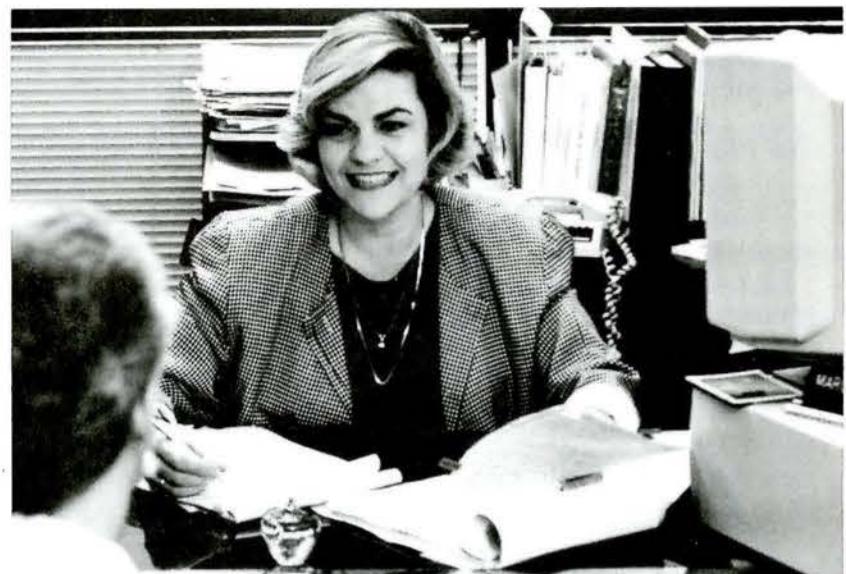


Diabetes Support Group Meets at Capstone

The Diabetic Support Group is for individuals with Diabetes Mellitus who also need to lose weight. Anyone is welcome, and it is free of charge. Meetings are held the second Thursday of the month in the Carrel Room at Capstone Medical Center from 12 noon to 1 p.m. The purpose of this group is to provide education and support about Type II Diabetes as a service to the community. The group is coordinated by Margaret Garner, R.D., Department of Family Medicine.

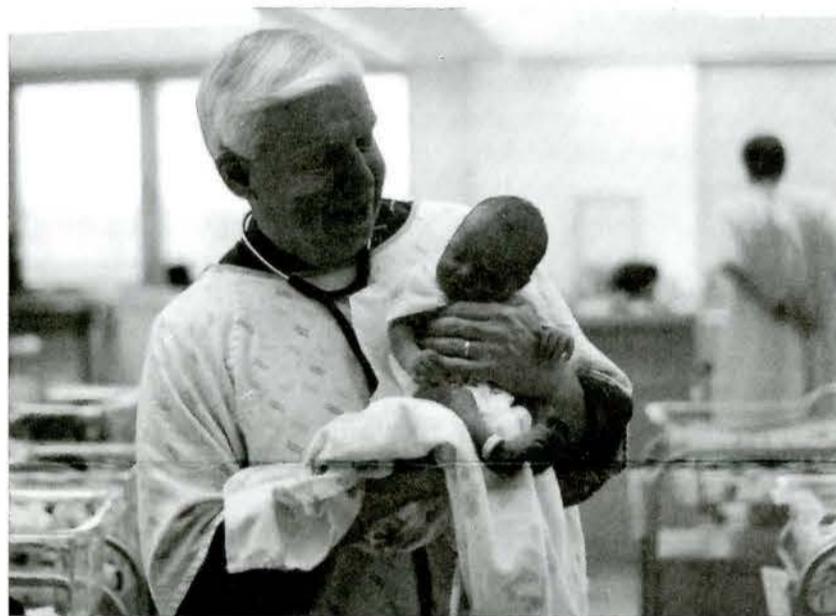
Diabetes Mellitus makes up 90% of the population with diabetes. Eighty percent of those patients are overweight, according to Garner. "We thought the best way to help patients--both ours and others in the area--was to establish a support group," said Garner. Presentations on a variety of topics such as nutrition, stress, medical management of diabetes, and exercise are included, and discussion afterwards deals with group and individual concerns.

For more information, contact Renee Lyons at the Capstone Medical Center, 348-2884.



Margaret Garner, R.D., Department of Family Medicine at Capstone Medical Center, consults with a patient on nutrition issues. Garner conducts a support group for diabetics.

Capstone's Pediatric Clinic Offers Wide Array of Medical Services



Dr. David Hefelfinger, Chief of Pediatrics, holds newborn Capstone patient William Sikes in the DCH hospital nursery. William, born in 1993, is the son of John and Janet Sikes of Tuscaloosa.

The professional and caring staff at the Pediatric Clinic of Capstone Medical Center work very hard to make sure "Peds" gives children a healthy start. Serving a large portion of the West Alabama area, Pediatrics not only provides care for common childhood illnesses but also encourages yearly physical exams, vision and hearing screenings, and MediKid screenings for patients with Medicaid.

Headed by three highly-trained and experienced pediatricians, Drs. Elizabeth Cockrum, David Hefelfinger, and Michael Taylor, this department provides a vast number of medical services for its patients.

We also assist our County Health Department by seeing their patients, upon referral, who have more complicated problems which need the evaluation of a qualified pediatrician.

Each week for one-half day clinic, we use our office space and nursing staff for a special clinic supported by a Perinatal Grant. In this clinic Dr. Hanseek Choi, a leading neonatologist, sees patients who are graduates of the High Risk Nursery. The appointments are scheduled exclusively by his office at DCH Regional Medical Center.

Monthly local allergy specialists, Drs. John Dishuck and Steven Helm, see our patients with continued allergic symptoms which our pediatricians feel need further evaluation and testing.

Cardiologists, Drs. Edward Colvin, Douglas Pearce, and Walter Johnson from the University of Alabama School of Medicine, Birmingham, offer their services, also on a monthly basis, to our patients who need further evaluation of suspected congenital or pre-existing heart conditions.

Through the years our faculty has developed a close working relationship with the Children's Hospital of Alabama. Their highly specialized physicians are an asset to health care in this area. Our pediatricians routinely refer our patients with special needs to the Children's Hospital for further evaluation and treatment when needed.

Childhood immunizations are crucial to insure a healthy future for our children. We are proud of the aggressive immunization program we offer our patients. Because we are a teaching facility, we use the updated knowledge of our faculty, residents, medical students, and staff to educate our patients and their parents to the importance and advances of childhood immunization.

Recently our department installed a TV and VCR so our patients could view their favorite movies while they wait for their appointment. This was received very well with that big purple dinosaur being #1, of course.

The childhood years should be remembered as healthy and happy times. We are proud that we are able to be a part of that quest.

- Teresa Cook
Charge Nurse, Pediatrics

"MediKids" Program at Capstone Provides Health Services

Children and youth who are Medicaid eligible receive a number of screening and preventive services at Capstone Medical Center through the MediKids program. MediKids is the name given to Alabama's EPSDT program. EPSDT stands for Early Prevention Screening Diagnosis and Treatment and is a federally mandated program to provide preventive services to children from birth to 21 years of age who are eligible for Medicaid. The services provided through MediKids are separate from and in addition to the standard Medicaid services and allowances, according to Dr. Michael Taylor, a CCHS faculty member and pediatrician at Capstone Medical Center.

The intent of the MediKids program is to provide preventive and continuous health care to a relatively high risk population. This is an effort, says Dr. Taylor, "to prevent disease when possible through education and to ameliorate disease processes by early identification and

initiation of treatment before the problems can become more complex and more difficult (and expensive) to treat."

To accomplish these goals, the MediKids program provides for a series of screenings on a regular basis which includes the following:

- 1) Medical screenings (includes laboratory and immunizations)
- 2) Vision screening
- 3) Hearing screening
- 4) Dental screening

The medical screenings include developmental and nutritional assessments, laboratory evaluations, and anticipatory guidance to assist families to improving the overall health and welfare of their children through education.

The current recommended schedule to provide screenings follows the American Academy of Pediatrics recommendations for

health screenings and is as follows:

- | |
|-----------------------------------------|
| 1, 2, 4, 6, 9, 12, 15, 18 months of age |
| 2, 3, 4, 5, 6 years of age |
| 8, 10, 12, 14, 16, 18, 20 years of age |

Dental screenings are every 6 months starting by age 3 years. Any problems identified during screenings are referred to appropriate providers for treatment.

"The MediKids program is an excellent comprehensive preventive health care program available to all Medicaid eligible children in the State of Alabama. If all who are eligible participated (children and health care providers), the health and welfare of Alabama's greatest resource (the children) would be greatly enhanced. It is my hope that the coming health care reform will make these services available to all of Alabama's children," says Michael Taylor, M.D., F.A.A.P., who is an Assistant Professor of Pediatrics at CCHS.

PROFILES

Shamblin's Interests Broad

Painting, Travel, Bicycling, and Medical Education Take Up His Time Outside of Surgery

William R. Shamblin, M.D., Clinical Professor of Surgery at The University of Alabama School of Medicine, Tuscaloosa Program, is a Tuscaloosa native. He said he always knew he would come back during the ten years he spent away starting his medical career. He graduated from The University of Alabama in 1959 and earned his M.D. degree from Tulane School of Medicine. He interned at Ochsner Foundation Hospital in New Orleans and trained in general surgery at Mayo Clinic in Rochester, Minnesota. He earned a Master of Sciences in Surgery from Mayo Clinic and the University of Minnesota in 1968. He served in a military practice at Fort Benning in 1967-68 before returning to set up a private surgery practice in Tuscaloosa. He has a particular interest in vascular surgery and bariatric surgery in which he partitions the stomach to help a patient overcome obesity.

Dr. Shamblin's interests are broad—he says he "played basketball when short people could play," but he now favors bicycling around the University and historic sections of Tuscaloosa with his wife Kay, a surgical intensive care nurse, to whom he was married last year in Hawaii. He also likes snow skiing, golf, and travel. He is a season ticket holder to Crimson Tide athletic events and was present at the Sugar Bowl victory which sealed the 1992 national football championship for the University of Alabama. He sent his four children through the University, and two sons are now in medical-related fields.

With "only junior high training in art," he says, he started painting ten years ago in the impressionist style. He said he saw a painting he liked at the hospital and borrowed it to imitate the style. He



Bill Shamblin, M.D.

uses oils and acrylics. "I want to paint when I retire," he says. "I hope to train in New York or Europe and learn more about techniques for impressionist painting."

Dr. Shamblin, who served as Chief of Surgery for CCHS in 1975, worked hard to bring recognition to the surgical training program here. He and the doctors recruited as clinical faculty have been extremely successful, making this program very popular with medical students and residents. "Almost all of the surgeons and surgical subspecialists in the community are associated with the medical school

Profiles

Volunteers who serve on the CCHS Capital Campaign Steering Committee are working to raise \$6 million to endow permanent chairs and professorships for Medical faculty at the University of Alabama School of Medicine, Tuscaloosa Program. The CCHS campaign is part of "The Campaign for Alabama," the most ambitious private fund-raising effort ever launched at The University of Alabama, one aimed at putting the Capstone in the top ranks of higher education.

In a continuing series about steering committee members, On Rounds profiles Dr. Bill Shamblin of Tuscaloosa. He helped found this branch of the medical school, and now he is helping to raise funds for it.

STEERING COMMITTEE

Arthur Snyder, M.D., Chair
Tuscaloosa, Alabama
Jon Anderson, Tuscaloosa
James Beard, Birmingham
Camille Elebash, Tuscaloosa
Jimmy Faulkner, Bay Minette
Roland P. Ficken, Ph.D., Tuscaloosa
James Ford, Tuscaloosa
Howard Gundy, Ph.D., Tuscaloosa
Henry Hoffman, Ph.D., Birmingham
Mary Jolley, Tuscaloosa
Robert H. Kirksey, Carrollton
Perry Mathews, Jasper
Victor Poole, Moundville
Earl Robertson, M.D., Huntsville
L. E. Rockwell, Jr., M.D., Daphne
Stephen W. Row, M.D., Gadsden
Robert A. Schlesner, Jr., Birmingham
William R. Shamblin, M.D., Tuscaloosa
Albert Grayson Simmons, M.D., Monroeville
Herbert Stone, M.D., Daphne
James S. Sullivan, M.D., Dothan
Fran Snyder, Tuscaloosa
Felix Tankersley, M.D., Montgomery
Dudley J. Terrell, M.D., Ozark
Cynthia F. Thomas, Tuscaloosa
James H. Thomas, M.D., Tuscaloosa
Dale Trammel, M.D., Decatur
Robert L. Yoder, Jr., M.D., Florence
John S. Yow, M.D., Montgomery

here," he says. "And students love this campus because they get more attention."

Shamblin helped start continuing medical education (CME) at Druid City Hospital and commends the medical school for improving CME and thus greatly contributing to the success of the medical community here.

His history with CCHS and his attachment for his Tuscaloosa home both contribute to his desire to see medical education here be the best it can be. He is proud of the surgical program that CCHS has built, he cares about students, and he is helping CCHS to launch a successful Capital Campaign, raising funds for endowed faculty chairs and professorships.

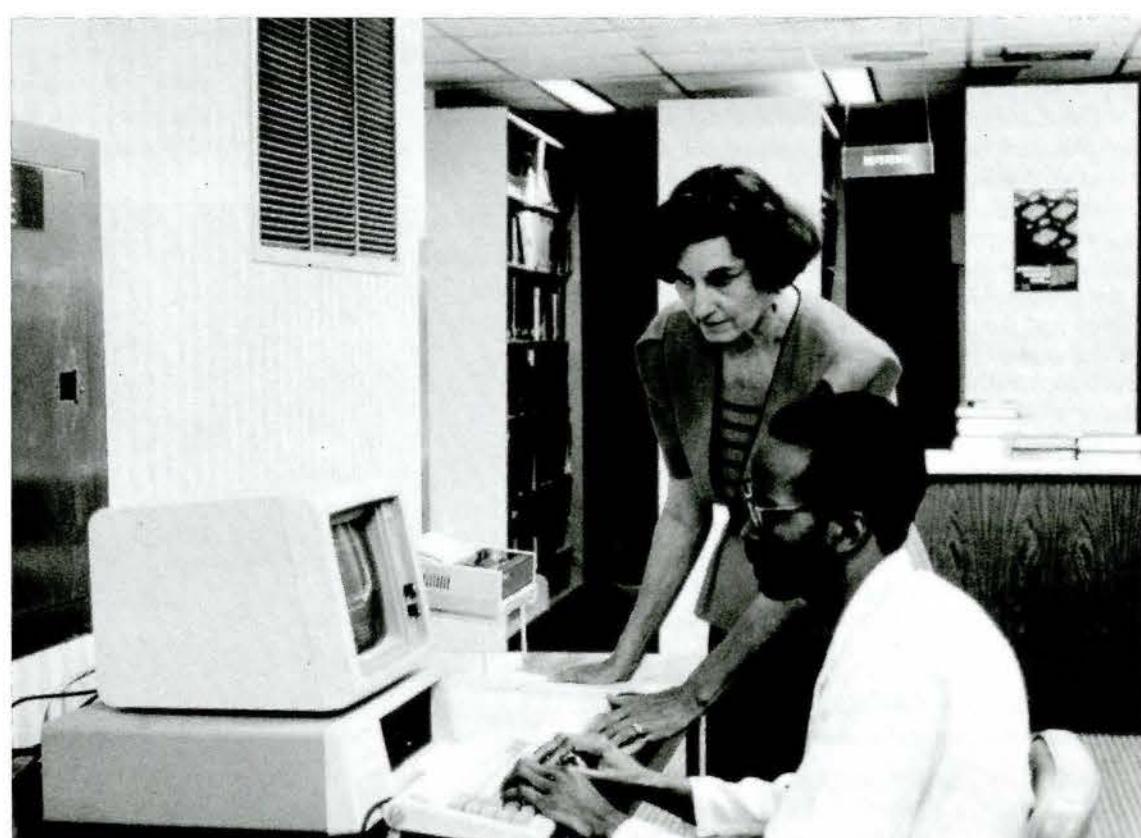
- Linda Jackson

Health Sciences Library Expands Access to MEDLINE on CD-ROM

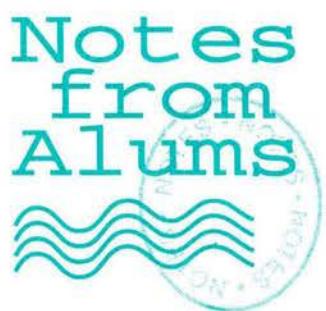
During the past few months, Health Sciences Library patrons have often had to wait to use the CDP MEDLINE computer. This has been frustrating for CCHS personnel who want immediate access to the computer for searching information about a patient problem. To alleviate the problem, the Health Sciences Library is installing a CDP Peer network for searching MEDLINE.

The CDP Peer network will consist of two patron computers and a server computer for library staff use. The network will allow simultaneous searching from all three computers. One of the patron computers will be designated as being for first priority use by CCHS personnel. As with the current computer the CDP network will have a five-year MEDLINE database. However, there will be some changes to the search software. The new version of the software called OVID will expand search options while providing the options previously available. The CDP Peer network can only be accessed in the library. Long range planning continues for providing access to the network from other locations such as offices and the Capstone Medical Center.

For more information on CDP Peer and OVID, call Lisa Russell or Barbara Doughty in the library at (205) 348-1364.



Librarian Barbara Doughty helps a patron of the Health Sciences Library with a computer search.



McCormick Presents Research Paper During SMA Meeting

Louis H. McCormick, M.D., of Franklin, Louisiana, a graduate of the Tuscaloosa Family Practice Residency Program at CCHS, recently presented a scientific research paper during the 87th Annual Scientific Assembly of the Southern Medical Association (SMA) held in New Orleans, Louisiana. Dr. McCormick's paper "Office Based Treatment of Attention Deficit Hyperactivity Disorder: How to be Successful" was presented during the meetings of SMA's Section on Family Practice. SMA's Annual Scientific Assembly is the largest regional CME (continuing medical education) meeting held in the United States. Dr. McCormick is affiliated with Acadiana Family Practice Associates in Franklin, Louisiana, and is a clinical instructor in the Department of Family Medicine, LSU School of Medicine in New Orleans, Louisiana.

NOTE: Please send news about yourself or colleagues who are CCHS alums to Linda Jackson, Editor, CCHS Dean's office, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-1350.

CME Sponsors Special Emphasis Series

Continuing medical education (CME) is an important component of the medical education program for medical students, residents, and faculty of the College and is offered to local physicians and other health care professionals for CME credits. Approximately 150 CME programs are produced throughout the year with special emphasis series. All presentations begin at 12:15 p.m. in the Willard Auditorium in the UA Educational Tower at DCH Regional Medical Center.

February 7-11, a special emphasis week, dedicated to the topic of Substance Abuse, had a record attendance of over 500 medical students, residents, faculty and community health care professionals. Programs presented included "Adolescent Drug Use and Abuse," Sandy Morrison, M.D., University of Alabama School of Medicine (UASOM); "Treatment of Alcohol Abuse," Jack C. Whites, M.D. of the Bradford-Parkside Lodge; "Alcoholic Liver Disease," Harold J. Fallon, M.D., Dean, UASOM; "Diagnosis and Treatment of Cocaine and Opiate Abuse," Norman D. Huggins, M.D., UASOM; and "Depression and Problem Drinking: A Tale of Two Highly Heterogeneous and Often Overlapping Disorders," Jack G. Modell, M.D., UASOM.

Another special emphasis week on Health Care Reform issues is scheduled April 24-28. Topics and speakers are:

- Monday, April 24 - "Problems of Rural Health Care Delivery," Bill Curry, M.D., Carrollton
- Tuesday, April 25 - "Managed Competition," John Durant, M.D., Vice Chancellor for Health Affairs, UAB
- Wednesday, April 26 - "Impact of Health Costs on Industries," Jon Anderson, Vice President/Treasurer, Gulf States Paper Corporation, Tuscaloosa
- Thursday, April 27 - "Viewpoint of Organized Medicine," Jon Sanford, M.D., Fayette
- Friday, April 28 - "Overview of Health Care Reform," Wilmer J. Coggins, M.D., Dean Emeritus, CCHS.

Special emphasis on Emergency Medicine topics is scheduled for the months of July and August, with over thirty noon conferences. For more information on CME presentations or credit, contact: Shirley Florence, Dean's Office, University of Alabama School of Medicine, Tuscaloosa Program, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-7707.

PMS Clinic at Capstone is Research/Service Oriented

The University of Alabama Capstone Medical Center sponsors a Premenstrual Syndrome Clinic in the Ob/Gyn Department. The Clinic, a research project of Paul D. Mozley, M.D., CCHS Chairman of Obstetrics and Gynecology, provides screening, diagnosis, and recommendations for treatment to women who suffer from premenstrual syndrome (PMS).

Premenstrual syndrome is a condition that affects women during their reproductive years and causes a significant amount of pain and suffering. Many centers are conducting research, and Dr. Mozley, who is a psychiatrist and a gynecologist, has been studying this condition for several years.

"Premenstrual syndrome is always composed of two parts: one is emotional and one is hormonal. If a woman's suffering is entirely emotional, then she does not suffer from premenstrual syndrome; if the condition is entirely hormonal, it is not premenstrual syndrome. The premenstrual syndrome sufferer always has both an emotional and a hormonal component to her disorder," says Dr. Mozley.

The experience in this clinic consists of four visits. During the first visit, an intake interview is conducted by an experienced gynecologist/psychiatrist, a "Feelings Record" to record emotions during the menstrual cycle is begun, and specific laboratory studies ordered. During the second visit, a registered art psychotherapist conducts psychological testing and interprets art productions. During the third visit, the physician conducts a complete physical examination of the patient. The fourth visit is a consultation concerning all data collected, including laboratory findings and data gathered by the art therapist; the diagnosis; and a determination of the type of premenstrual syndrome from which the patient suffers. Then recommendation for treatment specific and appropriate for the particular patient's condition is made. This clinic sends a summary of its findings and recommendations to referring doctors.

All information and results of the evaluations are interpreted by a physician and discussed with the patient. For more information on the Clinic, call (205) 348-1398.



The College of Community Health Sciences is a clinical branch campus of the University of Alabama School of Medicine. Authorized by Governor George Wallace in 1972, CCHS emphasizes family practice and the other primary care disciplines and provides a sound basic medical education for all medical students assigned to this campus. CCHS also trains family doctors through a three-year family practice residency program to meet the urgent need for family physicians in Alabama, the Southeast, and the nation. A primary focus of the CCHS mission is seeking solutions for rural health care problems in Alabama and the region.

OnRounds is published three times a year by The University of Alabama College of Community Health Sciences to keep alumni and friends informed of CCHS news and issues which affect this medical school and its graduates. Please send address changes and comments about the newsletter to *OnRounds*, College of Community Health Sciences, Box 870326, Tuscaloosa, Alabama 35487-0326. The editor encourages suggestions, and contributions will be included as space permits. Please contact Linda Jackson, in the Dean's office (205) 348-1350.

Roland P. Ficken Dean
Linda Jackson Editor
Mary McAlpine Typist

Nonprofit Org.
U.S. Postage
PAID
Permit No. 16
Tuscaloosa, AL

The University of Alabama
College of Community Health Sciences
Box 870326
Tuscaloosa, Alabama 35487-0326

Address Correction Requested