

On Rounds

Volume 5, Number 2

Spring 1995

Lister Hill Society Launches Membership Drive

The Lister Hill Society, which provides private support for the UA College of Community Health Sciences, is undertaking a membership drive and renewal campaign to increase the active membership in the organization.

The Society is named for Senator Lister Hill who did so much to advance the health of all people in the United States as well as in Alabama. It is dedicated to the support and advancement of family medicine and community health throughout Alabama and the nation. Membership in the Lister Hill Society is composed of individuals, organizations, and corporations who have an interest in the advancement of health education, research, and service at The University of Alabama.

Members of the Lister Hill Society provide an invaluable source of private support by underwriting new programs, purchasing urgently needed equipment, and strengthening established programs in family medicine.

The Society is designed to link health and medical leaders, especially alumni from The University of Alabama, directly with the affairs of the College, its medical education programs, its family medicine residency, and the Capstone Medical Center.

There are several categories of membership in the Society:

Corporate	\$10,000 or more
Life	\$ 5,000
Patron	\$ 250
Sustaining	\$ 100
Active	\$ 50

"We are asking our own full-time faculty and staff, as well as our adjunct and affiliate faculty, to join this Society to help support medical education in Alabama. The Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas," said CCHS Dean Roland Ficken.

"Assistance from the Lister Hill Society has helped the College move swiftly toward its goals," he said. The College's Family Practice Residency Program is now one of the largest in the nation, with 36 residents being trained at any given time. Since the first resident graduated in 1976 and established practice in Fairhope, Alabama, 60 percent of CCHS graduating family physicians have remained in Alabama to practice medicine. Counting third- and fourth-year medical students, CCHS has 85 physicians in training here in Tuscaloosa.

"In order to maintain this impressive growth, the College of Community Health Sciences has specific needs for financial support from Lister Hill Society members. These include the establishment of medical student loans and scholarships; the purchase of library materials, audiovisual teaching aids, and laboratory equipment; funds for the construction of faculty office



► Charter members of the Lister Hill Society, Dr. Gordon King (left) and Dr. Riley Lumpkin (right) visit with Vicki Johnson in Dr. King's back yard, telling her more about the early efforts to enlist support for medical education.

space and teaching facilities at the Capstone Medical Center; seed money for research related to the problems of rural health and clinical research relevant to primary care; and support for continuing education, consultation, and physician placement services for rural communities."

At no time has the need for external support for the College been more pressing than it is right now. "Only 38 percent of our operating budget comes from the State of Alabama. This means that we must rely on external sources, including tuition, contracts and grants, alumni, and support from private donors," said Dean Ficken. "In the past, support to the Society has enhanced our ability to train medical students and residents and has allowed for special honors to outstanding medical students and residents. It has also funded publications and special clinical meetings for medical students, our *On Rounds* newsletter for alumni and friends, computers for faculty and staff, and an indigent drug fund for needy Capstone patients."

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Armstrong Named Director of Family Practice Residency



Marc A. Armstrong, M.D.

leadership role."

Interestingly, Dr. Armstrong was the first resident to enter the newly organized CCHS Family Practice Residency Program in 1974. When he arrived Dean Roland Ficken and Pediatrics Chief David Hefelfinger were new assistant professors—and he shows pictures of them to back up his reminiscences. He also shared the resident stipend schedules for his day—

Marc A. Armstrong, M.D., has been appointed Associate Professor of Family Medicine and Director of the Family Practice Residency Program at CCHS. "Dr. Armstrong has fifteen years of practice experience as a family physician, did a fellowship in Family Medicine Faculty Development, and has valuable teaching experience in an affiliated program with Southwestern Medical School in Dallas," said Dr. Alan Maxwell, Family Medicine Discipline Chief. "We are extremely pleased to have him join our faculty in this critical

\$11,500 for first years, \$12,500 for second years, and \$13,500 for third-year residents—and a photo of the first sign in front of CCHS's Family Practice Clinic.

Much has changed since then but he says he sees "a certain symmetry" in coming back as director. "After all," he says, "I was here even before the building." He takes pride in this Residency Program and its growth and development and wants to help maintain it as "the best it can be in training family physicians." In addition to overseeing the Residency Program, Dr. Armstrong will see patients at the Capstone Medical Center, teach, and chair the Graduate Medical Programs Review Committee at CCHS.

"Family Practice is the only medical specialty that trains physicians to take care of every patient," he says. "Family Practice is not restricted by age or sex of the patient or by type of treatment. Family physicians take care of sick people, they don't just treat diseases."

(continued on page 6)

CCHS Faculty News



Paul Mozley, M.D.

Paul Mozley, M.D., Chairman of Ob/Gyn at CCHS, has been elevated to Life Fellow Status in the American Psychiatric Association (APA). Dr. Mozley, who is Board certified in both Ob/Gyn and Psychiatry, will receive his Life Fellow medallion at the annual APA meeting in May, 1995.

Cindy Dedmon, M.D., Assistant Professor of Ob/Gyn and a 1988 graduate of the Tuscaloosa Family Practice Residency Program, entered private practice in Family Medicine in April, 1995. Her office is located at the DCH Medical Tower.

James Leeper, Ph.D., Professor and Discipline Chief, Behavioral and Community Medicine, co-authored an article published in the February 1995 issue of *Southern Medical Journal* (Vol. 88, No. 2). The article is titled "Predictive Validity of Medical Student Choices of Practice Location." Dr. Leeper presented papers at the workshop for key staff of Interdisciplinary Rural Training Programs held in January in Washington, D.C. His topics were "National Tracking System for Rural Interdisciplinary Health Care Training Programs" and "Examples of Research Methodologies Utilized in Interdisciplinary Rural Training Programs."

John Wheat, M.D., M.P.H., has been certified as a specialist in Occupational Medicine by the American Board of Preventive Medicine, Inc. Board certification is contingent upon successful examination results as prepared by the National Board of Medical Examiners.

Dan Rodman, Pharm.D., **Jerry McKnight, M.D.**, and **Russell Anderson, M.D.**, of the Family Medicine faculty, co-authored "A Critical Review of the New Oral Cephalosporins: Considerations and Place in Therapy," a cover article in *Archives of Family Medicine* (Vol. 3, No. 11) in November, 1994. **Rodman, Alan Maxwell, M.D.**, and **McKnight** also published "Extended Dosing Intervals for Aminoglycosides" in *American Journal of Hospital Pharmacy*. It was a cover article for the August 15, 1994 issue (Vol. 51, No. 16).

"The Family Physician as Medical Review Officer" was a cover article for *The Journal of the American Board of Family Practice* (Vol. 8, No. 1) in January-February, 1995. The authors are **Jerry McKnight, M.D.**, and **John Wheat, M.D., M.P.H.** "The medical review officer is an entity established by federal mandate in 1988, a licensed physician who reviews and interprets urine drug test results," they write. ". . . only a physician has the necessary training to determine whether a positive drug test is the result of legitimate use. Family physicians are particularly suited to becoming medical review officers because of their training."

Dr. Wheat and Dr. McKnight were co-authors (with William H. Weems, Ph.D., in Continuing Studies) of "The Family Physician and Industrial Hygiene" published in April, 1994, in *Archives of Family Medicine*.

Dr. McKnight was one of a select few presenters invited to address the Sixth Annual Mead Johnson Family Medicine Research Forum in Ft. Lauderdale, Florida, in December, 1994. His topic was "Screening for Prostate Cancer: A Comparison of Family Physicians and Urologists."

"Psychosocial Interest, Medical Interviews, and the Recognition of Depression" was published last year in *Archives of Family Medicine* (3:899-907). Co-authors from CCHS were **Julia Hartman, James Leeper, Ph.D., Roland Ficken, Ph.D., Alan Maxwell, M.D., Elizabeth Rand, M.D.**, and **Russell Anderson, M.D.**

Another article based on former CCHS Associate Professor Dr. Lee Badger's depression study, "Patient Presentation, Interview Content, and the Detection of Depression by Primary Care Physicians," was published in *Psychosomatic Medicine*, 1994 (56:128-35). Co-authors from CCHS were **Julia Hartman, James Leeper, Ph.D., Russell Anderson, M.D., Roland Ficken, Ph.D., Alan Maxwell, M.D., Elizabeth Rand, M.D.**, and **Paul Tietze, M.D.**

Colleen Beall, D.P.H., is co-author of "Cancer Mortality Among Women Employed in Motor Vehicle Manufacturing," published in *Journal of Occupational Medicine* in November, 1994 (36:1251-1259).

Dr. Beall has other articles in press or being prepared including "Job Satisfaction of Public Health Nurses: Is There a Predictable Decline?"; "A Case-Control Study of Brain Tumors in the Computer Industry"; and "Normal Versus Pathological Aging: Perceptions of Family Practice Residents." She is also working with **Lorin Baumhover, Ph.D.**, to edit a book on elder abuse in health care settings.

Susan Austin, Sc.D., is lead author of "PMR Study of Mortality Among Alabama Workers and Farmers," an article published in *American Journal of Industrial Medicine*, 1995; 27:29-36.

Marc Armstrong, M.D., is lead author of "Incidence of Tuberculin Test Conversion Among Employees of a Metropolitan Hospital," scheduled for publication in the May-June 1995 issue of *Journal of the American Board of Family Practice*. His co-author is **Rosie L. Johnson, R.N.**, at Saint Paul Medical Center in Dallas, Texas.

William W. Dressler, Ph.D., Professor of Behavioral and Community Medicine, co-authored "Fatores de risco de doença arterial coronariana e suas correlações com variáveis dietéticas e sociais" in *Arquivos Brasileiros de Cardiologia* 63(5).

Jeanne James, M.D., pediatrician with the University of Alabama College of Community Health Sciences, teaches a parenting class for new moms and dads in the Carrel Room at the Capstone Medical Center. The class covers topics of concern to new parents such as feeding, basic infant care, safety, and common problems. The free class, "Caring for Your New Baby," is offered twice a month and parents can bring along their new babies.

Eugene Marsh, M.D., a Tuscaloosa neurologist and faculty member at the UA College of Community Health Sciences, participated in a panel discussion to explore legal, ethical, and social issues involved in making life or death decisions. "Life or Death: Freedom of Choice or Abuse" was offered in conjunction with the joint conference of the Alabama Gerontological Society and the Southern Gerontological Society, April 18-22 in Birmingham. Other "Life or Death" panel members included an attorney, a nursing home administrator, a primary caregiver, and a clergyman.

Dr. Lorin Baumhover and **Mr. John Gillum**, from the UA Center for the Study of Aging, discussed "Aging With Lifelong Disabilities" as part of another panel discussion at this joint conference. Unprecedented numbers of adults with lifelong developmental disabilities such as mental retardation, cerebral palsy, and other impairments are surviving to later life. The panel members discussed successful programs in Alabama, Mississippi, and Virginia.

A special segment of the gerontological conference on caregiving and multigenerational community programs produced a report for the White House Conference on Aging in May, 1995. Almost one-half of American families are four-generational. Dr. Baumhover has been selected as a delegate to the White House Conference on Aging. He said that there will be four focus issues at the White House Conference: health care; economic security; housing and support services; and maximizing quality of life.

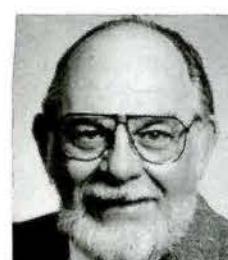
For more information, contact **Dr. Lorin Baumhover**, Director, Center for the Study of Aging, College of Community Health Sciences, Box 870326, Tuscaloosa, Alabama 35487. (205) 348-1345.



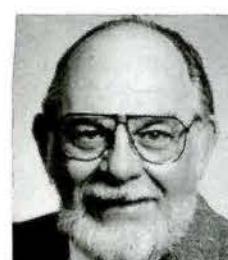
John Wheat, M.D., M.P.H.



Dan Rodman, Pharm.D.



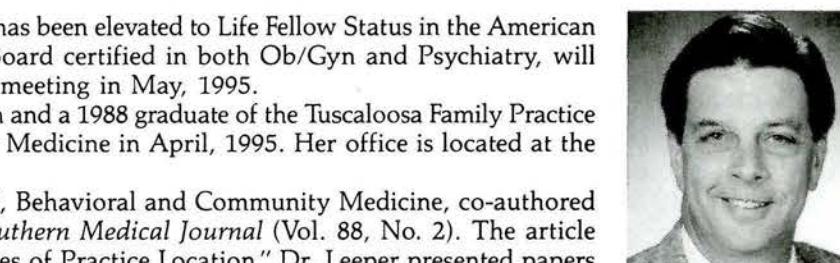
Jerry McKnight, M.D.



Russell Anderson, M.D.

Cathy L. Gresham, M.D., F.A.C.P., of Tuscaloosa, Alabama, was inducted as a Fellow of the American College of Physicians (ACP) in a ceremony held during the Society's 76th Annual Session, March 16-19, 1995, in Atlanta. Dr. Gresham is Assistant Professor in the Department of Internal Medicine at the University of Alabama School of Medicine, Tuscaloosa Program, College of Community Health Sciences. She was recently named Assistant Director of Medical Student Affairs. ACP is the professional organization of internists.

Fellow of the American College of Physicians (FACP) is an honorary title recognizing achievements in internal medicine, the specialty of adult medical care. ACP Fellows are entitled to use "FACP" after their names.



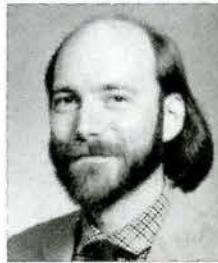
Alan Maxwell, M.D.



Elizabeth Rand, M.D.



Susan Austin, Sc.D.



William Dressler, Ph.D.



Jeanne James, M.D.



Eugene Marsh, M.D.



Lorin Baumhover, Ph.D.

Gresham Inducted As Fellow



Cathy L. Gresham, M.D.

Dr. Gresham is affiliated with Capstone Medical Center, DCH Regional Medical Center, and the VA Medical Center in Tuscaloosa, Alabama. A member of the Tuscaloosa County Medical Society and the Medical Association of the State of Alabama (MASA), she is certified in internal medicine by the American Board of Internal Medicine.

ACP is the nation's largest medical-specialty society, composed of more than 83,000 physicians trained in internal medicine—the diagnosis and nonsurgical treatment of disease and illness in adults and young adults. Its membership includes practitioners providing primary care; medical specialists in fields such as cardiology, neurology, and oncology; and medical researchers and teachers.

Dr. Gresham graduated from Samford University in Birmingham and the University of Alabama School of Medicine. She trained as a medical resident at the Carolinas Medical Center.

Larry Mayes Society Meets Scholarship Available to Medical Students

The Larry Mayes Society met on March 21 at 6:30 p.m. at the University Club in Tuscaloosa for dinner and a program. Neel Roberts, MS4, presented information on medical conditions and practice during the Civil War. At the October 12 meeting of the Society, James E. Pollard, MS4, spoke on "Daily Care of Percutaneous Gastrostomy Tubes."

The Larry Mayes Society is an organization on the Tuscaloosa campus which gives medical students a chance to meet with faculty and residents informally in a social setting. Dinner meetings are held at the University Club four times a year and student speakers present medical issues or medical research for discussion.

The informal gatherings are a long-standing tradition for faculty and students of CCHS, but students officially named their society for Larry Mayes in 1986. Mayes was a senior medical student from Tuscaloosa who



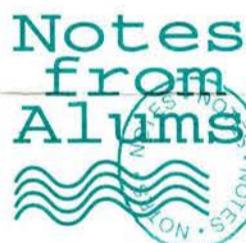
► *Neel Roberts, MSIV, (left) presented a program and slides on medical treatment and conditions during the civil war at the March meeting of the Larry Mayes Society. (Above right) Russ Holman (left) president of the senior class of CCHS medical students, talks with Dr. Bill Winternitz, Director of Medical Student Affairs, at the Larry Mayes Society dinner in March.*

died in January before his expected May, 1986 graduation. He was on Community Medicine rotation in Zimbabwe, Africa, when he died of encephalitis and pneumonia. The Larry Mayes Fund was also established to provide an annual scholarship award to a rising senior for study abroad. The award is given on the basis of grade point average, class rank, and an essay by the student on what he or she hopes to gain from study abroad. It is available to medical students on all three campuses of the University of Alabama School of Medicine.

For more information on Society meetings or the Larry Mayes Fund scholarship, contact the College of Community Health Sciences (CCHS) Office of Medical Student Affairs, Box 870378, Tuscaloosa, AL 35487-0378, Phone: (205) 348-1383.



► *Dr. Cathy Gresham, assistant professor of Internal Medicine (left) and Tim Winkler, M.D., Associate Discipline Chief of Surgery, visit with Marc Warner, MS III, (right) at the University Club.*



Wilson Larry Tucker, M.D., F.A.A.F.P., a native of Linden, Alabama (Chief Resident, 1981), is presently Medical Director of Urgent Care and Occupational Medicine in Rome, Georgia, a Georgia Health Plus Agency. He has completed the short course on occupational medicine at the University of California, San Francisco, and he employs a residency-trained occupational medicine physician. He says that his group averages approximately 750 drug screens per month and sees 30 workmen's compensation patients a day.

"We have a full-time case manager and are in the process of implementing a computerized case management and communication system that will allow us to E-mail the work status report and the dictation of physician's notes to local industry on a 4-6 hour time line. We will also be able to fax the dictation to industries that do not have computer mail capabilities," said Dr. Tucker

in a letter to Assistant Professor Jerry McKnight.

He also reported that seven of Urgent Care's nurses and laboratory technicians "are certified BATs. Some were old bats before the training and I make sure they know this," he said!

Alumni Update Form
University of Alabama School of Medicine
Tuscaloosa Program
College of Community Health Sciences

Check here:
CCHS Medical Student _____
Family Practice Resident _____

Name first middle last

Address _____ Home Phone: (____) _____
Area Code _____

Office Phone: (____) _____
Area Code _____

M.D. degree awarded: _____ Name of Medical School _____ Date _____

Residency completed: _____ Specialty _____ Institution _____ Date _____

Additional training: _____ Specialty _____ Institution _____ Date _____

Practice site: _____ individual practice _____ rural setting _____
group practice _____ medical school _____
hospital-based _____ military _____
public clinic _____ other _____ (specify) _____

Place of employment: _____ Name of business, office, clinic _____

City _____ State _____

Other personal/professional news for publication in *On Rounds* newsletter (articles published, community service, presentations or courses taught, honors, elected positions, career changes, etc.):

Return to: Linda Jackson, Editor, CCHS, Box 870326, Tuscaloosa, AL 35487-0326.



► *Sandral Hullett, M.D., (center) and other physicians are sworn in to committee responsibilities in Washington by U.S. Secretary of Health and Human Services, Donna Shalala (left).*

Sandral Hullett, M.D. (Residency graduate, 1979) is medical director of West Alabama Health Services, Inc., a multi-service clinic in Eutaw, Alabama. WAHS services to six counties include primary care, dental care, adolescent and pediatric health care, nutrition counseling, maternal and infant care, social work, pharmacy, health education and preventive health care, and transportation. WAHS co-sponsors and provides practicum sites for an interdisciplinary health training consortium. Dr. Hullett was recognized as "Practitioner of the Year" by the National Rural Health Association in 1992.

Dr. Hullett consulted with White House officials on health care reform and is serving a three-year term on the Practicing Physicians Advisory Council for the Health Care Financing Administration in the U.S. Department of Health and Human Services. The Council is composed of 15 physicians from all over the country. Dr. Hullett said block grants "will definitely affect the kind of care we can give." States will be deciding how federal health dollars will be spent, she said.

UA Physician Appointed to National Family Practice Committee



Jimmie Denise Clark, M.D.

Jimmie Denise Clark, M.D., a University of Alabama family physician, was recently reappointed resident representative to the Committee on Minority Health Affairs of the American Academy of Family Physicians (AAFP).

Clark, a native of Jackson, Mississippi, is a third-year resident in the UA College of Community Health Sciences Family Practice Residency Program. She earned her medical degree from Brown University School of Medicine in Rhode Island.

Clark said she became interested in medicine early in life and, upon learning about the obstacles limiting indigent people's access to health care, resolved to become a physician.

"Serving on the Minority Health Affairs Committee of the American Academy of Family Physicians has heightened my awareness of the vast health care needs of the minority population," she comments. "Our Committee has explored the impact that changes in the health care system will have on minority patients and physicians. This has renewed my commitment and made me determined to fulfill my role as a minority physician in the community, and also as a member of the American Academy of Family Physicians."

The AAFP is the national medical organization representing some 80,000 family physicians, family practice residents, and medical students.

The medical specialty of family practice encompasses comprehensive, continuing health care for all age groups and both sexes. Family physicians are medical specialists trained to treat 85-90 percent of patients' health care needs throughout their lifetimes.

Beall Joins CCHS Faculty



Colleen Beall, D.P.H.

Colleen Beall, D.P.H., has been appointed Assistant Professor of Family Medicine and Adjunct Assistant Professor of Behavioral and Community Medicine at CCHS. Dr. Beall first came to CCHS as a graduate research assistant in 1986. She later became a project coordinator for Elder Abuse projects administered by the Center for the Study of Aging at CCHS before taking leave to complete her doctorate at UAB School of Public Health. She has published numerous articles in professional journals on gerontology, elder abuse, and Alzheimer's disease.

Dr. Beall served as Research Consultant in the Department of Epidemiology at the UAB School of Public Health from June, 1994 through January, 1995. She previously taught history at Lipscomb Junior High School in Jefferson County, was a laboratory assistant at Carraway Methodist Medical Center in Birmingham, coordinated family life education programs and provided counseling at Family Counseling Service of Tuscaloosa, and served as a consultant for the Alabama Developmental Disabilities Advocacy Program based at the UA School of Law.

As CCHS Assistant Professor, she teaches courses in "The Aging Process," "Research in Aging," and "Aging and Health Care." She is coordinating health education workshops for seniors at nutrition sites in West Alabama, and she will also be working with family practice faculty on curriculum issues and program evaluation. Her special research interests are epidemiology of chronic diseases, including cancers, and occupational diseases in women. She is currently editing a book on elder abuse with Dr. Lorin Baumhover.

A native of Birmingham, Dr. Beall "grew up on Red Mountain," graduated from Fairfield High School, and earned her B.A. in History and M.S. in Social Work from The University of Alabama. Dr. Beall is a member of Tuscaloosa Community Singers and is active in the Episcopal church. She lives with two well-fed (she says perhaps overfed) brown tabby cats. She has offices in the Center for the Study of Aging in Nott Hall (205) 348-1349 and in the Educational Tower at DCH (205) 348-1372.

In Memoriam

Milton Stanhope Brasfield, IV, M.D., 33, a 1992 graduate of the CCHS Family Practice Residency Program, died February 24, 1995, in Tallahassee, Florida.

He was a Birmingham native and a family physician with Patient First Medical Center. He was board certified in family practice and a member of the Florida Academy of Family Practice, the American Medical Association, the University of Alabama Alumni Association, and the National Water Ski Association. He attended Wildwood Presbyterian Church.

Survivors include his wife, Ilesha Brasfield, Tallahassee; his mother, Lois N. Brasfield, Montgomery; his father, M. S. Brasfield, III, Demopolis; two brothers, Martin N. Brasfield and David A. Brasfield, both of Montgomery; two sisters, Christiana Brasfield and Martha Leigh Butz, both of Birmingham; and in-laws, J. F. and Wanda James, Tuscaloosa.

Burial was at Elmwood Cemetery in Birmingham.



Two graduates of the CCHS Family Practice Residency Program returned to speak at Pre-Med Day on April 7. Drs. Michael McBrearty (above) of Fairhope and Carol Johnson from Alabaster discussed "Life on the Front Line: the Practice of Primary Care Medicine."

CCHS Medical Students Matched to Residency Programs Across the Country National Resident Match Program - 1995

MS IV	PROGRAM	SPECIALTY
James R. Barton	Baptist Medical Centers, Birmingham, AL Univ of Alabama Medical Center, Birmingham, AL	Transitional Anesthesiology
Cynthia L. Blocker	Univ of South Alabama Med Center, Mobile, AL	Radiology-Diag
Hoyt A. Childs, III (Tres)	Baptist Medical Centers, Birmingham, AL Univ of Alabama Medical Center, Birmingham, AL	Transitional Radiation-Therapeutic
Monica M. Colvin	Univ of Miami/Jackson Memorial Med Center, Miami, FL	Internal Medicine
Ann Hart Drum	Tuscaloosa Family Medicine, Tuscaloosa, AL	Family Practice
Scott Drummond	Baptist Medical Centers, Birmingham, AL	Transitional
Deanna V. Duncan	Ravenswood Hospital, Chicago, IL	Family Practice
Cheryl G. Fekete	University of Tennessee Medical Center, Knoxville, TN	Pediatrics
Heidi S. Gomes	Tulane University School of Medicine, New Orleans, LA	Pediatrics
Russell Holman, III	Baptist Medical Centers, Birmingham, AL	Radiology-Diag
Lawrence I. Lee	Carraway Methodist Medical Center, Birmingham, AL	Internal Medicine
Leroy Loving, Jr.	Georgia Baptist Medical Center, Atlanta, GA	Preliminary Surgery
Clint McEntyre, Jr.	Tuscaloosa Family Medicine, Tuscaloosa, AL	Family Practice
Tracey L. Miles	Tuscaloosa Family Medicine, Tuscaloosa, AL	Family Practice
Edward B. Perry, Jr.	Vanderbilt University Medical Center, Nashville, TN	Psychiatry
James E. Pollard	Santa Barbara Cottage Hospital, Santa Barbara, CA	Preliminary Surgery
J. Scott Rayburn	Southern Illinois University, Springfield, IL	Medicine/ Pediatrics
M. Neel Roberts	Carraway Methodist Medical Center, Birmingham, AL	Internal Medicine
Henry B. Townsend	Univ. of Texas Southwestern Medical School, Dallas, TX	Internal Medicine
John G. Wideman	Tulane University School of Medicine, New Orleans, LA	Ob/Gyn



Three CCHS senior medical students chose to enter the Tuscaloosa Family Practice Residency Program. (L-R) Ann Drum, Tracy Miles, and Clint McEntyre visit with Dr. Elizabeth Philp, Associate Professor of Family Medicine.

PROFILES

Bob Yoder, M.D.

Dr. Bob Yoder, a surgeon in Florence, Alabama, knew he wanted to be a doctor even when he was a Tuscaloosa High School student and football player. He set his sights on that goal, he says, and went to medical school in Birmingham after he graduated from The University of Alabama. His only mistake was taking calculus with engineering students, he said. "They all had slide rules on their belts and had taken trigonometry the previous semester. I made a '54' on the first test." He recalled being berated for not having a slide rule by the calculus professor, who told him he would probably fail the course. He produced his slide rule (a round one) from his notebook, and told the professor he was going to make an "A." (He did.)

Dr. Yoder graduated from the University of Alabama School of Medicine in 1965, and completed his surgery residency at UAB in 1970. He served briefly in the U.S. Air Force in the Azores and at Carswell Air Force Base in Texas. He and his wife Beth, a Camden, Alabama native, then moved to Florence in 1973 and he set up a general surgery practice. He said it would have been hard to follow his grandfather, who had practiced medicine in Tuscaloosa for 50 years, so he didn't come back to Tuscaloosa after he finished his medical training though he comes to see his mother who lives in Tuscaloosa. He still has his T High letter sweater and reminisces about Nick's (in Knoxville, Alabama). He loves The University and knows MarLa Sayers better than President Sayers (he grew up with her). But his three children went to Auburn. His daughter, who thinks there are too many one-way streets in Tuscaloosa, will graduate there next year. His son John is now a student at UA's New College, however, interested in genetics research, and his son Robert is employed in Birmingham.

Dr. Yoder's chief interest and hobby, he says, is photography. But he is very clear that he wants to be behind the camera instead of in front, and it was hard to obtain the picture here. The walls of the Florence Clinic where his office is located are lined with large photographs he has made. His favorite is one of the harbor at St. Tropez. He also likes to shoot old barns

Profiles

Volunteers who serve on the CCHS Capital Campaign Steering Committee are working to raise \$6 million to endow permanent chairs and professorships for medical faculty at the University of Alabama School of Medicine, Tuscaloosa Program. The CCHS campaign is part of "The Campaign for Alabama," the most ambitious private fund-raising effort ever launched at The University of Alabama, one aimed at putting the Capstone in the top ranks of higher education.

In this issue, *On Rounds* profiles Robert Lee Yoder, Jr., M.D., of Florence, Alabama. He and his wife Beth hosted a reception for friends and alumni of CCHS in April. It gave leaders of the business and medical communities in the North Alabama area a chance to meet CCHS representatives and learn more about the medical school and Family Practice Residency Program located at the Tuscaloosa branch campus of the University of Alabama School of Medicine.

STEERING COMMITTEE

Arthur Snyder, M.D., Chair
Tuscaloosa, Alabama

Jon Anderson, Tuscaloosa
James Beard, Birmingham
Camille Elebash, Tuscaloosa
Jimmy Faulkner, Bay Minette
Roland P. Ficken, Ph.D., Tuscaloosa
James Ford, Tuscaloosa
Howard Gundy, Ph.D., Tuscaloosa
Henry Hoffman, Ph.D., Birmingham
Robert H. Kirksey, Carrollton
Perry Mathews, Jasper
Victor Poole, Moundville
Earl Robertson, M.D., Huntsville
L. E. Rockwell, Jr., M.D., Daphne
Stephen W. Rowe, M.D., Gadsden
William R. Shamblin, M.D., Tuscaloosa
Albert Grayson Simmons, M.D., Monroeville
Herbert Stone, M.D., Daphne
Fran Snyder, Tuscaloosa
Felix Tankersley, M.D., Montgomery
Dudley J. Terrell, M.D., Ozark
Cynthia F. Thomas, Tuscaloosa
James H. Thomas, M.D., Tuscaloosa
Dale Trammel, M.D., Decatur
Robert L. Yoder, Jr., M.D., Florence



Dr. Bob Yoder looks over his wife Beth's shoulder as she works at her Florence Shop, Side Lines.

and farm houses and planned to spend the afternoon photographing one which is almost in ruins and has a roof urging people to "See Rock City." But that was before he was pressed into service ("I'm just an assistant," he says) at his wife's upscale jewelry shop "Sidelines."

Besides photography and assisting with the jewelry shop where Beth markets and designs unusual specialty pieces, he enjoys hunting. He has

prints of puppies and quail on his own office walls while the pictures of Perdido Bay and old country houses decorate the examination rooms. He points out one print that is similar to his great-grandmother's house in Samantha and says patients never fail to remark how much it resembles the country home of their own elderly relatives.

He appreciates the need for improving medical education and is assisting the College of Community Health Sciences in their capital campaign. "There were only 78 graduates in my medical school class," he said. He thinks that increases in numbers of applicants are enough to require more funding, but he stresses the importance of quality training and good student-faculty ratios that enhance learning.

- Linda Jackson

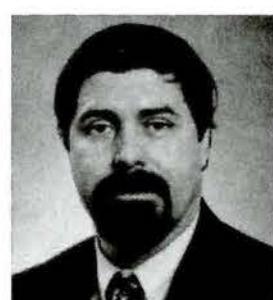
CME Sponsors Variety of Topics

The Continuing Medical Education Program at CCHS provides up-to-date information for practicing physicians and other health care professionals in addition to CCHS faculty, residents, and medical students. Throughout the year, "Grand Rounds" on Fridays at 12:15 p.m. presents medical experts on a variety of topics. During July and August each year, a Medical Emergencies series offers treatment updates on acute care conditions that primary care physicians and emergency room doctors are likely to encounter.

In May, the University of Alabama School of Medicine, Tuscaloosa Program, CME Program joins with the Huntsville and Birmingham campuses of the University of Alabama School of Medicine to present "Primary Care Medicine Today," the third annual joint conference. It will be held in Bermuda, May 25-29, 1995. Topics include neck and back pain, HIV infections, "super bugs," attention deficit hyperactivity disorder, obsessive compulsive spectrum disorders, adolescent pregnancy and substance abuse, premenstrual syndrome, domestic violence, and health care challenges in the 90s. CCHS Assistant Professors Pamela E. Parker, M.D., and Michael A. Taylor, M.D., F.A.A.P., will serve on the faculty for the conference.



Pamela E. Parker, M.D.



Michael A. Taylor, M.D., F.A.A.P.

reaccreditation term from the Accreditation Council for Continuing Medical Education (ACCME). The ACCME rigorously evaluates the overall continuing medical education programs according to standards adopted by all seven of its sponsoring organizations. These are: American Board of Medical Specialties, American Hospital Association, American Medical Association, Association for Hospital Medical Education, Council of Medical Specialty Societies, Federation of State Medical Boards, and the Association of American Medical Colleges. A six-year approval is the longest reaccreditation term awarded by the ACCME. UASOM Dean Harold J. Fallon said he considers the six-year reaccreditation especially noteworthy at a time when new and stricter standards are being implemented to respond to FDA concerns about commercial support.

"Our Tuscaloosa CME Program is careful to comply with new regulations," said Pamela E. Parker, M.D., Chair of the CME Committee. "Vicki Johnson, our new CME Coordinator, does a superb job in organizing the Grand Rounds schedule, and we have exceptionally cooperative and supportive sponsors for our CME programs. We are able to provide well-known expert speakers from medical specialties both within and outside of the state."

Current Sponsors for CCHS Continuing Medical Education

Abbott Laboratories	Pfizer Laboratories
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The Upjohn Company	Health & Mental Retardation

For more information or to request a CME schedule, contact Vicki Johnson, The University of Alabama, College of Community Health Sciences, (205) 348-0093.

Lister Hill (continued from page 1)

In addition to actively supporting CCHS and making a tax deductible donation to The University of Alabama, members of the Lister Hill Society receive a subscription to *On Rounds*, library privileges at the Health Sciences Library, and announcements of continuing medical education programs offered by the College of Community Health Sciences.

For more information, contact Vicki H. Johnson, Dean's Office, College of Community Health Sciences, P.O. Box 870326, Tuscaloosa, AL 35487-0326, (205) 348-0093.

Armstrong (continued from page 1)

Dr. Armstrong is a Fellow of the American Academy of Family Physicians and a Diplomate, American Board of Family Practice. He came to Tuscaloosa from Dallas, Texas, where he was Assistant Professor in Family Practice at the University of Texas Southwestern Medical Center. He also worked in the Homeless Medical Outreach Program at Parkland Memorial Hospital in Dallas. Prior to that, he was in private practice in Lewisville, Texas, and Centreville, Alabama.

The son of an Army officer, Dr. Armstrong grew up "all over," he says. He met Dr. Bill Owings of Centreville at Fort McClellan in Anniston, Alabama. Dr. Owings had been drafted out of his surgery residency and assigned to McClellan, and Dr. Armstrong's father was stationed there. Dr. Armstrong calls Bill Owings his mentor. He earned his M.D. degree at Tulane Medical School where Dr. Owings graduated. And he chose the Family Practice Residency Program in Tuscaloosa to be near him. He practiced with Dr. Owings in Bibb County before moving to Texas. He also covered Dr. Owings's practice for him in Centreville while he was on active duty in Saudi Arabia during Operation Desert Storm.

The opportunity to return to his "second home"—Alabama—came up about the same time he was tiring of commuting in traffic, city pollution, noise, and ozone alerts in Dallas. He is delighted to be back in Tuscaloosa, he says. "It's more like a small town, but it has the advantages of the University influence and activities," he remarks.

He was discussing his upcoming historical tour of Vicksburg with friends and their nine-year-old sons when I arrived to interview him. "It works out well," he told me. "We're all interested in history and we make yearly trips together. They have nine-year-old sons and I have the maturity of a nine-year-old." Hardly. Dr. Armstrong is preparing to teach a course in Dublin, Ireland, on "Ethical Responsibilities of Physicians to Dying Patients." It is part of the Hospice Development Institute 1995 Tour of the British Isles. He previously helped teach a course in medical ethics for the Department of Philosophy at Sonoma State College in California in 1989.

His interests and experience are wide-ranging. He has taught medics at the U.S. Coast Guard's Search and Rescue School. He is in the Coast Guard Reserve and serves two weeks active duty every year. He has published articles on Tuberculin testing (*Journal of the American Board of Family Practice*, May-June, 1995), universal health insurance, diagnoses made in a rural emergency room, tetracycline and minocycline, and (my favorite) "For Us, 'HMO' Meant 'Hand Money Out'" (in *Medical Economics*, April, 1988). He has served as consultant to the Texas State Board of Medical Examiners and has been Medical Director for Managed Health Plans, Hospital Chief of Staff, and Employee Health Physician. He won the Faculty Teaching Award at St. Paul Medical Center in Dallas in 1993 and earned one of only five Certificates of Appreciation given by the Texas State Board of Medical Examiners in 1993.

"Dr. Armstrong's breadth of experience—in both teaching and private practice—will be valuable in his role as Residency Director," said Dean Roland Ficken. "He brings a great deal to our program and we are pleased to welcome him to CCHS."

- Linda Jackson

On Rounds

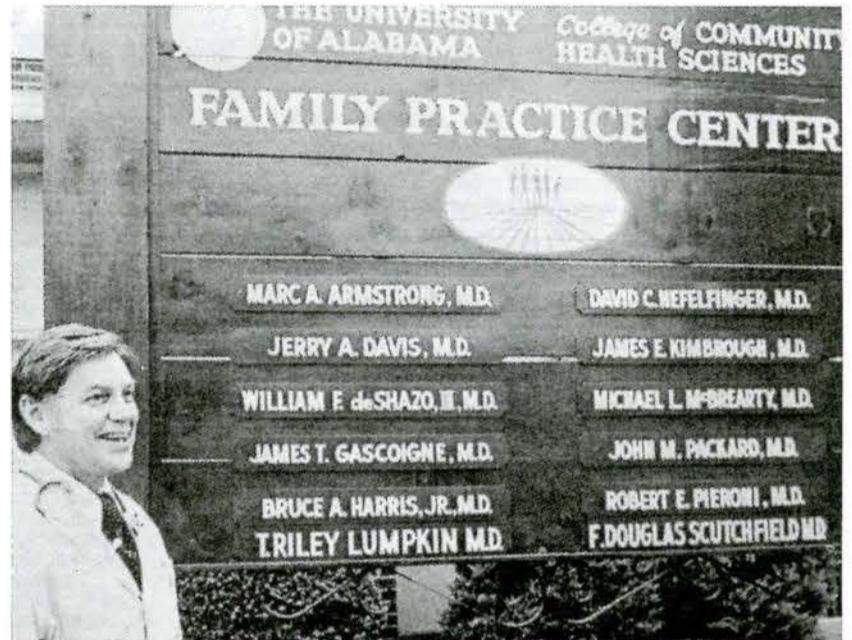
The College of Community Health Sciences is a clinical branch campus of the University of Alabama School of Medicine. Authorized by Governor George Wallace in 1972, CCHS emphasizes family practice and the other primary care disciplines and provides a sound basic medical education for all medical students assigned to this campus. CCHS also trains family doctors through a three-year family practice residency program to meet the urgent need for family physicians in Alabama, the Southeast, and the nation. A primary focus of the CCHS mission is seeking solutions for rural health care problems in Alabama and the region.

On Rounds is published quarterly by The University of Alabama College of Community Health Sciences to keep alumni and friends informed of CCHS news and issues which affect this medical school and its graduates. Please send address changes and comments about the newsletter to *On Rounds*, College of Community Health Sciences, Box 870326, Tuscaloosa, Alabama 35487-0326. The editor encourages suggestions, and contributions will be included as space permits. Please contact Linda Jackson, in the Dean's office (205) 348-1350.

Roland P. Ficken Dean
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► Dr. Riley Lumpkin poses in front of the sign for the CCHS clinic in 1974. Dr. Armstrong saved this picture with his name at the top of the sign to remember his first practice.

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