

On Rounds

The University of Alabama
College of Community Health Sciences

Volume 5, Number 3

Fall 1995

CCHS Suffers From Funding Shortages



Dr. Dean Roland Ficken (left) and John Brandon, M.D., immediate past president of the Alabama Academy of Family Practice, discuss the future of CCHS. Dr. Brandon, a former CCHS resident, practices in Gordo, Alabama.

Funding shortages are causing program and staff reductions at CCHS, the medical school program on the Tuscaloosa campus. Residents and faculty positions have not been affected. But CCHS has eliminated eight staff positions, the newsletter and the position of newsletter editor.

CCHS includes two major educational units: a Family Practice Residency Program, which provides three years of training, and training for up to 50 third- and fourth-year medical students. These students come to the Tuscaloosa campus after having completed the first two years of medical school at the main medical school campus in Birmingham.

"Our Family Practice Residency Program is one of the largest and perennially most productive programs in the Southeast, and it is gaining attention nationally. A large percentage of the graduates have gone into practice in small towns and rural areas in Alabama and the region, where doctors have long been badly needed," said Dean Roland Ficken. "The medical school program here has produced a higher percentage than the national average of graduates who have chosen careers in family practice, although many of them are distinguishing themselves in other specialties as well."

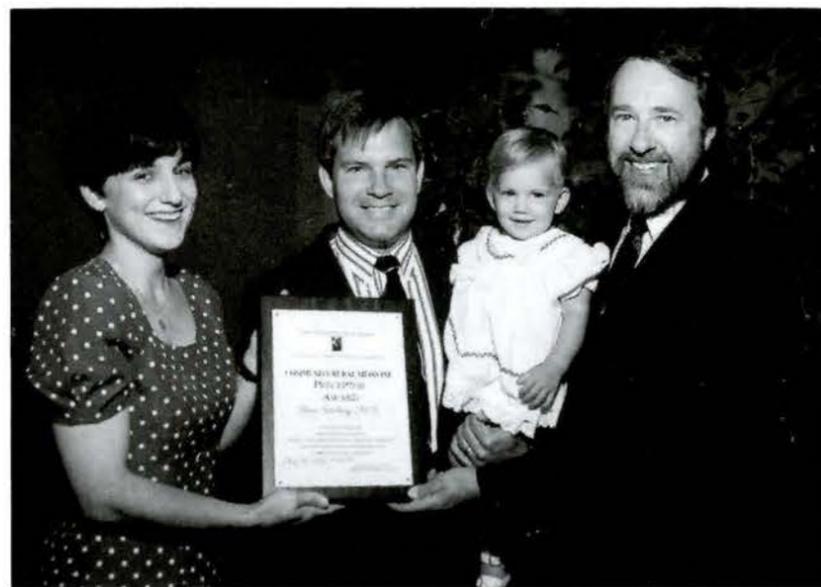
DCH Regional Medical Center recently approved an increase of \$300,000 per year for three years in additional support for the residency program. The increase just approved by the DCH Board brings the total to \$1 million per year.

"In addition, DCH and CCHS are working to develop an outpatient clinic.

Awards Presented to Outstanding Medical School Graduates



Dr. Jerry McKnight (left), Associate Professor of Family Medicine, presents the Family Medicine Award to Tracey Miles, M.D., who graduated in May. Dr. Miles has entered the Family Practice Residency Program at CCHS.



Blane Schilling, M.D., (center) of Carrollton, Alabama, received the Community/Rural Medicine Preceptor Award at Honors Convocation. His wife, Elizabeth, and daughter, Catherine were with him as he was photographed with Dr. Jim Leeper (right) who presented the award.

Twenty senior medical students at CCHS graduated from the University of Alabama School of Medicine in May, 1995. Honors Convocation for graduating medical students on the Tuscaloosa campus was held on Saturday afternoon, May 20, 1995. Departmental awards, faculty recognition, and special scholastic awards were presented during the Honors Convocation.

Hoyt Abner Childs, III (Tres), M.D., won multiple recognition at Honors Convocation. Dr. Childs received the Surgery Award and the Teresa Finney Memorial Award from the Obstetrics and Gynecology Department. He also earned the Scholastic Achievement Award for the highest grade point average during his two clinical years at CCHS, and was a co-winner of the James H. Akers Memorial Award for successfully demonstrating the art and science of the practice of medicine.

The Family Medicine Award to the senior who embodies the principles of the ideal family physician in the opinion of the faculty was presented to Tracey Miles, M.D. Dr. Miles also received the "Student of the Year" Award given by the Tuscaloosa Veterans Administration Medical Center, and she was one of two winners of the James H. Akers Memorial Award. Scott Rayburn, M.D., received the Internal Medicine Award; and Deanna Duncan, M.D., received the Robert F. Gloor Award from the Department of Behavioral and Community Medicine. Dr. Duncan was on rotation in England and was not present to receive her award.

Henry Townsend, M.D., received the Pediatrics Award and shared the Peter Bryce Award from the Psychiatry Department with Edward Perry, Jr.,

Continued on Page 10

CCHS Discontinues



Reductions in higher education funding have resulted in cost-saving measures throughout the College. The *On Rounds* newsletter has been deleted from the budget which begins October 1, 1995. This *On Rounds* will be the final issue until CCHS recovers from its current budget cuts, said Dean Roland Ficken. He hopes to avoid other cuts which may more directly affect the training program, but he has already announced some staff layoffs.

Twentieth Class Graduates From Residency Program

The 20th Annual Graduation ceremony for the Family Practice Residency Program at CCHS was held June 27. DCH Regional Medical Center hosted the dinner which preceded the awards to the graduates. Guest speaker was S. Catherine Huggins, M.D., of Stone Mountain, Georgia, who served as chief resident of the program in 1982. A native of Brookwood, Dr. Huggins is past president of the Georgia Academy of Family Physicians.

Each department of CCHS presented an award for outstanding work in that field. Honorees were:

Family Practice... Dwight Harper, M.D.
(The William F. deShazo, III, Award)

Internal Medicine... Jimmie Clark, M.D.

OB/Gynecology... Beverly Joseph, M.D.

Pediatrics..... Craig Frederick, M.D.

Psychiatry.. Kelly Elmore Hunter, M.D.

Surgery..... Wayne Kelly, M.D.

Melissa Behringer, M.D., received an award for completion of the Obstetrics Fellowship, and resident Angela Powell, M.D., received the Veterans Affairs Medical Center Award to an Outstanding Second-Year Resident. Craig Frederick, M.D., received the Society of Teachers of Family Medicine Resident Teaching Award. The William R. Willard Award to the Outstanding First-Year Resident was presented to Martin Harvey, M.D.

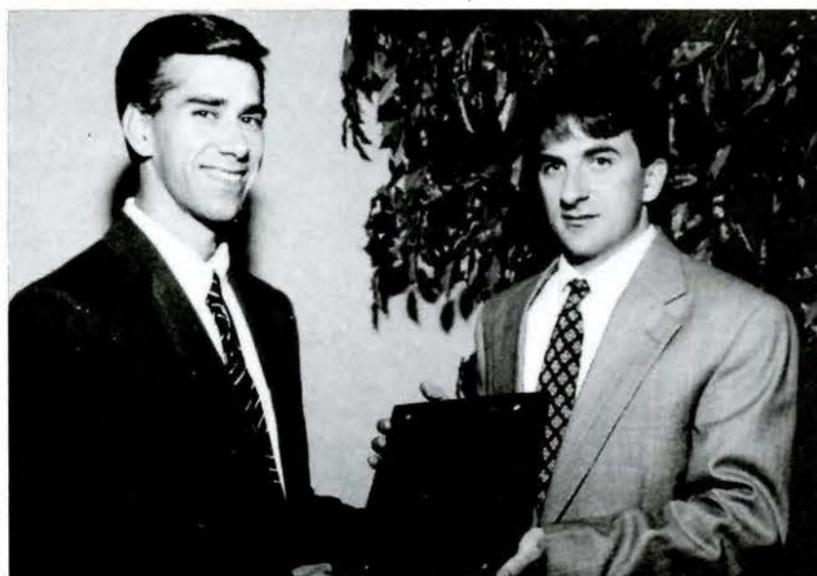
Michael A. Taylor, M.D., on the pediatric faculty, received the Golden Stethoscope Award from the graduating class, and graduates gave the Family Practice Award for excellent teaching to faculty member Dan Rodman, Pharm.D.

Chief Residents Jeff Donohue, M.D., and Wayne Kelly, M.D., were honored for their service with a monetary award and keepsake chairs imprinted with The University of Alabama seal. Naida Saunders, who retired from the Family Medicine staff, received a farewell gift.

With this graduating class, the CCHS Family Practice Residency Program has prepared 209 family practice residents for careers in primary care medicine. Since 1974 when the first resident was accepted to this graduate medical education program, CCHS has succeeded in its mission to train and place family physicians, especially in rural, underserved areas. Of the 209 residency graduates to date, 108 are in communities of 25,000 or less. "This program has begun to make a difference in the delivery of health care in those communities where patients would otherwise still be searching for a doctor or driving very long distances to find one," said Dean Roland Ficken. He also points out that this residency program is among the most productive in the Southeast, second only to the University of Miami, in producing family physicians.



The 1995 CCHS Family Practice Residency graduates (posed at their graduation dinner) and their immediate destinations for practice or further training are: Seated (left to right): Mark Miller, M.D., Kilgore, Texas; Beverly Joseph, M.D., Sylacauga, where she will join William Phillip Smith, M.D., and provide OB care; Jimmie Clark, M.D., earning a master's degree in public health at UAB and practicing in Greensboro; Kelly Elmore Hunter, M.D., Anniston; Jeffrey Donohue, M.D., Baton Rouge group practice in family medicine. Standing (left to right): Jeff Parker, M.D., Pickens County emergency room; Craig Frederick, M.D., New Iberia, Louisiana, where he will join another graduate of this program; Darien Slaughter, M.D., Sports Medicine Fellowship in Tulsa, Oklahoma; Wayne Kelly, M.D., Greensboro; Link Silar, M.D., Pickens County Emergency Room; Dwight Harper, M.D., Greensboro, Alabama, in partnership with fellow graduate Wayne Kelly, M.D.; Joe Johnson, M.D., Cullman, with CCHS graduates J. Rickey Gober, M.D., and G. Michael Machen, M.D.; and Kamlesh Desai, M.D., California.



Dr. Dan Rodman (left) received the Family Practice Award for excellent teaching. Chief Resident Jeff Donohue, M.D., presented the award.



Dr. Jeanne James (left), Assistant Professor of Pediatrics, congratulates Craig Frederick, M.D., who received the Pediatrics Award at the Residents' 1995 Graduation.



Naida Saunders (left), who retired from the Family Medicine staff last spring, got a hug from Chief Resident Wayne Kelly, M.D., at the Graduation dinner in June.

In Memoriam

Dr. L. E. Rockwell

The College of Community Health Sciences extends sympathy to the family of L.E. Rockwell, M.D., who died on August 18, 1995.

Dr. Rockwell, a family physician in Daphne, Alabama, was a staunch supporter of The University of Alabama and CCHS. He has been a member of the CCHS Capital Campaign Steering Committee since 1992.

Dr. Rockwell was born in Vinegar Bend, Alabama in 1933. He graduated from The University and the UA School of Medicine. He and his wife Elizabeth have five children. Three of their sons played football for the Crimson Tide.



Dr. Rockwell

Class of 1997 Arrives at CCHS



A new class of third year medical students arrived at CCHS last summer. They are: (1st row, l-r) David Verzino, Brad Jacobs, Joi Robinson, Alan Ogles, Drew Corbett, Kevin Lackey, Elwin Crawford; (2nd row, l-r) Jeff Ryan, Jim Rutland, April Butsch, Sarah Bisch, Jim Chaney, Steve Chandler, Erik Summers, Julie Lamb, and Kevin Giadrosich (who is on a leave of absence and will come next year); (3rd row, l-r) Larry Johnston, J.D. Bailey, Jay Parker, Jim Roper, Dan Marsh, Stephen Barnes, Jason Junkins.

The University of Alabama School of Medicine/Tuscaloosa Program is pleased to welcome 22 new medical students. They will spend their third and fourth years of medical school (the clinical years) at CCHS.

Jimmie D. Bailey, II (J.D.) received his B.S. degree from Birmingham-Southern College. He also holds a Masters Degree in Aeronautical Sciences from Embry-Riddle Aeronautical University. J.D. and his wife, Penny, have two children.

Stephen L. Barnes is from Auburn, Alabama and holds a B.S. degree and a M.S. degree from Auburn University. Stephen is single.

Sarah L. Bisch is from Huntsville, Alabama. She received her B.S. degree in Biology from The University of Alabama. Sarah is single.

April C. Butsch is from Leeds, Alabama. She received her B.S. degree in Biology from Samford University. April is single.

Stephen W. Chandler (Steve) received his B.S. degree from the University of Rochester in Rochester, NY. He also holds an O.D. degree from the University of Alabama School of Optometry. Steve is married.

James D. Chaney (Jim) attended Auburn University where he received his B.S. degree in Electrical Engineering. Jim is single.

George Andrew Corbett (Drew) is from Bay Minette, Alabama. He received his B.S. degree in Biology from Tulane University in New Orleans, Louisiana. Drew is single.

William Elwin Crawford is from Greensboro, Alabama. He received his B.S. degree in Biology from The University of Alabama. Elwin is married.

Bradley Edgar Jacobs is from Miami, Florida. He received his B.S. degree in Biology from Samford University in Birmingham. Brad is married.

Larry Ray Johnston is from Boaz, Alabama. He received his B.S. degree in Biology from The University of Alabama at Birmingham. Larry is married.

Jason Clay Junkins is from Centre, Alabama. Jason is a licensed funeral director and embalmer. He received his B.S. degree in Biology from Jacksonville State University. Jason is married.

Thomas Kevin Lackey from Gadsden received a B.S. in Biology from Jacksonville State University. Kevin is married and has two children.

Julie Anne Lamb is from Eutaw, Alabama. She received her B.S. degree in Secondary Education/Computer Science from The University of Alabama. Julie is single.

Daniel Richard Marsh (Dan) received his B.A. in Pre-Seminary from Columbia Bible College in Columbia, South Carolina and a M.A. in Hebrew Language from the Institute of Holy Land Studies in Jerusalem, Israel. Dan also holds a B.S. in Biology from The University of Alabama at Birmingham. Dan is single.

Charles Alan Ogles is from Ashland, Alabama. He received a B.S. in Biology from The University of Alabama. Alan is single.

James Lake Parker (Jay) is from Aliceville, Alabama. He received a B.S. in Biology from The University of Alabama. Jay is single.

Joi Michelle Robinson is from Birmingham, Alabama. She received a B.S. degree in Physical Therapy from Florida A&M University in Tallahassee, Florida. Joi is single.

James Franklin Roper, Jr. (Jim) is from Anniston, Alabama. He received a B.S. degree in mathematics from Virginia Military Institute in Lexington, Virginia. Jim also has earned a Ph.D. in Pharmacology from The University of Alabama at Birmingham. Jim is single.

James Henry Rutland, III (Jim) is from Hueytown, Alabama. He received a B.S. degree in Chemistry from Mississippi State University. Jim has a nine month old daughter.

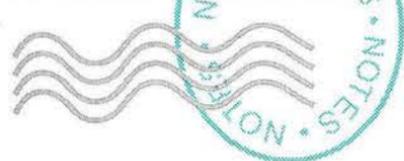
Jeff Lee Ryan received his B.S. degree in Chemistry from the University of Montevallo. Jeff and his wife, Ellen, have two children.

Erik Christian Summers is from Birmingham, Alabama. He received his B.S. degree from the University of Virginia. Erik is single.

David Theodore Verzino is from Tuscaloosa, Alabama. He received his B.S. degree in Electrical Engineering from Pennsylvania State University. David is single.

— Patti Belk

Notes from Alums



Michael Grayson Simmons, a CCHS medical student who graduated from the University of Alabama School of Medicine in 1992, has recently started a Urology residency at Henry Ford Hospital in Detroit, Michigan. His new address is 20625 Anita, Harper Woods, Michigan 48225. Phone: (313) 881-4014 or 876-2062 (office).



Frank Dozier

Frank and Daveta Dozier

live in Thomasville, Alabama, with their three children. Frank is an alum of the medical school at CCHS, and both Daveta and Frank graduated from the Residency Program here in 1985. For nine years they were partners in Family Practice there in Thomasville. Almost two years ago, Daveta gave up private practice to work part time at the Thomasville Mental Health and Rehabilitation Center as a family physician for about 150 patients there. Frank continues his private practice, and Daveta is spending time doing long-range planning for public education and serving as a trustee for her alma mater, Judson College in Marion. They are both active at Thomasville Baptist Church where Daveta is a G. A. leader and Frank is a deacon. And they both attend ballgames, T-ball practices, and dance recitals with their busy children!

Richard H. Streiffer, a 1980 graduate of the Family Practice Residency Program, has been developing a new community Family Practice residency in Baton Rouge since 1993. The Baton Rouge General Medical Center Family Medicine Residency opened in July, 1995. Dr. Streiffer was previously Director of Predoctoral Education at Louisiana State University School of Medicine in New Orleans, where he earned his M.D. in 1977. At LSU, he developed a junior clerkship in Family Practice, which is now required. He spent 1985-90 in Denver, Colorado, as faculty member and then Director of the Mercy Family Practice Residency. Contact him at: 5441 Moss Side Lane, Baton Rouge, Louisiana 70808. (504) 381-6620.

Alumni Update Form

University of Alabama School of Medicine
Tuscaloosa Program
College of Community Health Sciences

Check here: CCHS Medical Student
 Family Practice Resident

Name _____
First Middle Last

Address _____

Home Phone (_____) _____
Area Code

Office Phone (_____) _____
Area Code

M.D. degree awarded: _____
Name of Medical School Date

Residency completed: _____
Specialty Institution Date

Additional training: _____
Specialty Institution Date

Practice site: _____ individual practice _____ rural setting
_____ group practice _____ medical school
_____ hospital-based _____ military
_____ public clinic _____ other _____
_____ emergency room (specify)

Place of employment: _____
Name of business, office, clinic

City State

Other personal/professional news to share (articles published, community service, presentations or courses taught, honors, elected positions, career changes, etc.)

(Continue on separate sheet of paper, if necessary)
Return to: Dean's Office, Box 870326, Tuscaloosa, Alabama 35487-0326

Lister Hill Society Board Meets

Board members of the Lister Hill Society met on May 31 at the University Club to review Society goals and to discuss ways to expand membership to include additional supporters of medical education. Membership in the Lister Hill Society is composed of individuals, organizations, and corporations who have an interest in the advancement of health education, research, and service at The University of Alabama.

The Lister Hill Society of the College of Community Health Sciences (CCHS) at The University of Alabama is named for the late Alabama Senator who worked tirelessly to advance health care for all citizens. The Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas.

"At no time has the need for external support for the College been more pressing than it is right now," said **Dean Roland Ficken**. "Only 37 percent of our operating budget comes from the State of Alabama. This means that we must rely on external sources, including tuition, contracts and grants, and support from donors. In the past, support to the Society has enhanced our ability to train medical students and residents and has allowed for special honors to outstanding medical students and residents. It has also funded publications and special clinical meetings for medical students, our *On Rounds* newsletter for alumni and friends, computers for faculty and staff, and an indigent drug fund for needy Capstone patients," said **Dean Ficken** at the Society's May 31 meeting. He also recalled the high level of community support for the establishment of CCHS in 1972.

Assistance from the Lister Hill Society has helped the College move swiftly toward its goals.

The College's Family Practice Residency Program is now one of the largest in the nation, with 36 residents being trained at any given time. Since the first resident graduated in 1976 and established practice in Fairhope, Alabama, 60 percent of CCHS graduating family physicians have remained in Alabama to practice medicine. Counting third- and fourth-year students, CCHS has 86 physicians in training at all times here in Tuscaloosa.

In order to maintain this impressive growth, the College of Community Health Sciences has specific needs for financial support from Lister Hill Society members. These include the establishment of endowed professorships and medical student loans and scholarships; the purchase of library materials, audiovisual teaching aids, and laboratory equipment; funds for the construction of faculty office space and teaching facilities at the Capstone Medical Center; seed money for research related to the problems of rural health and clinical research relevant to primary care; and support for continuing education, consultation, and physician placement services for rural communities.

The Lister Hill Society Board Members include: **Ms. Sarah Burchfield**; **Mr. Bill Cassels**; **Wilmer J. Coggins, M.D.**, Vice President; **Ms. Susan Cork**; **Mr. Jim Flemming**; **Mr. Tommy Hester**; **Mr. Billy LaGrone**; **Ms. Alice Maxwell**; **Ms. Cathy Parker**; **Ms. Celia Partlow**; **William R. Shamblin**,

M.D.; **Ms. Julie Sittason**; **William W. Winternitz, M.D.**, President; and ex officio members **Lorin A. Baumhover**, **Roland P. Ficken**, **Judith W. Hodges**, and **Vicki H. Johnson** from the College of Community Health Sciences.

1995 Lister Hill Donors

Marc A. Armstrong	S. Catherine Huggins	Robert E. Pieroni
Daniel M. Avery	Jeanne James	Charles K. Pitt
Lee W. Badger	Richard M. Kendrick	Elizabeth H. Rand
Lorin A. Baumhover	James D. Leeper	Catherine J. Randall
William R. Bell	Harmon B. Looney	Katherine A. Roulaine
Phillip K. Bobo	John A. Mantle	Lisa R. Russell
Miriam Bradley	E. John Markushewski	Richard O. Rutland, Jr.
George Carlson	E. Eugene Marsh, III	Arthur F. Snyder
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Roland P. Ficken	Robert H. Moore	Sherry Wedgeworth
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Julia Hartman	William O. Owings	Timothy W. Winkler
David C. Hefelfinger	Robbie C. Perry	William W. Winternitz
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LISTER HILL SOCIETY

MEMBERSHIP CATEGORIES

_____ Corporate \$10,000 & More _____ Life \$5,000
 _____ Patron \$250 _____ Sustaining \$100 _____ Active \$50

I pledge \$ _____ annually in support of the Lister Hill Society at the College of Community Health Sciences. I understand that I can terminate this agreement at any time.

- My check is enclosed.
 Bill me: Annually _____ Semi-Annually _____ Quarterly _____
 Please make a payroll deduction of \$ _____ per _____ from my UA salary.
 Please call me to discuss financial options and tax advantages from a gift to the College of Community Health Sciences.

SIGNATURE _____

DATE _____

Please return to: Dr. Roland Ficken, Dean, College of Community Health Sciences, The University of Alabama, Box 870326, Tuscaloosa, AL 35487-0326.

CCHS Medical Students Get Hands-On Experience and Problem-Solving Skills

An Interview With William W. Winternitz, M.D.

Director of Medical Student Affairs

UA College of Community Health Sciences

University of Alabama School of Medicine, Tuscaloosa Program

"The medical student at CCHS has intense daily contact with faculty, sees and follows his or her own patients, makes rounds, writes the daily progress report, researches and presents cases, works in both hospital and outpatient clinic settings, and takes call with the resident on call," says **Bill Winternitz, M.D.**, when asked about the typical experience of a CCHS medical student.

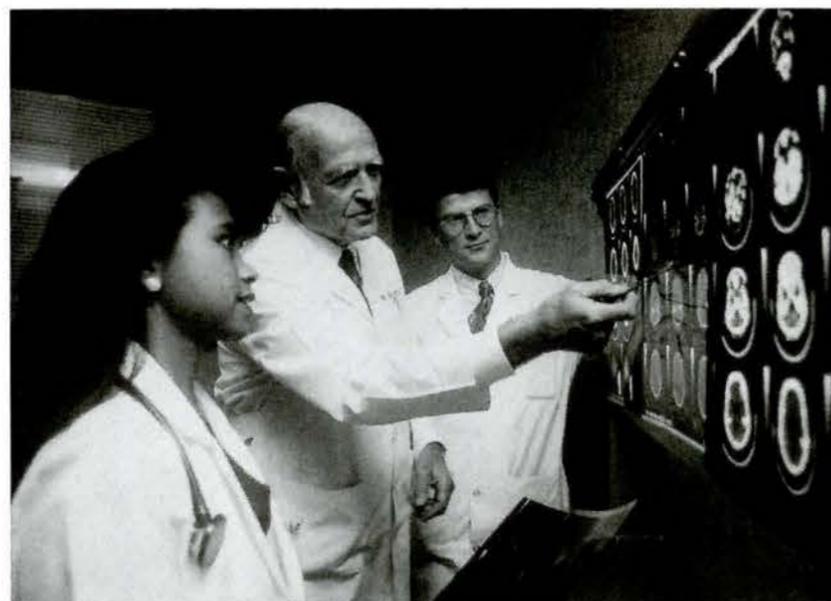
Dr. Winternitz, Professor of Internal Medicine and Director of Medical Student Affairs, thinks students in the CCHS program have an advantage because the program is small enough to allow each student to really get to know faculty and resident physicians and develop working relationships with them.

"Our students spend two to four hours a day everyday one-on-one or in small groups with faculty members. This time includes morning report, hospital rounds, and special conferences or problem-based learning (PBL) sessions," said Dr. Winternitz. Problem-based learning, a relatively new trend in medical education, has rarely been applied to clinical instruction prior to its implementation at CCHS.

Dr. Winternitz says that this "active learning" process appears to be very effective and is enthusiastically received by students. This is more like the problem solving they will do as physicians, he says. The questions are not presented to the students by the teacher but discovered and solved by the medical students. This is a method of problem solving they will use when the doctor must formulate and then find answers to the right questions.

PBL has been applied to the first two years of the medical school curriculum by several leading medical schools, but CCHS is "charting new territory by applying the PBL method to the clinical years," said Dr. Winternitz. CCHS started using PBL in 1991 during a pilot project initiated by retired **Dean Will Coggins, M.D.** PBL advocates **James Philp, M.D.**, and **Elizabeth Philp, M.D.**, have subsequently joined the CCHS faculty and are helping to shape the curriculum to include PBL. Natives of Scotland, the Philps came to CCHS from Bowman Gray School of Medicine at Wake Forest University in North Carolina, where they actively involved faculty and students in both PBL and OSCE (Objective Structured Clinical Examination), the assessment method which allows students to perform and be evaluated in simulated clinic settings with "trained simulated patients."

Medical students at CCHS are responsible for interviewing patients,



▶ Former medical student **Regina Nepomuceno** (left) with **Dr. Winternitz** (center) and former Chief Resident **Chris McGee, M.D.**, benefitted from small group and one-on-one teaching during her CCHS clinical years.

researching medical problems discovered, presenting cases, and following their own patients. They also spend two months in the field during a rural rotation. This is a unique opportunity to work closely with a small-town doctor and learn community medicine. "This is real life medicine," says Dr. Winternitz, "hands-on exposure to primary care." "In our clinic in Tuscaloosa and in the regional hospital here, patients from the area may have had little prior care. We are doing primary care. There is a mix of simple and complicated problems," he added. "However, we get our share of unusual cases, and students work with all patients."

Medical students are also exposed to crises in medical care. "There is no experience in medicine comparable to meeting a sick patient in the ER," said Dr. Winternitz, "and every fourth night, our students stay in the hospital overnight taking call with the on-call resident."

At the Capstone Clinic, students work in the different suites—Pediatrics, Ob/Gyn, Family Medicine, Psychiatry, Internal Medicine—for 20% or more of their core clerkships. They are under the supervision of faculty and resident physicians.

"I continue to get a real pleasure from getting to know medical students who will be our future doctors," said Dr. Winternitz, who serves as advisor to CCHS students. He helps them with personal or professional dilemmas, career decisions, and future training opportunities.

— Linda Jackson
 CCHS Dean's Office

Behavioral and Community Medicine Meets With Community-Based Faculty

Behavioral and Community Medicine held a joint meeting for campus faculty and community-based faculty on April 6 to share information and discuss the contribution of both to the mission of CCHS to prepare physicians for practice in rural and underserved areas. "This is the first time we have been able to get a large number of our faculty together," said Dr. James Leeper, Chair of Behavioral and Community Medicine, of the dinner meeting at the University Club. "We have wanted to do this for years, but it is extremely difficult to find a time when practicing physicians can leave their patients and academic faculty can schedule time together."

"It gave us an opportunity to hear from our adjunct clinical faculty who provide hands-on experience to CCHS medical students and residents, and it also gave faculty here a chance to share news from campus programs and committee planning," said Dr. Leeper. "We invite greater participation by our community-based adjunct faculty into curriculum planning, and we were pleased to hear from Dr. John Brandon and other CCHS preceptors that they feel the lines of communication to CCHS are open and their involvement welcomed."

Dr. Richard Rutland of Fayette, who helped to establish CCHS in the early 1970s, discussed how CCHS was founded—referring in detail to events recorded by his wife in a diary of the early efforts to charter this branch of the medical school.

Dr. John Wheat, Behavioral and Community Medicine faculty member and Director of the Agrimedecine Project, highlighted news from the Department of Behavioral and Community Medicine. He reported that 34 academically successful high school student leaders would be on campus for eight weeks in the Rural Health Scholars Program. These students will take college-level chemistry and a writing course (for possible college credit) and participate in field trips and lectures to encourage their interest in and knowledge of medicine as a career. He also gave a report on the University of Alabama School of Medicine curriculum task force, which is charged with increasing the focus on primary care.

Community/Rural Medicine clerkships for third-year medical students have been highly successful, reported Dr. Wheat. He shared student comments from their evaluations:

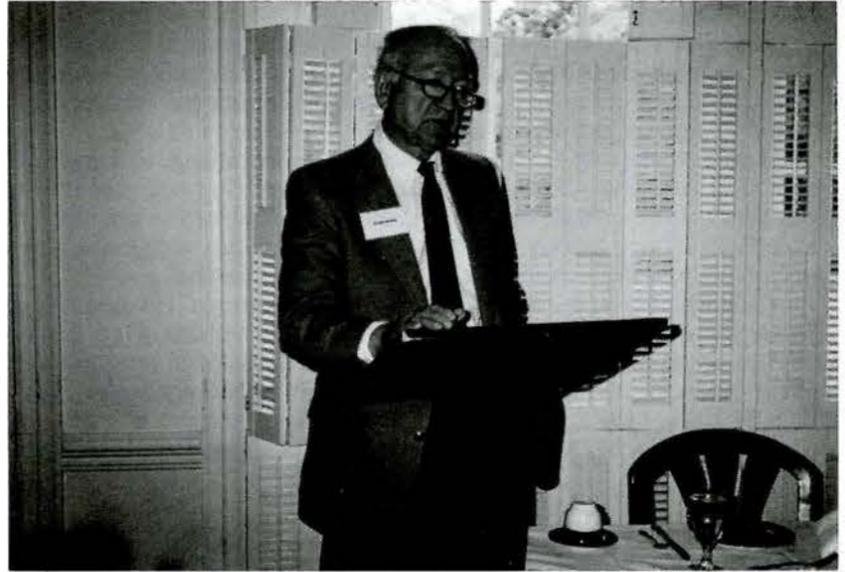
"I arranged the rotation with no intention of ever moving to any rural area . . . I now can picture myself living in the area . . . I am planning a career in family practice and public health as a direct result of my participation in the Community/Rural Medicine clerkship."

"I more than met my expectations during my clerkship and, in so doing, affirmed my choice of career as a family practitioner. I would recommend such an experience to medical students and residents regardless of their particular interest within the field of medicine."

"I became involved in discussions with a number of individuals in the community [to learn more about the county and its problems] including: my preceptors, the mayor, the probate judge, the hospital administrator, the Chamber of Commerce director, the State Department of Human Resources director, the ambulance service director, and the home health coordinator. Major areas of concern . . . [were] economy (poverty level subsistence), education, and lack of mental health and substance abuse programs."

Dr. John Brandon discussed the perspective of the practicing family physician in training future doctors. He said they enjoy the teaching and the contact with future colleagues.

The evening was concluded with an invitation to all participants to stay for a RAHA (Rural Alabama Health Alliance) business meeting led by Dr. William O. Owings of Bibb County. RAHA was formed to involve all sectors of rural communities in recruiting and retaining primary care physicians and to sharing resources and information between rural county mem-



Richard Rutland, M.D., of Fayette reviewed the early history of CCHS.



Bill Owings, M.D., of Bibb County, a CCHS adjunct clinical faculty member, conducted a business meeting for the Rural Alabama Health Alliance to conclude the BCM faculty meeting.

bers. Presently, Bibb, Fayette, and Pickens counties are RAHA members.

Attending the Behavioral and Community Medicine dinner meeting and RAHA business meeting were: James D. Leeper, Ph.D., CCHS; Richard O. Rutland, Jr., M.D., Fayette; John R. Wheat, M.D., CCHS; John E. Brandon, M.D., Gordo; William O. Owings, M.D., Centreville; Robert J. Butler, M.D., Centreville; Katherine A. Hensleigh, M.D., Butler; Ike Armstrong, Butler; William A. Curry, M.D., Carrollton; Ray Shepperd, MS III; William W. Dressler, Ph.D., CCHS; Kathryn Oths, Ph.D., UA; Garry W. Magouirk, M.D., Fayette; Richard Powers, M.D., Bryce Hospital; Colleen Beall, D.P.H., CCHS; M. Christine Nagy, Ph.D., CCHS; Chester E. Singleton, M.D., Greensboro; Elizabeth Ruben, M.D., Bryce Hospital; Albert T. White, Jr., M.D., Tuscaloosa County Health Department; Michael McBrearty, M.D., Fairhope; M. Blane Schilling, M.D., Carrollton; Melissa Behringer, M.D., CCHS OB fellow; Lorin A. Baumhover, Ph.D., CCHS; William H. Lang, Jr., Carrollton; Earnestine J. Tucker, West Alabama Health Services, Eutaw; A. Robert Sheppard, M.D., Carrollton; Robert H. Garner, Ph.D., UA; Dan James, Bibb County; Harry J. Knopke, Ph.D., CCHS, UA; Robert H. McKenzie, Ph.D., UA; Aprile Brown and Julie Thorn, Rural Health Scholars (UA undergraduate students).

New Residents Enter Family Practice Program



Front row, left to right: Jayson Fields, Paul Guilbault, Kent Kanatani, Tracey Miles, and Ann Drum. Second row, left to right: Mike Dupré, David Williams, David Zielinski, and Paul Fredette. Back row, left to right: Dr. Marc Armstrong, Residency Director; Clint McEntyre, and Chris Sward.

The CCHS Family Practice Residency Program welcomed eleven new physicians on July 1, 1995. Residents in Tuscaloosa spend three years in the program receiving training in all facets of medical practice. Residents treat patients at the Capstone Medical Center in two family practice clinics and they get hospital inpatient experience with patients at DCH Regional Medical Center and the Tuscaloosa Veterans Administration Medical Center. New resident doctors are:

Ann Hart Drum, M.D., from Birmingham, graduated from Samford University and the University of Alabama School of Medicine (UASOM). She and her husband John moved to Tuscaloosa for her to complete her clinical training here, and she planned to stay after her June, 1995 graduation to complete her family practice residency at CCHS. Her interests are vocal performance, walking, biking, writing, and reading.

Mike Dupré, M.D., graduated from Louisiana College in his hometown of Pineville, Louisiana. He earned his M.D. degree in May, 1995 from Louisiana State University Medical Center in New Orleans. His interests are dancing, hunting, fishing, golf, and Cajun cooking. His wife's name is Leah.

Jayson Fields, M.D., is from Cartersville, Georgia. He graduated from the University of Georgia, Athens, and earned his M.D. in May, 1995 from Emory University School of Medicine in Atlanta, Georgia. He lists his interests as intramural sports, running, weight lifting, hunting, fishing, and cooking. His wife's name is Katherine.

Paul Fredette, M.D., earned his medical degree from UASOM in June, 1995, after graduating from the University of Georgia, Athens. A native of Atlanta, he enjoys mountain biking, racquetball, tennis, art, and

backpacking. He is single.

Paul Guilbault, III, M.D., from New Orleans, graduated from Notre Dame and earned his M.D. in May, 1995 from Louisiana State University School of Medicine. He is single, and his interests include golf, weight lifting, football, jogging, and sky diving.

Kent Kanatani, M.D., is from Baton Rouge, Louisiana, and graduated from Louisiana State University in his hometown. He completed medical school at Louisiana State University School of Medicine in May, 1995. He is married to Tracy and enjoys playing guitar and piano, composing poems and music, and the outside sports—football and baseball.

Clint McEntyre, Jr., M.D., is from Blakely, Georgia. He attended the University of Georgia in Athens and Georgia Tech in Atlanta. He completed his clinical years at CCHS and graduated from UASOM in June, 1995. He enjoys outdoor activities, all sports, and animals (especially birds). He and his wife Kellie have a nine-year-old son, Jordan.

Tracey Miles, M.D., of Fort Mitchell, Alabama, graduated from Mercer

University in Macon, Georgia, and the University of Alabama School of Medicine (UASOM). She spent her clinical years of medical school at CCHS, finishing in June, 1995. She is single and enjoys piano, singing, walking, and movies.

Chris Sward, M.D., graduated from Davidson College (in North Carolina) and Emory University School of Medicine in Atlanta in May, 1995. He enjoys sports, especially golf and softball, bicycling, and playing the guitar. His wife's name is Lisa.

David Williams, M.D., from Bartlesville, Oklahoma, graduated from Baylor University in Waco, Texas, and in May, 1995 received his M.D. degree from the University of Oklahoma College of Medicine. He is single and enjoys fishing, hunting, basketball, volleyball, and college sports.

David Zielinski, M.D., is from Merrillville, Indiana. He graduated from Loyola University and Rush Medical College, both in Chicago, Illinois. He is single and his interests are music, sports, literature, art, and motion pictures.

OSCE Gives Medical Students a Chance to Show Their Skills

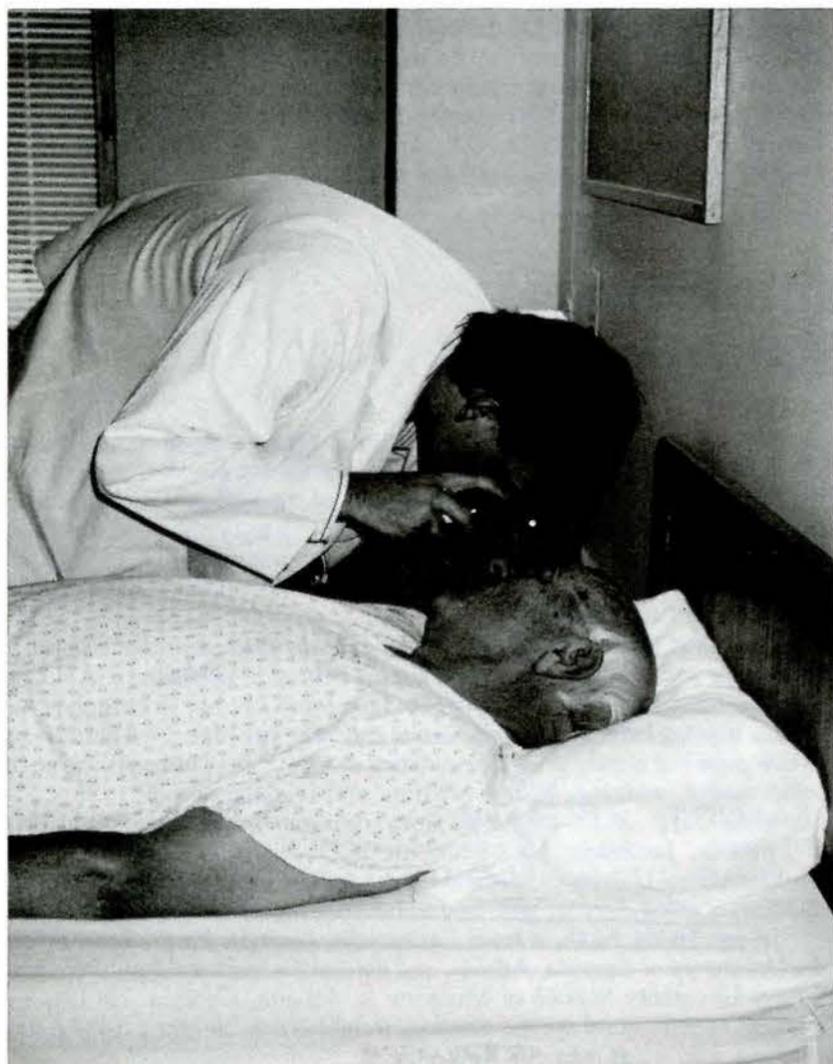
The University of Alabama School of Medicine, Tuscaloosa Program, conducted examinations of senior medical students in June. During the test, trained volunteers from the community acted as patients pretending a set of symptoms and a medical history which the student had to elicit during his or her "examination" of the "patient." Students were judged on how thoroughly they questioned and examined the "patient" and on their interpersonal skills.

The test was directed by **Elizabeth Philp, M.D.**, Associate Professor of Family Medicine at the UA College of Community Health Sciences, a branch of the medical school here in Tuscaloosa. Pat Norton, Medical Education Facilitator at the College of Community Health Sciences, was the standardized patient trainer. The test was held in the new Claude Harris Building at the Veterans Affairs Medical Center on a vacant floor that will soon be filled with patients. Dr. Philp developed procedures for the "OSCE" (Objective Structured Clinical Examination) at Bowman Gray School of Medicine (Wake Forest University in North Carolina) before coming here as a faculty member and family physician at Capstone Medical Center. Volunteers were recruited from both The University and the community to assist with the details of the finely tuned testing situation. Helping with the exam were Don Beard, Steve Borrelli, Sada Brown, Shannon Causey, Aimee Chism, Robert Colburn, Earnestine Collins, James Cowden, Steve Danford, Kristi Englebert, Terry Ernsberger, Nicolle Escuriex, Angie Giglotto, Sarah Hagler, John Hamilton, Liz Henry, Edward Henson, Bob Hepburn, Lee Ann Herrin, Bobby James, Trice Keene, Oliver Kellams, Molly Markin, Myles Marques, Elizabeth Marsh, Wayne McDaniel, Burdell Page, Norman Prickett, Brian Reed, Traci Rice, Blair Ross, Jackie Self, Tonia Townsend, Jennifer Vaughn, Jessie Ward, and Allison Watters.

"Many of the volunteers expressed how much they enjoyed the experience, and several of them have made new friends and acquaintances," said Dr. Philp. "They are already planning get-togethers and fishing trips!"

Medical school graduates may soon be required to demonstrate their skills in a similar examination to be licensed by the National Board of Medical Examiners. In the past, the Board has issued licenses after new physicians pass a written examination.

Dr. Philp is conducting research with the National Board of Medical Examiners regarding training volunteers to be "simulated patients" and to evaluate the clinical skills of future doctors of America.



▶ Volunteer James Cowden simulates a stroke victim during his examination by medical students during OSCE. 155 medical students from all three UA School of Medicine campuses participated in the OSCE.



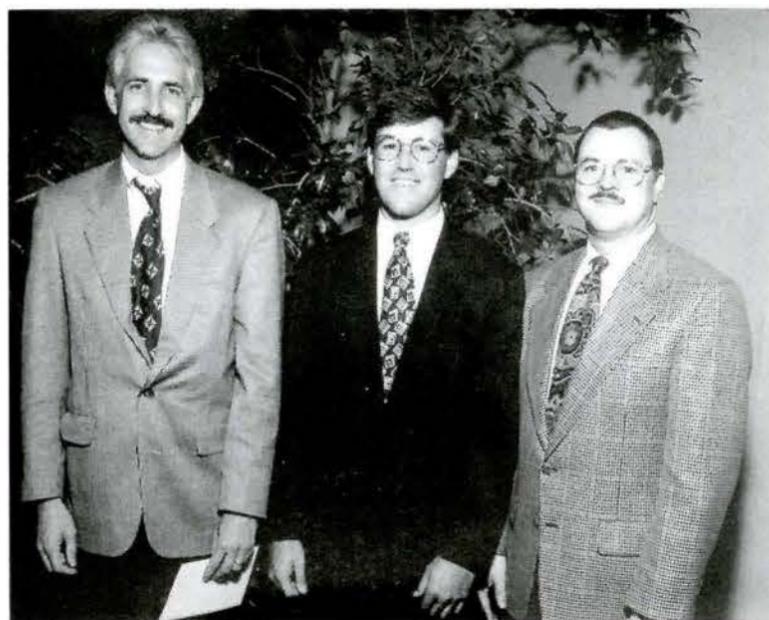
▶ Elizabeth Philp, M.D., (left) evaluates a Birmingham medical student as she counsels volunteer Earnestine Collins (right), a simulated patient who has just learned she has a terminal illness.

Surgery Chiefs Named

Joseph C. Wallace, M.D., has been appointed as Discipline Chief of the Department of Surgery for the College of Community Health Sciences, and **Timothy W. Winkler, M.D.**, has been appointed Associate Discipline Chief. "We are most fortunate to have recruited these two surgeons who bring a great deal of interest, enthusiasm, and energy to our surgical programs," said **Dean Roland Ficken**, in announcing the appointments.

Dr. Joe Wallace graduated from The University of Alabama in 1978, and received his M.D. degree from the University of Alabama School of Medicine in 1982. He completed his internship and residency in general surgery at the University of South Alabama Medical Center. He is certified by the American Board of Surgery, and he is a candidate for the American College of Surgeons. He has served as a clinical assistant professor at CCHS since 1987. He and his wife **Henrietta** have three children.

Dr. Tim Winkler received his B.S. degree in Biology from Oklahoma Christian College in 1982. He graduated from the University of Alabama School of Medicine in 1988, and he trained in his surgery specialty at Mayo Graduate School of Medicine. He is a Board certified surgeon, and he served as general surgeon at Nashville Memorial Hospital in 1993 after completing residency training. A member of the American College of Surgeons and the Priestly Society since 1993, he has been a clinical assistant professor of Surgery at CCHS since 1994. He and his wife **Camille** have two young children.



▶ Dr. Wallace (left) and Dr. Winkler (right) with Tres Childs, Surgery Award winner at Honors Convocation last May.

Dr. James Leeper Awarded 1995 Outstanding Commitment to Teaching



Dr. Leeper

Dr. James Leeper, Professor and Discipline Chief of Behavioral and Community Medicine at CCHS, received one of four 1995 Outstanding Commitment to Teaching Awards from The University of Alabama National Alumni Association.

Dr. Leeper's primary teaching responsibilities include teaching biostatistics and epidemiology and supervision of medical students during their Community/Rural Medicine Clerkship in rural areas.

His current research activities include work in infant mortality, rural health, health status of Alabama and mental health in primary care. His work in these areas and others have resulted in numerous referred papers, presentations and book chapters.

Nationally, Leeper serves on several committees for the American Public Health Association and the American Statistical Association. In Alabama, he serves on the West Alabama Regional Perinatal Advisory Committee and the State Perinatal Advisory Committee.

At UA, he has served on 13 M.S. committees and 67 Ph.D. committees. He serves on the Graduate Council and the Research Grants Committee and just completed a term as co-chair of the Faculty Senate's Finance Committee.

Leeper earned his B.A. (Phi Beta Kappa), M.S. and Ph.D. from the University of Iowa.

The annual Outstanding Commitment to Teaching Awards are given by the UA National Alumni Association.

Goldenberg to Give Bahar Lecture on December 15



Dr. Goldenberg

"Premature Birth and Little Babies" is the topic of the Natica Bahar Memorial Lecture on December 15, 1995. Robert L. Goldenberg, M.D., a specialist in Maternal-Fetal Medicine in the Department of Obstetrics and Gynecology at the University of Alabama at Birmingham, will speak on developments in treatment of prematurely born infants. The lecture, which is sponsored by Dr. David Bahar of Tuscaloosa in memory of his late wife, is presented annually to bring experts in all medical specialties to the CCHS Continuing Medical Education series.

Dr. Goldenberg is a graduate of Columbia University and the Duke University School of Medicine. He also trained with the National Institutes of Health Endocrine-Infertility Section of Child Health and Human Development and Yale University School of Medicine. He was an Assistant Professor of OB/GYN and Director of the Yale Infertility Clinic at Yale and has held a number of positions at UAB in the School of Medicine and School of Public Health. He is presently chairman of the Department of Obstetrics and Gynecology at UAB. He has previously been Director of the Bureau of Maternal and Child Health with the Alabama Department of Public Health and chairman of the Department of OB/GYN at Cooper Green Hospital in Birmingham. Dr. Goldenberg has published more than 200 articles, books, and book chapters related to pregnancy and birth.

Lunch will be served at noon, and the lecture will begin at 12:15 p.m. in the Willard Auditorium.

Grand Rounds Fall Schedule

University of Alabama School of Medicine - Tuscaloosa Program September 1995 - December 1995

Grand Rounds is a series of Continuing Medical Education (CME) lectures produced by CCHS and sponsored by a number of health and medical organizations and pharmaceutical companies, including Abbott Laboratories, Alabama Department of Mental Health, Bristol-Meyers Squibb, CIBA-GIEGY Corporation, Glaxo, Genetech, Janssen Pharmaceuticals, Merck & Co., Park Davis, Pfizer Laboratories, Roche Laboratories, Rhone-Poulenc Rorer Pharmaceuticals, Roerig, Searle Laboratories, and The Upjohn Company.

Lectures are held each Friday in the Willard Auditorium, UA Educational Tower at DCH Regional Medical Center. Lectures begin at 12:15 and end at 1:15 p.m. CME credit is available. For more information, contact Vicki Johnson, CME Coordinator, Dean's Office, CCHS, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-0093.

DATE	SPEAKER	TOPIC
September 1	Douglas A. Drossman, M.D., Professor of Medicine, Division of Digestive Diseases, University of North Carolina School of Medicine, Chapel Hill	"Irritable Bowel Syndrome"
September 8	Robert C. Bourge, M.D., Professor of Medicine, Division of Cardiovascular Disease, University of Alabama School of Medicine, Birmingham	"The Therapy of Advanced Heart Failure: Medical and Interventional Options"
September 15	Steven L. Dubovsky, M.D., Professor of Psychiatry and Medicine; Vice Chairman for Clinical Affairs, Department of Psychiatry, University of Colorado School of Medicine, Denver	"Overview of Antidepressants"
September 22	Richard R. Irons, M.D., Private Practice in Behavioral Medicine, Peachtree City, Georgia	"Sexual Boundary Problems in the Practice of Medicine"
September 29	Peter G. Pappas, M.D., Associate Professor of Medicine, Division of Infectious Diseases, University of Alabama School of Medicine, Birmingham	"Tick-Borne Infections"
October 6	George H. Wolfe, Ph.D., Professor of English, The University of Alabama	FIRST FRIDAY CONFERENCE: "Religious Freedom and the First Amendment"
October 13	Patricia Perry-Rooks, M.D., Pediatrics, Riverchase Family Health Center, Birmingham, Alabama	"Substance Abuse"
October 20	Robert Kreisberg, M.D., Director of Medical Education, Baptist Hospital, Birmingham, Alabama	"Treatment of Dyslipidemia"
October 27	Christopher Moir, M.D., Assistant Professor of Surgery, Mayo Medical School, Rochester, Minnesota	"Abdominal Pain in Children"
November 10	Gerald L. Summer, M.D., Medical Director, Physician Recovery Network, The Medical Association of the State of Alabama, Montgomery	"Physicians and Substance Abuse"
November 13-17	CANCER WEEK	
November 13	David L. Hinton, M.D., DCH Cancer Treatment Center, Tuscaloosa, Alabama, and S. Colleen Beall, D.P.H., Research Associate, Center for the Study of Aging, and Assistant Professor of Family Medicine, The University of Alabama School of Medicine, Tuscaloosa Program, College of Community Health Sciences	"Epidemiology of Cancer"
November 14	Sten H. Vermund, M.D., Ph.D., Professor and Chairman of Epidemiology, University of Alabama School of Public Health, Birmingham	"Viral Related Carcinomas"
November 15	Merle M. Salter, M.D., Professor and Chairman, Radiation Oncology Department, University of Alabama School of Medicine, Birmingham	"Radiation Therapy"
November 16	Donald M. Miller, M.D., Ph.D., Professor and Director, Division of Hematology/Oncology, University of Alabama School of Medicine, Birmingham	"Chemotherapy"
November 17	Wesley L. Spruill, M.D., DCH Pain Clinic, Tuscaloosa, Alabama	"Advances in Pain Control"
December 1	Franck Avril, M.M., Professor of Oboe, School of Music, The University of Alabama	FIRST FRIDAY CONFERENCE
December 8	Louis W. Heck, Jr., M.D., Associate Professor of Medicine, Division of Clinical Immunology and Rheumatology, University of Alabama School of Medicine, Birmingham	"Rheumatoid Arthritis"
December 15	Robert L. Goldenberg, M.D., Charles E. Flowers Professor and Chairman, Department of Obstetrics and Gynecology and Principal Investigator, Low Birthweight Patient Outcomes Research Team (PORT), University of Alabama School of Medicine, Birmingham	NATICA BAHAR MEMORIAL LECTURE "Premature Birth and Little Babies"
December 22	Christopher Truss, M.D., Professor of Medicine, Division of Gastroenterology, University of Alabama School of Medicine, Birmingham	"When to Treat Hepatitis C"

Successful Medical Students Proving Early Identification Works

Students "in the Pipeline" Becoming Physicians

Henry Townsend, who graduated from medical school here in May, is "one of the students we found in high school," says CCHS Professor Harry J. Knopke, Ph.D. Actually, he says, his high school biology teacher at Central here in Tuscaloosa "found" him and "encouraged us to let him do some special work in the University's Microbiology Department during high school." He was not eligible for the BioPrep Program for rural high school students, but he did get a chance to do the work his teacher wanted for him. There were other students helped through BioPrep.



▶ Dr. Harry Knopke (left) with Henry Townsend, who graduated from medical school this year. Dr. Townsend won awards for excellence in pediatrics and psychiatry and the William R. Willard Award to the graduate who best exemplifies the primary care physician.

Cedric Harris is a fourth-year medical student at the College of Community Health Sciences (CCHS). He is also a native of Forkland in Greene County, a small community near Demopolis, Alabama. His mother, a Stillman College graduate, is a supervisor at a Vanity Fair manufacturer and his father manages a grocery store. His parents always stressed the importance of good grades and going to college, says Cedric, but he never considered medicine as a possible career until he was chosen to participate in the Biomedical Sciences Preparation (BioPrep) Program, a program for rural students.

Harris, who was a high achiever in math and science and maintained the overall "B" average required to stay in the BioPrep Program, took

accelerated courses in grades 8-12 at Paramount High School in Boligee. He said his interest in medicine was confirmed during the anatomy and physiology course he took in the 12th grade in which he had actual cases to research. He also thought that summer classes he took while living on campus encouraged him to pursue premed. While he worked for Drs. FitzGerald and Perret in Demopolis, he met CCHS medical students John Crommett and Henry Townsend on rotation there and decided to come to CCHS to get the unique hands-on training provided in the CCHS settings.

Harry J. Knopke, Ph.D., a member of the Behavioral and Community Medicine faculty at CCHS and also UA Vice President for Student Affairs, thinks that programs like BioPrep are important in the overall effort to find and help students who might otherwise not go into health sciences or other professional fields.

Dr. Knopke speaks of "students in the pipeline," when he talks about these programs. "University of Alabama programs which have identified and cultivated prospective premed and medical students while they are still in high school have had a pipeline effect," he says.

The University's Macy BioPrep Program in the late 1980s was assisting 35 rural schools with teacher training and support activities and on-campus summer programs for students in the BioPrep core curriculum classes in English, Social Studies, and accelerated math and science classes at their local schools.

"We maintained personal contact with all the students in the early years," said Dr. Knopke, "and we have followed the first of these BioPrep students as they entered medical school and became physicians. Others have succeeded in law school, the MBA Program, and other graduate programs."

As the program grew and more schools requested UA assistance, the travel time and costs became prohibitive, and The University developed a distance learning program through its Center for Communication and Educational Technology (CCET) in the Division of Student Affairs. William Larry Rainey, Ph.D., Director of CCET and Project Director for Integrated Science, said the Integrated Science Project, evolved from BioPrep, was begun during the 1991-92 school year. "In four years the project has grown over 1,000%," he said, "and currently involves more than 120,000 middle school students in 15 states, and Quebec Province in Canada."

Dr. Knopke said his objective to find and encourage rural, minority, and/or disadvantaged students who would be likely to succeed in college and medical school and then return to practice medicine in rural areas is being realized as students like Henry Townsend, M.D., Cedric Harris, MS IV, and Alan Pickens, M.D., complete medical training.

Former Residents Contribute to Capital Campaign

deShazo Shares Accomplishments of CCHS Alums

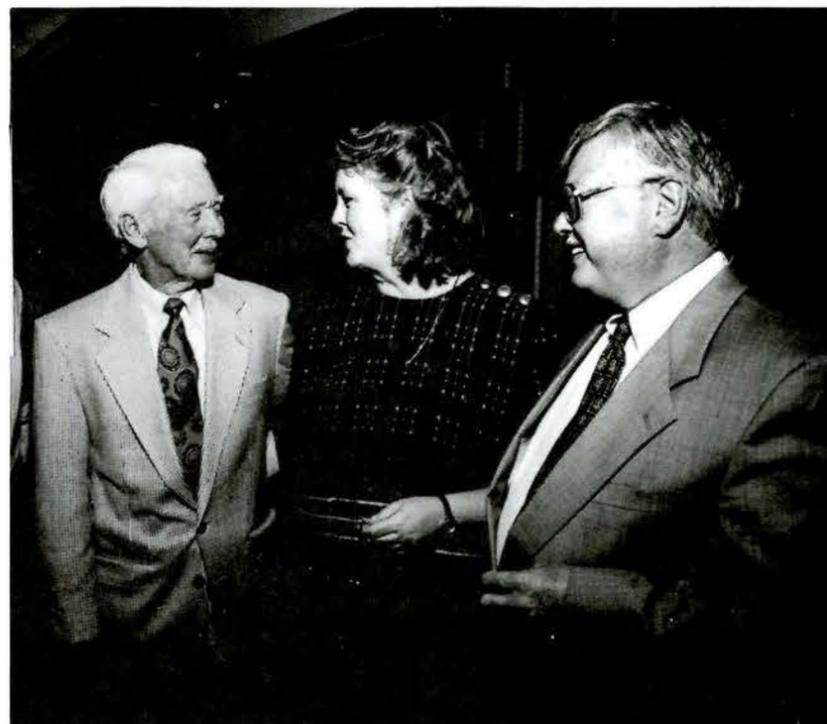
CCHS Capital Campaign goals to fund professorships and chairs in Family Medicine are getting a boost from former residents in a Residents Drive led by Chief Residents for each graduating class of the Family Practice Residency Program since 1974.

The Gerald Wallace Chair of Family Medicine, the first for CCHS, was recently funded by Celia Wallace with a one million dollar contribution in honor of her late husband. Former residents have pledged \$70,000 toward a second chair of Family Medicine since their drive began in January. Professorships in Pediatrics, Surgery, Internal Medicine, Behavioral and Community Medicine, Psychiatry and Neurology, and a chair in Obstetrics and Gynecology are also goals of CCHS's Campaign.

Contributors to the Residents Campaign to date are: J. Russell Barnes, M.D. (1980); Robin S. Barton, M.D. (1990); R. Carl Brutkiewicz, M.D. (1993); Thomas J. Burchett, M.D. (1981); Lisa D. Columbia, M.D. (1992); Martha H. Crenshaw, M.D. (1981); Mark F. Dean, M.D. (1982); Bob A. Grubbs, M.D. (1990); Johnstone P. Hollis, M.D. (1984); S. Catherine Huggins, M.D. (1982); Sandral Hullett, M.D. (1979); Michael McBrearty, M.D. (1976); Karen E. Stone, M.D. (1982); W. Larry Tucker, M.D. (1981); Timothy E. Whalen, M.D. (1981); Thomas P. Winkler, M.D. (1990); and Robin Barton, M.D. (1990).

William F. deShazo, M.D., Professor Emeritus of Family Medicine, who visited with many of the former Chief Residents to kickoff the drive, said he is very impressed with the success of CCHS-trained physicians. He and Dean Ficken made visits to family physicians in three states to launch the drive in which Chief Residents are contacting their former classmates.

"Our alumni have been State President for American Academy of Family Physicians (AAFP) state chapters seven times," said Dr. deShazo. Dr. Cathy Huggins (1982) is past President of the Georgia Chapter of the American Academy of Family Physicians where she was also named Family Practitioner of the Year. She was the speaker for the 1995 Residents' Graduation dinner in June. Alabama Chapter President John E. Brandon, M.D., of Gordo, finished his CCHS residency in 1981, and Garry Magouirk, M.D., of Fayette (Class of 1983), will succeed him next year as Alabama Chapter President. Michael McBrearty, M.D., of Fairhope (1976), and Preston A. McDonald, M.D., of Anniston, Alabama (1980), have also served as Alabama Chapter Presidents. In Louisiana, E. Edward Martin, M.D., from Mandeville (1984), is the upcoming State President, and Robert E. Lahasky, M.D., of New Iberia, Louisiana (1985), has also served as Louisiana State President.



▶ Dr. deShazo (left) and Dean Ficken (right) talk with Dr. Cathy Huggins, a former Chief Resident who is helping with the Residents' drive to fund a Chair in Family Medicine.

"I think that is a very impressive statistic for such a young program," said Dr. deShazo. "And our graduates are meeting such a variety of medical needs in their communities," he added. "Some are delivering 30 babies a month while others are including Occupational Medicine with their family practice to address the needs of local industry." Dr. deShazo also shared a compliment from Sports Medicine specialist James R. Andrews, M.D., at HealthSouth in Birmingham with whom he spoke at a Hall of Fame dinner honoring James H. Goostree, who retired from the UA Athletic Department. "He said Craig Buettner, M.D., Chief Resident, 1993-94, who just completed a Sports Medicine fellowship at HealthSouth, is one of the best fellows they ever had!" Dr. deShazo added that CCHS medical students who go to residencies in Internal Medicine at Carraway Methodist Medical Center have also been highly commended by internist Dennis Delgado, M.D.

Herbert A. Stone, M.D.

Dr. Herb Stone's front bumper plate says "Dr. Rock," and he jokes that his next career will be that of a rock singer. He does enjoy the guitar, and his interests and achievements vary enough to keep the idea from seeming impossible, especially since his philosophy is that "Everything up to the age of 40 is just rehearsal."

After completing his family practice residency in Tuscaloosa, he spent twelve years in private practice of family medicine in Mobile, where he also ran for mayor in 1985. He didn't get very far in politics (he came in second, losing to the incumbent), he said, though he "beat Jesse Jackson's \$1.10 cost per vote." But he said his campaign taught him politics is about name recognition which requires finance. His name recognition did not get him elected, but the race made him "very well known in medicine!"

A former Marine, Dr. Stone was in a National Guard unit which was activated for Desert Storm in 1991. While Dr. Stone was at Redstone Arsenal training to go to the Middle East, the war ended. "Saddam Hussein quit when he heard I was coming!" he teases. But Desert Storm did change the course of his life.

He did not return to his solo private practice even though Dr. Max McLaughlin, a retired general, had kept his Mobile office staffed with volunteers to keep his practice going during Dr. Stone's absence. He turned instead to emergency room medicine which he had become involved in with Dr. Larry Sullivan's staffing company in the Huntsville-Decatur area during his Redstone stay. To be close to his daughter, Mary, who lives with her mother in Mobile and goes to Catholic high school there, he returned to South Alabama and settled at the Yacht Club in Daphne, where he can see the Bay from his window and "nobody comes by on a whim." Dr. Stone staffs the Emergency Room at Knollwood Hospital, which is affiliated with the University of South Alabama College of Medicine. He also works part time at the Mobile Infirmery emergency room, which he calls "the real world" as compared to the "university world." He likes to "keep in touch" with the older patients and the "real world" of "Old Mobile" that he sees at the Mobile Infirmery, he says.

Dr. Stone was wearing a Mobile Bar Association Run tee-shirt on the day I visited him. When asked if he is a runner, he smiles and says, "I do it for the tee-shirt. I'm the guy in the Azalea Trail Run (of 10,000 meters) who is half way through when I hear on my headphones who won!" Mary is the athlete in the family, he says. She plays varsity volleyball and basketball at her high school, and he sees her play as often as he can.

His son, Herbert III (Trey), who gave him the Dr. Rock bumper plate, is an engineering student at Morehouse College in Atlanta, where Dr. Stone himself graduated.

"He has seen the reality of being a doctor," says Dr. Stone about his son's choice of career field, "where you give everything to everybody every hour of the day" (referring to his solo practice). "Our generation had a more 'pedestal' image of a doctor," he adds and tells a story he likes about a lawyer in Heaven who complained to St. Peter about the doctor who broke in the front of the lunch line every day. "That's just God," said St. Peter. "He likes to 'play doctor' sometimes." On a more serious note, Dr. Stone adds, "Those to whom much is given, much is required."

Dr. Stone went to medical school at Emory upon the advice of Dr. Gordon Barrell. He worked with Dr. Barrell at Georgia Medical Center, where Dr. Stone worked as a coordinator at the Regional Cancer Center running a tumor registry after he finished his stint in the Marines.) He chose



Herbert A. Stone, M.D.

Profiles

Herbert A. Stone, M.D., a member of the Capital Campaign Steering Committee, was Chief Resident of the Tuscaloosa Family Practice Residency Program in 1979. He is profiled in this issue in this series about the Campaign Steering Committee's volunteer members.

Michael McBrearty, M.D., the first Chief Resident at CCHS, is leading the residents' drive to fund a chair of Family Medicine, one of the goals of the Capital Campaign. In this issue, On Rounds profiles Dr. McBrearty and his wife Cindy, who live in Baldwin County where Dr. McBrearty practices family medicine and Mrs. McBrearty, according to more than one source, "runs Fairhope!"

Volunteers for the CCHS Capital Campaign are working to raise \$6 million to endow permanent chairs and professorships for medical faculty at the University of Alabama School of Medicine, Tuscaloosa Program. The CCHS campaign is part of "The Campaign for Alabama," the most ambitious private fund-raising effort ever launched at The University of Alabama, one aimed at putting the Capstone in the top ranks of higher education.

CCHS Capital Campaign Steering Committee

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Tuscaloosa, Alabama

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James Beard, Birmingham
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Cynthia F. Thomas, Tuscaloosa
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Robert L. Yoder, Jr., M.D., Florence

family medicine as his specialty and came to Tuscaloosa for his residency. He liked the fact that in the Tuscaloosa program, he did not have to "fight OB residents to learn to deliver babies" or "fight surgery residents to get to assist with an appendectomy."

He recalls the early days of CCHS when he came here in one of the first residency classes with a nostalgic smile. He said he doesn't know where they take the doctors they recruit now, but "Dr. (Bill) deShazo, then head of the Residency Program, took all of us out to a real hole-in-the-wall bar downtown, on our first night in town." He still teases Dr. deShazo about "getting tired of working" (Dr. deShazo had a big family practice in Jackson, Alabama) and going to Tuscaloosa. But his respect for the program, his mentors, and his specialty are evident.

"The 'Gatekeeper' concept of managed care bears out that there will be a surplus of medical specialists by the year 2000," he says. "Neurologists are now retooling to be primary care practitioners."

He finds his training and experience valuable in the "primary care" world of emergency medicine where any and all medical problems may present. And he misses the relationships a family physician has with his patients.

Nobody calls him on his car phone these days but Mary, he says. But this is the doctor who likes to say, "Give people a piece of your heart instead of a piece of your mind." Sounds like a family doctor to me.

— Linda Jackson

Michael McBrearty, M.D.

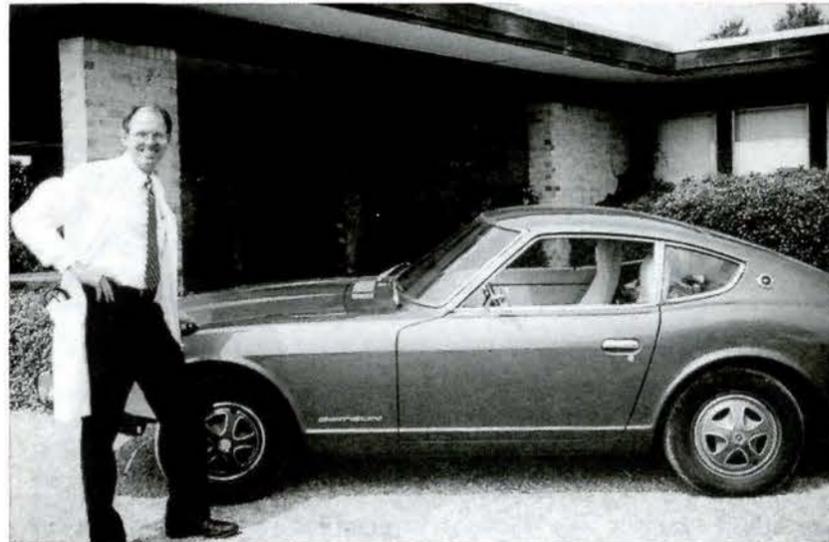
Michael McBrearty, M.D., was Virginia-born and military-bred. His father retired from the Air Force and went to work at Redstone Arsenal in Huntsville, where Dr. McBrearty graduated from Butler High School. The second of seven children in the Catholic family, he always had his eyes on college. ("The first son, of course, was supposed to be a priest," he said. His older brother is career Air Force.) Dr. McBrearty wanted to be a jet fighter pilot. He failed to get into Advanced ROTC at The University of Alabama because of a tennis injury to his knee.

He majored in chemistry with minors in math and psychology and was inducted into the Math Honorary. He was active in the Newman Club for Catholic youth at UA, but getting into medical school was his main goal. He inadvertently got to know the perfect person to help him when he contacted Virginia Baxley to advise him about a late application. She was the UA School of Medicine registrar and put his application "in the right stack," he says.

In another bit of luck, he says in retrospect, he was assigned to a family practice rotation in Fayette by Peter Peacock, M.D., a Fayette native and UAB epidemiologist who coordinated family practice rotations. He sees this only as hindsight, he explains, because he *thought* he wanted to be a surgeon and he *knew* he wanted a paid rotation in Foley (close to the beach!). Instead, he went to Fayette for free, but he got to work with Dr. Dick Rutland (now his father-in-law), and a house and an office were provided for him.

He laughs and says, "It was great. I could talk to the patient, go down the hall and ask Dr. Rutland, and go back to the patient. It was a great situation for a medical student. A doctor 'may be wrong, but never in doubt,' and I always had help right down the hall."

He met his wife Cindy (then a University of North Texas student home for a holiday) and went out with her when Mrs. Rutland gave him two tickets to the symphony performance at the local junior college. He didn't



Dr. McBrearty shows off one of his favorite sports cars outside his office in Fairhope.

see her again for years and admits that he never thought he would marry a doctor's daughter. "Her upbringing was so different from mine," he says carefully. Ironically, having grown up in a doctor's family, Cindy had determined never to marry a doctor. (Nevertheless, they are now married and parents of four children.)

When he finished medical school, Dr. McBrearty went to family practice residency in Oklahoma but became dissatisfied with the meager oppor-

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tunities to do hospital procedures as a family practice resident. He was invited back to Tuscaloosa by Dr. Rutland, who was then Acting Director of the CCHS Family Practice Residency Program. He returned in July of 1974 and completed his residency in 1976. He and Cindy were married in November of his senior year of residency. She was completing her master's degree in counseling at The University of Alabama. The McBreartys settled in Fairhope, which Cindy had loved since her childhood visits there to see Rutland family friend Dr. Moon Mullins.

Dr. McBrearty is past president of the Alabama Chapter of the Academy of Family Physicians. He applauds the trend which is bringing family physicians into prominence in the medical world. "Used to, only missionaries went into family medicine," he said. "The income was too low, and you have to know too much!"

At the same time, he worries that Alabama's medical schools are not recruiting or producing enough doctors interested in primary care—especially family practice. He cites family physicians as particularly needed because of the relationships they form with patients that allow them to know histories and solve problems, and they get broad-based training and generalized treatment experience which prepares them to be excellent diagnosticians. He comments that "90% of new medical students will tell you they are becoming doctors so they can take care of people. By the third year, that goes down to 40%." He attributes that to the influence of specialty medicine and the subspecialist faculty in the medical school environments. These physicians look down on the LMDs (local medical doctors), he says, and they convey that attitude to the students.

While Dr. McBrearty takes care of patients and energetically defends family practice on a political front, his wife goes quietly but effectively about her community activism. She has been on the Planning and Zoning Board of Baldwin County for fourteen years. She favors controlled growth, and she has pushed for sign control and landscaping. She has also been active in environmental issues, especially the efforts of Baldwin County United to clean up Mobile Bay. She has been PTO president at her children's schools and served as a school trustee for three schools. Her women's service organization has launched awareness and prevention programs in every school to combat teen pregnancy, and she has helped to initiate health fairs in elementary schools, puppet shows on child abuse, and art and music in the schools. *The Mobile Bay Monthly*, a prestigious local publication, included her in a feature article on "Steel Magnolias: Women Making a Difference." Her latest project, a community playground of elaborate wood structures and art projects, built by local volunteers, is the one she shows off when I go to visit. The project takes up a whole city block and has areas for children, teens, and adults to enjoy. There is also an open, grassy area for the children's program across the street to use for outdoor play. She is proud because it is one of only a few such playgrounds in the state, and the cooperation of the community and complex planning process were so successful.

She also shows me the two houses she has restored and now rents for short-term guests or tourists. There are four units, one upstairs and one downstairs in each little house across from the city pier and rose garden. They are so perfectly decorated they look like playhouses.

"I enjoy coming over here," she says of her renovation and rental project. "When I straighten it up, it stays straight." Home is often chaotic, she explains, with four children and their busy lives.

In addition to her community work and her children's summer activities, she is getting everything ready for a family trip to Alaska in July.

We have supper at the McBreartys' home where the floors are being refinished and Cindy apologizes for the furniture and boxes stacked haphazardly off the floors and in her way. Dr. McBrearty shows off his sports car collection. His only real hobby, he says. "His vice," says his wife!

We sit on the front porch swing on a tree-lined street under a second-floor bay window which faces the street and displays a lighted shamrock. "We put a Christmas tree up there in December," says Cindy. "If we're late getting it up, people call and complain. It's like the community Christmas tree!"

"I put the shamrock up for St. Patrick's Day," she says. She then decided it was appropriate for the McBrearty family to keep an Irish symbol in the window indefinitely. "Besides, there's no where else to put it right now!" she says.

After discussing the value of the CCHS program and its emphasis on family practice, the importance of keeping the primary care focus in medical education, and extracting a promise from the McBreartys' son to send me a postcard from Alaska, I say good night to the first chief resident of CCHS and his family and go to spend the night in the playhouse. It was lovely!

— Linda Jackson

AWARDS *Continued from Page 1*

M.D. Dr. Townsend also received the William R. Willard Dean's Award, which recognizes the graduate who best exemplifies the mission of CCHS to prepare excellent primary care physicians. Named for the first dean of CCHS, the William R. Willard Award was presented by Dean Roland Ficken.

M. Blane Schilling, M.D., who was Chief Resident in the CCHS Family Practice Residency Program in 1993, was named Community Medicine Preceptor of the Year. He and David Tuten, M.D., a 1992 graduate of the CCHS Residency Program, practice family medicine and obstetrics in rural Pickens County.

Geoffrey Lipscomb, a third-year medical student from the Huntsville program, was awarded the Larry Mayes Memorial Scholarship. He will use the stipend to help fund his study of primary care medicine in Thailand at Bangkla Baptist Hospital. The scholarship is named for former CCHS medical student Larry Mayes, who died while he was on a Community Medicine rotation in Africa.

Faculty recognition awards, voted on by the senior class, were presented to E. Eugene Marsh, III, M.D., for outstanding contributions to their medical education during their junior year, and to Shelby Sanford, M.D., for their senior year. This senior year award is the Patrick McCue Award, named for frequent winner Dr. McCue, and honors Dr. Sanford for his efforts during the class's senior year. Angela Powell, M.D., received the Resident Recognition Award.

The James H. Akers Memorial Award to the Tuscaloosa senior medical student who best demonstrates the art and science of the practice of medicine was shared this year by Tracey Miles, M.D., and Tres Childs, M.D.

Guest speakers at Honors Convocation were E. Culpepper Clark, Ph.D., Executive Assistant to UA President E. Roger Sayers, Ph.D., and C. W. Scott, Jr., M.D., Associate Dean for Undergraduate Medical Education, University of Alabama School of Medicine.

Dr. Scott, called "a friend of this campus" by Dean Ficken in his introduction, congratulated graduates and said he routinely told medical students that they could get "a superior education in a family-like atmosphere" at CCHS. He commended the relatively new (1972) CCHS program, saying it was "an upstart, young program that has matured . . . indeed become prestigious."

Dr. Clark, standing in for Dr. Sayers who was detained by mechanical problems with an airplane in South Alabama, called the graduates "agents of change" in these "troubled times" as "Corporate America invades medicine." He exhorted graduates to make their education mean something and "make a difference." He called on our new doctors to deal with the "individuals who are your patients" even as "Big Business intrudes into the field which has been a personal effort to take care of the sick."



Linda Jackson

Editor's Note: These are the last of the Steering Committee profiles I will be doing. It has been a special pleasure for me to get to know these committed volunteers who support CCHS's mission to train and place family physicians. They have been an inspiration to me in my work as editor of this newsletter and public information specialist in the Dean's Office.

I urge you to join them in supporting medical education, especially the primary care mission of this College. The doctors we train are the ones who will be caring for us, our children, and our grandchildren. Surely we want the very best education for them.

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OnRounds
The University of Alabama
College of Community Health Sciences

The University of Alabama School of Medicine at Tuscaloosa, formerly the College of Community Health Sciences (CCHS), is a clinical branch campus of the University of Alabama School of Medicine. Authorized by Governor George Wallace in 1972, CCHS was founded to emphasize family practice and other primary care disciplines and provide a sound basic medical education for all medical students assigned to this campus. The Tuscaloosa Program also trains family physicians through a three-year family practice residency program to meet the urgent need for primary care in Alabama, the Southeast, and the nation. A major focus of this medical school's mission is seeking solutions for rural health care problems in Alabama and the region.

OnRounds has been published quarterly by the University of Alabama School of Medicine at Tuscaloosa to keep CCHS alumni and friends informed about news and issues which affect this medical school and its graduates. Please address changes and comments about the newsletter to The Dean's Office, College of Community Health Sciences, Box 870326, Tuscaloosa, Alabama 35487-0326. (205) 348-1288.

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