CCHS Suffers From Funding Shortages

Funding shortages are causing program and staff reductions at CCHS, the medical school program on the Tuscaloosa campus. Residents and faculty positions have not been affected. But CCHS has eliminated eight staff positions, the newsletter and the position of newsletter editor.

CCHS includes two major educational units: a Family Practice Residency Program, which provides three years of training, and training for up to 50 third- and fourth-year medical students. These students come to the Tuscaloosa campus after having completed the first two years of medical school at the main medical school campus in Birmingham.

“Our Family Practice Residency Program is one of the largest and perennially most productive programs in the Southeast, and it is gaining attention nationally. A large percentage of the graduates have gone into practice in small towns and rural areas in Alabama and the region, where doctors have long been badly needed,” said Dean Roland Ficken. “The medical school program here has produced a higher percentage than the national average of graduates who have chosen careers in family practice, although many of them are distinguishing themselves in other specialties as well.”

DCH Regional Medical Center recently approved an increase of $300,000 per year for three years in additional support for the residency program. The increase just approved by the DCH Board brings the total to $1 million per year.

In addition, DCH and CCHS are working to develop a family medicine outpatient clinic.

Awards Presented to Outstanding Medical School Graduates

Twenty senior medical students at CCHS graduated from the University of Alabama School of Medicine in May, 1995. Honors Convocation for graduating medical students on the Tuscaloosa campus was held on Saturday afternoon, May 20, 1995. Departmental awards, faculty recognition, and special scholastic awards were presented during the Honors Convocation.

Hoyt Abner Childs, III (Tres), M.D., won multiple recognition at Honors Convocation. Dr. Childs received the Surgery Award and the Teresa Finney Memorial Award from the Obstetrics and Gynecology Department. He also earned the Scholastic Achievement Award for the highest grade point average during his two clinical years at CCHS, and was a co-winner of the James H. Akers Memorial Award for successfully demonstrating the art and science of the practice of medicine.

The Family Medicine Award to the senior who embodies the principles of the ideal family physician in the opinion of the faculty was presented to Tracey Miles, M.D. Dr. Miles also received the “Student of the Year” Award given by the Tuscaloosa Veterans Administration Medical Center, and she was one of two winners of the James H. Akers Memorial Award. Scott Rayburn, M.D., received the Internal Medicine Award; and Deanna Duncan, M.D., received the Robert F. Gloor Award from the Department of Behavioral and Community Medicine. Dr. Duncan was on rotation in England and was not present to receive her award.

Henry Townsend, M.D., received the Pediatrics Award and shared the Peter Bryce Award for excellence from the Psychiatry Department with Edward Perry, Jr.

Continued on Page 10

CCHS Discontinues

Reductions in higher education funding have resulted in cost-saving measures throughout the College. The On Rounds newsletter has been deleted from the budget which begins October 1, 1995. This On Rounds will be the final issue until CCHS recovers from its current budget cuts, said Dean Roland Ficken. He hopes to avoid other cuts which may more directly affect the training program, but he has already announced some staff layoffs.
The 20th Annual Graduation ceremony for the Family Practice Residency Program at CCHS was held June 27. DCH Regional Medical Center hosted the dinner which preceded the awards to the graduates. Guest speaker was S. Catherine Huggins, M.D., of Stone Mountain, Georgia, who served as chief resident of the program in 1982. A native of Brookwood, Dr. Huggins is past president of the Georgia Academy of Family Physicians.

Each department of CCHS presented an award for outstanding work in that field. Honorees were:

- **Family Practice** (Dr. Dan Rodman, Pharm.D.)
- **Ob/Gynecology** (Beverly Joseph, M.D.)
- **Pediatrics** (Craig Frederick, M.D.)
- **Psychiatry** (Kelly Elmore Hunter, M.D.)
- **Surgery** (Wayne Kelly, M.D.)
- **Internal Medicine** (Martin Harvey, M.D.)
- **OB/Gynecology** (Beverly Joseph, M.D.)
- **Family Practice** (Jeff Parker, M.D., Pickens County emergency room; Craig Frederick, M.D., New Iberia, Louisiana, where he will join an another graduate of this program; Darien Slaughter, M.D., Sports Medicine Fellowship in Tulsa, Oklahoma; Wayne Kelly, M.D., Greensboro; Link Siler, M.D., Pickens County Emergency Room; Dwight Harper, M.D., Greensboro, Alabama, in partnership with fellow graduate Wayne Kelly, M.D.; Joe Johnson, M.D., Cullman, with CCHS graduates J. Rickey Gober, M.D., and G. Michael Machen, M.D.; and Kamlesh Desai, M.D., California.)

Dr. Dan Rodman (left) received the Family Practice Award for excellent teaching. Chief Residents Jeff Donohue, M.D., and Wayne Kelly, M.D., were honored for their service with a monetary award and keepsake chairs imprinted with "The William F. deShazo, III, Award".

With this graduating class, the CCHS Family Practice Residency Program has prepared 209 family practice residents for careers in primary care medicine. Since 1974 when the first resident was accepted to this graduate medical education program, CCHS has succeeded in its mission to train and place family physicians, especially in rural, underserved areas. Of the 209 residency graduates to date, 108 are in communities of 25,000 or less. This program has begun to make a difference in the delivery of health care in those communities where patients would otherwise still be searching for a doctor or driving very long distances to find one," said Dean Roland Ficken. He also points out that this residency program is among the most productive in the Southeast, second only to The University of Miami, in producing family physicians.

Graduates From Residency Program

- **Naida Saunders (left), who retired from the Family Medicine staff last spring, get a hug from Chief Resident Wayne Kelly, M.D., at the Graduation dinner in June.**
- **Dr. Dan Rodman (left) received the Family Practice Award for excellent teaching. Chief Resident Jeff Donohue, M.D., presented the award.**
- **Dr. Jeanne James (left), Assistant Professor of Pediatrics, congratulates Craig Frederick, M.D., who received the Pediatrics Award at the Residents' 1995 Graduation.**
- **The 1995 CCHS Family Practice Residency graduates (posed at their graduation dinner) and their immediate destinations for practice or further training are: Seated (left to right): Mark Miller, M.D., Kilgore, Texas; Beverly Joseph, M.D., Sylacauga, where she will join William Phillip Smith, M.D., and provide OB care; Jimmie Clark, M.D., earning a master's degree in public health at UAB and practicing in Greensboro; Kelly Elmore Hunter, M.D., Associate, Jeffrey Donohue, M.D., Baton Rouge group practice in family medicine. Standing (left to right): Jeff Parker, M.D., Pickens County emergency room; Craig Frederick, M.D., New Iberia, Louisiana, where he will join another graduate of this program; Darien Slaughter, M.D., Sports Medicine Fellowship in Tulsa, Oklahoma; Wayne Kelly, M.D., Greensboro; Link Siler, M.D., Pickens County Emergency Room; Dwight Harper, M.D., Greensboro, Alabama, in partnership with fellow graduate Wayne Kelly, M.D.; Joe Johnson, M.D., Cullman, with CCHS graduates J. Rickey Gober, M.D., and G. Michael Machen, M.D.; and Kamlesh Desai, M.D., California.**

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**In Memoriam**

**Dr. L. E. Rockwell**

The College of Community Health Sciences extends sympathy to the family of L.E. Rockwell, M.D., who died on August 18, 1995.

Dr. Rockwell, a family physician in Daphne, Alabama, was a staunch supporter of The University of Alabama and CCHS. He has been a member of the CCHS Capital Campaign Steering Committee since 1992.

Dr. Rockwell was born in Vinegar Bend, Alabama in 1933. He graduated from The University and the UA School of Medicine. He and his wife Elizabeth have five children. Three of their sons played football for the Crimson Tide.
Class of 1997 Arrives at CCHS

A new class of third year medical students arrived at CCHS last summer. They are: (1st row, l-r) David Verzino, Brad Jacobs, Joe Robinson, Alan Ogles, Drew Corbett, Kevin Lackey, Elmus Crawford; (2nd row, l-r) Jeff Ryan, Jim Rutland, April B. Johnson, Jim Chaney, Steve Chandler, Erik Summers, Julie Lamb, and Kevin Giacoiasco (who is on a leave of absence and will come next year); (3rd row, l-r) Larry Johnston, J.D. Bailey, Jay Parker, Jim Reuter, Dan Marsh, Stephen Barnes, Jason Junkins.

The University of Alabama School of Medicine/Tuscaloosa Program is pleased to welcome 22 new medical students. They will spend their third and fourth years of medical school (the clinical years) at CCHS.

Jimmie D. Bailey, II (J.D.) received his B.S. degree from Birmingham-Southern College. He also holds a Master's Degree in Aeronautical Sciences from Embry-Riddle Aeronautical University. J.D. and his wife, Penny, have two children.

Stephen L. Barnes is from Auburn, Alabama and holds a B.S. degree and a M.S. degree from Auburn University. Stephen and Penny, have two children.

Sarah L. Bisch is from Huntsville, Alabama. She received her B.S. degree in Biology from The University of Alabama. Sarah is single.

April C. Butsch is from Leeds, Alabama. She received her B.S. degree in Biology from Samford University. April is single.

Stephen W. Chandler (Steve) received his B.S. degree from the University of Rochester in Rochester, NY. He also holds an O.D. degree from the University of Alabama School of Optometry. Steve is married.

James D. Chaney (Jim) attended Auburn University where he received his B.S. degree in Electrical Engineering. Jim is single.

Drew Corbett, Kevin Lackey, Elmus Crawford, Jeff Ryan, Jim Rutland, April B. Johnson, Jim Chaney, Steve Chandler, Erik Summers, Julie Lamb, and Kevin Giacoiasco (who is on a leave of absence and will come next year) have all been developing a new community Family Practice residency program, has been developing a new community Family Practice residency program since 1993. The Baton Rouge General Medical Center Family Medicine Residency opened in July, 1995. Dr. Streiffer was previously a member of the Family Medicine Residency Program.

Drew Corbett is from Bay Minette, Alabama. He received his B.S. degree in Biology from Tulane University in New Orleans, Louisiana. Drew is single.

William Elwin Crawford is from Greensboro, Alabama. He received his B.S. degree in Biology from The University of Alabama in Tuscaloosa. Elwin is married.

Bradley Edgar Jacobs is from Miami, Florida. He received his B.S. degree in Biology from Samford University in Birmingham. Brad is married.

Larry Ray Johnston is from Boaz, Alabama. He received his B.S. degree in Biology from The University of Alabama at Birmingham. Larry is married.

Jason Clay Jenkins is from Centre, Alabama. Jason is a licensed funeral director and embalmer. He received his B.S. degree in Biology from Jacksonville State University. Jason is married.

Thomas Kevin Lackey from Gadsden received a B.S. in Biology from Jacksonville State University. Kevin is married and has two children.

Julie Anne Lamb is from Eutaw, Alabama. She received her B.S. degree in Secondary Education/Computer Science from The University of Alabama at Birmingham. Dan is single.

Daniel Richard Marsh (Dan) received his B.A. in Pre-Seminary from Columbia Bible College in Columbia, South Carolina and a M.A. in Hebrew Language from the Institute of Holy Land Studies in Jerusalem, Israel. Dan also holds a B.S. in Biology from The University of Alabama at Birmingham. Dan is single.

Charles Alan Ogles is from Ashland, Alabama. He received a B.S. in Biology from The University of Alabama at Birmingham. Alan is single.

James Lake Parker (Jay) is from Alcoy, Alabama. He received a B.S. in Biology from The University of Alabama at Tuscaloosa. Jay is single.

Jot Michelle Robinson is from Birmingham, Alabama. She received a B.S. degree in Physical Therapy from Florida A&M University in Tallahassee, Florida. Jot is single.

James Franklin Roper, Jr. (Jim) is from Anniston, Alabama. He received a B.S. degree in Mathematics from Virginia Military Institute in Lexington, Virginia. Jim also holds a Ph.D. in Pharmacology from The University of Alabama at Birmingham. Jim is single.

James Henry Rutland, III (Jim) is from Hueytown, Alabama. He received a B.S. degree in Chemistry from Mississippi State University. Jim has a nine month old daughter.

Jeff Lee Ryan received his B.S. degree in Chemistry from the University of Montevallo. Jeff and his wife, Ellen, have two children.

Erik Christian Summers is from Birmingham, Alabama. He received his B.S. degree in the University of Virginia. Erik is single.

David Theodore Verzino is from Tuscaloosa, Alabama. He received his B.S. degree in Electrical Engineering from Pennsylvania State University. David is single.

— Patti Bell

Alumni Update Form

University of Alabama School of Medicine Tuscaloosa Program
College of Community Health Sciences

Check here: ☐ CCHS Medical Student ☐ Family Practice Resident

Name ___________________________ ___________________________ ___________________________
Address ____________________________________________________________
Home Phone ( _____ ) ___________________________ Area Code ____________
Office Phone ( _____ ) ___________________________ Area Code ____________
M.D. degree awarded: ___________________________ Name of Medical School ___________________________ Date
Residency completed: ___________________________ Specialty ___________________________ Date
Additional training: ___________________________ Institution ___________________________ Date
Practice site: ___________________________ Specialty ____________ rural setting ____________ ________ group practice ___________________________ group practice
Office Phone: ___________________________ ________ hospital-based ___________________________ medical school
M.D. degree ___________________________ military
emergency room ___________________________ public clinic ____________ other
Place of employment: ___________________________ City ___________________________ State
(Continue on separate sheet of paper, if necessary)

OnRounds • 3 Fall 1995
Board members of the Lister Hill Society met on May 31 at the University Club to review Society goals and to discuss ways to expand membership to include additional supporters of medical education. Membership in the Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas.

"At no time has the need for external support for the College been more pressing," said Dean Roland Ficken. "Only 37 percent of our operating budget comes from the State of Alabama. This means that we must rely on external sources, including tuition, contracts and grants, and support from donors. In the past, support to the Society has enhanced our ability to train medical students and residents and has allowed for special honors to outstanding medical students and residents. It has also funded publications and special clinical meetings for medical students, our On-Round Visitations, and support for faculty and staff, and an indigent drug fund for needy Capstone patients," said Dean Ficken at the Society's May 31 meeting. He also recalled the high level of community support for the establishment of CCHS in 1972.

Assistance from the Lister Hill Society has helped the College move swiftly toward its goals.

The College's Family Practice Residency Program is now one of the largest in the nation, with 36 residents being trained at any given time. Since its first resident graduated in 1976 and established practice in Fairhope, Alabama, 60 of these residency training families have remained in Alabama to practice medicine. Counting third- and fourth-year students, CCHS has 86 physicians in training at all times here in Tuscaloosa.

In order to maintain this impressive growth, the College of Community Health Sciences has specific needs for financial support from Lister Hill Society members. These include the establishment of endowed professorships and endowed student loans and scholarships; the purchase of library materials, audiovisual teaching aids, and laboratory equipment; funds for the construction of faculty office space and teaching facilities at the Capstone Medical Center; and money for research related to the problems of rural health and clinical research relevant to primary care; and support for continuing education, consultation, and physician placement services for rural communities.

The Lister Hill Society Board Members include: Ms. Sarah Burchfield; Mr. Jim Flemming; Mr. Tommy Hester; Mr. Billy LaGrone; Ms. Alice Nevels; Mr. Jerry Mauldin; Mr. Frank Moses; Ms. Alice Nepomuceno (left) with Dr. Wintemitz (center)

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The Lister Hill Society Board Members include: Ms. Sarah Burchfield; Mr. Jim Flemming; Mr. Tommy Hester; Mr. Billy LaGrone; Ms. Alice Nepomuceno (left) with Dr. Wintemitz (center)
Behavioral and Community Medicine Meets With Community-Based Faculty

Behavioral and Community Medicine held a joint meeting for campus faculty and community-based faculty on April 5 to share information and discuss the contribution of both to the mission of CCHS to prepare physicians for practice in rural and underserved areas. "This is the first time we have been able to get a large number of our faculty together," said Dr. James Leeper, Chair of Behavioral and Community Medicine, of the dinner meeting at the University Club. "We have wanted to do this for years, but it is extremely difficult to find a time when practicing physicians can leave their patients and academic faculty can schedule time together."

"It gave us an opportunity to hear from our adjunct clinical faculty who provide hands-on experience to CCHS medical students and residents, and it gave faculty here a chance to share news from campus programs and committee planning," said Dr. Leeper. "We invite greater participation by our community-based adjunct faculty into curriculum planning, and we were pleased to hear from Dr. John Brandon and other CCHS preceptors that they feel the lines of communication to CCHS are open and their involvement welcomed."

Dr. Richard Rutland of Fayette, who helped to establish CCHS in the early 1970s, discussed how CCHS was founded—referring in detail to events recorded by his wife in a diary of the early efforts to charter this branch of the medical school.

Dr. John Wheat, Behavioral and Community Medicine faculty member and Director of the Agribusiness Medicine Program, highlighted news from the Department of Behavioral and Community Medicine. He reported that 34 academically successful high school student leaders would be on campus for eight weeks in the Rural Health Scholars Program. These students will take college-level chemistry and a writing course (for possible college credit) and participate in field trips and lectures to encourage their interest in and knowledge of medicine as a career. He also gave a report on the University of Alabama School of Medicine curriculum task force, which is charged with increasing the focus on primary care.

Community/Rural Medicine clerkships for third-year medical students have been highly successful, reported Dr. Wheat. He shared student comments from their evaluations:

"I arranged the rotation with no intention of ever moving to any rural area . . . I now can picture myself living in the area . . . I am planning a career in family practice and public health as a direct result of my participation in the Community/Rural Medicine clerkship."

"I more than met my expectations during my clerkship and, in so doing, affirmed my career as a family physician. I would recommend such an experience to medical students and residents regardless of their particular interest within the field of medicine."

"I became involved in discussions on a number of individuals in the community [to learn more about the county and its problems] including: my preceptors, the mayor, the probate judge, the hospital administrator, the Chamber of Commerce director, the State Department of Human Resources director, the ambulance service director, and the home health coordinator. Major areas of concern were economy (poverty level subsistence), education, and lack of mental health and substance abuse programs."

Dr. John Brandon discussed the perspective of the practicing family physician in training future doctors. He said they enjoy the teaching and the contact with future colleagues.

The evening was concluded with an invitation to all participants to stay for a RAHA (Rural Alabama Health Alliance) business meeting led by Dr. William O. Owings of Bibb County. RAHA was formed to involve all sectors of rural communities in recruiting and retaining primary care physicians and to sharing resources and information between rural county members. Presently, Bibb, Fayette, and Pickens counties are RAHA members.

Attending the Behavioral and Community Medicine dinner meeting and RAHA business meeting were James D. Leeper, Ph.D., CCHS; Richard O. Rutland, Jr., M.D., Fayette; John R. Wheat, M.D., CCHS; John E. Brandon, M.D., Gordo; William O. Owings, M.D., Centreville; Robert J. Butler, M.D., Centreville; Katherine A. Hensleigh, M.D., Butler; Ike Armstrong; Butler; William A. Curry, M.D., Carrollton; Bay Shepperd, MS III; William W. Dressler, Ph.D., CCHS; Kathryn Otho, Ph.D., UA; Garry W. Magouirk, M.D., Fayette; Richard Powers, M.D., Bryce Hospital; Colleen Beall, D.P.H., CCHS; M. Christine Nagy, Ph.D., CCHS; Chester E. Singleton, M.D., Greerboro; Elizabeth Ruben, M.D., Bryce Hospital; Albert T. White, Jr., M.D., Tuscaloosa County Health Department; Michael McBrearty, M.D., Fairhope; M. Blane Schilling, M.D., Carrollton; Melissa Behringer, M.D., CCHS OB fellow; Lorin A. Baumhower, Ph.D., CCHS; William H. Lang, Jr., Carrollton; Earnestine J. Tucker, West Alabama Health Services, Etowah; A. Robert Sheppard, M.D., Carrollton; Robert H. Garner, Ph.D., UA; Dan James, Bibb County; Harry J. Kryevo, Ph.D., CCHS, UA; Robert H. McKenzie, Ph.D., UA; April Brown and Julie Thorn, Rural Health Scholars (UA undergraduate students).

New Residents Enter Family Practice Program

The CCHS Family Practice Residency Program welcomed eleven new physicians on July 1, 1995. Residents in Tuscaloosa spend three years in the program receiving training in all facets of medical practice. Residents treat patients at the Capstone Medical Center in two family practice clinics and they get hospital inpatient experience with patients at DCH Regional Medical Center and the Tuscaloosa Veterans Administration Medical Center.

New resident doctors are:

- Ann Hart Drum, M.D., from Birmingham, graduated from Samford University and the University of Alabama School of Medicine (UASOM). She and her husband John moved to Tuscaloosa for her to complete her clinical training here, and she planned to stay after her June, 1995 graduation to complete her family practice residency at CCHS. Her interests are vocal performance, walking, biking, writing, and reading.

- Mike Dupre, M.D., graduated from Louisiana College in his hometown of Pineville, Louisiana. He earned his M.D. degree in May, 1995 from Louisiana State University Medical Center in New Orleans. His interests are dancing, hunting, fishing, golf, and Cajun cooking. His wife's name is Leah. Jayson Fields, M.D., is from Cartersville, Georgia. He graduated from the University of Georgia, Athens, and earned his M.D. in May, 1995 from Emory University School of Medicine in Atlanta, Georgia. He lists his interests as intramural sports, running, weight lifting, hunting, fishing, and cooking. His wife's name is Katherine.

- Paul Fredette, M.D., earned his medical degree from UASOM in June, 1995, after graduating from the University of Georgia, Athens. A native of Atlanta, he enjoys mountain biking, racquetball, tennis, art, and...
backpacking. He is single.

Paul Guibaux, III, M.D., from New Orleans, graduated from Notre Dame and earned his M.D. in May, 1995 from Louisiana State University School of Medicine. He is single, and his interests include golf, weight lifting, football, jogging, and sky diving.

Kent Kansan, M.D., is from Baton Rouge, Louisiana, and graduated from Louisiana State University in his hometown. He completed medical school at Louisiana State University School of Medicine in May, 1995. He is married to Tracy and enjoys playing guitar and piano, composing poems and music, and the outside sports—football and baseball.

Clint Mckey, Jr., M.D., is from Blakeley, Georgia. He attended the University of Georgia in Athens and Georgia Tech in Atlanta. He completed his clinical years at CCHS and graduated from UASOM in June, 1995. He enjoys outdoor activities, all sports, and animals (especially birds). He and his wife Kellie have a nine-year-old son, Jordan.

Tracey Myles, M.D, of Fort Mitchell, Alabama, graduated from Mercer University in Macon, Georgia, and the University of Alabama School of Medicine (UASOM). She spent her clinical years of medical school at CCHS, finishing in June, 1995. She is single and enjoys piano, singing, walking, and movies.

Chris Sward, M.D., graduated from Davidson College (in North Carolina) and Emory University School of Medicine in Atlanta in May, 1995. He enjoys sports, especially golf and softball, bicycling, and playing the guitar. His wife’s name is Lisa.

David Williams, M.D., from Bartlesville, Oklahoma, graduated from Baylor University in Waco, Texas, and in May, 1995 received his M.D. degree from the University of Oklahoma College of Medicine. He is single and enjoys fishing, hunting, basketball, volleyball, and college sports.

David Zielinski, M.D., is from Merrillville, Indiana. He graduated from Loyola University and Rush Medical College, both in Chicago, Illinois. He is single and his interests are music, sports, literature, art, and motion pictures.
Dr. James Leeper, Professor and Discipline Chief of Behavioral and Community Medicine at CCHS, received one of four 1995 Outstanding Commitment to Teaching Awards from The University of Alabama National Alumni Association.

Dr. Leeper’s primary teaching responsibilities include teaching biostatistics and epidemiology and supervision of medical students during their Community/Rural Medicine Clerkship in rural areas. His current research activities include work in infant mortality, rural health, health status of Alabama and mental health in primary care. His work in these areas and others has resulted in numerous referred papers, presentations and book chapters.

Nationally, Leeper serves on the American Public Health Association and the American Statistical Association. In Alabama, he serves on the West Alabama Regional Perinatal Advisory Committee and the State Perinatal Advisory Committee.

Dr. Leeper is currently working with the Community Medicine at CCHS, received one of four 1995 Outstanding Commitment to Teaching Awards.

Grand Rounds Fall Schedule
University of Alabama School of Medicine - Tuscaloosa Program
September 1995 - December 1995

Grand Rounds is a series of Continuing Medical Education (CME) lectures produced by CCHS and sponsored by a number of health and medical organizations and pharmaceutical companies, including Abbott Laboratories, Alabama Department of Mental Health, Bristol-Meyers Squibb, CIBA-GIBCO Corporation, Glaxo, Genentech, Janssen Pharmaceuticals, Merck & Co., Park Davis, Pfizer Laboratories, Roche Pharmaceuticals, Searle Laboratories, and The Upjohn Company.

Lectures are held every Friday in the Willard Auditorium, UA Educational Tower at DCH Regional Medical Center. Lectures begin at 12:15 p.m. CME credit is available. For more information, contact Vicki Johnson, CME Coordinator, Dean’s Office, CCHS, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-0093.

TOPIC
"Irritable Bowel Syndrome"
"The Therapy of Advanced Heart Failure: Medical and Interventional Options"
"Overview of Antidepressants"
"Sexual Boundary Problems in the Practice of Medicine"
"Tick-Borne Infections"
"First Friday Conference: Religious Freedom and the First Amendment"
"Substance Abuse"
"Treatment of Dyslipidemias"
"Abdominal Pain in Children"
"Physicians and Substance Abuse"
"Epidemiology of Cancer"
"Viral Related Carcinomas"
"Radiation Therapy"
"Chemotherapy"
"Advances in Pain Control"
"Rheumatoid Arthritis"

Dr. Goldenberg to Give Bahar Lecture on December 15

"Premature Birth and Little Babies" is the topic of the Natica Bahar Memorial Lecture on December 15, 1995. Robert L. Goldenberg, M.D., a specialist in Maternal-Fetal Medicine in the Department of Obstetrics and Gynecology at the University of Alabama at Birmingham, will speak on developments in treatment of prematurely born infants. The lecture, which is sponsored by Dr. David Bahar of Tuscaloosa in memory of his late wife, is presented annually to bring experts in all medical specialties to the CCHS Continuing Medical Education series.

Dr. Goldenberg is a graduate of Columbia University and the Duke University School of Medicine. He also trained with the National Institutes of Health Endocrine-Infertility Section of Child Health and Human Development and Yale University School of Medicine. He was an Assistant Professor of OB/GYN and Director of the Yale Infertility Clinic at Yale and has held a number of positions at UAB in the School of Medicine and School of Public Health. He is presently chairman of the Department of Obstetrics and Gynecology at UAB. He has previously been Director of the Bureau of Maternal and Child Health with the Alabama Department of Public Health and chairman of the Department of OB/GYN at Cooper Green Hospital in Birmingham. Dr. Goldenberg has published more than 200 articles, books, and book chapters related to pregnancy and birth.

The annual Outstanding Commitment to Teaching Awards are given by the UA National Alumni Association.

NATICA BAHR MEMORIAL LECTURE
"Premature Birth and Little Babies"
"When to Treat Hepatitis C"
Successful Medical Students Proving Early Identification Works

Students “in the Pipeline” Becoming Physicians

Henry Townsend, who graduated from medical school here in May, is “one of the students we found in high school,” says CCHS Professor Harry J. Knopke, Ph.D. Actually, he says, his high school biology teacher at Central High in Tuscaloosa “found him” and “encouraged us to let him do some special work in the University’s Microbiology Department during high school.” He was not eligible for the BioPrep Program for rural high school students, but he did get a chance to do the work his teacher wanted for him. There were other students helped through BioPrep.

Dr. Harry Knopke (left) with Henry Townsend, who graduated from medical school this year. Dr. Townsend won awards for excellence in pediatrics and psychiatry and William R. Willard Award to the graduate who best exemplifies the primary care physician.

Cedric Harris is a fourth-year medical student at the College of Community Health Sciences (CCHS). He is also a native of Forkland in Greene County, a small community near Demopolis, Alabama. His mother, a Stillman College graduate, is a supervisor at a Vanity Fair manufacturer and his father manages a grocery store. His parents always stressed the importance of good grades and going to college, says Cedric, but he never considered medicine as a possible career until he was chosen to participate in the Biomedical Sciences Preparation (BioPrep) Program, a program for rural students. Harris, who was a high achiever in math and science and maintained the overall “B” average required to stay in the BioPrep Program, took accelerated courses in grades 8-12 at Paramount High School in Boligee. He said his interest in medicine was confirmed during the anatomy and physiology course he took in the 12th grade in which he had actual cases to research. He also thought that summer classes he took while living on campus encouraged him to pursue premed. While he worked for Drs. Harry J. Knopke and John Crommett in 1989, he met CCHS medical student John Crommett and Henry Townsend on rotation there and decided to come to CCHS to get the unique hands-on training provided in the CCHS settings.

Dr. Harry Knopke (left) and Dean Ficken (right) talk with Dr. Cathy Huggins, a former Chief Resident who is helping with the Residents’ drive to fund a Chair in Family Medicine.

“...I think that is a very impressive statistic for such a young program,” said Dr. deShazo. “And our graduating class is seeing such a vast array of medical needs in their communities,” he added. “Some are delivering 30 babies a month while others are including Occupational Medicine with their family practice rotations. The variety is immense.”

Harry J. Knopke, Ph.D., a member of the Behavioral and Community Medicine faculty at CCHS and also UA Vice President for Student Affairs, thinks that programs like BioPrep are important in the overall effort to find and help students who might otherwise not go into health sciences or other professional fields.

Dr. deShazo shares accomplishments of CCHS Alums

CCHS Capital Campaign goals to fund professorships and chairs in Family Medicine are getting a boost from former residents in a Residents Drive led by Chief Residents for each graduating class of the Family Practice Residency Program since 1974.

The Gerald Wallace Chair of Family Medicine, the first for CCHS, was recently established. It is a chair for the Celia Wallace with a one million dollar contribution in honor of her late husband. Former residents have contributed $70,000 toward a second chair of Family Medicine since their drive began in January. Professorships in Pediatrics, Surgery, Internal Medicine, Behavioral and Community Medicine, Psychiatry and Neurology, and a chair in Obstetrics and Gynecology are also goals of CCHS’s Campaign.


William E. deShazo, M.D., Professor Emeritus of Family Medicine, who visited with many of the former Chief Residents to kickoff the drive, said he is very impressed with the success of CCHS-trained physicians. He and Dean Ficken made visits to family physicians in three states to launch the drive funded by Chief Residents for each of their former classes.

“Our alumni have been State President for American Academy of Family Physicians (AAFP) state chapters seven times,” said Dr. deShazo. “Our graduates have been among the top 35 rural schools with teacher training and support activities and on-campus summer programs for students in the BioPrep core curriculum courses in English, Social Studies, and accelerated medicine and science classes at their local schools.

“We maintained personal contact with all the students in the early years,” said Dr. Knopke, “and we have followed the first of these BioPrep students as they entered medical school and became physicians. Others have succeeded in law school, the MBA Program, and other graduate programs.”

As the program grew and more schools requested UA assistance, the travel time and costs became prohibitive, and The University developed a distance learning program through its Center for Communication and Educational Technology (CCET) in the Division of Student Affairs. William L. Lemon, Jr., M.D., Director of CCET and Project Director for Integrated Science, said the Integrated Science Project, evolved from BioPrep, was begun during the 1991-92 school year. “In four years the project has grown over 1,000%,” he said, “and currently involves more than 120,000 middle school students in 35 states, and Quebec Province in Canada.”

Dr. Knopke said his objective to find and encourage rural, minority, and/or disadvantaged students who would be likely to succeed in college and medical school and then return to practice medicine in rural areas is being realized as students like Henry Townsend, M.D., Cedric Harris, M.S., and Alan Pickens, M.D., complete medical training.

Former Residents Contribute to Capital Campaign
Heather A. Stone, M.D.

Dr. Herb Stone's front bumper plate says "Dr. Rock," and he jokes that his next career will be that of a rock singer. He does enjoy the guitar, and his interests and achievements vary enough to keep the idea from seeming impossible, especially since his philosophy is that "Everything up to the age of 40 is just rehearsals."

After completing his family practice residency in Tuscaloosa, he spent twelve years in private practice of family medicine in Huntsville, where he also ran for mayor in 1985. He didn't get very far in politics (he came in second, losing to the incumbent), he said, though he "beat Jesse Jackson's $1.10 cost per vote." But he said his campaign taught him politics is about name recognition which requires finance. His name recognition did not get him elected, but the race made him "very well known in medicine!"

A former Marine, Dr. Stone was in a National Guard unit which was activated for Desert Storm in 1991. While Dr. Stone was at Redstone Arsenal training to go to the Middle East, the war ended. "Saddam Hussein quit when he heard I was coming" he teases. But Desert Storm did change the course of his life.

He did not return to his solo private practice even though Dr. Max McLaughlin, a retired general, had kept his Mobile office staffed with volunteers to keep his practice going during Dr. Stone's absence. He turned instead to emergency room medicine which he had become involved in with Dr. Larry Sullivan's staffing company in the Huntsville-Decatur area during his Redstone stay. To be close to his daughter, Mary, who lives with her mother in Mobile and goes to Catholic high school there, he returned to South Alabama and settled at the Yacht Club in Daphne, where he can see the Bay from his window and "nobody comes by on a whim." Dr. Stone staffs the Emergency Room at Knollwood Hospital, which is affiliated with the University of South Alabama College of Medicine. He also works part-time at the Mobile Infirmary emergency room, which he calls "the real world" as opposed to the "university world." He likes to "keep in touch" with the older patients and the "real world" of "Old Mobile" that he sees at the Mobile Infirmary, he says.

Dr. Stone was wearing a Mobile Bar Association Run tee-shirt on the day he talked with OnRound's. "Y'all are doing good," he said, and "I bought it for the tee-shirt. I'm the guy in the Azalea Trail Run (of 10,000 meters) who is half way through when I hear on my headphones who won!" Mary is the athlete in the family, he says. She played basketball and softball at her high school, and he sees her play as often as he can.

His son, Herbert III (Trey), who gave him the Rock bumper plate, is an engineering student at Morehouse College in Atlanta, where Dr. Stone himself graduated.

"He has seen the reality of being a doctor," says Dr. Stone about his son's choice of career field, "where you give everything to everybody every hour of the day" (referring to his solo practice). "Our generation had a more 'pedestal' image of a doctor," he adds and tells a story he likes about a lawyer in Heaven who complained to St. Peter about the doctor who broke in and front of the lunch line every day. "That's just God," said St. Peter. "He likes to 'play doctor' sometimes."

On a more serious note, Dr. Stone adds, "Those to whom much is given, much is required." Dr. Stone went to medical school at Emory upon the advice of Dr. Gordon Barrett. He worked with Dr. Barrett at Georgia Medical Center, where Dr. Stone worked as a coordinator at the Regional Cancer Center running a tumor registry after he finished his stint in the Marines. He chose family medicine as his specialty and came to Tuscaloosa for his residency.

He liked the fact that in the Tuscaloosa program, he did not have to "fight OB residents to learn to deliver babies" or "fight surgery residents to get to assist with an appendectomy."

He recalls the early days of CCHS when he came here in one of the first residency classes with a nostalgic smile. He said he doesn't know where they take the doctors they recruit now, but Dr. (Bill) deShazo, then head of the Residency Program, took all of us out to a real hole-in-the-wall bar downtown, on our first night in town. He still teases Dr. deShazo about "getting tired of working" (Dr. deShazo had a big family practice in Jackson, Alabama) and going to Tuscaloosa. But his respect for the program, his mentors, and his specialty are evident.

"The 'Gatekeeper' concept of managed care bears out that there will be a surplus of medical specialists by the year 2000," he says. "Neurologists are now retiring to be primary care practitioners."

He finds his training and experience "outstanding." In the "primary care" world of emergency medicine where any and all medical problems may present. And he misses the relationships a family physician has with his patients.

Nobody calls him on his cell phone these days but Mary, he says. But this is the doctor who likes to say, "Give people a piece of your heart instead of a piece of your mind." Sounds like a family doctor to me.

Linda Jackson

Michael McBrearty, M.D.

Michael McBrearty, M.D., was Virginia-born and military-bred. His father retired from the Air Force and went to work at Redstone Arsenal in Huntsville, where Dr. McBrearty graduated from Butler High School. The second of seven children in the Catholic family, he always had his eyes on college. ("The first son, of course, was supposed to be a priest," he said.

His older brother is career Air Force.) Dr. McBrearty wanted to be a jet pilot. He failed to get into Advanced ROTC at The University of Alabama because of a tennis injury to his knee.

He majored in chemistry with minors in math and psychology and was determined never to marry a doctor. (Nevertheless, they are now married and parents of four children.)

When he finished medical school, Dr. McBrearty went to family practice residency in Oklahoma but became dissatisfied with the meager opportunity. He inadvertently got to know the perfect person to help him when he went to Fayette for free, but he got to work with Dr. Dick Rutland (now his father-in-law), and a house and an office were provided for him.

He saw her again for years and admits that he never thought he would marry a doctor's daughter. "Her upbringing was so different from mine," he says carefully. "Ironicly, having grown up in a doctor's family, Cindy had determined never to marry a doctor. (Nevertheless, they are now married and parents of four children.)

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Dr. McBrearty is past president of the Alabama Chapter of the Academy of Family Physicians. He applauds the trend which is bringing family physicians into prominence in rural medicine. "We have to get broad-based exposure to generalised knowledge that prepares them to be excellent diagnosticians," he comments. "I believe one was too low, and you have to know too much!"

At the same time, he worries that Alabama's medical schools are not recruiting or producing enough doctors interested in primary care especially family practice. He cites family physicians as particularly needed because of the relationships they form with patients that allow them to know histories and give them a treatment for chronic problems. He attributes that to the influence of specialty medicine and the subspecialist faculty in the medical school environments. These physicians look down on the LMDs (local medical doctors), he says, and they convey that attitude to the students.

While Dr. McBrearty takes care of patients and energetically defends family practice on a political front, his wife goes quietly but effectively about her community activism. She was on the Planning and Zoning Board of Baldwin County for fourteen years. She favors controlled growth, and she has pushed for sign control and landscaping. She has also been active in environmental issues, especially the efforts of Baldwin County United to Boulder Mobile Bay. She has been PTD president at her children's schools and served as a school trustee for three schools. Her women's service organization has launched awareness and prevention programs in every school to combat child abuse and promote drug safety. The Mobile Bay Monthly, a prestigious local publication, included her in a feature article on "Steel Magnolias: Women Making a Difference." Her latest project, a community playground of elaborate wood structures and art projects, built by local volunteers, included her in a feature article on "Steel Magnolias: Women Making a Difference.

She also shows me the two houses she has rented out since her children's summer activities, she is getting everything ready for a family trip to Alaska in July. We have supper at the McBreartys' home where the floors are being refinished and Cindy apologizes for the furniture and boxes stacked haphazardly off the floors and in her way. Dr. McBrearty shows off his sports car collection. His only real hobby, he says, "His vice," says his wife. "We sit on the front porch swing on a tree-lined street under a second-floor bay window which faces the street and displays a lighted shamrock. "We put a Christmas tree up there in December," says Cindy. "If we're late getting it up, people call and complain. It's like the community Christmas tree!"

"I enjoy coming over here," she says of her renovation and rental project. "When I straighten it up, it stays straight." Home is often chaotic, she explains, with four children and their busy activities. In addition to her community work and her children's summer activities, she is getting everything ready for a family trip to Alaska in July. She has launched awareness and prevention programs in every school to combat child abuse and promote drug safety. The Mobile Bay Monthly, a prestigious local publication, included her in a feature article on "Steel Magnolias: Women Making a Difference." Her latest project, a community playground of elaborate wood structures and art projects, built by local volunteers, included her in a feature article on "Steel Magnolias: Women Making a Difference.

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