

On Rounds

The University of Alabama
College of Community Health Sciences

Volume 13, Number 2

Honors Convocation Issue

Summer 2003

27th Annual Honors Convocation

Graduating Medical Students Recognized in May

Graduates of the University of Alabama School of Medicine who completed their medical training on Tuscaloosa's clinical campus of UASOM were recognized on May 16, 2003, at the 27th Annual CCHS Honors Convocation. **David Mathews**, President and Chief Executive Officer of the Kettering Foundation in Dayton, Ohio, was the speaker for the event held at the Four Points Hotel in Tuscaloosa. Dr. Mathews was president of UA 1969-1980 and was instrumental in establishing the College of Community Health Sciences in 1972.



Dr. Patil

Dr. **Lala Patil** of Centerville was named Preceptor of the Year, for her dedication to teaching medical students on Community Medicine and Family Medicine rotations at her family practice in Bibb County.

State Representative **Jeff Dolbare** received special recognition as an honorary Rural Medical Scholar to acknowledge his support for the UA Rural Medical Scholars Program, which is based at CCHS and recruits rural students into medical careers in rural Alabama. The program, which was founded in 1996, draws heavily upon the philosophy of Dr. William R. Willard, the "Father of Family Medicine" and the founding dean of CCHS who taught that *physicians must understand and be part of the dynamics of the community...*



Dr. Beth Gober receives the Academic Achievement Award from Dean William A. Curry for highest average in clinical training at CCHS.



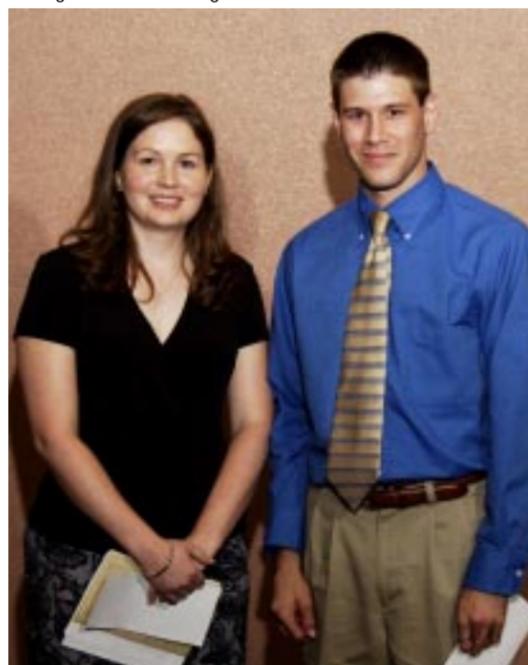
Jeff Dolbare (left) received an honorary Rural Medical Scholar award from Dean Curry, Dr. John Brandon, and Dr. John Wheat.

Awards were given by each department to their top students, and Dr. **William R. Shamblin**, Professor Emeritus of Surgery, for whom the Surgery Award is named, received a standing ovation and a special award honoring him for his support of the college. (See more about Dr. Shamblin on page ?)

The Tuscaloosa senior medical students cite excellence in teaching at Honors Convocation by giving the Faculty Recognition Award for the Junior Year and the Patrick McCue Award for contributions to medical education in the senior year. This year's class gave both faculty teaching awards to Dr. **Eugene Marsh** and honored Dr. **Salih Faldon** with the Resident Recognition Award for teaching.

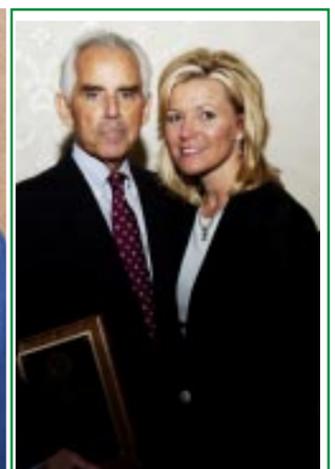
Emily Dolbare, MD, received the prestigious William R. Willard Award. This singular recognition is awarded annually to a senior medical student for outstanding contributions to the goals and mission of the College of Community Health Sciences. Dr. Dolbare, a Rural Medical Scholar, also won the Robert F. Gloor Award in Community Medicine.

Collin King, MD, was honored by his classmates with the James H. Akers Memorial Award. This award, chosen by members the graduating senior class, is presented annually to the Tuscaloosa Senior who best personifies both the art and the science of the practice of medicine.



Dr. Collin King (right) was chosen by members of his class to receive the James H. Akers Memorial Award, presented annually to the Tuscaloosa senior who best exemplifies the art and science of the practice of medicine. Class President Bridget Brunner, MD, (left) presented the award.

Former UA President and CCHS co-founder, Dr. David Mathews, was keynote speaker.



Dr. Shamblin with his wife, Kay, after the presentation holds the plaque presented to him by Dr. Wallace which reads:

FOR
OUTSTANDING CONTRIBUTIONS,
SETTING HIGH STANDARDS
AND
STRONG LEADERSHIP
IN
THE DEPARTMENT OF SURGERY

College of
Community Health Sciences
THE UNIVERSITY OF ALABAMA
SCHOOL OF MEDICINE

May 16, 2003

REFLECTIONS

by William A. Curry, MD, FACP, Dean

Recalling Our History...



Dr. Curry

In the spring of 1972, David Mathews, Bill Willard, John Burnum, Dick Rutland, and others committed themselves and The University of Alabama to an intensive experiment unique in the history of academic medicine. Their purposes were three-fold: 1) to address the need for physicians in rural Alabama; 2) to counter the trend toward technology-driven, expensive, and impersonal patient care; and 3) to expand the definition of health and of health professions education to include the community as essential and central to such a model. The result was the College of Community Health Sciences (CCHS). To give life to their vision, key components of CCHS from the start were a Family Practice Residency; community-based education for medical students, residents, and other health professions students; and community-responsive research and outreach. At every level, the approach was to be interdisciplinary.

The early team was soon to expand to include John Packard, Bobby Moore, Bob Pieroni, David Hefelfinger, and a "Kentucky Mafia" emigrating with Willard from the new UK College of Medicine, including Bill Winternitz, Roland Ficken, Doug Scutchfield, Russ Anderson, and Bob Gloor. So as Americans walked on the moon, as the war in Vietnam became a raging controversy, and as students demonstrated and rioted on campuses across the nation, Mathews, Willard, and company forged a new kind of college, with a new kind of mission, with a new kind of name.

As we approached the 30th Anniversary of the founding of CCHS, it was apparent to me that for most of the CCHS family of alumni, students, residents, staff, and even faculty, our knowledge of the CCHS story was limited - mostly limited to tales of the rivalries between CCHS and the larger UA medical campus in Birmingham. While knowing the truth about that part of the story was necessary, a view restricted to that perspective alone was sure to be lacking in many ways. CCHS Dean Emeritus Wilmer Coggins has given generously of his time and skill to head a superb effort of volunteers and staff to produce the gift of this story well told -- in a book which has been completed and submitted for publication (See article, column 2.)

It is a story not just about the struggles - academic, financial, political, or personal - but about the reasons for those struggles: the purposes born of the efforts of our founders, and the results we can claim over those thirty years. It is important to know the truth about it all, because knowing it frees us for today's work. Surely it is so that he who ignores the lessons of history is condemned to repeat them. Beyond that, there are interesting parts of the story that have national implications, both in medical education and in the realm of public policy.

However, in sifting the facts and plotting the vectors of the past thirty years, another, even more substantial reason for studying the history of CCHS emerges. It is that in doing so we can establish relationships with the minds and hearts that brought the experiment to life. We have the limited opportunity to get to know the people who did it, because many of the founders and early leaders are still with us. Not only are they able, but willing, to recall, to reflect and - many of them - to spend considerable time in writing and refining the story. For them, as well as for students, residents, patients, and communities of people in Alabama and indeed across the nation - we can be grateful. They have contributed to a rich and fulfilling journey.

The journey begun amidst exploding azaleas and dogwoods, a journey designed to confront exploding technology, health care costs, and emerging dissatisfactions about the American system of health care, has continued. The routes have been both predictable and unpredictable. The reasons for the founding of CCHS are if anything more acute today than they were thirty years ago: rural communities have even more complex medical, economic, and social distress; American health care is even more technology-driven, expensive, and impersonal; and the role of community in health care and in other essential relationships and decision-making faces an uncertain future.

The people of our state and nation are crying out for something different, something to clarify and balance the whole confusing system. If we are going to participate in the discussion, we still need the vision of thirty years ago, refined and adapted for today. We still need physicians and others educated and trained with an extra dimension, an additional set of tools in their black bags. We still need *A Special Kind of Doctor*.

William A. Curry, M.D., F.A.C.P.
Dean, CCHS



Dr. Marsh Widely Honored in 2003

E. Eugene Marsh, III, MD, Associate Dean for Academic Affairs at CCHS, has received a number of awards from medical students this spring and was also chosen by the Arnold P. Gold Foundation to receive the Leonard Tow 2003 Humanism in Medicine Award to an OUTSTANDING FACULTY ROLE MODEL. The Arnold P. Gold Foundation, set up to foster humanism in medicine, honored Marsh for

"exemplary compassion, competence and respect in the delivery of care." Dr. Marsh also won the Argus Award for Excellence in Teaching and the Argus Award for Outstanding Teaching Achievement. Students of the University of Alabama School of Medicine present Argus awards annually to recognize outstanding faculty members. In addition, the Tuscaloosa senior class honored Dr. Marsh at the 2003 Honors Convocation by selecting him for the Faculty Recognition Award (for outstanding undergraduate medical education during their junior year) and for the *Patrick McCue* Award, given each year by the senior class, to recognize outstanding contributions to medical education during the senior year.



Dr. Marsh (left) receives Patrick McCue Award for excellence in teaching from Dr. Randy Quinn.

History Book Complete; Submitted to Publisher

The CCHS History Committee completed the writing of the 30-year history that has been in the works for two years. The 300-page manuscript was submitted to the University of Alabama Press in early May for consideration. Members of the committee, led by Dean Emeritus Will Coggins, are hopeful that the Press will agree to publish the book. According to Daniel Ross, director of the Press, the process typically takes about 18 months from start to finish.

The book starts with an overview of the earliest attempts at medical education in the state, which began in 1859 in Mobile. From there, the school was moved to Tuscaloosa to become part of the University of Alabama in 1920. This two-year program, which was the state's only program for training doctors at the time, was based in Tuscaloosa at Nott Hall until the decision was made to build a four-year medical school in Birmingham in 1945.

The book then details the planning for what would become CCHS, including the various political factors at work. The program officially began in 1972 with the appointment of William R. Willard as the first dean.

The book also discusses the struggles that made up the early years of the medical education program and highlights the slow evolution of CCHS to its current condition today. The outcomes of the program are also detailed.

The book is tentatively titled, *A Special Kind of Doctor: The History of the College of Community Health Sciences*. The title, which reflects the emphasis on training family doctors for rural practice, was suggested by Dean Curry.

The creation of the book represents a lot of work by many people. Dozens of people inside and outside the College agreed to be interviewed, and several individuals have been helpful in gathering records, typing material, and doing research, particularly personnel in the Dean's Office: Vicki Johnson, Linda Wright, Carol Boshell, Pat Murphy and Barbara Lord. Nelle Williams and Sharon Glenn in the Health Sciences Library have been extremely helpful. Many of the faculty and staff in the academic departments have graciously provided the committee with information, recollections and support.

-Patricia West

Flight Attendants Fund Airline Smoking Study

The Center for the Study of Tobacco and Society at CCHS is currently documenting the history of smoking on airlines. **Alan Blum**, MD, Professor and Gerald Leon Wallace Endowed Chair in Family Medicine and Director, Center for the Study of Tobacco and Society, is investigating how the tobacco industry worked in concert with airlines to make smoking aloft acceptable, despite the many documented concerns regarding the health effects of exposure to tobacco smoke. An illustrated monograph with a detailed chronology of smoking aloft will be published and a traveling exhibit will be produced. In 2002, The Flight Attendant Medical Research Institute named Dr. Blum as William Cahan Distinguished Professor and awarded him funding for the 3-year project.

Dr. Blum has made a lifelong commitment to educate the public, and especially young people, about the dangers of smoking and the insidious advertising strategies employed to make it appealing. The Center for the Study of Tobacco and Society was established in 1998 when Dr. Blum was appointed to the endowed chair in the College of Community Health Sciences. It is an outgrowth of the tobacco archive which Dr. Blum established in the 1970's. The archive is the largest of its type in the world and has served as an international resource on the tobacco issue for more than two decades. The archive's collections include newspapers, magazines, business trade journals, annual reports, advertisements, point-of-sale displays, posters, signs, toys, video tapes, audio tapes, and more than 25,000 photographs and slides. The archive also holds special collections, such as original press briefing donated by former U.S. Surgeon General Dr. C. Everett Koop covering efforts on tobacco problems during his tenure as Surgeon General from 1981-1989. The activities of the archive have been previously supported by foundations, national and international health organizations, state agencies, research centers, businesses and private donations. For more information contact the archive at (205) 348-2162.

Hooper Named OB/GYN Chair

Dean Curry has recently appointed **Dwight Hooper, MD**, as Chair of the CCHS Department of Obstetrics and Gynecology. "Dwight has served ably as Interim Chair and has the enthusiastic endorsement of the other members of the OB/GYN department. Please join me in welcoming and supporting him as he



Dr. Hooper

assumes the position on a permanent basis," said Dr. Curry. Dr. Hooper, a Maryland native and graduate of the University of Maryland School of Medicine, completed internships in general surgery and internal medicine before entering an OB/GYN residency at Harbor Hospital Center in Baltimore. He is a Diplomate, American Board of Obstetrics and Gynecology, and a Fellow, American College of Obstetricians and Gynecologists. Prior to coming to Tuscaloosa was in private practice in Atlanta, where he was a clinical assistant professor at Morehouse Medical College and then at Columbus Regional Healthcare in Columbus, Georgia, and Phenix City, Alabama. He and his wife, Connie, are parents of three sons and a daughter.

Sundar to Chair Internal Medicine Brings Love for Teaching to Interim Role

Dr. Vijaya Sundar, Assistant Professor of Internal Medicine and a clinical faculty member at CCHS since 1985, accepted the position as interim chair of internal medicine because she "wants to make a difference in teaching." She wants CCHS to be one of the best medical schools for clinical teaching of internal medicine, she said. Educated in India, she was valedictorian and her scores on national testing there ranked her as a National Merit Scholar.



Dr. Sundar

She graduated from Madras Medical College and was a tutor there before coming to the U.S. She completed her residency in New York at Flushing Hospital, an affiliate of the Albert Einstein College of Medicine, where she was selected as Best Intern in Internal Medicine. Dr. Sundar oversees a teaching clinic in endocrinology, one of her clinical practice interests, and supervises students in advanced psychology courses at UA. Dr. Sundar and her husband, Tuscaloosa gastroenterologist S.B. Sundar, have a son who just graduated from Emory and a daughter who is a student there.

Sheppard, Lehman Become Internal Medicine Hospitalists

Robert Sheppard, MD, and **Charles Lehman, MD**, have joined CCHS and will focus on hospital-based teaching and service.

Dr. Sheppard, a graduate of Dothan High School and The University of Alabama, earned his MD degree at the University of Alabama School of Medicine (UASOM). He completed his internship and residency in internal medicine at the University of South Alabama College of Medicine and then took specialized training in cardiology for an additional year. He has been in private practice in internal medicine and cardiology in Carrollton, Alabama, since 1980, and has been an active member of the Pickens County Medical Center staff since that time, serving as president of the Medical Staff four times and serving as chairman of the board of directors for the medical center for eight years.

Dr. Sheppard is a member of the Medical Association of the State of Alabama (MASA), the American Society of Internal Medicine, and the American Institute of Ultrasound in Medicine. He has been director of the Diagnostic Ultrasound Laboratory at Pickens County Medical Center since 1982. He also directs the Cardiovascular and Peripheral Vascular Laboratory there (since 1980) and the Intensive Care Unit (since 1981).

He has been a CCHS assistant clinical professor of Community Medicine since 1992, and serves as clinical preceptor in the department of internal medicine, division of internal medicine and geriatrics for the USA College of Medicine.

His hobbies are hunting, fishing, slalom water skiing, and personal computers; and he is a freelance outdoor writer and a product consultant for outdoor industries.

Dr. Lehman has transitioned from a busy office and hospital practice at Northport Internal Medicine to in-patient based internal medicine. He has been active on the Northport Medical Center staff, as Chairman of the Dept. of Medicine, member of the Performance Improvement Council, and member of the information services committee -- overseeing implementation of medical records systems as they applied to physicians at the hospital.

He graduated *magna cum laude* from Vanderbilt in 1991 and earned his MD at UASOM. He completed his internship and residency in internal medicine at the University of Tennessee School of Medicine in Memphis.

His hobbies are golf, gardening, and computers, especially networking, internet applications, medical information systems, and medical education services.

In Memory of Dr. Bill Shamblin

The College of Community Health Sciences Tuscaloosa surgeon and UA Professor Emeritus, Dr. William R. Shamblin, died July 10, 2003, at the age of 66. Shamblin organized the College of Community Health Sciences Department of Surgery and recruited volunteer faculty when the medical branch campus was established in Tuscaloosa in the early 1970's. He was Chairman of the Department of Surgery for 11 years.

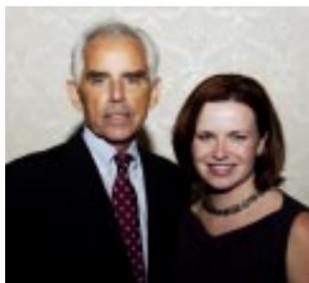
"Dr. Shamblin had a deep commitment to medical education and to the College of Community Health Sciences. He was invaluable as a member of the Lister Hill Society Board of Directors for many years, giving of his time and money. He is one of the most compassionate and dedicated physicians I have ever met," said CCHS Advancement Director Vicki Johnson.

Dr. Shamblin funded two state-of-the-art computer labs at CCHS in memory of his father, Dr. Roscoe Shamblin, one for medical students and another for the residents. His dedication to excellence in medical education made it possible for the residents and medical students at CCHS to have the latest technology as they prepared for medical practice in a field that was rapidly becoming computerized.

Dr. Shamblin, known to many as "Dr. Bill," served the Tuscaloosa community for many years as a general surgeon. He was from a family of doctors. Altogether, ten Shamblin's have practiced medicine in Tuscaloosa. In the 1930's, the DCH staff consisted of ten physicians, and four were Shamblins.

Dr. Shamblin graduated from the University of Alabama in 1959 and earned his medical degree from Tulane School of Medicine. He interned at Oschner Foundation Hospital in New Orleans and trained in General Surgery at The Mayo Clinic in Minnesota. He earned a Master of Science in Surgery from The University of Minnesota in 1968 and served in a military practice at Fort Benning during 1967-1968.

He began private practice in Tuscaloosa in 1968 with particular interest in vascular, general and later trauma surgery. He was appointed Professor of Surgery at The University of Alabama School of Medicine in 1991. Working with the students and residents was a tremendous joy to him. He was honored for his outstanding contributions and strong leadership in the Department of Surgery at The University of Alabama School of Medicine. Recently, The University designed the "William R. Shamblin" award in his honor to be given to the top surgical student, and he and his family were present at the 2003 Honors Convocation in May when the award was first presented.



Dr. Shamblin with Dr. Beth Gober, who received the first William R. Shamblin Surgery Award in May.

Remembering Dr. Bill Shamblin

Dean **William Curry**, who honored Dr. Shamblin at ribbon-cutting ceremonies for the new computer labs and at Lister Hill receptions, spoke of Dr. Shamblin's critical support for CCHS when it was founded and his invaluable contribution in organizing volunteer faculty to teach in the new surgery department. "His continuing support for the college," said Dr. Curry, "demonstrates his commitment to providing the very best medical education possible."

Dr. Timothy Winkler, Associate Chair of Surgery, was one of Dr. Shamblin's medical students, and expressed his admiration for him as a surgeon and was saddened by his illness and death. **Dr. Joseph Wallace**, Surgery Dept. Chairman, spoke for the department and the college at the 2003 Honors Convocation when he commended Dr. Shamblin for his leadership and generosity to CCHS. **Nikki Moore**, Surgery Program Coordinator since 1978, who worked with Dr. Shamblin longer than anyone else in the College, said, "Dr. Shamblin worked very hard opening doors for our students and residents with local surgeons. He also worked closely with Dr. Willard to "launch" the college here. The College was an important part of his life and continued to be for many years. He was known by his peers for his professionalism and by his patients for his compassion. We all will miss him."



Dr. Bill Shamblin, accompanied by his brother Dr. Jim Shamblin (left), cuts the ribbon to open the computer center for medical students.



Dr. Shamblin with Willard Award winner Beverly Joseph and Dean Curry at the 2000 Honors Convocation.

CCHS Assisting Research on Vaccine for Cytomegalovirus

The College of Community Health Sciences is involved in a Cytomegalovirus (CMV) Vaccine Study. A study vaccine is being offered to women who have recently delivered a baby at DCH Regional Medical Center or Northport Medical Center who are seronegative. The purpose of this study is to develop a vaccine to prevent CMV infection of mothers and their unborn babies.

CMV is the leading cause of congenital infection in the U.S. and the leading infectious cause of hearing loss and brain damage in infants. CMV is a common virus that infects people of all ages throughout the world. In the U.S. 50-85% of adults will usually have had CMV by the age of 40, but the person infected usually has no signs or symptoms.

However, when CMV infection occurs in a pregnant woman, the virus can be passed to the unborn fetus and can lead to central nervous system damage. Each year around 40,000 infants born in the U.S. have congenital CMV infection. Around 6000 to 8000 of them will have sensorineural hearing loss, mental retardation, cerebral palsy or impaired vision. There is no effective treatment for congenital CMV.

This study is a collaboration between investigators at UAB and CCHS. The CCHS Principal Investigator is **Dr. Ashley Evans**, Assistant Professor of Pediatrics; **Dr. Dwight Hooper**, Assistant Professor and Chair of Obstetrics and Gynecology is a co-investigator. **Dr. Robert Pass**, Professor of Pediatrics and Microbiology at UAB, has been involved in research on congenital CMV infection for over 20 years and is the lead investigator for the study. There is no infectious virus in the vaccine. Previous studies with this vaccine have shown that it is safe, well-tolerated and stimulates a vigorous antibody response to the virus. This Phase II clinical trial is sponsored by the National Institutes of Allergy and Infectious Diseases. For more information about this study, call Liz Davis, RN, study coordinator, at (205) 348-0780.

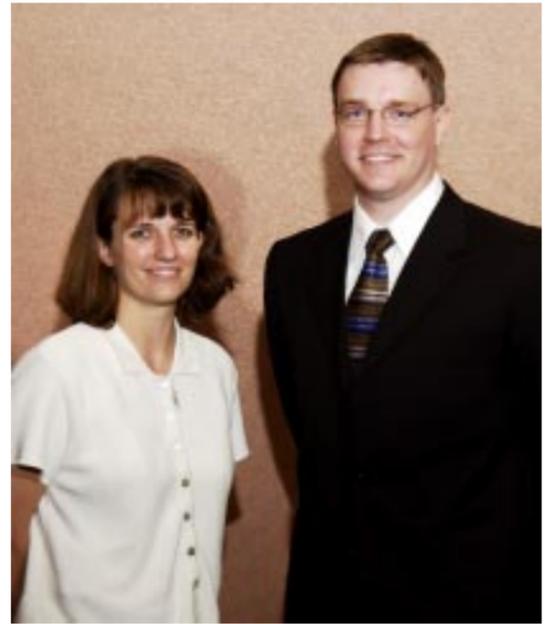
Honors Convocation (from page 1)

Elizabeth Gober, MD, earned the CCHS Scholastic Achievement Award. This award is presented to the senior with highest academic performance during the clinical years in Tuscaloosa. Dr. Gober also received the American Medical Women's Association Janet M. Glasgow Award, which recognizes each woman who is in the top ten percent of her class, and the Merck Manual Award. Dr. Gober received departmental awards in Obstetrics and Gynecology, Neurology, and Surgery.

The Larry Mayes Memorial Scholarship was awarded to **Amanda Barron**, a Birmingham-based medical student who plans to use the scholarship to work in Lima, Peru.



Dr. Emily Dolbare receives the William R. Willard Award from Dean William A. Curry. The honor is named for the founding dean of the college and recognizes the graduating senior who best reflects the goals and mission of the College of Community Health Sciences. Dr. Dolbare is a Rural Medical Scholar from Washington County.



Dr. Randy Quinn won top honors in Family Medicine. The award was presented by Dr. Laura Satcher (left).

DEPARTMENT AWARDS: Presented at Honors Convocation, 2003 UA College of Community Health Sciences

Family Medicine Award	Randall Quinn
William W. Winternitz Award (Internal Medicine)	Medinah Faldon
Pediatrics Award	Vandy Black
Peter Bryce Award (Psychiatry)	Christina Gerhardt
Robert F. Gloor Award (Community Medicine)	Emily Dolbare
William R. Shamblin Surgery Award	Jason Kennedy and Elizabeth Gober
Finney-Akers Memorial Award (Obstetrics-Gynecology)	Elizabeth Gober
Neurology Award	Christine Castrichini, Elizabeth Gober, and Elizabeth Harper



William W. Winternitz, MD, for whom the award is named, presents the award for excellence in Internal Medicine to Dr. Medinah Muhammad-Faldon.

Dr. Vandy Black with Dr. Ashley Evans (right), who presented the Pediatrics Award.



Dr. Joseph Wallace presents the William F. Shamblin Surgery Award to Dr. Beth Gober.

Below: Dr. Salih Faldon (right) received the Resident Teaching Award from the senior class. It is presented by his wife Medinah, a member of the graduating class.

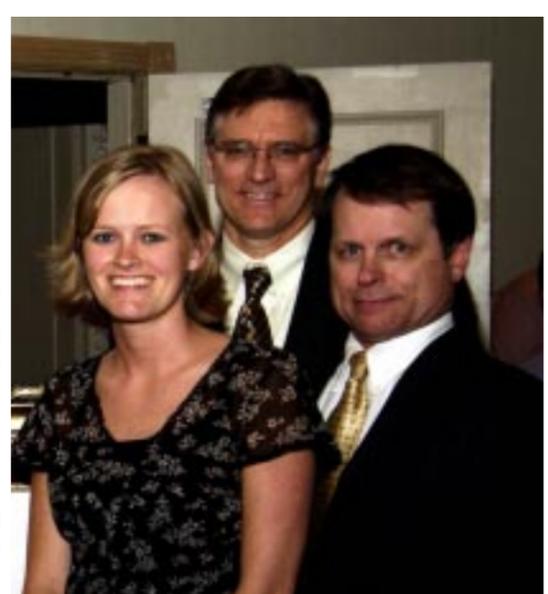


Neurology award winners with Dr. Eugene Marsh: Dr. Beth Gober, Marsh, Dr. Elizabeth Harper, and Dr. Christine Castrichini.



Dr. Christina Gerhardt (l) receives the Peter Bryce Award for Excellence in Psychiatry from Dr. Nancy Rubin.

Dr. Emily Dolbare, a Rural Medical Scholar who was also a Rural Health Scholar in high school, won the Robert F. Gloor Award for Community Medicine. She is congratulated by her mentors, Professor John Wheat, MD, (center), who presented the award, and John Brandon, MD, RMSP Medical Director.





2003 grads (front): Medinah Muhammad-Faldon, Emily Melton, Bridget Brunner, Beth Gober, Jessica Ammons, Jeremy Pepper, Brad Ginevan, Zynia Pua-Vines, Chrissy Castrchini. Back: John McDonald, Christi Gerhardt, Vandy Black, Emily Dolbare, Greg Reynolds, Elizabeth Harper, Wade Martin, Josh Smith, Collin King, Jonathan Cole, Brian Valentine, Randy Quinn, Lee Thompson, Dustin Sheppard, Melissa Ojeda.

CCHS's Newest Alums Enter Residency Training

University of Alabama School of Medicine- Tuscaloosa
NATIONAL RESIDENT MATCH PROGRAM – 2003

<u>NAME</u>	<u>PROGRAM</u>	<u>SPECIALTY</u>
Ammons, Jessica M.	UAB Medical Center, Birmingham, AL	Pediatrics
Black, L. Vandy	UAB Medical Center, Birmingham, AL	Pediatrics
Brunner, Bridget S.	Univ. of TN-Chattanooga, Chattanooga, TN	OB/GYN
Castrichini, Christine M	Univ. of TX-Southwestern, Dallas, TX	Pediatrics
Cole, Jonathan B.	Baptist Health System, Birmingham, AL	Internal Medicine
Dolbare, Emily L.	Bowman Gray/Wake Forest Med. Cntr., Winston-Salem, NC	Internal Medicine
Fuller, Brian M.	Univ. of Cincinnati Hospital, Cincinnati, OH	Emergency Medicine
Gerhardt, Christina Michael	Oregon Health Sciences University, Portland, OR	Pediatrics
Ginevan, Brad M.	Univ. of TN Medical Center-Knoxville, Knoxville, TN	Surgery
Gober, Elizabeth H.	UAB Medical Center, Birmingham, AL	OB/GYN
Harper, L. Elizabeth	Vanderbilt Medical Center, Nashville, TN	Prelim. Internal Medicine
	Vanderbilt Medical Center, Nashville, TN	Neurology
Kennedy, Jason D.	Carraway Methodist Medical Center, Birmingham, AL	Transitional
	UAB Medical Center, Birmingham, AL	Anesthesiology
King, Collin K.	Baptist Health System, Birmingham, AL	Transitional
	UAB Medical Center, Birmingham, AL	Anesthesiology
Martin, T. Wade	Univ. of KY Medical Center, Lexington, KY	Anesthesiology
McDonald, John T., Jr.	Univ. of South Alabama Medical Center, Mobile, AL	OB/GYN
Melton, Emily Y.	Medical College of Wisconsin, Milwaukee, WI	OB/GYN
Muhammad-Faldon, Medinah	Emory Univ. School of Medicine, Atlanta, GA	Internal Medicine
Ojeda, O. Melissa	Univ. of Chicago Hospitals, Chicago, IL	OB/GYN
Pepper, Jeremy S.	Earl K. Long Memorial Hospital, Baton Rouge, LA	Emergency Medicine
Pua-Vines, Zynia R.	Deferred	
Quinn, Randall L.	Tuscaloosa Family Practice, Tuscaloosa, AL	Family Medicine
Reynolds, Gregory B.	Carolinas Medical Center, Charlotte, NC	OB/GYN
Sheppard, J. Dustin	Baptist Health System, Birmingham, AL	Prelim. Internal Medicine
Smith, Joshua E.	Deaconess Medical Center, Spokane, WA	Transitional
	UAB Medical Center, Birmingham, AL	Anesthesiology
Thompson, T. Lee	Baptist Health System, Birmingham, AL	Internal Medicine
Valentine, Brian N.	Methodist Hospital of Memphis, Memphis, TN	Transitional
	SUNY Health Science Center, Syracuse, NY	Radiology



On behalf of the senior class, Dr. Elizabeth Harper presents Dr. Eugene Marsh with an award for contributions to medical education in the junior year, one of two teaching awards he received from the graduating class.



Dr. Ashley Evans (at podium) and Dr. Karen Burgess (right) awarded "Kids Rule" tee-shirts to top seniors in pediatrics: Vandy Black, Christi Gerhardt, Chrissy Castrchini, and Jessica Ammons. Inset: Ammons examines her new shirt.



Beth Gober (l) and Chrissy Castrchini (r) with Dr. Cathy Gresham, Director of Medical Student Affairs, won Janet M. Glasgow awards for academic excellence.

New Residents Join Family Practice Residency Program

Front: Tim Viator, Jay Darji, Saquib Hamid, Chan Nguyen
Middle: Song Yu, Irma Higginbotham, Suzanne McLeod
 Muhammad Choudry
Back: Dr. Sam Gaskins, Han Chen, Jason Todd,
 Randy Quinn, Antoine Adam
Not Pictured: Antoanela Zaharia

Antoine Adam, MD, was born in Port-au-Prince, Haiti and came to America in his teens. He earned his degree in Management at Polytechnic University in Brooklyn, NY, and went to the Universidad Central Del Este for medical school and graduated in 1999. Since then, he has worked in NY as a clinical investigator and a medical clinical trainee. Dr. Adam speaks fluent Spanish, French, and Portuguese.

Han Chen, MD, was born in Taipei, Taiwan, but has lived in America most of his life. He graduated from UCLA with a degree in biology and went to medical school in Mexico for two years before transferring to Karol Marcinkowski in Poland and graduating in 2001. He speaks Mandarin, Taiwanese fluently and is learning Spanish.

Muhammad Choudry, MD, was born in Gojra, Pakistan. He has lived in America since he was 3 years old. He went straight from high school to the Universidad Iberoamericana in the Dominican Republic where he received his medical degree in 2000. After graduating from medical school, Dr. Choudry worked as an assistant pharmacist and an assistant in an Emergency Room. He is fluent in Spanish, Urdu, Punjabi.

Jay Darji, MD, was born in Ankav, India, and grew up in Auburn, AL. He went to graduated from the University of Alabama at Birmingham with a degree in Neuroscience. He went to medical school at St. George's University and graduated in 2002. While at St. George's, he took a year leave so that he could help set up Medschool.com, a computer program to help medical students, residents and patients. Dr. Darji helped develop a series of online lectures, many of which were geared toward USMLE review. Dr. Darji has had several articles published while in college and medical school. He has a wife, Kesha, and daughter, Amisha, and he and his wife are expecting another child soon.

Saquib Hamid, MD, was born in Karachi, Pakistan, and came to America when he was 4 years old. He graduated from Illinois Benedictine University with a degree in biology. Before he went to medical school, he was a tennis instructor and curator. He went to medical school at Saba University in the Netherlands Antilles and graduated in 2001. Before beginning his residency, he did research at the Hektoen Institute for Medical Research.

Irma Higginbotham, MD, was born in Moscow, Russia, and graduated from Moscow Medical Academy in 1993. After completing OB/GYN Residency in Russia, she worked as a gynecologist there. She came to America in 1998 when she married her husband, David. She lived in Jackson, MS, for five years and worked as a volunteer-observer at Jackson Medical Center for a year before coming to Tuscaloosa. She and her husband have one son, David.

Suzanne McLeod, MD, was born in Mobile, AL., and attended college at the University of South Alabama, graduating in 1998 with a degree in biology. While going to USA, Dr. McLeod worked as a nursing assistant in the ER at the University of South Alabama Children's and Women's Hospital. She went to medical school at the University of Mississippi School of Medicine and graduated in 2003.

Chan Nguyen, MD, was born in Vietnam, but has lived in America since he was 10. He went to undergraduate school at the University of California, Irvine and graduated with a degree in biological sciences. Before going to medical school, Dr. Nguyen worked as client service advocate for Coming Nichols Institute. He went to medical school at Ross University in the Dominica and graduated in 2002. He is fluent in Vietnamese.

Randy Quinn, MD, a Rural Medical Scholar from Pleasant Grove, was born in Birmingham, AL. He earned his degree in chemistry at the University of Montevallo. He completed his master's degree in health education at The University of Alabama. He graduated from medical school at UASOM. in 2003 He did his last two years of medical school in Tuscaloosa and won the Family Medicine Award at the CCHS Honors Convocation in May.



Jason Todd, MD was born in Montgomery, AL. He went to undergraduate at Auburn University and graduated with a degree in Pre-Medicine/Zoology. He worked as a physical therapy technician before going to medical school. He went to medical school at St. George's University and graduated in 2003.

Tim Viator, MD, is a native of New Iberia, LA., and attended Louisiana State University A&M, where he graduated with a degree in Zoology. He went to medical school at Louisiana State University School of Medicine in New Orleans and graduated in 2003. He worked as an assistant rugby coach at Jesuit High School while he attended medical school. He has a wife, Virginia.

Song Yu, MD, was born in Jang Hong, South Korea, and came to America at the age of 12. He graduated from Michigan State University with a degree in biology. He went to medical school at Yonsei University in South Korean and graduated in 1999. After returning to the U.S., Dr. Yu opened Your Fragrances, which was located on Times Square in New York. He has a wife Eun, a daughter Jean, and a son, Gene. He is fluent in Korean.

Antoanela Zaharia, MD was born in Bucharest, Romania. She went to medical school at Carol Davila in Romania and graduated in 1997. She completed 2 years of a family medicine residency in Romania. She went to Montreal in 2001 and lived there until she joined our residency. She is fluent in Romanian and French.

Lister Hill Society Board Meets

The Lister Hill Society Board of Directors met on April 17, 2003, at Indian Hills Country Club. **Alice Maxwell** was elected as the new President of the Board and **Sammy Watson**, Vice President.

Tommy Hester has served as President for the past three years and will remain active on the Board. New board members elected are: **Charles Hilburn**, **Eddie Sherwood**, **Kay Bunn**, **Jimmie Clark, MD**, and **Betty Shirley**. Other Board members are Dean Emeritus **Wilmer Coggins, MD**, **Sam Gaskins, MD**, **Anne Monfore**, **Michael Taylor, MD**, and **William W. Winternitz, MD**. Planning has begun for the upcoming 5th annual Lister Hill fund-raiser set for November 13, 2003 at the Warner Museum.

In other business, the Board voted to make a major gift of \$25,000 to the CCHS building fund.



Alice Maxwell, Tommy Hester, and Anne Monfore at a Lister Hill reception in 2000.

Building Update

Construction of the new 77,000 sq.ft. facility, to house the College of Community Health Sciences remains on schedule. The building will consolidate clinical and administrative offices, providing for greater efficiency in operation.

Steering Committee members for the building fundraising effort are: Madeleine Hill, Chair, Jim Flemming, Anne Moman, Dean Emeritus Roland Ficken, Ph.D., Ed Shotts, MD, Carol M. Johnson, MD, Roxie J. Hill, Jon Sanford, MD, Fuller Kimbrell, Donnie Smith, MD, Dean William A. Curry, MD, and Vicki Johnson.

The committee set a goal of \$3.1 million for private gifts and have raised \$1.1 to date. Several people have taken advantage of naming opportunities in the new building and others remain. Spaces named to date are: The Betty Shirley Clinic for Psychiatry and Behavioral Medicine, Ebergen Psychiatric Administrative Suite, Anne & Buddy Moman Reception area, Psychiatry Suite, Bank of Tuscaloosa and Jim & Dianna Flemming Clinic Lobby, William W. Winternitz Internal Medicine Administrative Suite, Reese Phifer, Jr. Internal Medicine Lobby, and the Tosyali Dean's Office and Conference Room.

For more information on the project or naming opportunities, contact Vicki Johnson, (205)348-0093 or vjohnson@cchs.ua.edu.



This is the side of the new CCHS building facing the campus. The street at the bottom of the picture is University Boulevard. In the background at the far left is the old water tower behind the present Capstone Clinic building.



Notes from Alums

Jimmie Clark Wins FleetBoston Community Fellows Award from Brown Medical School

Dr. Jimmie Clark, a 1995 residency graduate, has been awarded a 2003 FleetBoston Fellowship, an award to graduates of Brown Medical School who exemplify the qualities of social responsibility and human service in their medical careers. The innovative loan relief program for outstanding Brown medical graduates was made possible by support from the FleetBoston Charitable Foundation. Dr. Clark was one of only nine recipients chosen from a nationwide pool of 25 Brown alumni nominees.



Dr. Clark and Dr. Wheat confer on Rural Minority Scholars Program.

Dr. Clark, a family physician in Tuscaloosa, has been active in the American Academy of Family Physicians and was appointed as resident representative to the AAFP Committee on Minority Health Affairs when she was a second year resident at CCHS. She is now president-elect of the Alabama Chapter of AAFP. She is a board member of the Lister Hill Society has also been a preceptor to CCHS medical and premed students, rural scholars, and residents. "Dr. Clark has been an invaluable resource as we set up rural scholars programs and select rural scholars to participate in the programs," said Dr. John Wheat, founder and director of Rural Scholars programs based at CCHS.



Dr. Clark routinely serves on the admissions committee for the Rural Medical Scholars Program. L-R Dr. Richard Rutland, Fayette; Clark; Dr. John Brandon, Gordo; Dr. Brian Perry, Centre.



Dr. Clark, holding daughter, Ava, with her husband Curtis Travis and their son, Justin, with Dr. Laura Satcher (right) at last year's Alabama Academy of Family Practice annual meeting.



Dr. Mike McBrearty (right), 1976 graduate of the Family Practice Residency and the first Chief Resident at CCHS, posed with Dr. Charles Graves, State of Alabama Office of Rural Health, at the Tenth Anniversary celebration of the UA Rural Health Scholars Program in August. Both traveled to attend the event to show support for the CCHS program that brings rural high school students to campus to learn more about health and medical careers in Alabama's rural underserved areas. (More on page 8)

CCHS Alums and First Grads in Rural Medical Scholars Program Lead Residency Programs

Three 1996 Rural Medical Scholars have been chosen as leaders of their residency programs. **Drake Lavender** is Chief Resident of the Tuscaloosa Family Practice Residency. **Kevin Ellis** is Chief Resident in Pediatrics at UAB; and **Paul Tabereaux** will serve as Chief Resident in Internal Medicine at Yale in New Haven, Connecticut. All three completed their clinical training at CCHS and graduated from UASOM in 2001.



Being recognized at Honors Convocation in 2001 are Dr. Tabereaux (top) receiving the Willard Award from Dr. Curry, Dr. Ellis (left) receiving the pediatrics award from Dr. Cockrum, and Dr. Lavender receiving RMS award from Dr. Brandon and Dr. Wheat.



Lister Hill Annual Fundraiser

Westervelt-Warner Museum

NorthRiver Yacht Club

November 13, 2003

(Details to follow)

Alumni Upate

University of Alabama School of Medicine

Tuscaloosa Program

UA College of Community Health Sciences

CCHS Medical Student Family Practice Resident

Please circle the one(s) that apply

Name _____
first middle/maiden last

Address _____

Office phone: _____ Home phone: _____

e-mail: _____

Location and type of practice: _____

Please attach news of your professional, family, and community activities. Include recent photo if possible.

Return to: Linda Jackson, Editor

ljackson@cchs.ua.edu

FAX: (205) 348-9417

Phone: (205) 348-1302

Southern Medical Journal Features Farm Field Trips for Med Students

John R. Wheat, MD, MPH, Professor of Community and Rural Medicine and Internal Medicine, is lead author for an article in *Southern Medical Journal*, "Agromedicine Focus Group: Cooperative Extension Agents and Medical School Instructors Plan Farm Field Trips for Medical Students." Collaborating

Since 1996, the Tuscaloosa program has required third-year medical students to visit a farm with an agricultural extension agent as part of a two-month rural family and community medicine experience. The students learn about extension agents' roles, farmers' concerns, and hazards associated with farming and



Pickens County Agent Sam Wiggins (facing camera) talks with students on a farm field trip. These Rural Medical Scholars, now first year medical students, got a head start on the part of the CCHS third year medical student rural rotation.

authors are Tamela Turner, PhD, Lloyd Weatherly, MS, and Oscar S. Wiggins, MA. The article explains the importance of joint efforts between professionals in agricultural science and medical science in educating medical students who will become doctors treating patients in rural occupations.

the farm environment. A goal for Tuscaloosa students preparing for rural practice, say the authors, is to understand the importance of the agromedicine partnership in addressing needs and concerns arising out of agricultural lifestyles, environments, and products. "The intent is to lay the groundwork for future collaboration" among county agents and these students who will become physicians.

The field trips are valuable to Birmingham medical students, whose ambitions are generally directed toward specialty practice in urban areas, because, according to a Birmingham medical faculty member who participated in the focus group, it gives students a chance to observe differences and disparities among people and practices and talk to people "outside the isolating culture of the academic medical center." Though most of these students will have urban practices, they will have rural patients and interact with rural physicians.

Dr. Blum Lectures in Finland

Alan Blum, MD, Professor and Gerald Leon Wallace Endowed Chair in Family Medicine and Director, Center for the Study of Tobacco and Society attended the 12th World Conference on Tobacco or Health in Helsinki, Finland, where he was invited to give four presentations. In "Artists as Ashtrays: A History of Tobacco Industry Sponsorship of the Arts," Dr. Blum discussed examples of cultural sponsorships by Philip Morris in its quest to become the premier corporate patron of the arts.

Another talk, "Doctors Ought to Care (DOC) and Tobacco: A 25-year Evaluation of Physician Involvement in the Clinic, Classroom, and Community," reviewed more than 30 paid mass media counter-advertising campaigns and satirical sports and cultural events created by DOC, which Dr. Blum founded in 1977 as a resident in family medicine.

In a third presentation, "A Safer Form of Arsenic? The Dynamic Marketing History of Smokeless Tobacco," Dr. Blum traced the history of advertising for oral mucosal tobacco products in the United States. In "Doctors Ought to Care (DOC) and its 10-Year Counter-Advertising Campaign Aimed at Marlboro Consumers," Dr. Blum discussed the brand name ridicule approach utilized by DOC in its campaign to reduce demand for Marlboro.

Dr. Blum also exhibited a poster entitled, "Canaries in the Mine: The Airline Flight Attendants' Fight to End Smoking Aloft," which provides an illustrated history of smoking aloft. The poster is based upon an exhibit prepared by the Center for the Study of Tobacco and Society and displayed at the Flight Attendant Medical Research Institute this spring. In recognition of his efforts in tobacco control, Dr. Blum was one of 15 conference attendees awarded a laptop computer.



Dr. Blum, in the classroom with local students, founded "Doctors Ought to Care" and is committed to teaching young people about the dangers of tobacco use.

Other speaking engagements for Dr. Blum include two presentations last July at the Swedish-American Health System in Rockford, Illinois; the Dr. Richard O'Reilly Lecture at the Bakersfield (California) Medical Center in October; and the National Conference on Tobacco or Health in Boston in December.

UA Rural Health Scholars Program Marks Tenth Anniversary

Rural Medicine Pipeline at CCHS Sees Progress in First Decade

The UA Rural Health Scholars Program (RHSP) and CCHS's Rural Medicine Pipeline celebrated ten years at a luncheon on August 19 attended by students and a wide variety of supporters of rural health programs. RHSP co-founders -- Dr. Bob Garner, Cynthia Moore, and Dr. John Wheat--were recognized. The *Rural Medicine Pipeline Model* was created to find and nurture capable rural students who want to become rural physicians. The basic premise is that rural students are more likely than urban students to become rural physicians. Additional requirements of the rural medicine pipeline are: a) educational programs to produce family physicians with knowledge and skills specific to rural practice, b) rural community educational experiences to offset the influence of training in urban medical centers, and c) public support for rural physician practices in economically depressed areas.

The **Rural Health Scholars Program** (RHSP), the first of the rural scholars programs at CCHS, was initiated in 1993 to attract competitive rural eleventh graders to a five-week summer experience at the University of Alabama to boost their interest and academic skills for pursuing health careers. In ten years, a diverse group of 298 rural students from 59 Alabama counties have completed the program. Three members of the first class have graduated from medical school and others are continuing in the Rural Medicine Pipeline.

The **Rural Medical Scholars Program** (RMSP) was initiated in 1996 with permission from the Dean of the University of Alabama School of Medicine to enroll as many as ten rural students yearly in a pathway of education aimed at producing rural primary care physicians. The RMSP requires these specially selected students to spend a rural community health year at the University of Alabama before entering medical school. The Rural Medical Scholars complete their third and fourth years of medical school at UA's College of Community Health Sciences, the University of Alabama School of Medicine-Tuscaloosa, and several have chosen to remain for their residency training at CCHS. RMSP has enrolled 82 students from 43 counties.

In 2001, the **Minority Rural Health Pipeline Program** enrolled its first ten college-bound high school graduates. After three years of conducting the Rural Medical Scholars Program, it had become apparent that special efforts would be required to recruit needed minority Rural Medical Scholars. Minority Rural Health

Scholars who had credentials for success in medical education rarely had the standardized test scores they needed to gain significant scholarship support offered at the University of Alabama. Thus, we were losing these students to other colleges, often in other states. The Minority Rural Health Pipeline Program (MRHPP) was designed to attract minority Rural Health Scholars and other competitive minority students to the University of Alabama in the summer after they graduate from high school and for successive summers. MRHPP keeps these students in the "pipeline" during premedical studies, prepares them to take the Medical School Admissions Test, and seeks to enroll them in the RMSP.



Above: guests enjoy the anniversary luncheon. Inset: Dr. John Brandon presents a congratulatory gift to Dr. John Wheat (left)



as Dr. Charles Nash looks on. Right: Dr. Mike McBrearty(left) visits with Dean Curry and Dr. Bill Owings after the event.

On Rounds

The College of Community Health Sciences is a clinical branch campus of the University of Alabama School of Medicine. Established in 1972, CCHS emphasizes family practice and the other primary care disciplines and provides a sound basic medical education for all medical students assigned to this campus. CCHS also trains family doctors through a three-year family practice residency program to meet the urgent need for family physicians. A primary focus of the CCHS mission is seeking solutions for rural health care problems in Alabama.

OnRounds is published quarterly by CCHS. Send information to the editor, Box 870326 Tuscaloosa, AL 35487. (205) 348-1302, ljackson@cchs.ua.edu

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