

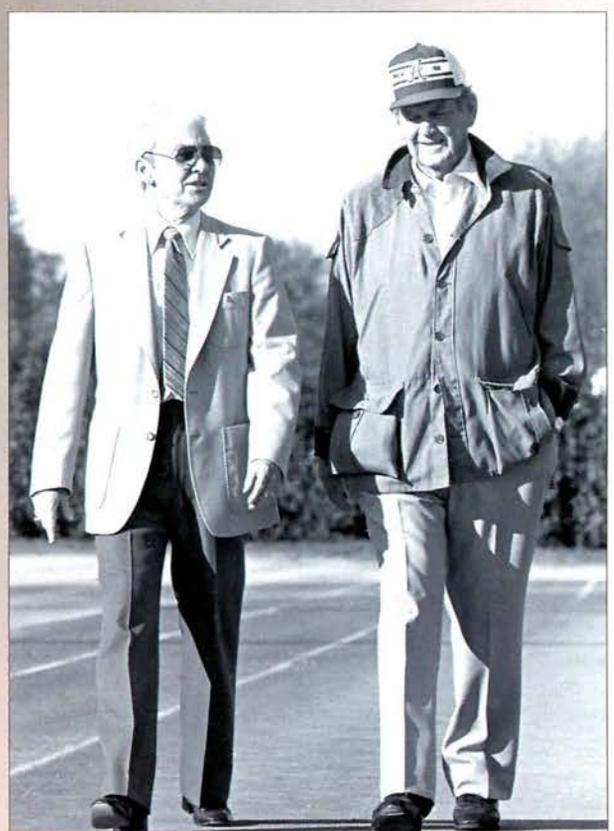
# ON ROUNDS

The University of Alabama College of Community Health Sciences  
School of Medicine Tuscaloosa Campus

Spring 2007



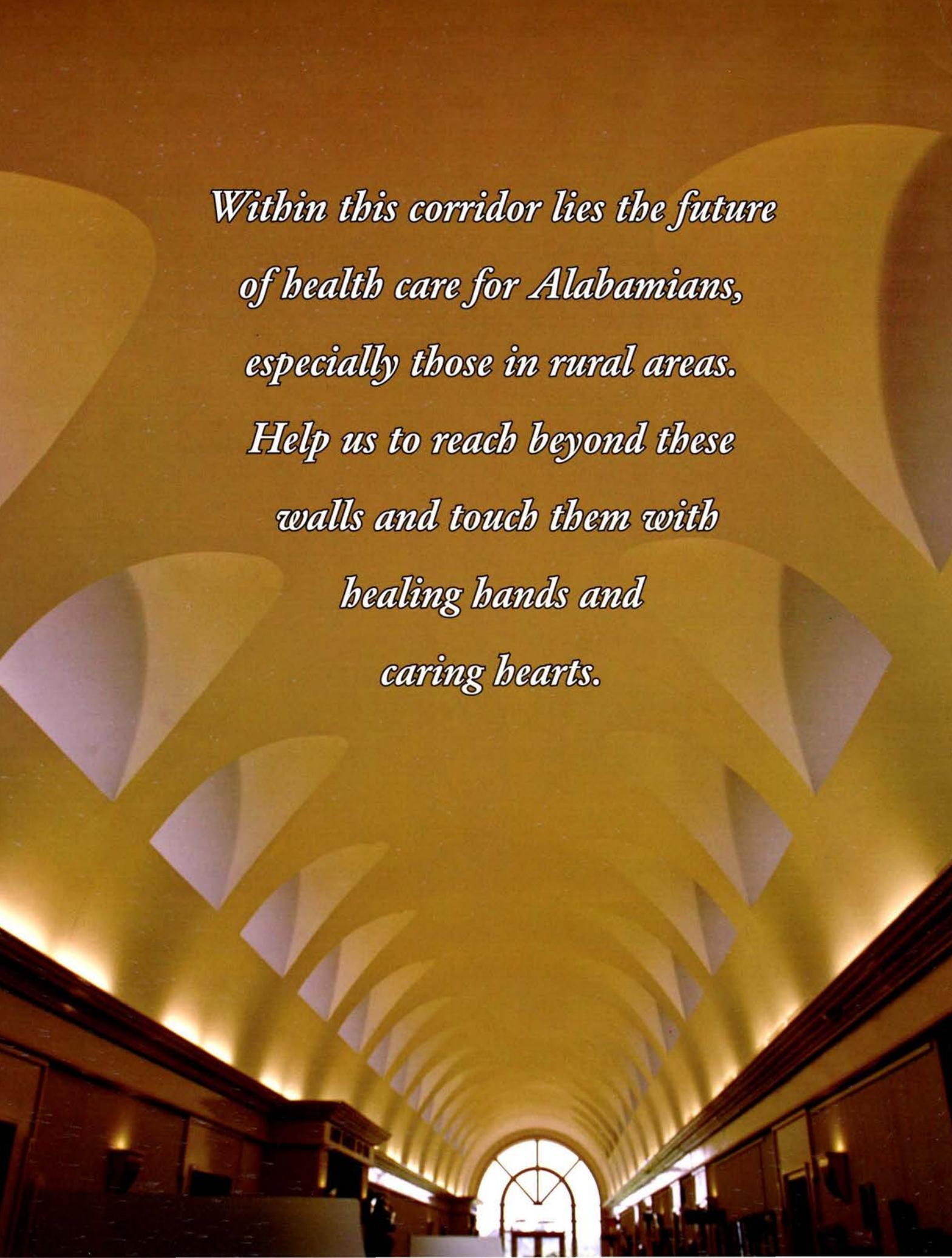
*Dr. Patrick Lee Trammell Sr.  
Excellence in  
Sports Medicine Program*



*Dr. William Floyd deShazo III  
Endowed Chair for  
Sports Medicine Research*

*Health Sciences Library*  
The College of Community Health Sciences  
and the Athletic Department are working  
together to create a Sports Medicine Fellowship  
Program at The University of Alabama





*Within this corridor lies the future  
of health care for Alabamians,  
especially those in rural areas.  
Help us to reach beyond these  
walls and touch them with  
healing hands and  
caring hearts.*

# A MESSAGE FROM THE DEAN

## “Striving for Excellence”

As individuals, we are all ingrained with a desire to achieve excellence – to be the best we can be, to make the best use of our God-given gifts, to make a positive difference, to leave the world a better place for those who follow. Even though we sometimes become sidetracked (usually when we focus too much on ourselves), I contend that we all want to achieve excellence in our personal and professional lives.

So, how do we achieve excellence as an organization? How do we tap into the tremendous talent, energy and dedication in this College to achieve excellence as the College of Community Health Sciences?

It helps to look at the history of our College, beginning with our founding dean, Dr. William Willard. He was recruited here to establish a different kind of medical school that would produce a “special kind of doctor” (to borrow the title of a book by another former dean, Dr. Wilmer Coggins, about the history of the College of Community Health Sciences).

Our College has been blessed with dedicated and talented leadership, along with outstanding faculty and staff, over its 35 years of existence. Still, the most significant indicators of excellence are the students and residents who have passed through our doors (more than 330 residents have graduated from our program and approximately 580 medical students in their third and fourth years have trained here) and the care they are now providing for their patients throughout Alabama and the Southeast. Dianne Kerr, former director of nursing for University Medical Center, puts this in perspective, estimating that our Family Medicine Residency graduates have had more than 50 million patient visits since this College was founded.

We have a history of excellence in this College. But times are changing, and so, too, is the practice of medicine. Our job as a College is to embrace this change and to position ourselves as leaders in this changing health care environment. We must keep a focus on our history and our mission, but we must not be afraid to look critically at what we do and extend ourselves in new directions when necessary. Over the last year, I have seen this happen in numerous venues – in strategic planning meetings, leadership retreats, committee activities, research initiatives, educational endeavors and in the day-to-day clinical work of our College.

The goal of the College is excellence, the talent and motivation are evident, the opportunity is golden and the results, so far, are impressive.

University Medical Center, our clinical facility, is providing care for record numbers of new patients and is quickly being recognized as a model for providing high quality, patient-centered health care. In addition, clinical trials being conducted at the medical center are helping to answer critical scientific questions about



E. Eugene Marsh, M.D.

therapeutic options, while providing patients with the opportunity to receive new and innovative treatments.

The Student Health Center, which is also part of the College, is providing excellent care for a growing student population and providing leadership for a number of University-wide health initiatives, including the nationally-recognized, award-winning AlcoholEdu program. The Institute for Rural Health Research is leading a University-wide effort to establish a Clinical and Translational Science Center on the UA campus as part of a new National Institutes of Health program that seeks to dramatically change the way health care research is conducted in the United States. The proposed center will bring together the UA

research community and rural communities to develop new medical technologies and treatments faster and deliver them to patients more quickly, particularly to patients with limited or no access to adequate health care. The Family Medicine Residency continues to recruit outstanding residents at a time when similar programs in the country are struggling.

New fellowship opportunities are being developed in the College, including a Sports Medicine Fellowship. The College continues to be known as an outstanding clinical site for medical student education and the development of new programs, such as the TERM curriculum (short for Tuscaloosa Experience in Rural Medicine) will only enhance the educational opportunities the College provides and further strengthen our ties with rural communities in Alabama. Our students and residents are adding to their foundation of knowledge with the skills needed to enhance the “art of medicine” through curriculum changes, the Winternitz conference series and other initiatives. Financial support from individuals, organizations and government, which is vital to the development of these and other programs, continues to grow.

We have excellent leadership, faculty and staff, students, residents and facilities, and we have supportive alumni and friends. All we need is to continue to create an environment where our talented employees can achieve excellence. The wonderful changes I see taking place at the College provide a growing awareness that excellence within an organization is not just about individual accomplishments but also about what we can accomplish together. Together, we can help the College of Community Health Sciences continue on its path of excellence and meet the lofty goals that we have set in doing our part to improve health care in Alabama and in the nation.

**E. Eugene Marsh, M.D.**

Dean, College of Community Health Sciences  
Associate Dean, The University of Alabama  
School of Medicine, Tuscaloosa Campus

# ON ROUNDS

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**Dean:** E. Eugene Marsh, M.D.

**Editor:** Leslie Zganjar

**Designers:** Edward Mullins, Ph.D., and Callie Corley

**Photographer:** Richard Andrew Mullins

**Contributing Writers:** Linda Jackson and Jenny Whelan



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## Family Medicine Residents Top National Exam

Residents in the Tuscaloosa Family Medicine Residency have topped the National American Board of Family Medicine's 2006 In-Training Exam, which is administered to all Family Medicine residents in the country.

Eleven Tuscaloosa residents scored in the 75<sup>th</sup> percentile or better, placing them in the top 25 percent of Family Medicine residents in the country.

The residents are: Alan Pernick and Shannon Jernigan, both third-year residents; Mandi Allen-Bell, Mandy Chavers, Katherine Bivona, Ty Blackwell, Jon Roden, Candice Terry and Breezy Wilson, all second-year residents; and Lee Carter and Linsey Steadman, both interns.

The Family Practice Residency is administered by the College of Community Health Sciences/School of Medicine, Tuscaloosa Campus.

"Providing excellent Family Medicine primary care depends not only on breadth of knowledge base, but depth, says Residency Director John B. Waits, M.D., an assistant professor in the College's Department of Family Medicine. "We have emphasized this for years and are proud of this most recent example of this depth being passed on to the next generation of physicians."

Adds E. Eugene Marsh, M.D., dean of the College and associate dean of the School of Medicine, Tuscaloosa Campus: "This is a truly outstanding accomplishment that reflects well on our residents and our residency program. It is one example of the type of excellence we are striving for in our goal to become the best Family Medicine training program in the country."

The College provides the clinical education component for some of The University of Alabama's junior and senior medical students, while also addressing the need for training medical students and residents to practice in the smaller, rural communities of Alabama. The College's Family Practice Residency is one of the oldest and most productive in the Southeast.

## School of Medicine Ranked In Top 20 Rural Medicine Programs by U.S. News

The University of Alabama School of Medicine's program in rural medicine is ranked 20<sup>th</sup> in the nation by U.S. News and World Report's America's Best Graduate Schools for 2007.

"The mission of our College places a special emphasis on the training of rural primary care physicians," says E. Eugene Marsh, M.D., dean of the College of Community Health Sciences and associate dean of the School of Medicine's Tuscaloosa Campus. "Innovative projects, as well as established programs, played a vital role in this ranking."

Rural medicine programs at the College include the Rural Medicine Clerkship, Rural Family Medicine Clerkship, Minority Rural Health Pipeline, Rural Health Scholars, Rural Medical Scholars and the Tuscaloosa Experience in Rural Medicine curriculum, known as TERM. The College's Institute for Rural Health Research focuses its research efforts on health issues that impact people who live in rural areas.

"We are addressing the needs of the state and region by encouraging, recruiting and training rural doctors," says John Wheat, M.D., M.P.H., a professor in the College's Department of Community and Rural Medicine and founder and director of the three rural health programs (Minority Rural Health



Pipeline, Rural Health Scholars and Rural Medical Scholars).

The College provides the last two years of clinical education and training for a portion of medical students enrolled at the University of Alabama School of Medicine, which is based in Birmingham. Students can choose any field of specialization, but the College encourages and trains medical students to practice in the smaller, rural and often medically underserved communities of Alabama.

The College also provides a three-year Family Practice Residency that is one of the oldest and most productive in the Southeast. The College's educational programs are designed to increase the accessibility and availability of health care, particularly in the state's rural areas, and to improve the quality of that care through teaching, clinical service, research and community outreach.

## IRHR Website Linked with Emory University

The Institute for Rural Health Research website ([irhr.ua.edu](http://irhr.ua.edu)) has been linked with a peer-review Internet journal and scholarly forum hosted by Emory University in Atlanta.

The Southern Spaces Journal (<http://www.southernspaces.org>) provides access to events and conferences, interviews and performances, and web links to various locations in the South. The web links section of the site specifically provides sources for further investigation of issues related to the South.

The Institute, which is part of the College, conducts rural health-related research.

## Associate Dean Assists in Accreditation Efforts

As The University of Alabama positions itself for major growth in its research activities, it is simultaneously launching a multi-year accreditation effort designed to offer the most comprehensive protection available to its human research participants.

The College's associate dean for research and health policy, John C. Higginbotham, Ph.D., M.P.H., is assisting in those efforts.

"In the next decade or so, everyone will have to be certified or accredited," says Higginbotham, who also serves as chair of the UA Medical Institutional Review Board and as director of the College's Institute for Rural Health Research. "I think The University of Alabama wants to be ahead of that, so we're moving in that direction already."

The University is voluntarily seeking accreditation from the Association for the Accreditation of Human Research Protection Programs Inc., a Maryland-based organization that seeks to ensure that research organizations adhere to federal and state research requirements and use the highest standards to protect the use of human beings in research activities, says Marianne Woods, Ph.D., J.D., the University's associate vice president for research.

"Obtaining this accreditation demonstrates The University of Alabama's commitment to our research participants, our own investigators and our community," Woods says.

Adds Higginbotham: "We must be ever vigilant in protecting the rights of those we seek to work with in our research."

The accreditation process will take a minimum of two years and will include self-assessment, peer review and education. If successful in obtaining accreditation status, The University of Alabama would join Vanderbilt University, the University of Louisville, the University of Arkansas for Medical Sciences and East Tennessee State University as the only Southeastern universities obtaining the signification. Within Alabama, both the Birmingham and Tuscaloosa Veterans Affairs medical centers hold similar status.

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## IRHR Deputy Director Receives Barkley Award

Pamela P. Foster, M.D., M.P.H., deputy director of the College's Institute for Rural Health Research, received a Charles Barkley Young Investigator Award at the UAB Minority Health and Research Center annual conference last fall.

Foster, who is also an assistant professor in the College's Department of Community and Rural Medicine, received the award for research she began while at Tuskegee University, where she was a faculty member before joining the College.

Young investigators are selected annually from among students, fellows and faculty at the University of Alabama at Birmingham and other colleges and universities following a poster presentation of their research projects.

Foster presented the results of a diabetes education program that she conducted at the church she attends. Through the program, knowledge about diabetes and current medical treatments was made available to congregation members, thereby empowering them in their own care and in their interactions with their health care providers.

The Barkley Award includes a cash prize funded from the UAB Minority Health and Research Center endowment. The endowment was created by former National Basketball Association star and Hall of Famer Charles Barkley to encourage research in health disparities and to encourage young investigators and junior faculty to pursue careers in minority health research. Barkley is a native of Birmingham.



Dr. Pamela Foster (right) poses with former National Basketball Association star and Hall of Famer Charles Barkley (left) at the UAB Minority Health and Research Center annual conference.

## College Hosts National Agromedicine Meeting

The College hosted the 19<sup>th</sup> annual meeting of the North American Agromedicine Consortium last fall. Titled "Encouraging Community Preparedness for Agromedicine Concerns," the conference brought together farmers and farm-related agency representatives, physicians and other health care professionals, educators and students from across the country to discuss and increase understanding of health issues related to natural disasters, particularly in rural communities.

Agromedicine is a partnership of health and agricultural professionals that promotes the health and safety of agricultural producers and workers, their families and consumers of agricultural products.

The North American Agromedicine Consortium, or NAAC, was founded in 1988 and is an affiliation of faculty representing schools of agriculture, life sciences, family and consumer sciences, medicine, nursing, allied health, public health, pharmacy and veterinary medicine, as well as representatives of related government, agribusiness and volunteer organizations.

## Wheat Named 2007 Distinguished Educator

John R. Wheat, M.D., M.P.H., a professor in the College's Department of Community and Rural Medicine, has received the 2007 *Distinguished Educator Award* from the National Rural Health Association.

The award recognizes individuals who have contributed to education and curriculum development dedicated to the needs of rural health professionals, which the association believes has the potential to encourage, assist, expand and improve rural health careers.

Wheat, a native of rural Alabama, founded the University of Alabama's Rural Health Leaders Pipeline, a sequence of programs at the University and the University of Alabama School of Medicine that helps rural students enter health professions and prepare for rural service. The pipeline provides enrichment programs during high school and college and emphasizes agricultural and rural health during pre-med and medical school training.

The award was presented to Wheat during the National Rural Health Association's 30<sup>th</sup> Annual Conference in Anchorage, Alaska, May 16-18.

# College Rededicates Computer Lab in Honor of Shamblin's Son

The College held a rededication ceremony last year to change the name of the computer labs at its Health Sciences Library and at DCH Hospital from the Dr. Roscoe Shamblin Computer Lab to the Dr. Roscoe and Dr. Bill Shamblin Computer Lab.

In 2000 and 2001, Roscoe Shamblin's sons, Drs. Bill and Jim Shamblin, dedicated the computer labs in his honor. At the time, Bill Shamblin recognized that the successful medical practice of the future will require a good working knowledge of information technology. Since then, the Shamblin family has actively worked to keep the medical students and residents equipped with the best technology.

Bill Shamblin passed away in 2003.

"We are so pleased to be able to recognize Roscoe, Bill and the Shamblin family for their significant medical contribution to Tuscaloosa and our College," says E. Eugene Marsh, M.D., dean of the College.

Bill Shamblin served as chair of the College's Department of Surgery for 12 years and taught its medical students and residents



Kay Shamblin, widow of Dr. Bill Shamblin, addresses guests at the rededication ceremony.

throughout his 27-year career in Tuscaloosa. Roscoe Shamblin served the Tuscaloosa community for many years as both a general

practice physician and surgeon. During the 1930s, DCH had 10 physicians and four were Shamblin family members.

## Blum Recognized for Efforts to Prevent Tobacco-Caused Illnesses

Alan Blum, M.D., who holds the College's Gerald Leon Wallace Endowed Chair in Family Medicine and who is director of the University of Alabama Center for the Study of Tobacco and Society, received an honorary Doctor of Science Degree last year from his alma mater, Amherst University.

Blum was recognized for his efforts to prevent tobacco-caused illnesses.

"My social consciousness and commitment to global public health emanated in large measure from my experiences at Amherst and in particular from what my classmates taught me," he says.

Blum has conducted research and published analyses and commentaries on a wide range of topics, including nicotine addiction, cessation techniques, tobacco marketing, tobacco and youth, and the epidemiology of tobacco diseases.

Blum "has dedicated his career to preventing tobacco-caused illnesses, most notably through science, marketing and education," according to the Amherst Spring 2006 newsletter.

## College Participates in American Heart Association's Heart Walk

More than 20 representatives from the College participated in the American Heart Walk on March 3.

The group raised more than \$2,000, which resulted in the College being named to the All Champions Club.

In addition, nurses from University Medical Center, which is operated by the College, provided blood pressure screenings to participants.



## Brandon Appointed to New Rural Health Panel

Gov. Bob Riley has appointed John Brandon, M.D., as co-chair of the West Alabama (Region 2) Health Committee of the Rural Alabama Action Commission (RAAC). Brandon serves as medical director of the College's Rural Medical Scholars Program and has been a rural preceptor for the College for more than 25 years, teaching and mentoring medical students and residents while maintaining his family practice in Gordo. He is a 1980 graduate of the Tuscaloosa Residency Program. The RAAC is being formed to build upon the community-based model of the state's Black Belt Action Commission in an effort to create new partnerships to improve the lives of Alabama citizens.

# NEW FACES



**Susan P. Arnold, M.D.**, has joined the College as a part-time assistant professor in the Department of Psychiatry and Behavioral Medicine. She will be responsible primarily for providing psychiatric services at the Student Health Center. Arnold earned her medical degree from the University of Alabama School of Medicine and completed fellowship training in child and adolescent psychiatry at the Medical University of South Carolina. Prior to joining the College, Arnold was in private practice in South Carolina, during which time she also taught medical students and residents.

**Dana G. Carroll, Pharm.D.**, a clinical associate professor with Auburn University's Harrison School of Pharmacy, has joined the College as a visiting scholar in the Department of Family Medicine. Previously, she was an assistant



professor at the University of Oklahoma College of Pharmacy and College of Medicine/Department of Family Medicine in Tulsa. She also had a clinical pharmacy practice with the Oklahoma University Family Medicine Clinic in Tulsa, providing disease management and patient education in diabetes, asthma and hypertension. Carroll received her bachelor's degree and doctor of pharmacy degree, cum laude, from Auburn University's Harrison School of Pharmacy. She completed an ASHP-accredited Primary Care Residency at the University of Mississippi. Upon completion of her residency, Carroll worked as a clinical pharmacist in the emergency department at Duke University Medical Center in Durham, North Carolina.

**Douglas N. Carroll, Pharm.D.**, a clinical associate professor with Auburn University's Harrison School of Pharmacy, is working in a collaborative practice with

the College's Department of Family Medicine, serving as a primary preceptor for fourth-year doctor of pharmacy students. Prior to joining the College, Carroll was an assistant professor at the University of

Oklahoma College of Pharmacy in Tulsa, where he also established and maintained a clinical practice in the College of Medicine/Department of Family Medicine.

Carroll earned a bachelor's degree and doctor of pharmacy degree, summa cum laude, from Auburn University's Harrison School of Pharmacy. He completed an ASHP-accredited Primary Care Residency at Duke University Medical Center in Durham, North Carolina.



**Regina B. Harrell, M.D.**, has joined the College as an assistant professor in the Department of Internal Medicine. She is also medical director of Capstone Village, The University of Alabama's retirement



community. She worked previously as a geriatrician at Presbyterian Senior Healthcare in Charlotte, North Carolina, and as medical director at Vante at Charlotte Rehabilitation Center. Harrell earned a bachelor's degree in molecular biology from Vanderbilt University, a medical degree from the University of Alabama School of Medicine, and completed an internal medicine residency and geriatrics fellowship at Baylor College of Medicine in Texas.

**Archana Jain, M.D.**, has joined the College as an academic hospitalist and as an assistant professor in the Department of Internal Medicine. Previously, Jain was chief resident at Saint Francis Hospital in Evanston, Illinois, and before that was a junior resident at Manav Medicare Center in New Delhi, India. She received a bachelor of medicine and bachelor of surgery degree from Maulana Azad Medical College and the University of Delhi in New Delhi, India,

where she was recognized for excellence in physiology.

**Martha A. Ralls, M.D., Pharm.D., M.L.I.S.**, has joined the College as an assistant professor and clinical information librarian. Her primary responsibilities include assisting the College and University



Medical Center with the Electronic Medical Record, and providing online searching and instructing and other library and information services. Previously, Ralls was an assistant professor at the McWhorter School of Pharmacy at Samford University in Birmingham, an assistant instructor in pharmacology at the University of Alabama School of Medicine, a pathology resident at UAB Medical Center, a pediatric intern at The Children's Hospital of Philadelphia in Philadelphia, Pennsylvania, and an intern at the Birmingham Botanical Gardens Library. Ralls earned a bachelor's degree in molecular biology from Vanderbilt University in Nashville, Tennessee, where she graduated summa cum laude; a doctor of pharmacy degree from Samford University in Birmingham; a medical degree from the University of Alabama School of Medicine, where she graduated cum laude; and a master's degree in library and information sciences from The University of Alabama.

**Marion D. Reed, M.D.**, has joined the College as a faculty member in the Department of Obstetrics and Gynecology. Reed spent more than 20 years in private practice in Tuscaloosa prior to joining the College. He served as chair of the Department of Obstetrics and Gynecology at Northport DCH Hospital in 2005, and chaired or served on committees at the hospital from 1999 to 2003. Reed earned a bachelor's degree from Samford University in Birmingham, and received his medical degree from the University of Alabama School of Medicine, where he also completed a residency in Obstetrics and Gynecology. Reed is board certified in Obstetrics and Gynecology and specializes in minimally invasive surgery and gynecologic urology.

**John B. Waits, M.D.**, has joined the College as an assistant professor in the Department of Family Medicine, where he also serves as residency director. In addition to his position with the College, Waits is president of and a family physician with Cahaba Medical Care, P.C., in Centreville, Alabama, and an Obstetrics and Family Medicine staff physician at DCH Regional Medical Center in Tuscaloosa. He is also an emergency staff physician at Lakeview Community Hospital in Eufaula, Alabama, and a Family Medicine staff physician at Bibb Medical Center in Centreville, Alabama. Waits earned a bachelor's degree from The University of Alabama in music through the computer-based honors program, graduating magna cum laude. He received a medical degree in 2000 from the University of Alabama School of Medicine, where he was awarded the William R. Willard Award, the Outstanding Surgical Student Award and the Student Research Award.

**Heather P. Whitley, Pharm.D.**, is affiliated with the College as an assistant clinical professor in the Department of Community and Rural Medicine and also



works with the College's Institute for Rural Health Research. Her primary appointment is as a clinical assistant professor of Pharmacy Practice at Auburn University's Harrison School of Pharmacy. Whitley also works as a clinical pharmacist at

Moundville Medical Center in Moundville, Alabama. She worked previously as a clinical pharmacist at the Ralph H. Johnson Veterans of Affairs Medical Center and as a pharmacist at the Medical University of South Carolina, both in Charleston, South Carolina. Whitley earned a bachelor's degree in biochemistry from Clemson University, where she graduated summa cum laude, and a doctor of pharmacy degree from the Medical University of South Carolina. She completed an ASHP-accredited Primary Care Specialty Residency with emphasis in ambulatory care from the Medical University of South Carolina Medical Center and the South Carolina College of Pharmacy Residency Program.

## IN ADDITION...

**Erin D. Genery** has joined the College as executive secretary to the dean. Prior to joining the College, she worked for 10 years at Mercedes-Benz U.S. International in Vance, Alabama, as a production and facilities planning technical support specialist, a corporate controlling technical support specialist, and an engineering change support specialist.

In the University Medical Center Obstetrics and Gynecology Clinic, **Shelly Graham** has joined the staff as a medical receptionist and **Judith Whitehead, LPN**, has joined the staff as a nurse. The medical center is operated by the College.

The University Medical Center business office has three new staff members: **Carla Mills**, whose primary responsibilities include coding and reimbursement issues, with an emphasis on obstetrics and gynecological services; **Melissa Ramsey**, whose primary responsibilities include coding reviews and charge capture; and **Maria Rivera**, whose primary responsibilities include insurance follow up and assistance with self-pay and delinquent accounts. University Medical Center is operated by the College.

## PROMOTIONS

**Margaret Garner, M.S., R.D., L.D.**, director of Nutrition Education and Services and director of Health Promotion and Wellness, was promoted to associate professor in the Department of Family Medicine. Garner graduated from Georgia Southern College with a bachelor's degree in Home Economics in 1970 and received a master's degree in Nutrition with a minor in Public Health in 1971 from the University of Tennessee. She completed a post-graduate traineeship in nutrition and mental retardation at the University of Tennessee Medical School. Her professional interests include diabetes, hypertension, coronary vascular disease and eating disorders.

**Dwight Hooper, M.D., M.B.A. F.A.C.O.G.**, a faculty member in the Department of Obstetrics and Gynecology, was promoted to associate professor. He also serves as director of the Obstetrics Fellowship Program for the College. Hooper received his medical education at the University of Maryland School of Medicine and his training

in Obstetrics and Gynecology at the University of Maryland School of Medicine's Harbor Hospital Center. He served as Chief of Obstetrics at the U.S. Air Force's 5<sup>th</sup> Medical Group in Minot, North Dakota. Hooper was in private practice in Georgia and Alabama before joining the College. His clinical interests include operative vaginal delivery of pregnancies and management of abnormal uterine bleeding.

**Michael A. Taylor, M.D., F.A.A.P.**, chairman of the Department of Pediatrics, was promoted to professor. He also serves as assistant dean for Information Technology for the College and as medical director of The University Alabama ADHD Clinic. Taylor graduated from the University of Louisville School of Medicine in 1976 and completed his pediatric training at The Children's Hospital of Alabama in 1979. He is board certified in pediatrics and his professional interests include ADHD management and child abuse medical evaluations.

**Nelle Williams, M.S.L.S.**, director of the College's Health Sciences Library, was promoted to assistant professor. Williams earned a bachelor's degree in history and

integrated science from Morehead State University in 1981 and received a master of library science degree in 1982 from the University of Kentucky. She has worked in various medical, hospital and public libraries since 1981. Williams joined the College in 1998 as a medical information services librarian. She became interim chief medical librarian in 1999 and was appointed library director in 2004. Her professional interests include library instruction, electronic delivery of medical information, consumer health and customer service.

**Timothy W. Winkler, M.D., F.A.C.S.**, associate chairman of the Department of Surgery, was promoted to associate professor. Winkler graduated with a bachelor's degree from Oklahoma Christian College in Oklahoma City, Oklahoma, in 1982. He received his medical degree from the University of Alabama School of Medicine in 1988. He completed an internship and residency in General Surgery at the Mayo Foundation in Rochester, Minn., and entered private practice in Tuscaloosa. He is board certified with the American College of Surgeons and has appointments at DCH Regional Medical Center, Northport Hospital-DCH, Tuscaloosa Surgical Center and Bryce Hospital.

# College, UA Athletic Department Creating Sports Medicine Fellowship Program

The College of Community Health Sciences/School of Medicine, Tuscaloosa Campus and the University of Alabama Athletic Department are working together to create a Sports Medicine Fellowship Program that will honor the memory of a Crimson Tide standout quarterback, and realize the dream of a beloved University physician.

The *Dr. Patrick Lee Trammell, Sr. Excellence in Sports Medicine Program* will educate, train and certify medical fellows to provide state-of-the-art care in Sports Medicine.

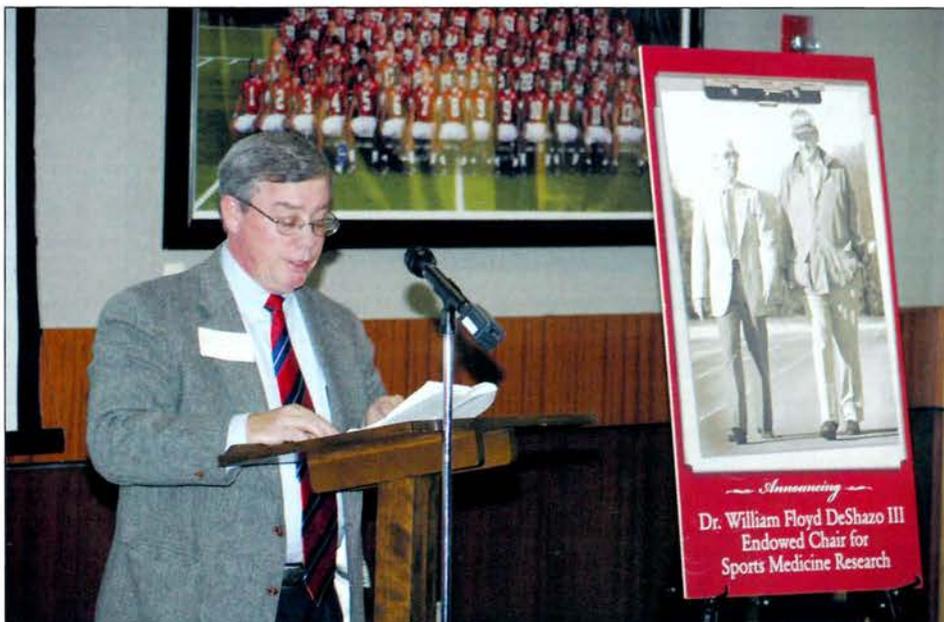
As part of the program, the *Dr. William Floyd deShazo III Endowed Chair for Sports Medicine Research* will be established to recruit a nationally known Sports Medicine physician who will lead the College's efforts in Sports Medicine research and strengthen the College's Sports Medicine training.

"This program will make a difference in the health care of all athletes in the state of Alabama," says E. Eugene Marsh, M.D., dean of the College. "The work is just beginning, but we are committed to making this happen."

Patrick Lee Trammell, Sr., a quarterback for The University of Alabama and one



Patrick Lee Trammell, Sr.



William deShazo IV speaks about his father, the late William deShazo III, at the announcement of the Sports Medicine Fellowship Program.

of Coach Paul "Bear" Bryant's favorite players, led the Crimson Tide to a National Championship title in 1961 when he helped his team defeat Arkansas in a 10-3 victory in the Sugar Bowl. Trammell was a Heisman Trophy candidate that year, finishing fifth in the vote.

Trammell, whose father was a physician in Scottsboro, Alabama, was also a pre-med student.

He received his undergraduate degree from The University of Alabama in 1963, and three years later graduated from the University of Alabama School of Medicine.

But as he prepared to start his residency in 1968, Trammell was diagnosed with cancer. He died later that year at the age of 28.

Trammell was inducted into the Alabama Sports Hall of Fame in 1975.

"He was a great player, a great quarterback and an important part of the history of The University of Alabama," says University of Alabama Athletic Director Mal Moore.

William Floyd deShazo III, M.D., was in private practice in Jackson, Alabama,

prior to joining the University of Alabama Russell Student Health Center in 1972 as a staff physician. In 1975, he was recruited by the College's founding dean, William R. Willard, M.D., to be one of the College's first faculty members.

As a faculty member, deShazo directed the College's Family Practice Residency and chaired the College's

Department of Family Medicine. deShazo was the team physician for the University Athletic Department from 1972 to 1985, serving as a personal physician to Coach Bryant,

as well as team physician for the football, basketball and baseball teams. He retired from the University in 1988.

deShazo introduced the Sports Medicine



Dr. deShazo takes a stroll with head coach Bear Bryant.

rotation into the College's curriculum and "dreamed of a Sports Medicine program at The University of Alabama. This was something he wanted to see during his lifetime," Marsh says.

deShazo died last year.

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The College and Athletic Department are currently raising funds to create and support the *Dr. Patrick Lee Trammell, Sr. Excellence in Sports Medicine Program* and the *Dr. William Floyd deShazo III Endowed Chair for Sports Medicine Research*.

A Sports Medicine Fellowship Program of this magnitude requires a substantial upfront investment, Marsh says.

Endowing the program will require an investment of \$1 million, part of which will be used to provide salaries to fellows who participate in the program.

Under the guidelines of the program, fellows will be required to spend half of their time in a clinical setting, of which one day each week will be spent seeing patients at a Sports Medicine Clinic planned at University Medical Center.

Fellows will also spend a half day per week seeing patients at the medical center's Family Medicine Clinic.

In addition, fellows will be required to devote 10 to 15 hours per week to the

Athletic Department, as well as provide weekly participation at a University sporting event.

The Sports Medicine Fellowship Program will be required to have two full-time Sports Medicine faculty members. Plans call for one of those faculty members to be hired as the *Dr. William Floyd deShazo III Endowed Chair for Sports Medicine Research*. Endowing a chair at the University requires a \$1.5 million investment.

The services of a second full-time faculty member will be provided by the West Alabama Family Practice and Sports Medicine physicians group and a \$2 million investment will be needed to provide for the annual salary of that faculty member in perpetuity.

Both the Sports Medicine Program fellows and faculty will work closely with the University's coaches, athletic trainers and athletes.

In addition, nearly \$350,000 is needed to convert space at University Medical Center to a Sports Medicine Clinic.

Marsh says the Sports Medicine Fellowship Program will benefit the University and its athletes, and provide additional training for future physicians "that will be felt in community sports programs throughout the state as fellows graduate from the program and establish their practices throughout Alabama and the region.



E. Eugene Marsh, M.D., dean of the College of Community Health Sciences (left), and UA Athletic Director Mal Moore see a bright future for a Sports Medicine Fellowship Program at The University of Alabama.

"This program will also enhance the training of other Family Medicine residents who might not elect to take an extra year to complete the fellowship but who could well find themselves serving as team physicians for sports programs an athletes in the communities where they practice."

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Members of the Patrick Trammell, Sr. and William deShazo III families were present when the announcement was made last November about efforts to create the *Dr. Patrick Lee Trammell, Sr. Excellence in Sports Medicine Program* and the *Dr. William Floyd deShazo III Endowed Chair for Sports Medicine Research*.

"Our family would like to thank you," said Dale Trammell, M.D., a retired general surgeon from Decatur, Alabama, and Patrick Trammell's brother. "We consider this a nice tribute and a worthy endeavor."

William deShazo IV said his father "was in Sports Medicine before there was Sports Medicine. I am the youngest of four sons in my family and we were dad's training ground in Sports Medicine. At Friday night high school football games, he was always there to help injured players. He loved his work here at the University.

"We are honored by this Sports Medicine Program and endowed chair and we wish to express our sincere thanks," deShazo said.



The deShazo and Trammell families at the Sports Medicine Fellowship Program announcement (from left to right): William deShazo, William deShazo IV and Martha deShazo, the grandson, son and wife of the late William deShazo III, with Penny Trammell and her husband, Dale Trammell, brother of the late Patrick Trammell, Sr.



Photo by Luke Buckley

E. Eugene Marsh, M.D., dean of the College of Community Health Sciences and associate dean of the School of Medicine, Tuscaloosa Campus.

Medical students and residents have long been required to obtain a base of knowledge about the science of medicine so that they understand health and disease. Today, a growing emphasis is being placed on the art of medicine. E. Eugene Marsh, M.D., dean of the College of Community Health Sciences and associate dean of the School of Medicine, Tuscaloosa Campus, talks about this transformation in medicine and what the College is doing to educate and train medical students and residents in the art of medicine.

*What, exactly, is the art of medicine?*

**Marsh:** The art of medicine means different things to different people. To me, it refers to a broad range of things that we use in our interaction with patients to provide the best care possible.

Everyone going through medical school or residency is required to obtain a certain base of knowledge about the science of medicine – facts that we store in our brains, or hand-held computers, to understand health and disease.

That knowledge is only helpful if used effectively in dealing with patients, and this requires that physicians develop a wide range of skills, including a keen sense of perception, communication skills, genuine empathy and ethics.

To me, this is the art of medicine – the skills we use to truly understand our patients and effectively communicate with them in a way that ensures a successful doctor-patient interaction.

*Why is the art of medicine an important component in the practice of medicine?*

*“The practice of medicine is an art, not a trade; a calling, not a business; a calling in which your heart must be exercised equally with your head.”*

— Sir William Osler, a medical educator in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries who is considered one of the greatest medical teachers.

## Dean Marsh Talks About the College’s Role in Teaching the *Art* of Medicine

**Marsh:** First of all, it is critical to establishing the type of relationship needed to find out what is wrong with an individual patient.

For example, how a patient describes a problem is often more important than what he or she says. ‘Doctor, I am fine,’ is only accurate information if said with a correspondingly positive tone. The art of medicine can allow a physician to use his or her perceptual skills to gain accurate information about the patient.

The art of medicine is also critical when the physician gets ready to explain what is or is not wrong with the patient and what needs to be done about it.

For example, informing a patient of a bad test result in the wrong way can directly impact the patient’s ability to deal with the news, and how the patient will respond to a physician’s recommendations.

*Are medical students and residents too dependent on machines and technologies and losing the art of being able to diagnose and treat patients at the bedside?*

**Marsh:** That certainly is a risk as medicine and society move toward electronic methods of gathering information and communicating with patients. As with all medical advances, technology needs to be used in ways that will allow for improved care, and that is why it is more important now than ever before that we emphasize the art of medicine in our training.

It is my view that these technological advances should be viewed as ways to allow more time to sit down with patients and develop more effective relationships with them. I do not see technology as being inconsistent with the art of medicine. Instead, I see technology as a way to enhance the overall doctor-patient interaction.

As with all new advances, it will take time to find the best ways to balance these technological advances and find the best ways to incorporate them into the practice of medicine.

Our College is committed to becoming a leader in medical technology, and this must include helping to find the best ways to achieve this balance.

*It sounds like, then, the best clinician is one who is armed with*

*scientific knowledge, as well as the ability to use excellent clinical judgment and 'people skills,' which would be the art of medicine?*

**Marsh:** That is exactly right. Technology can enhance the science of medicine, leaving the physician in a better position to practice his or her art.

*Is the art of medicine emphasized enough in medical school curriculums and teaching?*

**Marsh:** Traditionally, it has been something handed down from teacher to student by observing interactions with patients. Most people in medicine can probably recall several people in their training who exemplified these characteristics and served as mentors.

Until recently, this was not formally incorporated into the curriculum. However, there is increasing interest in doing just that for medical students and residents. I think this is a good trend, but it will be more difficult than other aspects of medical training.

As opposed to clinical knowledge, it has always been difficult to formally evaluate and quantify the mastery of the art of medicine.

*What is the College of Community Health Sciences doing to educate and train students in the art of medicine?*

**Marsh:** The College has always put a strong emphasis on developing these skills in our residents and students. The accrediting bodies for medical student education and Family Medicine residency are both calling for this, and we see that as an opportunity to enhance what is

already being done well in our College.

We have modified our lecture schedule to include a lecture once a month that is designed to address certain aspects of the art of medicine.

So far, speakers have addressed how we communicate – and sometimes do not communicate – with our patients and co-workers; how we need to look beyond patients' illnesses so that we see not just diseases but people with diseases; and how best to deal with patients with factitious disorders, where the real problem is sometimes hidden behind the reason the patient came to see the doctor in the first place.

We are also looking at other ways to improve our educational approach to the art of medicine, as well as our process for evaluating our trainees in the mastery of these skills.

*Do you think the College can be a leader in this area?*

**Marsh:** I think the College can and should be a leader in this area. It clearly aligns with our mission, which is to provide future physicians with the expertise needed for accessible, high quality and compassionate health care.

And because of our focus on primary care and our small size, the College is better positioned than most other institutions involved in medical education to incorporate this growing area of emphasis into our curriculum and training.

For me, this is just one more example of how our College is uniquely positioned to be a leader in what most people believe is an inevitable transformation in medicine and medical education.

## New Curriculum Will Increase Exposure of Students to Practice of Rural Medicine

Four University of Alabama School of Medicine students will participate in an innovative curriculum that is designed to increase the exposure of third-year medical students on the Tuscaloosa Campus to the practice of medicine in rural Alabama.

The students are: Sara Beth Bush of Clay, Alabama; Charlton P. Dennison of Coosada, Alabama; Martin A. "Rocky" Lyons of Gallion, Alabama; and Kimberly Freeland Owens of Cullman, Alabama. The students will participate in the Tuscaloosa Experience in Rural Medicine (TERM) curriculum beginning in July.

The TERM curriculum will introduce students to rural health care from the perspective of practicing physicians, as well as provide students with hands-on clinical experiences at rural, primary care practices, says Ashley Evans, M.D., associate dean for Undergraduate Medical Education for the College of Community Health Sciences/School of Medicine, Tuscaloosa Campus.

"It will also provide an opportunity for students to learn about statewide rural health issues," Evans says.

The ultimate goal of the TERM



New TERM students (from left to right): Sara Beth Bush, Charlton Dennison, Martin "Rocky" Lyons and Kimberly Owens with Ashley Evans, M.D., (center).

curriculum, in keeping with the mission of the Tuscaloosa Campus of the University of Alabama School of Medicine, is to increase the likelihood that medical school graduates will choose primary care residencies and eventually practice in rural Alabama communities. There is an urgent need for primary care physicians in rural Alabama, where many communities meet the federally defined medical manpower shortage area designation.

"Through the TERM curriculum, medical students might also establish strong ties with rural communities, which may increase the likelihood that they will eventually practice in a rural setting," says E. Eugene Marsh, M.D., dean of the College and associate dean of the School of Medicine, Tuscaloosa Campus.

As part of the new curriculum, TERM students will complete six-week rotations in Tuscaloosa in various medical specialty areas

– Family Medicine, Pediatrics, Obstetrics and Gynecology, Internal Medicine and Surgery (they will complete eight-week rotations in Psychiatry and Neurology). The students will then spend 17 weeks, the equivalent of one semester, at a rural site working closely with rural physicians there. The typical third-year medical student completes eight-week rotations in the various specialty areas.

TERM students will take the same mini-boards as other medical students to demonstrate their proficiency in the different specialty areas. They will also have to pass a comprehensive exam.

Two rural sites have been chosen for TERM students. One is Carrollton Primary Care in Pickens County. Students will work with two physicians there – Julia Boothe, M.D., and Cathy Skinner, M.D., both graduates of the University of Alabama School of Medicine and the Tuscaloosa Family Medicine Residency, where both served as chief residents. In addition, Dr. Skinner completed an Obstetrics Fellowship in Texas.

The other site is Primary Care Center of Monroeville in Monroe County where TERM students will work with Angela Powell, M.D., and Alex Nettles, M.D.,



(Left to right): Drs. Julia Boothe, Ashley Evans and Cathy Skinner at Carrollton Primary Care in Pickens County.

both graduates of the University of Alabama School of Medicine. Powell also completed the Tuscaloosa Family Medicine Residency and was a chief resident in the program.

Housing will be provided at both sites for TERM students. Pickens County Hospital has agreed to provide housing specifically for TERM students at the Carrollton site. In addition to housing, TERM students will receive a \$3,000 scholarship and a laptop computer.

As part of their rural on-site experience, TERM students will receive integrated training in Family Medicine, Rural Medicine, Obstetrics and Gynecology, Pediatrics, Surgery and Internal Medicine. Tuscaloosa-based medical faculty will participate in site visits and audio and video conferences. Technology, such as telemedicine, will also be developed so that students can maintain contact with the medical faculty at the Tuscaloosa Campus.

## Rural Medical Scholars Visit Congress

Members of the College of Community Health Sciences' Rural Medical Scholars Program accompanied Alabama physicians to Washington, D.C., in February to meet with the state's congressional delegation about rural health needs in Alabama.

The Rural Medical Scholars, along with representatives of The Medical Association of the State of Alabama (MASA) and the Alabama Chapter of the American Academy of Family Physicians (AAFP), visited with Alabama representatives and senators in their Capitol Hill offices. In addition, MASA hosted a banquet for the students and members of Alabama's congressional delegation.

The Washington, D.C., trip for Rural Medical Scholars is organized annually and funded in part by MASA and the AAFP.

The Rural Medical Scholars Program is part of the College's Rural Scholars Pipeline, a sequence of programs that helps rural students enter health professions and prepare for rural service.

— By Linda Jackson, *Rural Health Programs*



(Front row, pictured from left to right): John Brandon, M.D., a family physician in Gordo and medical director of the Rural Medical Scholars Program; Megan Vansant of Columbiana; Jessica Cook Strickland of Livingston; Alexis Mason of Town Creek; Jeff Colburn of Adger; and Britt Young of Oxford. (Back row, pictured from left to right): Parker Griffith, M.D., a state senator from Huntsville and a member of MASA; Randall Weaver, M.D., a family physician in Rockford and president-elect of the Alabama Chapter of the AAFP; Buu Duong of Athens; Christopher Shubert of Sipsey; Sean McBready of Fairhope; Josh Terry of Courtland; and Jerry Harrison, M.D., of Haleyville and chairman of the board of the Alabama chapter of the AAFP.



Anne Laura R. Parker (third from left) and her children (from left to right) Laura-Louise Parker Roush, Virginia Parker Ennis and Wilmer "Buddy" Parker.

## Lobby Named in Honor of Long-Time College Supporter

The lobby of the College of Community Health Sciences/School of Medicine, Tuscaloosa Campus building has been named in honor of a long-time supporter of the College.

The official lobby naming and dedication in honor of Anne Laura R. Parker of Ozark, Alabama, an attorney, was held on December 12, 2006.

"This brings together the history of the College – where we have been and where we are going – in a very meaningful way," E. Eugene Marsh, M.D., dean of the College, said during the dedication ceremony, which was attended by Parker and members of her family.

Marsh credited Parker with helping to ensure the continued existence of the College in its early years, when there was some skepticism about the need for a Tuscaloosa campus of the University's medical school, which is headquartered in Birmingham.

At the time, Parker was a member of the Alabama Commission on Higher Education, appointed by then-Gov. George Wallace. She encouraged commission members to support the College, citing the great need for the Tuscaloosa program, which focuses on educating and training physicians to practice in Alabama's rural and medically underserved communities. (See related story on page 19.)

"Anne Laura Parker was a leader in convincing those who needed convincing

that the College needed to be here because of its focus on Family Medicine and rural health care," Marsh said. "She was very instrumental in the early history of our College. And now she is stepping up to the plate again. She has made a significant gift to support the mission and the programs of the College."

Parker provided a financial gift in the amount of \$100,000 to the College.

"She is passionate about all aspects of our mission, but she is most passionate about our mission to serve the small towns and the rural areas of our state," Marsh said. "It is only fitting that the lobby should be dedicated as the Anne Laura R. Parker Academic Lobby."

Parker's son, Wilmer "Buddy" Parker, an attorney in Atlanta, said he was pleased with his mother's decision to support the College, as were her daughters, Virginia Parker Ennis and Laura-Louise Parker Roush.

"As a (higher education) commission member, I believe she did a great service for this University and this College," he said.

Tom Martz, then vice president for University Advancement, said the gift was especially significant because it was given so that it can be spent at the discretion of the dean. "We want to give you a tremendous thank you for this wonderful gift," Martz said to Parker during the lobby dedication. "On behalf of the University, we thank you for all that you have done for this College."

## College of Community Health Sciences Lectures

The College began a new lecture series last year for medical students and residents. The William W. Winternitz Conferences feature prominent speakers who address such topics as ethics, communication, professionalism and quality improvement.

The conferences are named in honor of William W. Winternitz, M.D., a long-time and distinguished member of the College's faculty. Winternitz joined the College in 1977 and chaired the Department of Internal Medicine. He is now retired.

Below is a look at the Winternitz Conferences that have been held this academic year, as well as other lectures that have been hosted by the College.

### WILLIAM W. WINTERNITZ CONFERENCE

"Healthy Talk: Improving Patient-Provider Communication"

#### Carol B. Mills, Ph.D.

Assistant Professor, Department of Communication Studies  
College of Communication and Information Sciences  
The University of Alabama

Nearly a third of patients leave their doctors' offices without having all of their questions answered, half of patients say their doctors do not ask their opinions about care or discuss emotional burdens that care might present, and doctors routinely interrupt patients within the first 18 seconds of an office visit.

This is what Mills has found in her research on patient-provider communication.

"We think about communication as talk, talk, talk. Silence is something we are uncomfortable with," Mills said. "But if we don't talk, the other person will talk. Sometimes you'll get an answer you didn't expect because you wouldn't have asked the right question. Sometimes allowing a little silence will encourage a patient to talk more, to share more."

Why is patient-provider communication important? "Because you could misdiagnose a patient," Mills said. And, "when patients play a central role in their care, they are more likely to adhere to a treatment plan."

Mills acknowledged that there are challenges to communication. It takes

time, and some people are not skilled in the art of communication.

"In medical training, people are taught to listen with their medical ear. They need to listen with their psycho-social ear," Mills said. "Practitioners need to be able to tap into that humanity."

**WILLIAM W. WINTERNITZ CONFERENCE**  
"The Art of Aging"

**Daniel C. Potts, M.D.**

Neurology Consultants of Tuscaloosa, P.C.

America is growing old, and physicians will see more and more patients suffering from diseases typical to an aging population, Potts said. Consider Alzheimer's disease. Approximately 4.5 million Americans suffer from this illness, and that number is expected to grow to 14 million by the year 2050, Potts said.

He spoke of his own experiences caring for his father, who suffers from Alzheimer's disease.

Potts said medical professionals must take the lead in combating Alzheimer's disease and other conditions that threaten the health and quality of life of elderly patients and their families. "But this is not enough. We must also learn to nurture and preserve the psychological, emotional and spiritual well-being of our elderly patients, thereby helping to maintain their sense of independence, productivity and self-worth," Potts said.

He said to accomplish this task physicians must learn and practice the *art* of medicine. The most important step a health provider can take in delivering care is to listen to the patient and his or her caregivers, Potts said. "People, especially the elderly, need to tell their stories. The act of listening provides a healing efficacy greater than that of the latest wonder drug on any formulary."

Potts said science must continue to discover ways to slow the decay of the mind and body as physicians gain experience in the treatment of diseases of the elderly. "But we must not be content with this, the science of our craft," he said. "We must practice the art as well. Listen, observe, give and listen some more. From your work will come the most prized of all artistic creations: a human relationship built on trust, respect, benevolence and love, from which healing cannot help but spring."

**WILLIAM W. WINTERNITZ CONFERENCE**  
"Strategies for Managing Patients with Unexplained Medical Complaints"

**James C. Hamilton, Ph.D.**

Assistant Professor, Department of

Psychology  
College of Arts and Sciences  
The University of Alabama

Unexplained medical complaints are those for which no diagnosis can readily be made, but that does not mean patients with such complaints do not need medical care, Hamilton said.

"It's tempting to say these patients have psychological problems, but that's not necessarily so," he said.

Hamilton said patients with unexplained medical complaints face certain risks, such as missed school or work, compromised family and social function and, in some cases, physical self-harm.

He said the U.S. health care system enables patients with unexplained medical complaints by encouraging physicians to make a diagnosis and to schedule sometimes unnecessary follow up visits, and by failing to provide a means of tracking patient health care contacts across providers.

Hamilton said ironically, patients with unexplained medical complaints "are good patients. They seek a diagnosis, provide an extensive medical history, acquiesce to tests and treatments and keep their follow up appointments."

Still, he said it is important that physicians try and find out what keeps bringing a patient back to the doctor. "The longer a patient stays in the sick role, the more his or her life accommodates it," Hamilton said.

**DAVID AND NATICA BAHAR ENDOWED LECTURE**

"The Physician's Role in Ending the Tobacco Pandemic: Meeting the Challenge in the Clinic, Classroom, and Community"

**Alan Blum, M.D.**

Director of the University of Alabama Center for the Study of Tobacco and Society  
Gerald Leon Wallace Endowed Chair in Family Medicine  
College of Community Health Sciences

Nearly 25 percent of Alabamians smoke and thousands of people in the state die each year from illnesses and diseases related to cigarette smoking, Blum said.

"There's not a single medical specialty that isn't impacted by cigarette smoking," he said, listing cancers, strokes, emphysema, osteoporosis and macular degeneration as among the many illnesses and diseases caused by smoking.

Second-hand smoke also causes serious health problems, particularly for children, including asthma and SIDS (Sudden Infant

Death Syndrome), Blum said.

He said most medical school curriculums do not include smoking cessation education and training, and time pressures and a lack of reimbursement for smoking cessation consultations by physicians work against efforts to encourage patients to stop smoking.

"The role of the health professional has been confined to prescribing prescription medications that might help," Blum said.

In addition, advertising by cigarette makers in magazines makes smoking appear stylish. "We need to make the connection," Blum said. "It's not just an addiction; it's a cultural thing."

Blum said 44 million people smoke in the United States today, about the same number who smoked in 1964 when the then-U.S. Surgeon General proclaimed that "smoking is hazardous to your health."

**ALICE McLEAN-STEWART ENDOWED LECTURE ON ADDICTION**

"Recognizing Substance Abusers in Your Practice"

**Sandy Frazier, M.D.**

Physician Health Officer  
UAB Health System  
Birmingham, Alabama

Substance abuse is one of the nation's top health problems, according to the Centers for Disease Control and Prevention. For physicians, the challenge is recognizing patients who might be substance abusers, Frazier said.

But this diagnosis is sometimes missed, she said. Why? "A lack of education and training, a lack of time in the physician's office, and sometimes physicians will lose the patient if substance abuse is brought up. The patient will go elsewhere and not come back."

Frazier said physicians need to take certain steps if they suspect that a patient has a substance abuse problem.

"Physicians should perform screening tests," she said. "Ask about their (patients') work history, about their relationships, about their spiritual history, about their legal history – how many DUIs have you had? You've got to ask very specific questions. Do you drink every night? How big is your glass?"

Frazier said physicians might also want to create policies within their practices about lost prescriptions and early refills, or implement drug screening programs.

The good news, Frazier said, is that addiction is treatable. "The earlier the intervention, the better," she said.

## IN BRIEF...

### Institute Part of Major Diabetes Care Study

The Institute for Rural Health Research is collaborating on a four-year project with the University of Alabama at Birmingham that seeks to improve diabetes care in rural areas.

The project, *Internet Intervention for Improving Rural Diabetes Care*, or RDoc, seeks to create an Internet intervention to promote evidence-based care for adult patients with type 2 diabetes living in rural Alabama.

About 200 rural physicians in Alabama, Mississippi, Georgia and Tennessee are being invited to participate in the office-based Internet intervention.

The project is being funded by the National Institute of Diabetes & Digestive & Kidney Diseases, which is a division of the National Institutes of Health.

The Institute for Rural Health Research is part of the College of Community Health Sciences and conducts research that seeks to improve health and reduce health disparities in rural Alabama.

### Flu Vaccine Study Results Published in New England Journal of Medicine

Results of a nasal spray flu vaccine study of more than 8,000 children in 16 countries, including some three dozen patients enrolled via University Medical Center, were published recently in the *New England Journal of Medicine*.

The study found that a nasal spray flu vaccine reduced the influenza "attack rate" in children by 55 percent when compared with a group of children who received the traditional flu shot. The study was funded by MedImmune Inc. and is the



Karen Burgess, M.D.

## Institute Leading University Efforts on Medical Research Grant

The University of Alabama is working to become part of a national consortium that is seeking to dramatically change how health care research is conducted in the United States so that medical advances can be developed more quickly and get to patients faster, particularly patients with limited or no access to adequate health care.

The Institute for Rural Health Research, which is part of the College of Community Health Sciences, is leading The University of Alabama's efforts.

The National Institutes of Health, through its National Center for Research Resources, is creating the consortium, which will consist of universities across the country.

The idea is for the NCRH to provide funding and other support to researchers at these universities so that they can work together to develop new medical technologies and treatments faster and deliver them to patients more quickly and efficiently.

"The development of the consortium represents the first systematic change in our approach to clinical research in 50 years," says NIH Director Elias A. Zerhouni, M.D. "Working together, these sites will serve as discovery engines that will improve medical care by applying new scientific advances to real world practice. We expect to see new approaches reach underserved populations, local community organizations and health care providers to ensure that medical advances are reaching the people who need them."

The consortium is being funded through Clinical and Translational Science Awards. Twelve universities have already received CTSA grants, and 52 universities have received CTSA planning grants. The Institute for Rural Health Research was awarded a planning grant last fall, which will enable The University of Alabama to prepare a CTSA grant that will be submitted to the National Center for Research Resources in October. If successful, the University will become part of the consortium.

"Getting the planning grant is a major success story for the University," says Keith McDowell, Ph.D., vice president of research for The University of Alabama.

The goal of the CTSA proposal that the Institute will submit in October is to improve primary care and eliminate health disparities in rural communities in Alabama, with an initial focus on the state's Black Belt region.



Pamela P. Foster, M.D., M.P.H.

Key to that goal is the creation of a partnership of researchers from various disciplines across campus – basic sciences, health sciences, social sciences, engineering, business and education – and rural physicians and community organizations.

Rural physicians and community groups will provide guidance about the kind of cutting-edge medicine and innovative care that is needed by patients living in rural Alabama. In turn, University

researchers will work to develop those medical treatments and technologies and get them to rural areas and underserved patients more quickly and efficiently.

"One of the weaknesses in our current system of medical research is a lack of participation by segments of the population, particularly racial and ethnic minorities and those in low socio-economic spheres in Alabama, in the design, implementation and delivery of medical innovations and technology," says Pamela P. Foster, M.D., M.P.H., deputy director of the Institute for Rural Health Research.

"We want to actively engage The University of Alabama academic and research community in a true, equal and mutually beneficial relationship with Alabama Black Belt communities and other rural communities in the state in order to transform the way we conduct scientific and medical research in order to benefit the health of citizens in these regions," Foster says.

Key elements of the Institute's proposal include making available to rural physicians the Electronic Health Record, which provides access to a patient's medical history from different locations and sources; telehealth activities, which will bring services and expertise from major health care facilities, as well as patient education programs from the University, to rural communities with the help of telecommunications and information technologies; and creation of a master's degree and certification program in Clinical and Translational Science that will be awarded by The University of Alabama.

"The goal of the master's degree and certification program is to produce a cadre of rural health researchers from many disciplines, including medicine, nursing, social work, engineering, education, law, ethics, communications and business in order to address a broad range of health issues," Foster says.

largest-ever pediatric study comparing a nasal flu vaccine head-on with the traditional flu shot.

Elizabeth Cockrum, M.D., FAAP, associate dean for Clinical Affairs for the College of Community Health Sciences and a professor in the College's Department of Pediatrics, was principal investigator on the FluMist trial at University Medical Center. Karen Burgess, M.D., an associate professor in the College's Department of Pediatrics, was a sub-investigator on the trial.



Elizabeth Cockrum, M.D.

University Medical Center is operated by the College of Community Health Sciences. Clinical trials are coordinated by the College's Division of Clinical Investigations, which is part of the College's Institute for Rural Health Research.

The published study can be found in the February 15 edition of the *New England Journal of Medicine*.

## Institute Receives Renewed Funding for Project EXPORT

The National Center on Minority Health and Health Disparities, a division of the National Institutes of Health, renewed funding last fall for the Institute for Rural Health Research's fifth and final year of Project EXPORT.

Project EXPORT is a five-year, collaborative effort of The University of Alabama and Tuskegee University to reduce health disparities in Alabama's Black Belt region.

Using facilities on the campuses of both universities, faculty and researchers use a strategy that blends public health methods and ethics with medical education, research and outreach in an effort to reduce health disparities in six areas – cancer, diabetes, cardiovascular disease and hypertension, HIV/AIDS, infant mortality and immunizations.

Project EXPORT is short for Excellence in Partnerships for Community Outreach, Research on Health Disparities, and Training.

The Institute for Rural Health Research is part of the College of

Community Health Sciences.

## Institute Assisting with Child Death Report

The Institute for Rural Health Research was awarded funding from the Alabama Department of Public Health to assist the agency in preparing this year's Alabama Child Death Review System Annual Report.

The Department of Public Health is required by state law to gather statistics each year about unexplained and unexpected child deaths in Alabama.

The Institute analyzes that data, works with the Department of Public Health to identify preventable deaths and develop prevention strategies, and prepares an annual report of the findings. The annual report is distributed to public health offices throughout the state, as well as to law enforcement agencies, social services offices, child advocacy organizations and state lawmakers.

This is the fourth year that the Institute has worked with the Department of Public Health on the Alabama Child Death Review System Annual Report.

The Institute for Rural Health Research is part of the College of Community Health Sciences.

## Higginbotham Guest Editor of Peer-Review Journal

John C. Higginbotham, Ph.D., M.P.H., director of the Institute for Rural Health Research, is serving as guest editor of a special issue of the peer-review journal, *Family & Community Health*. The issue will focus on topics in community health and will be published in the fall of 2007.

This is the third special issue of the *Family & Community Health* journal of which Higginbotham has served as guest editor. The previous two issues focused



John C. Higginbotham, Ph.D., M.P.H.

on decreasing health disparities and were published in 2005 and 2006.

Higginbotham also serves as the College of Community Health Sciences' associate dean for research and health policy and as chair of the College's Department of Community and Rural Medicine.

## NCRR Director Keynote Speaker at Rural Health Conference

Barbara Alving, M.D., director of the National Center for Research Resources, part of the National Institutes of Health, provided the luncheon keynote address at the Eighth Annual Rural Health Conference, which was held April 19-20 at the University of Alabama's Bryant Conference Center.



Barbara Alving, M.D.

Approximately 350 people attended the conference, "Hope and Healing for Health Disparities: A Conference on Spirituality and Rural Health." The conference is hosted by the Institute for Rural Health Research and the College of Community Health Sciences.

The conference featured other prominent national keynote speakers, including: Reverend Melvin B. Tuggle, II, Ph.D., chairman of Heart Body and Soul, a partnership of Johns Hopkins University and Baltimore-area churches that conducts health and prevention programs in Baltimore; Harold G. Koenig, M.D., M.H.Sc., co-director of the Center for Spirituality, Theology and Health at Duke University Medical Center; and Rueben C. Warren, D.D.S., M.P.H., Dr.P.H., associate director of the Institute for Faith-Health Leadership at the Interdenominational Theological Center in Atlanta.

The annual Rural Health Conferences are supported in part by a grant awarded to Tuskegee University and the Institute for Rural Health Research from the National Center on Minority Health and Health Disparities. Much of the research conducted by the Institute focuses on Alabama's rural Black Belt region, where people suffer at higher rates than other Alabamians from cancer, heart disease, diabetes and other illnesses and diseases.

# Alexander to Serve on Medical Association Council

Chelley Alexander, M.D., the College's Assistant Dean for Graduate Medical Education, has been selected to serve on the Council on Medical Education for the The Medical Association of the State of Alabama.

The 13-member Council on Medical Education conducts continuing medical education (CME) seminars for physicians and accredits hospitals and other institutions to provide continuing medical education.

The Medical Association of the State of Alabama is the professional association for some 7,500

physicians of all specialties throughout Alabama. The Association also works closely with the American Medical Association and the state and national specialty societies on a variety of issues.

Alexander, an assistant professor, is also chair of the College's Department of Family Medicine and serves as residency director. She received her medical degree from the University of Alabama School of Medicine in 1996. She attended the Tuscaloosa Family Practice Residency and practiced in Gordo, Alabama, for two years before joining the College's Family Medicine faculty.

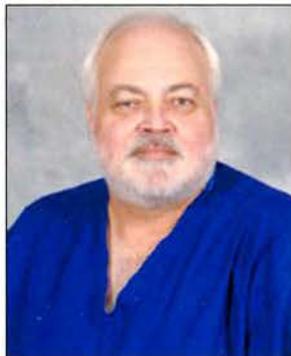


Chelley Alexander, M.D.

# University Medical Center to Publish New Medical Journal

A new medical journal will be published beginning in May by University Medical Center, which is operated by the College of Community Health Sciences.

The publication, *The Journal of Family Practice Obstetrics*, was developed and will be edited by Daniel M. Avery, M.D., FACOG, FACS, associate professor and chair of the College's Department of Obstetrics and Gynecology and director of



Daniel M. Avery, M.D.

University Medical Center's OB/GYN Clinic.

Avery says the journal is a wonderful opportunity for the College.

"The College has always been a leader of family physicians in delivering babies and addressing the shortage that we have in this state in providing medical care in rural areas. *The Journal of Family Practice Obstetrics* is a great educational endeavor for the College

to give information to doctors in these rural areas," he says.

The journal will be published quarterly and will feature articles that vary in content and medical topic.

Avery says most of the material for the articles that will appear in the journal will be based on practical obstetric practices and will likely include case reports written by physicians in Tuscaloosa and the surrounding area.

Review articles from national meetings and conferences may also be included.

-- By Jenny Whelan

# PROMOTIONS

The following College faculty members, who also practice at University Medical Center, recently received promotions.

**Cathy L. Gresham, M.D., FACP, to professor.** Gresham also serves as assistant to the dean and as director of Medical Student Affairs. She has been a faculty member in the Department of Internal Medicine since 1991. She is board certified in Internal Medicine and is a Fellow of the American College of Physicians. She is a graduate of Samford University in Birmingham, the University of Alabama School of Medicine and the Internal Medicine Residency at the Carolinas Medical Center.

**Robert Ireland, Jr., M.D., to professor.** Ireland is a faculty member in the Department of Family Medicine. He joined the College's faculty in 1991. Prior to that, he was in private practice with his father in his hometown of Clinton, Mississippi. Ireland graduated from the United States Military Academy at West Point and served five years in the Army as an Engineer Officer before receiving his medical degree from the University of Mississippi School of Medicine in 1981. He completed his residency at the Tuscaloosa Family Practice Residency.

**Karen Burgess, M.D., to associate professor.** Burgess also serves as director of Residency Affairs within the Department of Pediatrics, coordinating the clinic and in-house assignments of residents on the pediatric service. In addition, she serves as director of the University Medical Center

Pediatric Clinic. Burgess graduated from the University of Alabama School of Medicine in 1998 and completed her pediatric training at The Children's Hospital of Alabama in 2001. She is board certified in Pediatrics.

**A. Robert Sheppard, M.D., to associate professor.** Sheppard is also director of Hospitalist Service for the College's Department of Internal Medicine. He received his medical degree from the University of Alabama School of Medicine and completed a Categorical Internal Medicine Residency at the University of South Alabama Medical College in Mobile, Alabama, in 1979. Upon completing the Chief Medical Residency, he began an Internal Medicine and Cardiology practice in Carrollton in 1980 that lasted until 2002. In 2003, Sheppard conceived of and launched the first Hospitalist Service at the University of Alabama School of Medicine, Tuscaloosa Campus.

## University Accepts Award for AlcoholEdu Program

The University of Alabama's AlcoholEdu team, which included faculty and staff from the College of Community Health Sciences and the Student Health Center, was awarded the 2006-2007 Prevention Excellence Award with highest honors in March at the National Student Affairs Professional Organization Conference in Orlando, Florida.

The award program is sponsored by Outside the Classroom, developers of the AlcoholEdu program, to honor colleges and universities that have significantly influenced the quality of student life through their alcohol prevention efforts.

The University's team also gave a presentation at the Orlando conference, titled "Collaboration: Fostering an Environment for Student Well-being and Academic Success," about how the program was implemented at The University of Alabama.

The University's AlcoholEdu team applied for the Prevention Excellence Award in December 2006. Applications were reviewed by a panel of national prevention experts and researchers. Panel members assigned each application a score based on five criteria: implementation practices, communication, evaluation, programmatic linkages and organizational linkages.

Margaret Garner, assistant dean of Health Education and Outreach for the College and an associate professor in the College's Department of Family Medicine, says the \$10,000 the University's AlcoholEdu team received for winning highest honors will go to a general University scholarship fund. Garner led the University's efforts to implement the AlcoholEdu program.

In addition, The University of Alabama was one of only eight universities nationwide chosen to host an AlcoholEdu day on their respective campuses. Among the other universities chosen were Harvard University, Georgetown University, the University of California at Berkeley and the University of San Diego.

The University of Alabama's AlcoholEdu Day was held on March 6 and included a presentation by the president of Outside the Classroom about the AlcoholEdu program, as well as presentations by other speakers about alcohol and college students. Representatives from higher education institutions around the state were also invited to attend.

— By Jenny Whelan

## University's AlcoholEdu Program Earns National Ranking

By Jenny Whelan

AlcoholEdu, a University of Alabama alcohol prevention education program, recently earned a ranking of fourth in the nation among nearly 500 colleges and universities that have implemented the program.

The ranking is based on the percentage of students who complete

the program. The University of Alabama finished in the 94<sup>th</sup> percentile among such schools as Harvard University, Vanderbilt University, the University of California at Berkeley, Syracuse University and Georgetown University.

"The 94<sup>th</sup> percentile completion rate is a phenomenal accomplishment for a first-time program," says Delyne Wilcox, coordinator of Health Planning and Prevention at the Student Health Center, which is part of the College of Community Health Sciences. "We have had overwhelming support from parents and students, and we are excited and ready to see what is next for us."

The program, which was made available to students in July 2006, was a campus-wide effort as the Student Health Center collaborated with the University's Center for Quality Improvement, the Healthy Campus Initiative, Financial Affairs, Student Affairs, Academic Affairs and top-level administrators.

The AlcoholEdu program was chosen after representatives from these organizations determined that it was one of the premier alcohol education programs.

The course, which all incoming freshmen are required to take, was completed by 4,058 of the University's 2006-2007 incoming class of 4,378 students.

Students sign up for the program through the AlcoholEdu webpage, [www.alcoholedu.ua.edu](http://www.alcoholedu.ua.edu), and then must



Margaret Garner, M.S., R.D., L.D.

complete a two-section, on-line course in which a score of 70 percent must be attained to pass and receive credit for the course.

The intent of the program is to provide a baseline of information about alcohol, safety, health issues and self-awareness. The AlcoholEdu initiative has been a major part of the heightened visibility and attention to a serious public health concern facing

college students today.

"Alcohol is the No. 1 health problem at colleges and universities," says Margaret Garner, the College's assistant dean of Health Education and Outreach.

"Our aim in implementing this program is to take a proactive, caring approach to help students make the best decisions possible regarding alcohol. It truly has been a huge effort across campus."

Judy Bonner, the University's executive vice president and provost, and Margaret King, the University's vice president for student affairs, say they hope the program will make a difference in students' lives.

"If the program helps just one student make a good decision about alcohol and personal safety, then we will have been successful," Bonner says. Adds King: "We want the next four years to be a wonderful time of positive growth intellectually, spiritually and socially."

Students accepted into The University of Alabama receive e-mail communication alerting them to the AlcoholEdu program and the AlcoholEdu webpage.

The webpage provides information about the program, as well as information about how to log in, frequently asked questions and links to campus resources for parents and students.

For more information about the AlcoholEdu program, visit [www.alcoholedu.ua.edu](http://www.alcoholedu.ua.edu), or contact Margaret Garner at [mgarner@cchs.ua.edu](mailto:mgarner@cchs.ua.edu) or Delyne Wilcox at [dwilcox@cchs.ua.edu](mailto:dwilcox@cchs.ua.edu).

# Your Investment Can Have A Profound Impact

The William Floyd deShazo III Endowed Chair for Sports Medicine Research is an excellent example of how your investment in the College of Community Health Sciences can have a profound impact on both medical education and health care for the citizens of Alabama.

Imagine how your pledge to this campaign will enhance the education offered to Sports Medicine Fellows who seek this specialized training, as well as to Family Medicine Residents, many of whom will serve as team doctors for their local schools.

Further consider how young athletes in rural areas of our state will benefit from your investment when they receive outstanding medical care for their sports injuries.

An endowed chair at The University of Alabama requires an investment of \$1.5 million.



Allison Leitner

Your pledge can be paid over time with gifts of cash, securities or other appreciated assets. Your pledge will assist in recruiting a nationally known Sports Medicine physician who will serve as chair, establish an exceptional Sports Medicine Fellowship, lead innovative research and recruit our Fellows.

Though I did not have the privilege of knowing “Dr. D.,” your stories create a wonderful picture of his commitment to Sports Medicine and this College. Please consider making a gift to help make his dream of a Sports Medicine Fellowship become a reality.

**Allison Leitner**

Director of Advancement  
College of Community Health Sciences

## DONOR PROFILE

### Parker Passionate about College’s Mission

As a native and resident of Ozark, Alabama, an attorney and the daughter of a physician, Anne Laura R. Parker knows first-hand of the need for doctors who can practice in the small towns and rural communities of Alabama.

Her belief that the College of Community Health Sciences/School of Medicine, Tuscaloosa Campus could meet that need led her to champion for the continued existence of the College in its early days more than 30 years ago. At the time, there was skepticism about the need for the Tuscaloosa program, which focused on educating and training medical students and residents to practice in Alabama’s rural and medically underserved communities.

Parker was a member of the Alabama Commission on Higher Education, appointed by then-Gov. George Wallace. There was a movement afoot to shutter the Tuscaloosa campus of the University’s medical school, which was headquartered in Birmingham.

“I was distressed that the Tuscaloosa campus could be closed,” Parker says. “I felt it had a great deal of promise with its specialty of Family Medicine and preparing doctors to practice in rural areas, something that had not previously been addressed. I identified with the small town need for trained physicians. I felt it was important to champion for the survival of the school.”

When the issue came before the commission, Parker lobbied commissioners to support the College, citing the need for the Tuscaloosa program and expressing her concern that a strong focus on medical education and training in family and rural medicine might be lost if the Tuscaloosa campus did not exist.

The commission voted to keep the Tuscaloosa campus.

“And so it was accomplished,” Parker says, politely declining to provide details. “It was an interesting and intriguing process.”

Parker’s commitment to the College then, and her continued support today, led the College to name its academic lobby in her honor, says E. Eugene Marsh, M.D., dean of the College. (See related story on page 13.)

Anne Laura R. Parker grew up in Ozark, a small town situated in the southeastern portion of the state known as the Wiregrass region. Her father, a great uncle and an uncle were physicians, and a cousin is currently a practicing physician. She had a twin brother and remembers being a teenager during the “turbulent times” of World War II.

Parker attended The University of Alabama and graduated with a degree in Education. She was offered a scholarship to the University of Georgia to establish a Kappa Kappa Gamma sorority chapter there. She accepted and earned a master’s



Anne Laura R. Parker

degree in Psychology.

She returned home and in 1948 married Wilmer Parker Jr., also a native of Ozark, who had just returned from military service. He became a banker, and the couple eventually had three children – two girls and a boy. Anne Laura Parker raised the children and took part in community activities, organizing Girl Scout troops and

participating in literary clubs and the Service League.

"I was a typical stay-at-home Mom," she says. "What a great life it was."

During that time, Parker was approached by the president of Enterprise Junior College to help establish a Psychology Department at the college. She did and taught there for several years before settling back into the role of stay-at-home Mom.

Once her children were grown and on their own, "I thought that I needed to do something," Parker says. "I was motivated, and I wanted to give back. But I recognized that I needed additional education. I thought about getting a doctorate (degree) in Psychology, but instead I chose to go to law school. It was a personal challenge."

By then, two of her children, a son and a daughter, were attorneys.

Parker enrolled at Jones Law School

in Montgomery and began a three-year commute that would involve driving 200 miles roundtrip each day of her classes. Parker says being a female law student at the time was not unusual.

"The women issue was long since over, but the age issue was a different story," she says. "It was very untypical for someone of my age to do this."

She did not let that stop her.

"I loved law school," Parker says. She graduated and passed the Bar Exam on her first try. She worked for two years as an assistant district attorney in Houston County and then hung out her shingle in Ozark, opening her own law office.

"Just me," Parker says.

In the beginning, she handled all sorts of legal cases. "You do whatever walks through the door." But her practice quickly grew, and over time she focused on bankruptcy, real

estate and divorce law, with some criminal work.

"I loved the courtroom," she says.

She also represented southeast Alabama for eight years on the state Commission on Higher Education.

Parker practiced law for 24 years, but began the process of closing her practice after her husband died. Today, she handles a few cases now and then from her home. She recently sold the building where her law practice was housed.

She also enjoys spending time with her children and six grandchildren, including a granddaughter, Anne-Laura Cook, her namesake and a recent graduate of the University of Alabama School of Medicine, who is completing a residency in Birmingham.

"I have always tried to live a full life," Parker says. "I feel I have been blessed."

## College Hosts Iron Bowl Pre-Game Brunch

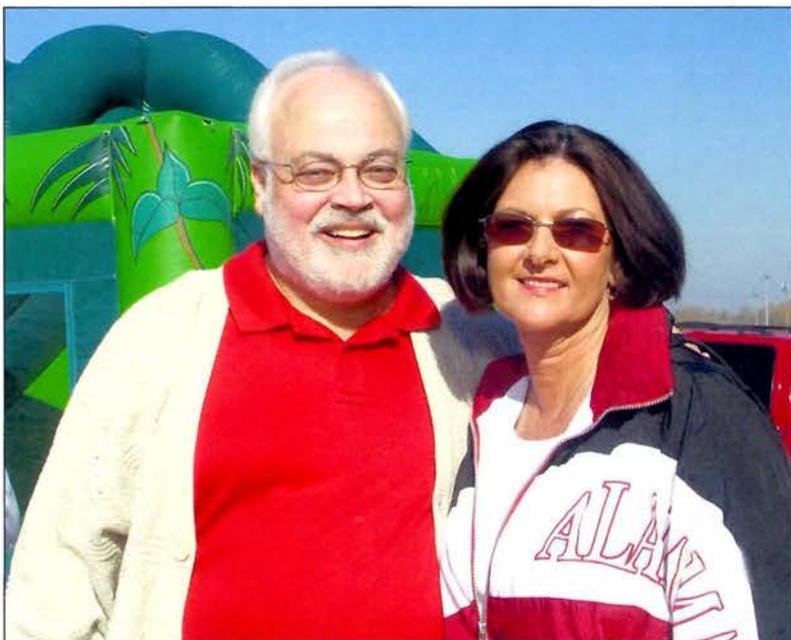


The College of Community Health Sciences hosted a pre-game brunch at the School of Medicine building in Tuscaloosa prior to the Alabama vs. Auburn football game last November.

Faculty and staff of the College were joined by family, alumni and friends and enjoyed brunch and conversation.

There were a number of activities for children, including a fun jump, crafts and face painting.





Daniel Avery, M.D., chair of the College's Department of Obstetrics and Gynecology, and his wife, Tywann Avery.



Julia Boothe, M.D., a physician in the College's Department of Family Medicine, helps her daughter, Laura Adelyn, with a craft activity.



(From left to right) Joy Nunn, UA Student Health Center Director John Maxwell and his wife Alice Maxwell, and Ashley Nunn Robinett enjoy pre-game brunch activities.



ABOVE: (From left to right) Children of College faculty and staff – Mary Glen Agee, Haleigh Swindle, Emily Marsh and Hope Swindle – take part in craft activities.



LEFT: Amelia de los Reyes, the College's quality improvement coordinator, and her husband, Jovencio de los Reyes, M.D., a local physician, enjoy the pre-game brunch.

# College Faculty, Alumni and Friends Celebrate Alabama vs. Duke Football Weekend

Faculty, alumni and friends of the College of Community Health Sciences gathered at the home of Dianna and Jim Fleming last October to celebrate Alabama vs. Duke football weekend.

The party was hosted by E. Eugene Marsh, M.D., dean of the College, and the Campaign Steering Committee of volunteers chaired by Riley Lumpkin, M.D.

The College is part of The University of Alabama's *Campaign for Students*.



(From left to right) E. Eugene Marsh, M.D., dean of the College, with Jovencio de los Reyes, M.D., a local physician, and his wife, Amelia de los Reyes, the College's quality improvement coordinator.



John and Amanda Humber



ABOVE: (From left to right) Sage Smith, Everett Hale, Ed Shotts and Maureen Shotts

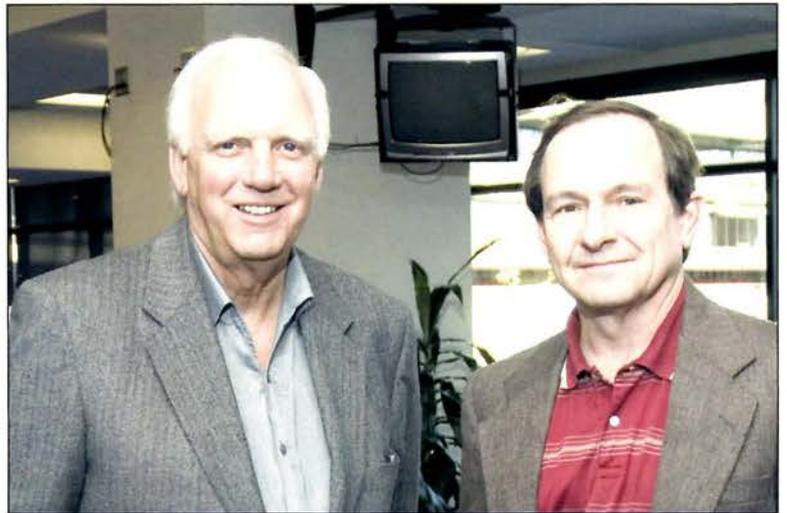


ABOVE: Ken DeWitt (left) and Eddie Sherwood

LEFT: (From left to right) Bob Monfore, Riley Lumpkin, M.D., chair of the Campaign Steering Committee, and Robert E. Witt, president of The University of Alabama.



Betty Shirley (left) and Mary Nell Hallman



The University of Alabama Athletic Director Mal Moore (left) and Mike Wells, M.D.

## Lister Hill Society Supports Development of Sports Medicine Fellowship Program

More than 200 friends, faculty, staff and residents of the College of Community Health Sciences gathered at *The Zone* in Bryant-Denny Stadium on April 12 to support the Sports Medicine Fellowship Program currently being developed by the College and the University of Alabama Athletic Department.

The event was hosted by the College's Lister Hill Society, the College's dean, E. Eugene Marsh, M.D., and University of Alabama Athletic Director Mal Moore.

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(From left to right) Lisa Russell, Sydney Cook and Martha Cook



(From left to right) Anne Moman, Buddy Moman and Bill Hill, M.D.



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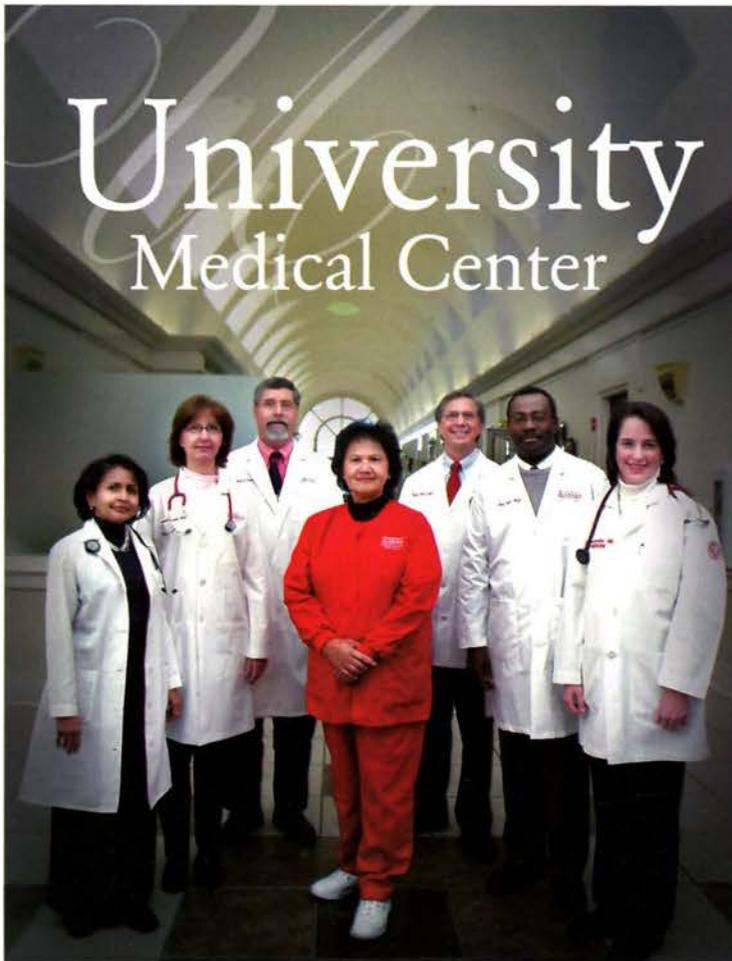
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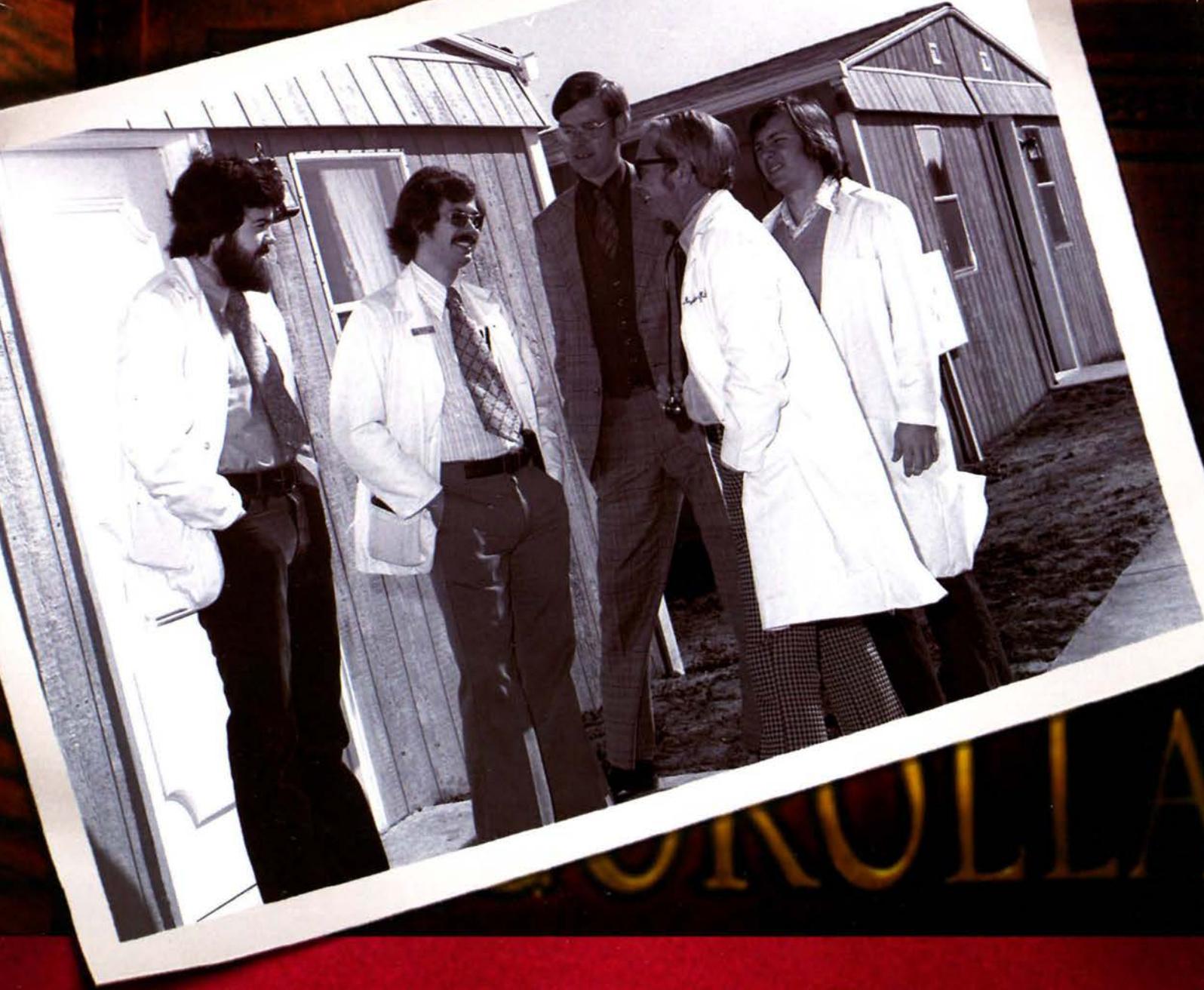
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OUR STUDENTS. OUR FUTURE.

# SAVE THE DATES

COLLEGE OF COMMUNITY HEALTH SCIENCES/SCHOOL OF  
MEDICINE, TUSCALOOSA CAMPUS

## **SUMMER 2007 EVENTS**

Emergency Medicine Series  
Every Tuesday, Thursday and Friday  
July and August • 12:15 p.m. (CME credit available)  
Willard Auditorium – DCH Hospital – Tuscaloosa, Alabama

## **FALL 2007 EVENTS**

Cancer Prevention Week  
September 10 – 14 • 12:15 p.m.  
Willard Auditorium – DCH Hospital  
Tuscaloosa, Alabama

### SPEAKERS AND TOPICS

September 10 – Breast Cancer Prevention  
Abenaa M. Brewster, M.D., M.H.S.  
UT M.D. Anderson Cancer Center

September 11 – Prostate Cancer Prevention  
Jeri Kim, M.D.  
UT M.D. Anderson Cancer Center

September 12 – Colon Cancer Prevention  
Peter Lance, M.D.  
Arizona Cancer Center

September 13 – Integrative Therapies and Cancer Prevention  
Peter A.S. Johnstone, M.D., FACR  
Emory University School of Medicine

September 14 – Lung Cancer Prevention  
Lewis E. Foxhall, M.D.  
UT M.D. Anderson Cancer Center



# Our Mission Statement

*The School of Medicine will provide the physicians and expertise needed for accessible, high quality, and compassionate health care for the citizens of Alabama through education, research, and service associated with the training of medical students and primary care physicians with a special emphasis on rural areas.*



UNIVERSITY OF ALABAMA SCHOOL OF MEDICINE  
TUSCALOOSA CAMPUS

The University of Alabama  
College of Community Health Sciences/  
School of Medicine Tuscaloosa Campus  
Box 870326  
Tuscaloosa, AL 35487-0326

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